



Skelmersdale  
June / July Newsletter



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**Singing for Fun** members at the Big Sing

u3a is a UK wide, cooperative movement of people no longer in full time work who come together to continue their educational, social and creative interests. Our branch of the nationwide u3a is now in its twelfth successful year. If you are interested, you are most welcome to join us for **a free taster visit to one of our activities**. Details of our activity programme are given in this Newsletter or **Telephone [ Elaine] 01695 5765**

Joining us in Skelmersdale u3a is a great way to find and develop new interests and make great friends in a relaxed environment. Membership fee is only £12 a year. £8.00 [sliding scale] for affiliated u3a members.

Covid restrictions, enforceable by law, have been lifted and we now have **ADVICE**.

**u3a Walk Thursday 11th May**



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8 of us today had a lovely walk around Carr Mill Dam. The weather was sunny and warm with lots of ducklings and wildlife to be seen. The bluebells were beautiful. Afterwards a most delicious lunch at the Toby Carvery was enjoyed by everyone.



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## Group News

**Curry club** will be on Thursday 25th May at Passage to India in Ormskirk meeting at 6.30. As usual members to book a place at the table with Elaine.

## Gardening

4 members turned up at Golden Days. We all had a good mooch round and a lovely lunch.

**The Big Sing** was held on Wednesday, May 20th at the Quaker Meeting House in Liverpool and was doubtlessly enjoyed by all members of our Singing for Fun Group who attended along with members from other local u3as.



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## Neill's News

Fellow members

Can I appeal to you for as many members as possible to attend our monthly meetings.

The library has increased the cost of room hire by 142%

We must either increase the monthly meeting fee or increase our yearly subscription, we are forbidden from running at a loss!

The simple answer is for more members to attend, we also desperately need new committee members, perhaps we could discuss this on Thursday, time permitting

Our speaker this Thursday is Mike O'Flaherty, a Lancashire Ranger. Mike is going to update us on Tawd Valley and the work that F.O.T.V. have done over the last year.

We also have a surprise speaker lined up for June, Sally has taken on the role of Speaker secretary as well as organising the Sunday Lunches.

We are also starting a yoga class and a debating society with numbers for these groups already looking good.

Both activities will be at the library.

The curry club next outing is Thursday 25th, 6:30pm at "Passage to India"  
See Elaine for details and to book in.

The committee join with me in looking forward to seeing you at the library, 2pm on Thursday

Kind Regards  
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### **NORTH WEST REGION of u3as**

*Charity Commission registration no: 1159091*

#### **7<sup>th</sup> June; 10.30am - Celebrating volunteers**

As part of the national Volunteers Week, we are offering a Zoom 'coffee morning' to chat about what your volunteers do in your u3a, in the NW Region and in the national team.

There is a sign-up form on the NW website events page.

#### **June 20<sup>th</sup>; Influencing and Social Change 12.30 – 16.00**

##### **Quaker Meeting House, Liverpool**

**This is a Trust workshop -you can sign up on the events section of the national website** [What is it about?](#) Influencing and social change encompasses all the work being done across the u3a to support members, and the movement more broadly, to use our combined voices and get involved in our communities about issues that matter. The interactive training will provide information about the legal aspects and risks of taking action, introduce the diverse ways to create change in our communities, share some u3a examples and provide participants with the opportunity to exchange ideas and discuss how they might take action.

This will be an '**An Introduction to Influencing and Social Change**', which will identify effective campaigning strategies and give you the skills to carry them out. This in-person workshop is about using thoughtful, evidence-based approaches to making change happen. We hope this session will equip members to take action on issues of importance to them, locally and nationally, beyond the great work we do every day in our u3as.

*Additional details can be found on the national and regional websites.*

**July 4<sup>th</sup>: Conference & AGM – 10.00am – 16.00 pm. Quaker Meeting House, Liverpool**

Morning discussion groups, afternoon performance by concert pianist Andrew Wilde followed by the AGM. A buffet lunch is available for a small cost of £5 pp.

Details and signup forms are on the NW website.

**NW Newsletter.** We would like your input for the next regional newsletter about events in your u3a, especially any you have held to celebrate the Coronation. Please send to Gill by June 15<sup>th</sup>.

**NW Committee.** We need members for the committee. This is not a management committee, more of a support and planning team. Please consider joining us at our Zoom meeting on June 27<sup>th</sup> at 10.30 for a chat.

**For more information on any of these events, please contact Gill - [gillruss71@gmail.com](mailto:gillruss71@gmail.com)**



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**Carr Mill Dam**