

WALK 1 – PORTOBELLO ROAD AND NOTTING HILL

DISTANCE: 4 miles (with possible add on for a detour through Kensington Gardens)

GETTING THERE AND BACK

START: Ladbroke Grove (Hammersmith and City Line) Waterloo 4 stops to Baker Street change to Hammersmith and City 5 stops to Ladbroke Grove

FINISH: Queensway (Circle Line) 3 stops to Bond Street – change to Jubilee 3 Stops to Waterloo

ROUTE AND REFRESHMENTS

The major problem on this walk is a dearth of Public Toilets, and no clear stopping place for Lunch. There is certainly no shortage of places to have Coffee or snacks, so you will have to make sure that you select a cafe that has Toilets available. The start is from Ladbroke Grove Station, and continues to Portobello Green with possible Coffee/Toilet facilities. Portobello Market spreads for about 1 km going from the cheaper end to the more salubrious antique market at the top of the road. We continue to the “peak” of Notting Hill, and then downhill to a small Park with seats but just appalling public toilets! The route crosses Holland Park Avenue to go up to Campden Hill, a very select and salubrious part of Kensington where there is a reasonable pub towards the end of the walk. The walk ends at the north end of Kensington Gardens where there is a tea kiosk and Toilets. You might like to buy something to eat in Portobello market, and then sit in Kensington Gardens to have a picnic tea before facing the return journey.

WALK 2 – A VENTURE INTO SPITALFIELDS

DISTANCE: Under 4 miles

GETTING THERE AND BACK

START: Aldgate East Underground Station (District Line from Richmond)

FINISH: Liverpool Street Station (Bus 26 return to Waterloo)

ROUTE AND REFRESHMENTS

The stroll is less than 4 miles, but there are many twists and turns! There are also many opportunities for refreshment stops. We begin at the **Whitechapel Art Gallery** where there are **toilets and a café**, which is fairly small and quite expensive but nice! . We then walk a short distance to see the Whitechapel Bell Foundry close to the Royal London Hospital and retrace our steps to enter the heart of Spitalfields at the spot where Jack the Ripper’s first victim was discovered! From here the fascinating history of this part of London is slowly revealed. We walk along Brick Lane with its assortment of **Bangladeshi** shops and restaurants, and through the old Brewery to eventually reach **Spitalfields Market** where there are plenty of eating places and also a quiet garden where you can eat your own **sandwiches** if you have brought them with you. The walk ends at Liverpool Street Station.

WALK 3 – DOING THE “GREEN” LAMBETH WALK

DISTANCE: 3 Miles

GETTING THERE AND BACK

START: Waterloo Station

FINISH: Waterloo Station

ROUTE AND REFRESHMENTS

This is an unusual walk which is designed to show that even in the heart of London there are plenty of green spaces. There are many places throughout the route where it is possible to sit and eat your own refreshments if the weather is fine. The first main stopping place is the Imperial War Museum, which has one café inside the building, and another outside. The Museum itself is free. The Toilets are situated downstairs and the café is on the ground floor. We then continue through Lambeth, passing a wide variety of housing and open spaces, to reach Lambeth Palace. There is another opportunity for tea/coffee/toilets at the Museum of Garden History. However there is a charge to look around the Museum itself. The last part of the route is through Archbishops Park and St. Thomas’s Hospital and we finish on the South Bank at the Festival Hall.

WALK 4 – CHISWICK HOUSE TO FULHAM PALACE

DISTANCE: 4.5 – 5 Miles

GETTING THERE AND BACK

START: Chiswick Station on the Hounslow loop

FINISH: Putney Station

ROUTE AND REFRESHMENTS

The route begins by walking through the grounds of Chiswick House where there is an excellent cafe with toilets. After crossing the busy A316 Burlington Lane the walk continues through Chiswick old village and along the Mall to reach the stretch of riverside towards Hammersmith Bridge. Here there are several pubs which offer a great place for lunch (and more toilets). Continuing beneath Hammersmith Bridge there are some interesting places to see before reaching Craven Cottage the home of Fulham FC. **DONT DO THIS WALK ON A FULHAM HOME GAME DAY.**

The finish is in the grounds of Fulham Palace which have also been restored and where drinks are also available at the Bishops Palace. To reach Putney Station for the return journey there are 2 options. The first is simply to cross Putney Bridge ahead of you and carry on up the High Street to the station but the alternative is to walk on beneath the Bridge to the Bridge carrying the District Line over the Thames which also has a convenient footbridge.

WALK 5 – CANARY WHARF TO ST.KATHARINE’S DOCK

DISTANCE: 4.5+ miles

GETTING THERE AND BACK

START: Canary Wharf (Change at Waterloo on to the Jubilee Line)

FINISH: Tower (District Line to Richmond OR RV1 bus to Waterloo)

ROUTE AND REFRESHMENTS

This “Walk” includes both a ferry crossing from Canary Wharf pier to the Hilton Hotel, and also a one stop trip on the London Overground which goes *underground* between Rotherhithe and Wapping. At the start there are numerous Coffee shops and excellent Toilets in the shopping complex beneath the buildings of Canary Wharf accessible from the station. The best place for lunch and the next toilet stop is the Old Salt Pub at Rotherhithe. St. Katharine’s dock does have places for drinks but only a few that serve tea.

WALK 6 – CANONBURY AND THE NEW RIVER

DISTANCE: 3.5 Miles

GETTING THERE AND BACK

START: Highbury Corner (Number 4 bus from Waterloo)

FINISH: Sadler’s Wells (Bus 341 to Waterloo)

ROUTE AND REFRESHMENTS

The first viable coffee stop is at the Estorick Gallery in Canonbury, but there is a Starbucks just as you get off the bus, and it does have toilets albeit somewhat limited. From Canonbury the walk passes one of the oldest buildings in North London and then continues alongside the New River until after a few twists at the end it reaches the heart of Islington at the Green. This is the best place to stop for lunch since there are plenty of cafes offering a lot of choice as well as seats all around the green. All in very close proximity to the wonderful Camden Passage. Although it is not a great distance from here to the end of the walk, it would be a pity not to end in style and take tea in the cafe at Sadler’s Wells Theatre.

WALK 7 – CAMDEN MARKET TO OXFORD CIRCUS

DISTANCE: 4.5 Miles

GETTING THERE AND BACK

START: Camden Town (Change at Waterloo onto the Northern Line)

FINISH: Oxford Circus (Bakerloo Return to Waterloo)

ROUTE AND REFRESHMENTS

The walk starts with a stop at Camden Market for about 45 minutes or longer to allow time for looking around and having coffee or perhaps an early lunch from the tempting food on sale at the numerous stalls. Whilst Coffee and food are available everywhere toilets are more elusive so look out for the Ice Wharf Pub on the opposite side of the canal which has good clean toilets and serves coffee. The stroll then continues through the back streets of Camden Town to eventually reach Regents Park and its wonderful Garden Cafe. Space is however limited here since it has become more of a restaurant, but still OK for Soup/Sandwich/Drink if you haven't found food at the Market. The second half of the walk is full of pleasant surprises as we wander through the area to the north of Oxford Street to finish at All Soul's, Langham Place and the BBC which is just a few steps from Oxford Circus.

WALK 8 – CORRIDORS OF POWER

DISTANCE: 4 Miles

GETTING THERE AND BACK

START: Vauxhall station

FINISH: Waterloo station

ROUTE AND REFRESHMENTS

The walk starts from Vauxhall and crosses Vauxhall Bridge to the all important **Coffee/Toilet Stop at Tate Britain**. After meandering through the back streets of Westminster it is possible to have a further Toilet stop and **Lunch in the cafe at Methodist Central Hall** but there are obviously many pubs and eating places in the area to choose from. After lunch we continue through St. James's Park along the Embankment, around the site of Whitehall Palace, and the Stroll will finish at the Houses of Parliament aka The Palace of Westminster. From there it is just a 7 minute stroll over Westminster Bridge back to Waterloo Station.

WALK 9 – A FLAVOUR OF DICKENS LONDON

DISTANCE: 4+ Miles

GETTING THERE AND BACK

START: Waterloo Station

FINISH: Borough Market (RV1 bus back to Waterloo)

Please note that there is a journey on the underground in the middle of this walk from Chancery Lane to Borough involving a change at Bank station

ROUTE AND REFRESHMENTS

It is a tall order to try to cover the London that Dickens knew so well, but I hope that this walk will give a flavour of the London of 200 years ago. You may have thought that we would visit the Dickens Museum in Doughty Street but it is slightly off the route of this walk and perhaps better kept for a visit at another time.

Coffee and toilets are available at the Festival Hall at the start of the walk before crossing over the Jubilee (aka Hungerford) footbridge. The **main lunch stop** will be in **Covent Garden**, The route continues through Lincoln's Inn Fields and Fleet Street to Chancery Lane. After looking at both Staple Inn and Gray's Inn, we use the Central line for 2 stations to Bank, and then change on to the **southbound** "Northern" Line to Borough Station. This will enable us to see the site of Marshalsea Prison and to walk the short distance along Borough High Street to either have a drink in the famous George Inn, or once again spend time and perhaps money in Borough Market (or both!).

WALK 10 – CHELSEA HARBOUR, BATTERSEA VILLAGE AND PARK

DISTANCE: 4 Miles

GETTING THERE AND BACK

START: Imperial Wharf station (Change at Clapham Junction onto the London Overground for one stop.

FINISH: Battersea Park station (One stop to Clapham Junction)

ROUTE AND REFRESHMENTS

We start at a very convenient Pub on the Riverside at Imperial Wharf where coffee etc, is available. The Stroll then continues through Chelsea Harbour, Lots Road to Cheyne Walk, and over Battersea Bridge to Battersea Village and then back along the riverside path and through the park. Whilst there are a few eating places in the village they are not really very suitable so it may be advisable to wait until Battersea Park where there are two cafes for refreshment, or buy something en route and have it in the park.

WALK 11 – FROM THE HORNIMAN MUSEUM TO DULWICH

DISTANCE: 4 Miles

GETTING THERE AND BACK

START: Horniman Museum (176 bus from Waterloo)

FINISH: North Dulwich Station to London Bridge and change to Waterloo
(or Bus from North Dulwich Station to Clapham Junction)

ROUTE AND REFRESHMENTS

The route starts at the top of the hill at the Horniman Museum and (apart from a short uphill bit at the start) it is downhill all the way. There will be time for Coffee and a look around the Museum before setting off on what might be a bit of a muddy slither through the woods, until coming out on to the playing fields of Dulwich College. When we reach the Village there are a host of options for a late lunch – and also some attractive spots for those of you with a packed lunch. Toilets are available in Dulwich Park, the Picture Gallery, and the pub. The stroll finishes at North Dulwich station for either the bus or train journey home.

WALK 12A – WIMBLEDON THE FIRST SET!

DISTANCE: 5 Miles but please note that this is a hilly area with 3 gradual climbs

GETTING THERE AND BACK

START: Wimbledon Station (several options – best perhaps change at Clapham Junction)

FINISH: Wimbledon Common at the Windmill (93 bus to Putney Station)

ROUTE AND REFRESHMENTS

This is the first part of the Wimbledon Doubles. It is difficult to work out geographically how to cover all that is interesting about Wimbledon in one hit, and I hope you will agree that the two planned walks will both be winners! The walk starts from the Centre Court Shopping centre for the first **Coffee/Toilet** stop, and then continues slowly uphill towards the AELTC! Having reached the top of the hill however, in order to make a really interesting route, it then turns back downhill to reach the entrance to Wimbledon Park. There is a cafe in the park and plenty of spots for packed lunches, which makes a convenient **lunch stop**. From here it is slightly uphill again to reach the AELTC. It is worth looking inside at the shop. There is one more uphill stretch, with a delightfully peaceful stop towards the top, before reaching Wimbledon Common and cross towards the Windmill and its welcoming Tearoom. **GAME OVER.** Just a short walk back to the bus stop and you will have completed the **first 5 miles** of the Wimbledon Doubles.

WALK 12B – WIMBLEDON THE SECOND SET

DISTANCE 4 Miles Compared with The First Wimbledon walk, the majority of this walk is level with only a short uphill section towards the end.

GETTING THERE AND BACK

START: Windmill cafe Wimbledon Common (train to Putney then 93 bus)

FINISH: Wimbledon Village (Return on 93 bus to Putney)

ROUTE AND REFRESHMENTS

This walk was the first one that I planned by using Google Earth Street View and fortunately turned out to be a great route. It starts at the wonderful Windmill Cafe for Coffee and the Toilet Stop, and then goes southwards across the common towards Caesar's Camp, continuing into Cannizaro Park. Shortly afterwards you will reach The Crooked Billet pub which is an excellent place for lunch, and the route continues through pathways and elegant streets back towards the common and finishes at the High Street in Wimbledon Village where there may be the all-important tea facilities.

WALK 13 - "DRAMA ON THE SOUTH BANK"

DISTANCE: 3 Miles (with optional extra 0.5 at end)

GETTING THERE AND BACK

START: Waterloo Station

FINISH: London Bridge (Your ticket to Waterloo can be used on the Overground from London Bridge back to Waterloo, otherwise use the Jubilee Line or the RV1 bus).

ROUTE AND REFRESHMENTS

The walk starts from the National Theatre where both Coffee and Toilets are available. Turning south the route follows a route which takes in a number of "dramatic" establishments and passes a few eating places which with a small group you might like to use for lunch. However the walk finishes at Borough Market where there is much more choice of delicious food, as well as the excellent Refectory of Southwark Cathedral where there are also Toilets! Please note that the walk includes a fascinating visit to the Rose Theatre which is only open on Saturdays and that Borough Market is open between Thursday and Sunday only.

WALK 14 – GOLDERS GREEN AND HAMPSTEAD GARDEN SUBURB

DISTANCE: 4.5 Miles

GETTING THERE AND BACK:

START: Golders Green Station (Overground from Richmond to Finchley Road and Frognal then Bus 82 to Golders Green (avoids Waterloo))

FINISH: Golders Hill Park (short walk to Bus stop for return the same way)

ROUTE AND REFRESHMENTS

There are a few Coffee outlets near the start of the walk at Golder's Green and it is advisable to find one with Toilets since they are in short supply on this walk. It is also advisable to bring a packed lunch with you since the best cafe is close to the end of the walk in Golder's Hill Park. The walk explores this primarily Jewish area of North West London, with the opportunity to look into the Jewish Cemetery, visits Hampstead Garden Suburb and also explains how one woman, Henrietta Barnett, saved large swathes of Hampstead Heath.

WALK 15 – AFFAIRS AND SQUARES OF BLOOMSBURY

DISTANCE: 4 Miles

GETTING THERE AND BACK

START: Russell Square (68 bus from Waterloo)

FINISH: Russell Square (68 bus to Waterloo)

ROUTE AND REFRESHMENTS

The walk starts in an unusual open shopping space known as the Brunswick Centre, where there are several **Coffee** Shops in which you ought to be able to find **Toilet facilities**. The best place for lunch is a wonderful Cafe in Russell Square, or alternatively in the Great Court of the British Museum and there are toilets in both places. After lunch we continue through a lot more squares and finish the Stroll back in Russell Square.

WALK 16 – TWICKENHAM TO TEDDINGTON

DISTANCE: 4.5 Miles

GETTING THERE AND BACK

START: Twickenham Station

FINISH: Teddington Station

This walk includes crossing the river by using the Hammerton Ferry

ROUTE AND REFRESHMENTS

Starting from the station we walk to Church Street where Coffee/Toilets are available in a few places. It then explores Eel Pie Island, and continues as far as Orleans House where refreshments/lunch/toilets are available. It is only a short distance to Hammerton's Ferry to cross to Ham House and then continue along the towpath as far as Teddington Lock. On the other side of the lock are 2 pubs and one tea shop. It is then a further half mile or so back to Teddington Station.

WALK 17 – “HAM” AND “HIGH” FROM HAMPSTEAD TO HIGHGATE VIA KENWOOD

DISTANCE: 4.5 Miles but please note that this is a hilly walk

GETTING THERE AND BACK

START: Hampstead (Change at Waterloo onto the EDGWARE branch of the Northern Line)

FINISH: Highgate Village (Bus 214 to within a short walking distance of Gospel Oak Station on the London Overground with regular trains back to Richmond)

ROUTE AND REFRESHMENTS

The walk starts in Hampstead Village where there are several options for Coffee, perhaps the most attractive being at **Burgh House**. The walk then meanders through some of the different nooks and crannies of Hampstead Village and emerges on to the top of the hill above the Vale of Health. From there it is a lovely walk across the Heath to the recently restored **Kenwood House**, where there will be plenty of time to visit during an extended **Lunch Break at the wonderful cafe**. Picnic spots abound! After lunch, the route to Highgate involves a longish uphill walk which needs to be taken at a **very** leisurely pace. The reward for the effort of climbing up to Highgate is a well earned drink at “The Flask”, or one of the many coffee shops. There will also be time to explore this fascinating Village before getting the bus downhill to Gospel Oak.

WALK 18 – BETHNAL GREEN TO THE QUEEN ELIZABETH (OLYMPIC) PARK

DISTANCE: 4 Miles approx

GETTING THERE AND BACK

START: Bethnal Green Station (From Waterloo – Waterloo and City Line to Bank, change to Central line 2 stops to Bethnal Green)

FINISH: Stratford (many routes back eg. Jubilee Line to Waterloo)

ROUTE AND REFRESHMENTS

The walk starts at the Museum of Childhood in Bethnal Green where you will have enough time for Coffee and time to look around. Toilets are available at the basement level. The route then continues through a part of Bethnal Green to reach Victoria Park, the hidden gem of the East End. Here there are two cafes – the first by the lake might be busy and comes very quickly after our first stop, but there is another cafe further on with a fairly restricted menu but there are also plenty of spots where you can picnic. Leaving Victoria Park we use a footbridge to cross the busy A12 and walk for a short distance through Hackney Wick to the footbridge giving access to the Queen Elizabeth (Olympic) Park. There are several drink, snack, toilet facilities in the park and a variety of attractive routes to choose from. The Stroll officially finishes at Stratford Station, via the Westfield Shopping Centre

WALK 19 – ALONG THE REGENT’S CANAL FROM KINGS CROSS TO PRIMROSE HILL

DISTANCE: 4.5 Miles

GETTING THERE AND BACK

START: Kings Cross Station (change at Vauxhall on to the Victoria Line)

FINISH: Chalk Farm Station (Northern Line back to Waterloo)

ROUTE AND REFRESHMENTS

Starting from Kings Cross Station we will detour briefly to the British Library for a **brief Coffee/Toilet Stop**, before continuing to the London Canal Museum. There is a small charge of £2 for entry (PLEASE CHECK WEBSITE FOR CURRENT INFORMATION). Facilities are limited with only 1 Toilet, and **no** Coffee Shop, **but** the Museum provides an interesting insight into life on the Canal, and is well worth spending a short time to look around. The route along the canal to Camden Market is an interesting stretch of just under 2 miles. The **Late Lunch Stop** will be at Camden Lock Market - **Toilets here cost 40p**. Toilets are however available at the Ice Wharf pub over the footbridge from the Market. The route then continues along the canal as far as the bottom of Primrose Hill. Yes, you’ve guessed it – the only way to see the view is to climb the Hill. There will be time to spend in the delightful village of Primrose Hill before finishing at Chalk Farm station.

WALK 20 – “ART TO ART”

DISTANCE: 4 Miles

GETTING THERE AND BACK

START: Vauxhall Station

FINISH: Trafalgar Square – 10-15 minute walk to Waterloo

ROUTE AND REFRESHMENTS

This is a delightful walk that starts with Coffee/toilets at Tate Britain which is a 10 minute walk from Vauxhall Station across Vauxhall Bridge and continues through Victoria and St. James’s passing many Art Galleries and venues associated with the arts on the way. On a fine day it is good to have a picnic lunch in St. James’s Park, but should the weather be less kind, then there are many eating outlets in the Cardinal Centre before reaching the park. The walk wends its way through St. James’s and finishes at the National Gallery.

WALK 21 -.BLACKHEATH TO GREENWICH

DISTANCE: 4.5Miles

GETTING THERE AND BACK

START: Blackheath Station (change at Waterloo to Waterloo East)

FINISH: EITHER – Maze Hill Station

OR – Centre of Greenwich with many alternative routes home

ROUTE AND REFRESHMENTS

The route explores Blackheath Village where there are many coffee shops and pubs. There are two choices – **either** stop for coffee first and then continue the walk – **or** explore the village first and then have lunch in Blackheath before entering Greenwich Park. The circular route around the village will take about 45 minutes and comes back to the centre where all the watering holes are situated. The walk then continues downhill through Greenwich Park passing the Observatory (part of which has free entry). The return from Maze Hill is only if the walk needs to be cut short, the best finish is to continue through the Maritime Museum via Greenwich Market, and end up by the Cutty Sark. Here you can get the Clipper Service back to the London Eye – or use another way back.

WALK 22 – CLERKENWELL TO ST. PAUL’S or “FOR ALL THE SAINTS!”

DISTANCE: Less than 4 Miles

GETTING THERE AND BACK

START: Waterloo station then walk to Festival Hall for Coffee/Toilets
Bus 243 to Hatton Garden

FINISH: St.Paul’s Cathedral (or Fleet Street if the extension to the walk is added)

ROUTE AND REFRESHMENTS

This is a fascinating walk through hidden Clerkenwell which only has one drawback - there are very few facilities for refreshments en route. It is therefore a very good idea to start at the Festival Hall for Coffee/Toilets since the bus stop is on the southern end of Waterloo Bridge. Clerkenwell is very quiet at the weekend but the museum of St. John of Jerusalem is always open and has an excellent exhibition and good toilets. The best place for lunch is in the Barbican where there is a great cafe and plenty of places to eat a picnic outside. The extension to St,Bride’s is worth doing but the walk can be curtailed at St. Paul’s Cathedral if you wish. (The Crypt is good place for a cup of tea) Bus 26 and others takes you back to Waterloo.

WALK 23 – SUGAR AND SPICE BUT NOT ALL THINGS NICE!
THE EAST AND WEST INDIA DOCKS

DISTANCE: About 4 miles

GETTING THERE AND BACK

START: Limehouse Station on the DLR (Waterloo – Bank, DLR to Limehouse)

FINISH: Canning Town Station Jubilee Line to Waterloo

ROUTE AND REFRESHMENTS

Leaving Limehouse station we walk around the Limehouse Basin to reach Narrow Street and the Riverside Path heading towards the Museum in Docklands on West India Dock. There are no viable Coffee/Toilet Stops until reaching the Museum. My suggestion therefore is to stop at the Museum for an extended lunch break giving sufficient time for you to go up to the top floor to view the section of the museum related to the Sugar Trade, and to have your lunch either at the museum or in the nearby Canary Wharf complex. After lunch we get back on to the DLR from West India Dock to East India Dock where the second short section of the route begins. There is an unusual facility on this section and a choice of two very different cafes!

WALK 24 – “EXHIBITIONISM” – HOLLAND PARK TO SOUTH KENSINGTON

DISTANCE: 4 miles

GETTING THERE AND BACK

START: Olympia Station (via Overground from Clapham Junction)

FINISH: South Kensington station

ROUTE AND REFRESHMENTS

The Route begins with a stroll from Olympia to Holland Park where there is a small Cafe for lunch, which it would make sense not to all try to get into at the same time! A good idea would be to spend time to explore the immediate area around the Cafe, fit in a coffee or lunch stop, make use of the “facilities” and have your packed lunch if you have brought one with you. Meet outside the cafe at an agreed time. After Holland Park the route continues to Kensington High Street, and passes the side entrance to Derry and Tom’s Roof Garden which might just be open to visit. It continues via Imperial College but the next viable sit-down stop is not until you reach the grounds of Holy Trinity Church Brompton. A good idea would be to call into the V & A next door for Toilets and Tea. However the cafe at the V & A can get very busy. A further short but interesting detour leads back to South Kensington Station.

WALK 25 – WAPPING AND SHADWELL SOCIAL HISTORY

DISTANCE: 4.5 Miles

GETTING THERE AND BACK

START AND FINISH: Tower Hill Station

ROUTE AND REFRESHMENTS

The walk begins in St. Katharine's Dock (well not IN it but beside it, where you will have the opportunity to have Coffee and find Toilets. It then heads east through Shadwell, and after some very interesting stops, arrive at Shadwell basin and the historic pub, The Prospect of Whitby, where we will have lunch if it is not too crowded. Picnics can be had nearby.

The route then meanders through the sanitised area of Wapping to eventually arrive back at St. Katharine's Dock for Tea before going home

WALK 26 – SLOANING AROUND CHELSEA

DISTANCE: About 3.5 Miles

GETTING THERE AND BACK

START: Sloane Square Station

FINISH: Sloane Square Station

You may wish to take the bus from the Kings Road to Putney Bridge to have an alternative route home from Putney Station.

ROUTE AND REFRESHMENTS

The walk starts with a short exploration in the vicinity of Sloane Square. Toilets are available close to the station and also in Peter Jones. The best place for lunch stop is at the relatively new and very pleasant cafe in the grounds of the Royal Hospital. Whilst you are free to walk through the hospital buildings, I would not encourage you to do so in one large group. It is best to do that in your own time and wait at the Visitors Centre at the other end of the Hospital where a film can be seen (if the centre is open). Make sure that you take a look into both the chapel and the dining room. The route then continues through the streets close to the river and then when reaching Kings Road there are two options:

- * Do some retail therapy by walking back to Sloane Square along Kings Road via Dukes Place

- * Catch the bus to Putney Bridge and then walk up the High Street to Putney Station.