

A Talk on Chinese Medicine

This Talk is presented by Ms. Lilian Lo
For the Sale u3a monthly Talk programme

On

Friday 24th May 2024, 2:00pm – 4:00pm

At

Sale Moor Community Centre, 271 Norris Road, M33 2TN

Programme of the Talk:

Part of Ancient Chinese culture and philosophy

- Brief history and characteristics of Chinese medicine Holistic therapy
- Harmony of the Yin-Yang and Five Elements theories
- The internal organs: The five visceral and six bowel organs
- The vital substances: Qi, blood and body fluids

The aetiology of disease from Chinese medicine's perspective

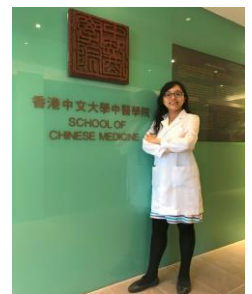
- How our body connect to the world

Medicinal materials in common use

- Herbs & herbal formulas

About Ms. Lilian Lo:

- Registered member of The Association of Traditional Chinese Medicine and Acupuncture UK (ATCM)
- Registered Chinese Medicine practitioner of The Chinese Medicine Council of Hong Kong
- 10 years in the teaching of Traditional Chinese Medicine (TCM)
- Over 10 years of clinical practice of TCM in the CUHK and other TCM clinics
- Practices acupuncture and herbal medicine. She also integrates modern anatomy and physiology knowledge in her treatments.



For further info, please contact Ben Cheung from the link below

<https://u3asites.org.uk/sale/mailling/c:51922>

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