

Help for Group Leaders

To all group leaders/co-ordinators who are:-

- >> New and need help?
- >> Struggling to find new material to keep your members interested?
- >> Trying to encourage your members to take a more active part in group sessions?

The Resource Centre can help you!

The Third Age Trust website also carries information both on how to run a group, and how to deal with problems that may arise. These documents are available on this website. How to run a group is in a separate file and how to deal with problems. There is also information on the U3A National Resource Centre from where Groups can borrow resources.