

Selby and District u3a – Walking Group – 9th February

On a glorious sunny morning with a slight nip in the air, thirteen soles enjoyed a five and half mile walk based on the Maltings Café at the Millford Plants Garden Centre near South Milford.

Very welcome were two fairly new Selby and District u3a members, Bev Emmett and Michael Horlock, two other members joining us for the first time, Jean Robb and Margaret Williams and Jayne Waterhouse having a “taster” visit prior to joining us as a full member in April.

The route took us via farm tracks, a stile and field footpaths to emerge at the eastern side of Monk Fryston. A paved section through the village led to more minor roads and field paths before reaching South Milford village, picking up part of the old (very old) London Road and the tricky crossing of the A162, the Milford and Sherburn by-pass before returning to the Milford Café where Lesley, the owner was ready for us with drinks and a selection of lunch items.

While she was expecting us, the cafe was already quite full as a group of Selby Cycling Club members were in residence who had not been expected. We did however mix quite well, though they left after a short time giving us some elbow room.

Pleasingly the new members to our group enjoyed the walk (and the weather) and I anticipate from comments made that they will be with us again. Thank you all for attending.

As soon as I have decided on a location for our next walk on the second Thursday, 9th March I will be in contact again. If you have any area you particularly like please let me know. (I do have Brockdale in mind for April or May but hopefully a different route and base camp. A little more investigation before then.)

Kind regards

John Richardson - Walking Group Leader – Selby and District u3a