

Activity:

DISCLAIMER

Name:	Tel:
Address:	Mob:
	Email:

IN CASE OF EMERGENCY, PLEASE CONTACT:	
Name:	Phone No.:
Address:	
Data Protection regulations state that the person named above must have given their permission for their details to be used.	

PLEASE READ CAREFULLY

Participation in physical activities organised by U3A Groups is strictly at the members own risk.

All U3A Group activities automatically have **Public Liability Insurance** cover through the Third Age Trust provided the Group Leaders and participants are U3A members. This is designed to protect participants against claims for damage to third-party property and for third-party injury or death which might have been occasioned during the activity. (Full details on the website) **This is NOT a personal accident or personal liability insurance and participants in all U3a activities are responsible for their own health and safety, and the safe keeping of their equipment, clothing and belongings.**

Participants in physical activities must follow the advice/instructions of the Group Leader/co-ordinator in order to minimise any risk to themselves and other members.

Appropriate clothing must be worn especially, in the interests of safety, footwear. This should be checked with the Group Leader.

I have read, understood and accept the foregoing Disclaimer. I understand I am participating in this activity at my own risk.

Name:

Signature:

Date:

Please print

Colchester U3a Membership confirmed

Please return completed/signed form to the Group Leader/Co-ordinator