



TED TALKS used so far by Lymington U3A - 2019

'The Art of Choosing', Sheena Iyengar

'12 Truths Learned from a life and writing', Ann Lamott

'Why do we sleep' Russell Foster

'Why we laugh'. Sophie Scott

'Becci Manson - (Re) touching lives through photos '

[ when you are invited to bring along a photograph of some import that you may wish share.]

'James Veitch -This is what happens when you reply to spam email'.

The Global Food Scandal Tristram Stuart

The lab the size of a Postage Stamp George Whiteside

Half a Million Secrets Frank Warren

The Art of Asking Amanda Palmer

The paradox of Choice Barry Schwartz

### **Taken from the List of 25 most watched 'T.E.D. Talks**

- Your body language may shape who you are Amy Cuddy
- Why we do what we do Tony Robbins
- This is what happens when you reply to Spam email James Vetch
- How to spot a liar Pamela Meyer
- What makes a good life? Lessons from the longest study of happiness. Robert Waldinger
- The Thrilling potential of Sixth Sense technology Pranav Mistry
- The surprising science of happiness Dan Gilbert
- Inside the mind of a master procrastinator Tim Urban
- Underwater astonishments David Gallo
- Brain Magic Keith Barry
- The puzzle of motivation Dan Pink