

# Stanford le Hope and District u3a

## Advance Notice

### OCTOBER 2023

Please come along for our General Meeting on Thursday 12<sup>th</sup> October at 2 pm, please don't come before 1.30.

Entrance at the side door.

**Problems sending emails.** – bt internet addresses are not always receiving emails. Please look in your spam folders in case they have been redirected. Please email Chris Henderson if you are not receiving them.

This month's meeting is on Thursday 12<sup>th</sup> October when the speaker will be Gary Jones, CBE. FRCN FFNF DipN (Lond). Freeman of The City of London & Company of Nurses (City of London)

Gary's talk is entitled, "From teenage years to retirement".

Marilyn Edgings is compiling a list of the groups that people would be interested in, including groups that are full. Please email [Marilyn Edgings](#) with your ideas and needs.

Please read the summary of ideas that people offered during and after our AGM meeting. They are listed in the newsletter.

Please see the [Norwegian flyer](#) from Carol Smith and Mel Fox concerning a cruise for next July. They just need to know who is interested at this juncture.

Click to down load and display [October 2023 Newsletter](#)