

## Sale u3a Newsletter February 2023



Happy Valentine's Day for those celebrating and those who aren't treat yourselves.

### Friday Talk



It was good to see so many attending the Friday talk in January. Over 70 people attended and excellent talk about In and Out at the Top with Neil Hanson about the owning of a pub on top of the Yorkshire Dales. This was the highest attendance since Covid.

### News

Sale u3a Committee are thinking of setting up a meeting on the second Friday of the month. This will be open to all, and it could be a coffee afternoon, film showing or games afternoon. These are just some ideas but if you want anything in particular, and we are open to suggestions please get in touch with: [judithlloyd@rocketmail.com](mailto:judithlloyd@rocketmail.com) or: 07952 922630

## **Group News**

The Family History Group are changing their name to **Family History and Local Studies**.

Art and Crafts are changing to **Crafters and Natterers**

**Cycling will be restarting on the 1<sup>st</sup> and 3<sup>rd</sup> Monday in March.**

**Mah-jongg is meeting in a house currently, but Ben Cheung is looking to have another Group with Hong Kong rules running alongside.**

## **New Groups**

**Singing for Pleasure** which will run on the 1<sup>st</sup> and 3<sup>rd</sup> Friday of the month. We are looking for piano/keyboard accompanist to assist with this group as it helps with music.

## **Badminton**

**Beginners Spanish** although we need to someone to lead this. It doesn't have to be an expert but just someone to lead. The national u3a have a leader in this subject who can provide resources.

**The Art Group have 2 vacancies.**

There are notices advertising these Groups so if you are interested, please sign up or contact John Hemsworth.

At a Group Leaders meeting it was pleasing to hear how many Groups have increased their membership.

Here is the **Egyptology** Group who meet monthly on Tuesday in the morning.



“Egyptology group had a festive meeting on 20 December 2022 discussing what food and drink was eaten in Ancient Egypt and how the people might have lived. To support the research, we carried out food and drink tasting experiments including dates, figs, humus, yogurt, flat bread, honey, baklava, mint tea, Mead, and that food of the gods - mince pies. The quiz confirmed that we have learned a fair bit about the ancient civilisation already and fun was had by all. “ Contact Kathryn Fyfe if you are interested in this subject at [fyfex4@gmail.com](mailto:fyfex4@gmail.com)

## **National News**

u3a members from all over the UK will descend on Hadrian's Wall on 10 May 2023 to celebrate the building of the wall and the influence that the wall has had on our creative lives.

The wall extends from coast to coast across Northumberland and Cumbria - from Wallsend on the River Tyne in the east to Bowness-on-Solway in the west, and once marked the north western border of the Roman Empire.

If your u3a would like to take part, please see <https://www.u3a.org.uk/events/off-the-wall> If you are interested please get in touch with Judith Lloyd.

## **Day trips**

José is taking names and money for the day trips she has organised. There are still places available. The dates are:

12<sup>th</sup> May 2023: Lancashire Circular

16<sup>th</sup> June 2023: Gordon Riggs Nursery and Skipton

## **Talk Friday February 24<sup>th</sup> 2pm**

The Story of Lord Simon of Wythenshawe Family, Diana Leitch