

SOUTH WEST REGION NEWSLETTER

Issue: 8

February 2022

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The purpose of this newsletter is to provide useful information to our Networks, u3as and their Members within the South West Region.



Message from Trustee for the South West

Hello Everybody,

After almost two years of COVID restrictions we have reached the point where we have no official restrictions; we can make our own decisions and use our own common sense about who we meet with and the precautions that we take, which is wonderful.

So, as we can meet together more easily we will be able to welcome new members to our meetings, members who will bring more interests, more experiences which we can all share because that's the u3a way. So, I'm asking you to make a special effort to welcome those new members, to continue to chat to them the second and third time they come, because we've all got used to being quite isolated and going out and meeting groups of people is quite scary for many.

We all know how much your u3a will gain when we welcome people with those different experiences to ours whether it's where they've lived or worked, whatever it is or just that sheer interest in something that they wish to share.

So, welcome all those differences in true u3a style, the benefits will be enormous. We are an inclusive organisation, we don't turn people away, we're friendly we have fun; so let's welcome all those differences so that together we can all learn and live and laugh.

Take care and have fun.

Very best wishes,

Susan

USEFUL INFORMATION

SW Region Networks / Links Meetings

Below are the current planned dates for future meetings, either by Zoom or Hybrid, these can also be viewed [here](#).

April 2022		
Mon Apr 4th	Meeting	SW Region Networks Meeting, 10:00 by Zoom.
June 2022		
Mon Jun 13th	Meeting	SW Region Networks Meeting, 10:00 Hybrid Meeting, venue TBC.
August 2022		
Mon Aug 1st	Meeting	SW Region Networks Meeting, 10:00 by Zoom.

Trust u3a and u3a Membership

About Trust u3a

Trust u3a is an online u3a where you can gain access to u3a.org.uk's learning resources and join the u3a community until local u3as are able to return to normal.

Membership of Trust u3a runs from 1st April to 31st March.

For 2021-2022 the cost is £10.00. If you are a member of another u3a, you can join as an Associate Member at a cost of £5.00.

Please note. If you are joining the online Trust u3a, it does not automatically entitle you to become a member of your local u3a. To join a local u3a you will need to contact them directly.

Members of other u3as.

When your local u3a starts resuming activities, you will be able to join them but they will charge you their full membership fee. If you join a local u3a you may remain an associate member of Trust u3a.

More details can be found [here](#).

USEFUL INFORMATION (continued)

Hybrid Meetings

Many of you may be aware that u3a Office along with a group of Tech skilled u3a members have been collating and developing resources and information for u3as to run Hybrid Meetings.

This has culminated in the '[Let's Talk Tech](#)' website covering information for running hybrid meetings of different sizes and complexity, How To Guides, short videos, and details of different technology and devices to consider.

The team are running drop-in sessions via Zoom, members can come along to learn about the support that is available and to raise questions and request advice on alternative ways of running u3a meetings.

Sessions are held every Wednesday lunch time between 13.00-14.30 the link is shown below.

Join Zoom Meeting

[https://us02web.zoom.us/j/81993153499?
pwd=OHM5eTICS2YxaUdyRlZMcjFLU2tKQT09](https://us02web.zoom.us/j/81993153499?pwd=OHM5eTICS2YxaUdyRlZMcjFLU2tKQT09)

Meeting ID: 819 9315 3499

Passcode: 754565

40th Anniversary

At the recent SW Region Networks /Links Meeting, Michaela Moody, Chair of Anniversary Working Group gave an update on the programme for 40th Anniversary celebrations. Further information can be found [here](#).



Supporting members not online

Tips and advice to stay connected with members who are using offline ways to communicate can be read [here](#).

Individual members may wish to recommend some of the ideas to their Committee or Group Leaders/Convenors, who can help coordinate matching up interested members.

CONTACT INFORMATION

Network / Link	Name
Avalon Network	Val Warren
Bath & Wiltshire Network	John Fairhurst
Bristol, Yate & Sodbury Link	Liz Price
Cotswold Link	Jeremy Furtado
Devon Link	Frances Berry
East Devon Network	Vacant
East Dorset Network	Val Warren
Mid Cornwall	Pippa Boardman
North Devon Link	Lorie Jones
Northern Somerset Network	Colin Tincknell
Tamar Valley Network	Amanda Smith
Two Moors Network	Malcolm Tulip
Far West Cornwall Network	Linda Wornes
West Dorset Network	Hilary Smith
West Somerset Network	Pamela Young

Contributions for inclusion in the next Newsletter would be most welcome and should be sent to the Editor by 13th April.

SOUTH WEST REGION WEBSITE

Individual u3a/Network contributions are welcome for publication on the South West Region Website and should be sent to the [Webmaster](#) using the link on the contact page.

The members of the editorial team are as follows:

Editor: Malcolm Tulip

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