



## Would you like to try lawn bowls?

Ever wondered whether you would enjoy bowls or would like to know more about it?

Saltburn Bowls Club is again offering a 6 week beginners' course to members of Sdu3a this Spring. This will be on Tuesday afternoons, 2.00-4.00pm, starting on Tuesday 9 May. Numbers are restricted to a maximum of 8 people. The cost of each session will be £3.50: £2 bowls club visitors' fee and the usual £1.50 for the u3a. Bowls will be provided by the Club.

If you are interested or would like more information please contact Karin, our Groups Coordinator, via the SDu3a website or on [karinsladeu3a@gmail.com](mailto:karinsladeu3a@gmail.com); or you can email Chris Hatfield at the Bowls Club on [chatfield26@sky.com](mailto:chatfield26@sky.com).

## SDu3a Birdwatching Group

The Birdwatching group usually meets on the 1<sup>st</sup> and 3<sup>rd</sup> Monday each month. We have a different location each time and have a nice walk to see how many species of bird we can see. Quite often, the walk becomes one of natural history and covers local history, trees, plants and other interesting nature that we come across. Since taking over the group in June 2020 I have a record of 92 species on our list and in 2021 and 2022 we managed to spot 87 species. The highlight so far this year was the King Eider that has been wintering off Redcar and has drawn "Twitchers" from all over the UK.

For more information visit <https://u3asites.org.uk/saltburn/page/36499>



*King Eider*  
*taken by Steve Evans*