



Skelmersdale

October Newsletter 2023



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u3a is a UK wide, cooperative movement of people no longer in full time work who come together to continue their educational, social and creative interests. Our branch of the nationwide U3A is now in its eleventh successful year. If you are interested, you are most welcome to join us for **a free taster visit to one of our activities**. Details of our activity programme are given in this Newsletter or **Telephone 01695 576550** Joining us in Skelmersdale u3a is a great way to find and develop new interests and make great friends in a relaxed environment. Membership fee is only £12 a year.

Covid restrictions, enforceable by law, have been lifted and we now have **ADVICE**. However, when in the Ecumenical Centre we have to comply with the Centre's requirements. These are that we sanitise, wear face masks and socially distance. These can be found on the redesigned Ecumenical Centre website <https://the-eccy.co.uk>

Simply Thai Lunch 24th August



NS

11 members really enjoyed lunch at Simply Thai Restaurant in Wigan. I got an extra free helping of Thai green curry!

All thanks to Ramlah for suggesting it. Elaine was on Ruth's left; I did not realise she was out of shot Neill



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Hello u3a members

After many years' services, Ann is handing over organising the Christmas Dinner Party to Alan Speers
(Tel: 07391906401 email: alanspeers121@gmail.com)

All who attended last year will join me in thanking her and wish her well continuing as Group leader of the Bowls Group

Alan has booked Briars Hall again this year for the 7th December, 11.30 – 4pm. We can all start celebrating early

He asks that you deposit £7.50 as soon as possible with him and pay fully £27.50 by the end of October
Our next General Meeting is as usual the 3rd Thursday of the month which is Sept 21st and we are having a celebratory picnic in Beacon Park.

It is our birthday and u3a national birthday

The committee join with me in wishing to see you there

We will email more details nearer the time Neill

Coach, Train and sail to the Lake District



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Organised by Alan, on Monday 21st August we had a great day out in the Lake District. Although the weather could have been a bit better, everyone enjoyed it.



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We explored by water and tracks. Boarding the Lakeside and Haverthwaite Railway, from where steam engines haul traditional 1950's carriages through the countryside scenery of the Leven Valley, we were leisurely transported to Lakeside Station. From there, we continued our journey on a Windermere Lake Cruise.

Disembarking in Bowness we had some free time to explore.



Thank You Alan

BOWLS



Ann is delighted to announce that Bowls will recommence; starting Wednesday, 20th September, 2-3pm in the main hall at the Ecumenical Centre. Please remember to bring your own refreshing drink.



BOOK CLUB

August book was 'The House We Grow up in' by Lisa Jewell

A seemingly happy childhood was overshadowed by a tragic event; one of 4 children committed suicide at the age of 16, splitting the family apart. They all blamed themselves but never talked about it. The consensus of the group was that it was a compelling read not knowing what would be the outcome.

September's book is 'The Holiday' by TM Logan

Jenny

Group Activities

Book Club 2nd Sunday each month 10.30 – noon at Pimbo Garden Café [Jenny]

Oct 8th, Nov 12th, Dec 10th

Sunday Lunch 4th Sunday each month, various venues

Sept 24th, Oct 22nd, Nov 26th [Sally]

Coffee Afternoon 1st and 3rd Monday each month at Siesta Coffee in the Concourse

18th, Oct 2nd, 16th, Nov 6th, 20th, December 4th, 18th

Yoga 2nd and 4th Monday each month 2-3pm upstairs in Skelmersdale Library

25th, Oct 9th, 23rd, Nov 13th, 27th,

Dec 11th [Ramlah]

Gardening 2nd Tuesday

Oct 10th Nov 14th, [Sally], various venues

Singing For Fun 1st and 3rd Tuesday each month 2-4pm upstairs in Skelmersdale Library

Oct 3rd, 17th, Nov 7th 21st, Dec 5th {Neill}

Bowls Every Wednesday 2-4pm in the main hall at the Ecumenical Centre [Ann]

Walking 2nd Thursday each month

Oct 12th, Nov 9th

Monthly Meeting 3rd Thursday each month 2-4pm in the library

Oct 19th, Nov 16th, Dec 21st

Debating Society 1st Thursday each month, 2-4pm at the library [Neill and David]

Oct 5th, Nov 2nd, Dec 7th

Bank Holidays December Xmas Monday and Tuesday, and New Year Monday.



Briars Hall Christmas 2022