stour valley







Coffee Grinders Next Coffee Grinders 5th May There will be a table for anyone that would like to swap plants please bring any unwanted plants

Lectures for 2023

Wed 10th May 2023

Paula Short "Travels in Vietnam" – a popular speaker invited back by members request.

Wed 14th June 2023

Peter Rowbottom – the Architecture and History of the Commonwealth War Graves

Wed 12th July 2023

Tania Harrington returns to give a talk "Selfie Power" a history of miniature portraiture

Wed 13th September

Michael Grillo: Two kinds of teardrops. The stories of Roy Orbison and Del Shannon.

Coronation Event

On Monday 8th May the U3A will be represented at the Coronation Celebration with Singing for Fun and the Ukulele Groups

12.00-4.00 Gandish Road

Full Programme below

- 11.00 am East Bergholt Cinema will be showing cartoons
- Outdoor Music will commence at 12.00 pm
- Stalls will be open from 12 pm
- Food and refreshments available from 12 pm
- 12.30-1.00 pm U3A Singing for Fun
- 1.15-1.45 pm Ukelele Group





SUMMER LUNCH

The annual summer lunch will be held at Hintlesham Golf Club
On Wednesday 16th August 2023

12.30 for 1.00

Further details to follow

GROUP NEWS

Pétanque

For the outdoor enthusiasts Pétanque will be starting again shortly.

Please check the website for further details on times and dates.



Pubs R Us

For those members who like to combine walking with a visit to a hostelry for refreshment afterwards – Pubs R Us will be starting again for the summer months.

Once a month on a Wednesday in May/June and July.

For further details please contact Graham Manuel.



Theatre and Film Group

The Theatre and Film group have recently been to see films at the Electric Palace in Harwich and also First Site in Colchester (" Allelujah " in which Jennifer Saunders proved to be a very good actress and a beautiful film about the artist " Vermeer "). We have visited the Manifest Theatre in Manningtree, the Mercury Theatre in Colchester, the Headgate in Colchester and will see a musical version of " Brief Encounter " at the Wolsey in Ipswich.

Bookings have already been made for the popular Frinton Summer Theatre that takes place in July/August where we will see a comedy "Barefoot in the Park ", "Ladykillers " (remember the film with Alec Guiness and Peter Sellers?) and "Don't Dress for Dinner" - a web of marital treachery.

We aim to see one play a month with films included on an ad hoc basis.

