

## A Talk on Chinese Acupuncture

This Talk is presented by Ms. Lilian Lo  
For the Sale u3a monthly Talk programme

On

Friday 23<sup>rd</sup> February 2024, 2:00pm – 4:00pm

At

Sale Moor Community Centre, 271 Norris Road, M33 2TN

### Programme of the Talk:

How does it work?

- Concept of the meridian system

What are the indications?

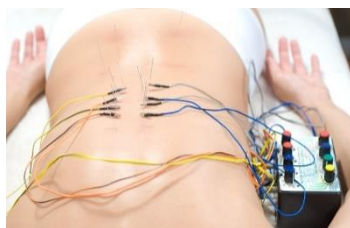
- Back pain, headache, insomnia.... and more?

Try some acupressure yourself?

- Effect, Location of the acupoints
- Interactive section, invite audience to do some acupoint pressing

### About Ms. Lilian Lo:

- Registered member of The Association of Traditional Chinese Medicine and Acupuncture UK (ATCM)
- Registered Chinese Medicine practitioner of The Chinese Medicine Council of Hong Kong
- 10 years in the teaching of Traditional Chinese Medicine (TCM)
- Over 10 years of clinical practice of TCM in the CUHK and other TCM clinics
- Practices acupuncture and herbal medicine. She also integrates modern anatomy and physiology knowledge in her treatments.



For further info, please contact Ben Cheung from the link below  
<https://u3asites.org.uk/sale/mailling/c:51922>

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