

# u3a

Shoreham & Southwick



# learn, laugh, live

Retired or semi-retired?

There's something  
for everybody at  
your local u3a!

[u3asites.org.uk/shoreham-southwick](http://u3asites.org.uk/shoreham-southwick)



Web: search  
'u3a shoreham'  
or  
'u3a southwick'

**A world of new experiences is open to you at u3a – so what's stopping you?**

u3a gives you opportunities to develop your interests, make new friends, and have fun.

Shoreham & Southwick u3a is one of more than 1,000 local u3a organisations – spread right across the UK – and members are making the most of life by continuing and developing their educational or social interests in a friendly and encouraging atmosphere.

Here in Shoreham & Southwick we have over 600 members and more than 60 interest groups. There is something for all those who are no longer in full-time work.

Find out more by visiting our website:

*[u3asites.org.uk/shoreham-southwick/](http://u3asites.org.uk/shoreham-southwick/)*

*... or just search 'u3a shoreham' or 'u3a southwick'*

Alternatively, please come along to one of our Monthly Friday Events at The Shoreham Centre, Pond Road, Shoreham-by-Sea BN43 5WU. These events are usually held on the last Friday of each month\*, starting at 2.00pm.

**We look forward to welcoming you!**

\* excluding December and January, which are for members only

**u3a**

**Shoreham & Southwick**  
Registered Charity No: 1117982

u3a National Office: Registered address  
The Third Age trust, 156 Blackfriars Road, London, SE1 8EN

