

# Rutland u3a newsletter

October 2022

**u3a** learn,  
laugh,  
live

**u3a** learn, laugh, live

## A note from the Chairman

The October meeting proved to be very popular and we had as many attendees as we used to have pre pandemic which was great to see. Having a talk of local interest was a great draw and it went down very well.

Our speaker on Thursday November 3rd is Karen Neale, an artist and illustrator who lives in Stamford, so another local. This promises to be a very interesting talk from an artist who has published two books and who has worked on several local and national projects.

We were very nearly at capacity for last month's talk so it would be a good idea to come to the meeting early to make sure of a place. This will also give you time for coffee and a chance to catch up with other members and to find out what else is going on with your u3a.

Members of the committee are available at the meeting if you have any queries. Look out for us, we have blue u3a lanyards or sashes.

Diane Case, our Social Secretary, needs help with organising events for us all to enjoy. She would like a couple of people to form a subcommittee to do this and who would also be available to help take bookings at the monthly meeting. It isn't an onerous task but it is a very worthwhile one. The only way to keep our social calendar active is by people volunteering to help.

I am now off for a walk to make the most of this glorious autumn sunshine

With all good wishes

Ros Kenny



## Find us on facebook

Keep up to date with what is going on at  
Rutland u3a on @rutlandu3a



Thank-you to everyone who contributed to this month's newsletter. If you have run or taken part in a U3A activity we would love to hear about it. Please send items for next month to: [rutlandu3a.info@gmail.com](mailto:rutlandu3a.info@gmail.com) or via the website

The deadline for publication for the next edition of the newsletter is 20th November 2022

# Rutland u3a newsletter

## October 2022

**Monthly Meeting at the Victoria Hall  
Thursday 3 November 10.00 for 10.30am**



Karen Neale's initial training was in Architecture but her passion is sketching and painting the world around her. Standing in situ she draws with a black biro as much as she can of what is going on around her, adding colour with a small field box of watercolours. Several of her sketchbooks have been published - two volumes of 'London Landscapes' and the 'Stamford Sketchbook'.

Having travelled extensively and living in London Karen is now based in Stamford where she is involved in innovative and varied local projects including work with Mindspace, The Arts Centre, Stamford Civic Society and Burghley Horse Trials. Karen also leads sketching workshops as well as undertaking individual commissions. You can visit her website at: [www.karenneale.co.uk](http://www.karenneale.co.uk)

Karen's talk will feature sketches from the eponymous publication which records her journey as a Churchill Fellow visiting World Heritage Cities from Paris to Katmandu. Other sketches come from residences in The Houses of Parliament, The Athenaeum, The Queen's Club and as the MCC Young Cricket Artist as well as recent sketches of land and townscapes we will all recognise.

### Monthly Meeting

As well as hearing from our interesting speakers, the monthly meeting is an opportunity to meet the committee and other members and in addition find out about social activities and new groups.

You are also be able to enjoy a free cup of tea or coffee on arrival.

We look forward to seeing you at the next





# Rutland u3a newsletter

News from East Midlands region u3a  
October 2022



**MONDAY 12th DECEMBER 2022**  
**REGISTRATION NOW OPEN**

Open to all u3a members in the East Midlands  
Singles – Couples & teams of up to 4  
No limit on the numbers from each u3a  
Handicap system so fair for all



To Register send:  
Your name  
Your email address  
Name of your u3a  
Team name (if any)  
to:  
[u3achristmasquiz@outlook.com](mailto:u3achristmasquiz@outlook.com)  
You'll receive confirmation within a couple of days

The quiz will start promptly at 7:00pm – login from 6:45pm  
We aim to finish around by 9:00pm  
There will be a 10-minute comfort/drinks top-up break after Round 4  
Answers will be given after Rounds 4 and 8



# Rutland u3a newsletter - October 2022

## Social Events



### Ad Hoc Dining

On 19th October 21 members met up at the Old Buttercross Pub in Oakham for for the monthly Ad Hoc dining experience. Some wine, good food and lots of conversation made for another very sociable evening. It was lovely to welcome some of our newer members too.

The next Ad Hoc dining will be on Wed 23 November.@ 6.30pm. Just let Helen Shea (07919 273192) or Diane Case (07887 990906) know you are joining us so that we can make you welcome.

**RUTLAND u3a**

**CHRISTMAS LUNCH**



**AT BARNSDALE LODGE HOTEL**

**THURSDAY, 1ST DECEMBER 2022**

**£29.50 - 3 COURSES, £27.00 - 2 COURSES**

INCLUDING GRATUITIES

**BOOK VIA THE SOCIAL TEAM OR VIA THE WEBSITE**

# Rutland u3a newsletter - October 2022

## New groups & groups seeking more members

### **NEW GROUP - SOCIAL HISTORY Group 2**

Meeting 2pm to 3.30pm in The Snug at The Wisteria Hotel on the second Tuesday of the month. For more details contact Sharon Pratt (Groups' Coordinator) via [rutlandu3a.groups@gmail.com](mailto:rutlandu3a.groups@gmail.com) or phone 07796931818. We are a friendly group interested in the social, political, cultural, religious and financial impacts on British History - any aspect, any decade.

### **GROUPS SEEKING ADDITIONAL MEMBERS:**

**Android Tablet Users Group** - We currently have vacancies. Please contact the Group Leader via the hyperlink on the group page.

**IPad Users Group** - We currently have vacancies. 15:00 to 16:00 on 2nd and 4th Wednesday of the month. Please contact the Group Leader via the hyperlink on the group page.

**Creative Writing 2** - We would welcome new members of all levels of ability to the group and we encourage members to work together in critiquing one another's contributions. Some of the areas that we have covered include:

- Describing a character
- Childhood memories
- Something that makes our heart sing or we are passionate about
- Writing a letter to a friend who has been unable to attend a wedding, describing the events they missed

We meet on the third Monday of each month, at 2pm, in The Snug at The Wisteria Hotel in Oakham. If you are interested in joining this group, please contact Sharon Pratt via [Rutlandu3a.groups@gmail.com](mailto:Rutlandu3a.groups@gmail.com) or on 07796931818. Next topic: Article on 'Poverty'.

**Current Affairs** Our meetings start on the last Wednesday morning of the month at 10am and last around two hours including a coffee break. Contact the Group Leader Marlene Branagh via the group page.

**Tai Chi** - We meet weekly. on Thursdays at 2.30pm. Please contact Janet Bilby via the hyperlink on the group page.

**Apps from Scratch** - We meet every three to four weeks to explore the technology behind web sites, and more. We would love more people to join us - please email us using the link on our group page.



**Scrabble Group 3** - GROUP LEADER: [Ralph Carter](#). We currently have vacancies - new members are most welcome to come along and join us. No experience necessary. Currently meeting at The Lord Nelson pub, Oakham at 2.00pm on 2nd and 4th Wednesday of each month. There is an expectation that a tea or coffee is purchased at The Lord Nelson.

**English Country Dancing** - First Wednesday of the month at 2pm at VAR building, Lands End Way, Oakham (until Christmas) and then, from 4th January, at Langham Village Hall. There is a £2 charge to cover the cost of the hall hire, paid in advance via direct bank transfer. Please contact [Pam Hornby](#) via the hyperlink on the group page.

**Play Reading 2** - Meeting on the fourth Thursday morning of the month. Contact Margaret Glenn via the hyperlink on the Play Reading 2 link page.

**Intermediate Italian** - Meeting on alternate Tuesday afternoons and very keen to hear from anyone interested in developing their skills in Italian. Please contact Julie Garner via the Intermediate Italian link page.

**French for Fun** - We are a beyond beginners French group and are looking for new members. We meet at 2pm on the first and third Wednesday of the month at The Admiral Hornblower. Please contact [Sallie Chester](#) if you are interested in joining us.

**Poetry Appreciation** - We would welcome a couple of new members. We meet in members' homes at 2pm on the third Wednesday of every month (except August). Please contact Charles Lawrence via the group page if you are interested.

**The Striders** - This walking group would welcome a couple of new members. Please contact the Group Leader [Stewart MacDonald](#)

The group meets on the third Tuesday of the month. Walks are between 8 and 10 miles in length and are within a 30 minute travelling distance of Oakham. It is a full day walk usually setting off at 10.30am with a finish time of approximately 3.30pm. All of our walks are circular walks. Walkers need to carry a packed lunch as we have a short coffee break and a lunch break en route. Once a year, usually in June, we have an "away day" where we plan a walk further afield.

**Music Appreciation** - We meet monthly on a Tuesday at 2pm. Each member is expected to take a turn at presenting a programme of an aspect of classical music using CDs, videos, U-tube etc in their own home. Topics vary from "The music of Bartok" "The life and works of Delius" "The chromatic harp" "The music of Carl Czerny" "The influence of gypsy music", to "what a conductor does" and the "art of violin making" and "Sonata form". We currently have 3 vacancies and would welcome new members who like classical music. Please contact the Group Leader [John Bagley](#) if you are interested.

**Evening Book Group** - We have one vacancy. If you are interested please contact [Anna Oliver](#) via the Ru3a Message Page.

The Evening Book Group meets about every 6 weeks, usually on a Thursday. Members take turns to choose a book and host a meeting. We can sometimes obtain copies of books from the library if we order in advance depending on what we choose.

# Rutland u3a newsletter - October 2022

## News from the groups

### Message from the Group Coordinator



We currently have 74 groups and about a quarter of these have vacancies. If you contact a Group Leader/Coordinator via the hyperlink on the Rutland u3a website and they tell you that their Group is so successful that it is full please don't shrug your shoulders and leave it at that. Contact Sharon Pratt (Rutland u3a Groups' Coordinator) via [rutlandu3a.groups@gmail.com](mailto:rutlandu3a.groups@gmail.com) or telephone 07796931818 (answerphone available) and she can create a newsletter and Facebook advert and a hard copy sign up sheet in order to generate interest in creating a new group.

This is how we have come to have several Art Appreciation, Walking or Book Groups (to name but a few). All members are here to be part of a group to help one another. Only this last month we have initiated a brand new British History Group because there was a waiting list for Social History and some members expressed an interest in studying how social events, politics, finance, culture and religion have influenced the way folk live(d) in Britain.

Maybe you have a burning desire to form a new group - one that goes on trips to the Cinema or visits Museums? Maybe you have expertise in speaking Russian or Mandarin which you would like to share? Or maybe you just want to meet like-minded people who enjoy board games such as 'Articulate' or 'There's Been A Murder'.

The possibilities are endless. Be active... be proactive ... the beauty of setting up and coordinating your own group is that people who join will do so on the day, at the time and in a place that is convenient for you.

Some folk can't join a particular group as they are unable to meet at the set time it happens. For example, there are two very successful Wine groups - one meets in the afternoon, the other in the evening.

# Rutland u3a newsletter - October 2022

## News from the groups

### Come and join an exciting new group - British History



Please contact Sharon Pratt via [rutlandu3a.groups@gmail.com](mailto:rutlandu3a.groups@gmail.com) or on 07796931818 for more details or just come along and join this friendly group.

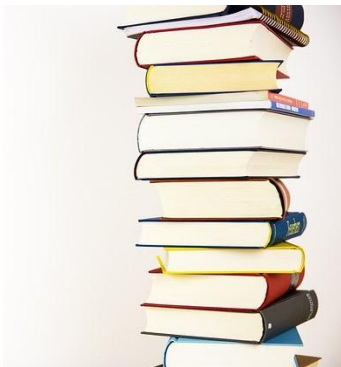
The group members will be deciding at this first meeting when (day and time) and where they will be meeting in the future so if you can't attend on the 8th please let Sharon know days/times that you are unavailable so they will plan their future meetings when you can attend. Thanks

We are interested in the social, political, cultural, religious and financial impacts on British History - any aspect, any decade. We each take turns to choose a topic and bring a short piece of research to share at meetings.

The first meeting is from 2 to 3.30pm on Tuesday 8 November. We meet in The Snug at The Wisteria Hotel where there is an expectation that we purchase a tea or coffee during the meeting.



### Evening Book Group



The Evening Book Group meet about every 6 weeks, usually on a Thursday. We take turns to choose a book and host a meeting. We can sometimes obtain copies of books from the library if we order in advance depending on what we choose.

There is a vacancy so if you are interested in joining this group contact [Anna Oliver](#) via the Ru3a Message Page.



# Rutland u3a newsletter - October 2022

## News from the Groups

The photography group have again produced some beautiful images this month.





# Rutland u3a newsletter - October 2022

## News from the Groups





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## News from the Groups

### Papercraft Group

The papercrafts group used Paper Cutting Art to make Christmas Cards. The technique uses a single sheet of paper/card to cut out a design which can then be mounted onto a backing sheet. We used various Christmas designs, mounting them on appropriate coloured backing cards. Jennie Perryman



### Walk Talk and Snack Group

Eleven members sat down to lunch at The Wheatsheaf in Oakham having spent a couple of hours walking up the Oakham Canal. Our November walk is in Barrowden with lunch at The Coach House in South Luffenham.



### Golf Group



The golf group grows from strength to strength with around 16 or so members turning up at Rutland Water Golf Club to play the 9 hole Par 3 Hambleton Course every Wednesday morning. This Wednesday (19<sup>th</sup>) saw the culmination of a Summer of competitions starting with an 'eclectic' where each week we try to improve our score on each hole aiming to get the highest total of all the best scores on all 9 holes. This was followed by a Stableford format knockout competition with the Final played yesterday.

The finalists were Selwyn Carter( right)and Andrew Lang(left). A lovely warm day saw a ding dong battle with the lead changing throughout the match until Andrew finally came through on the last to win by one point. Mike Churchill (centre) refereed the match.



# Rutland u3a newsletter - October 2022

## Community News



### HEALTHWATCH RUTLAND UPDATE

Healthwatch Rutland are the people's champion for health and social care services in Rutland. Hearing people's feedback is so important to us and can lead to change and improvement of Rutland's NHS and care services.

We are currently running a Dementia Project to learn about people's experiences of living with dementia, including the experiences of their carers/family members. This feedback will input into the development of the Rutland Dementia Strategy.

The survey can be filled out on the Healthwatch Rutland website

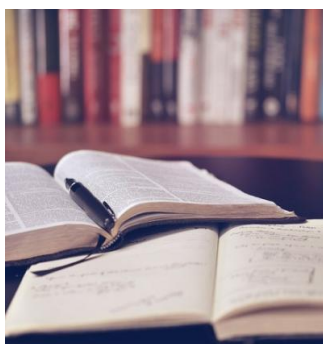
[www.healthwatchrutland.co.uk](http://www.healthwatchrutland.co.uk) and click on the link 'living with Dementia in Rutland.'

We can also provide paper copies of the survey or speak to people in person, so please contact us on the details below.

We would also like to invite you to our Annual Meeting on Thursday 3<sup>rd</sup> November at the Gover Centre, Voluntary Action Rutland Hub, Lands' End from 2.00-3.45 pm (meet from 1.30 onwards for introductions and coffee). The Chief Executive of Rutland County Council and NHS leaders will be talking about and responding to questions on the theme of "How can health inequalities in Rutland be addressed in the face of the escalating cost of living?" Everyone is welcome to this meeting, for more info call or email:

info@healthwatchrutland.co.uk or call us on 01572 720381.

### Literary Lectures



**When?** 10:30 – 11:30 am Thursday mornings, weekly, in October and November.

**Where?** The Community Rooms (upstairs in the LOROS shop on Uppingham Market Place). Please note there is no disabled access.

**Who?** Dr Diana Hallam and Dr Michael Cade-Stewart have taught and lectured on English Literature for many years. Both graduates of Oxford University, they bring a lifelong passion for literature to their work.

**Cost?** £5 (cash) per session. Free places are available, on application, for those facing financial hardship.

Date	Talk
3 November 2022	Pride and Prejudice by Jane Austen: How to be a Romantic Heroine.
10 November 2022	La Belle Dame sans Merci by John Keats: A Murder Enquiry.
17 November 2022	W. B. Yeats: Love Poet
24 November 2022	A Streetcar Named Desire by Tennessee Williams: The Kindness of Strangers is no Way to Live.

# Rutland u3a newsletter - October 2022

## Community News



The **LODGE Trust**

**PRODUCT SALE**  
**SATURDAY 19<sup>TH</sup> NOVEMBER**  
**10AM UNTIL 1PM**  
**MARKET OVERTON VILLAGE HALL**

The Lodge Trust will be selling beautiful crafts and gifts handmade with love by our talented residents.

Come along, support this wonderful charity fundraiser, and pick up a bargain.



Fundraising  
Event

Crafts

Woodwork

Christmas Cards

Plants

and much more!

Refreshments  
and cakes  
available to  
purchase

Free Entry!



# Rutland u3a newsletter - October 2022

## Community News



### Space Park Leicester is proud to present it's first Open Art Exhibition.

Bursting into life at the impressive £100 million science-driven hub this October, the artistic extravaganza attracted entries on the theme of "Space: Science and Nature."

Providing a platform for artists to transform the venue to celebrate World Space Week (4 -10 October), the exhibition marks Leicester's involvement in the largest space event on the planet.

Following an amazing response from the UK art community, 265 entries were accepted and carefully considered by the Selection Panel - Applications are now closed for our new open exhibition: "Space: Science & Nature."

Over 30 artists have now been invited to show a broad range of work, focusing outwardly to the cosmos and also featuring diverse ecosystems here on Earth.

The exhibition begins in Space Week with a Private View for the artists and their guests. The show will form the focal point for a range of events at Space Park throughout October - General Admission tickets are available now:

<https://www.eventbrite.co.uk/e/414126983957>



Tuesday 4th October  
PRIVATE VIEW  
6pm - 8pm

BOOKING NOW OPEN  
5th - 21st October  
[eventbrite.co.uk](https://www.eventbrite.co.uk)

92 Corporation Road, Leicester, LE4 5SP  
[www.space-park.art](http://www.space-park.art)

"Space and Soil 2" from the series "The moon follows me as I walk" by Holly Sandford @holly.sandford



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## Community News

the  
**CHURCHILL**  
fellowship

**Apply for  
a Churchill  
Fellowship**

**Learn from  
the world**

**Transform  
lives across  
the UK**

Apply on our  
website from  
13 September  
to 22 November

Open to all UK  
adult citizens  
regardless of  
qualifications,  
background or age

Fellowships can  
cover any aspect  
of UK society,  
see our website  
for our themes

The Churchill  
Fellowship is the op-  
erating name of the  
Winston Churchill  
Memorial Trust, reg  
charity no 313952

**Inspire the change you want to see  
in a practical issue you care  
passionately about**



Have you ever wanted to make change happen in an issue you care passionately about? Explore new solutions with the world's leading professionals? A Churchill Fellowship is a once-in-a-lifetime opportunity to lead the change you want to see.

We will fund you to spend up to two months learning from the innovators in your field anywhere in the world, in person or online. Then we will help you to share your ideas and inspire change across the UK.

In September 2022 we will open for applications for Fellowships in a series of topical themes that range across the whole of society, including culture, community, economy, education, environment, public provision, health, science and more. The topic you explore is proposed by you and success is defined in your own terms.

We are looking for people with the passion and potential to make a real difference to their community or sector. We are offering a life-changing opportunity.

**Find out more at [www.churchillfellowship.org](http://www.churchillfellowship.org)**

# Rutland u3a newsletter - October 2022

2022/23

## Committee Members

### Chairman

Ros Kenny

### Company Secretary

Hedley Greaves

### Treasurer

Bob Bennett

### Data Protection

Bryan Howard

### Digital Inclusion

Sue Morecroft

### Groups coordinator

Sharon Pratt

### Membership Secretary

Lucy Marsland

### Speakers Secretary

Wanda Allen

### Social Secretary

Diane Case

### Additional Members

Janet Bilby

David Leary

## Committee advisers and helpers

### Publicity

Jill Stacey

### Minutes

Vacancy

### Website

Phil Grimley

### Hall set up and AV

Peter and Jane Hammond

Michael Seccombe

### Beacon

Vic Newland

### IT

Mike Shea

Mike Pearson

Ted Philips

### Social Team

Janice Ferguson

Norma Hardy

Debbie Massey

### Noticeboard

Anne Trigg

### New Member Support

Janet Bilby

Jane Gillon

### Printing

Margaret Macpherson