

Information Service

We can answer your questions about health and social care services

My father has returned home from hospital. Where can I go for help?

How can I choose the right care home?

I want to share my story

I am worried about my health - is any further support out there?

How can I register with a GP?

Call
0300 500 1895

Monday to Friday 9am to 5pm for the cost of a local call

healthwatchessex.org.uk/info

Healthwatch Essex is an independent voice for the people of Essex, helping to shape and improve local health and social care services

Healthwatch Essex is a registered charity in England and Wales (no. 1158356) and a company limited by guarantee and registered in England (no. 8360699).
Registered office: RCCE House, Threshelfords Business Park, Inworth Road, Feering, Essex, CO5 9SE