| NO. | **DATE** | **THEME 1** | **THEME 2** | **NOTES** |
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| 1 | 6th Sep 2018 | One day last month ... |  | *Initial getting-to-know you session* |
| 2 | 4th Oct 2018 | A treasure ...  | A tearful reunion ... |  |
| 3 | 1st Nov 2018 | A picture worth a thousand words ... | A letter/parcel/gift received or given ... |  |
| 4 | 6th Dec 2018 | A Christmas memory ...  |  | *Single theme only* |
| 5 | 10th Jan 2019 | A bookshelf revisited ... | An invitation to ... |  |
| 6 | 7th Feb 2019 | A bucket-list … | A matter of life and/or death ... |  |
| 7 | 7th Mar 2019 | A spiritual moment ... | A bad day … |  |
| 8 | 4th Apr 2019 | A resolution or two ... | A memorable walk ... |  |
| 9 | 9th May 2019 | A first ... | A room in a house/home ... |  |
| 10 | 6th Jun 2019 | A lifelong dread ... | The impact of a favourite toy ... |  |
| 11 | 4th Jul 2019 | A menu for a memorable day … | A favourite outfit … |  |
| 12 | 1st Aug 2019 | A (Lucky?) find ... | A trip back to school ... |  |
| 13 | 5th Sep 2019 | A hidden talent .. | A place I have lived ... |  |
| 14 | 3rd Oct 2019 | A recurring song (or piece of music) ...  | A road to hell ... |  |
| 15 | 7th Nov 2019 | A message for me ... | A brush with celebrity ... |  |
| 16 | 5th Dec 2019 | A special something ... ('mystery' item) |  | *Single theme only* |
| 17 | 9th Jan 2020 | A painful memory ... | The last time ... |  |
| 18 | 6th Feb 2020 | A newsworthy day ... | A long-lost love ... (not necessarily a person) |  |
| 19 | 5th Mar 2020 | A favourite den or playspace ... | A memorable trip ... |  |
| 20 | 2nd Apr 2020 | A most frightening experience ... | A shocking revelation ... | *Email due to Covid lockdown* |
| 21 | 17th May 2020 | My paternal Grandmother ...  | Moments of Panic ... | *Email due to Covid lockdown* |
| 22 | 4th Jun 2020 | Reflections of Covid-19 Lockdown ... to date  | A Nosey Around ... (smells) | *Zoom due to Covid lockdown* |
| 23 | 2nd Jul 2020 | My Working Life ...  |  | *Zoom due to Covid lockdown* |
| 24 | 6th Aug 2020 | Hard Times - the 1970s ... |  | *Zoom due to Covid lockdown* |
| 25 | 3rd Sep 2020 | Experiences on or at Sea ... | ‘That’ family member! | *Zoom due to Covid lockdown* |
| 26 | 1st Oct 2020 | A 'Famous' family connection ... | Nauseous Child(ren)... - Horror Stories | *Zoom due to Covid lockdown* |
| 27 | 5th Nov 2020 | Stuck somewhere ... | A childhood incident ... | *Zoom due to Covid lockdown* |
| 28 | 3rd Dec 2020 | Christmas treasures or traditions ... | A joyful journey ... | *Zoom due to Covid lockdown* |
| 29 | 7th Jan 2021 | A proud day ... | Teachers I have known ... | *Zoom due to Covid lockdown* |
| 30 | 4th Feb 2021 | A friend indeed ... | A blast from the past ... | *Zoom due to Covid lockdown* |
| 31 | 4th March 2021 | A theatrical moment | How we met | *Zoom due to Covid lockdown* |
| 32 | 4th April 2021 | My Favourite Film | Animals I have known | *Zoom due to Covid lockdown* |
| 33 | 6th May 2021 | A Great Day | A Teddy's (or other toy) Adventure | *Zoom due to Covid lockdown* |
| 34 | 3rd June 2021 | An Animal Encounter | A Monetary Matter | *Zoom due to Covid lockdown* |
| 35 | 1st July 2021 | A belief in fairies, ghosts or Father Christmas | A stroll around the garden | *Held at Brockley Hall Hotel* |
| 36 | 5th August 2021 | My Maternal Grandmother | Interesting Family Names | *Held at Parlours cafe* |
| 37 | 2nd September 2021 | My dream dinner party | As a child, I was afraid of ... | *First post-lockdown face-to-face* |
| 38 | 7th October 2021 | Remarkable historic events during my lifetime  | A lost child |  |
| 39 | 4th November 2021 | My 'death-row' dinner | The book I recommend to you is: |  |
| 40 | 2nd December 2021 | A memorable gift |  | *Single theme only* |
| 41 | 6th January 2022 | Pocket money and Saturday jobs | A brush with crime |  |
| 42 | 3rd February 2022 | A memorable performance | My regrets, big and small | *Session cancelled – LM Covid* |
| 43 | 3rd March 2022 | A memorable performance | My regrets, big and small | Topics carried over from February due to previous session cancellation |
| 44 | 7th April 2022 | A cultural experience | My best and/or worst holidays |  |
| 45 | 5th May 2022 | Memories of ***you***, when you were young (self, child or other person) | My (current) happy place |  |
| 46 | 9th June 2022 | A different path in life | Earliest TV memories | *NB CHANGE OF DATE Queen's Jubilee* |
| 47 | 7th July 2022 |  |  | *CLOSED for Summer holidays* |
| 48 | 4th August 2022 |  |  | *CLOSED for Summer holidays* |
| 49 | 1st September 2022 | The biggest difference between me now, and the me I used to be  | The greatest gift I have ever/could have ever received |  |
| 50 | 6th October 2022 | My best qualities | As I have grown older, the world has changed in so many ways |  |
| 51 | 3rd November 2022 | A mistake people often make about me is... | How I met your/my... |  |
| 52 | 1st December 2022 | Christmas 'snapshot themes' |  | *Christmas ‘Celebration’* |
| 53 | 12th January 2023 | Babysitting Tales  | The biggest compliment I ever received |  |
| 54 | 2nd February 2023 | My childhood best-friend  | My scars |  |
| 55 | 2nd March 2023 | My Mother  | Lessons learned through raising my children |  |
| 56 | 6th April 2023 | My home is important to me because … | Car breakdown |  |
| 57 | 4th May 2023 | Sibling similarities (or differences) | First flight |  |
| 58 | 1st June 2023 | My father | My pregnancy/pregnancies |  |
| 59 | 6th July 2023 | Who or what helps pull me through, when the going gets tough | My favourite day – EVER! |  |
| 60 | 3rd August 2023 |  |  | *CLOSED for Summer holidays* |
| 61 | 7th September 2023 |  |  |  |
| 62 | 5th October 2023 |  |  |  |
| 63 | 2nd November 2023 |  |  |  |
| 64 | 7th December 2023 |  |  |  |
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