

Rutland u3a newsletter

November 2021



A note from the Chairman

There was another excellent turn out for our November meeting at the Victoria Hall. Paul Newsham gave us a great talk and getting us thinking at the beginning of the talk was great fun.

So we end our meetings at Victoria Hall and we look forward to our first meeting in Oakham Museum on January 6th 2022. I'm sure it will feel different at first but I also know that we are an adaptable bunch and we'll get used to it. I have it on good authority that the quality of their sound equipment is very good. I know some of you have expressed concern about the tiered seating. There will be 2 rows of chairs at the front and I would ask that these be left for those who will struggle to climb the steps. Mask wearing will continue to be down to personal choice. Our speaker will be Ann Featherstone who will round up the festive season by giving us a Brief History of Pantomime. There will be tea/coffee available.

Are we giving you the kind of talks you want to hear? We would really appreciate your feedback on our speakers and ideas for topics for the future.

Our Christmas Lunch at Barnsdale Lodge is on December 2nd at 12.30 for 1pm. Over 80 of us will be enjoying this. Thank you to our social team for organising this.

We have been blessed with many new members who have joined us since March. I am very aware that this will have been a different experience for you and I wonder if any of you would like to meet in small groups for coffee and a chat? Just e mail me at rutlandu3a@gmail.com if this is something you'd like to do.

With all good wishes to you all,

Ros Kenny



Thank-you to everyone who contributed to this month's newsletter. If you have run or taken part in a U3A activity we would love to hear about it. Please send items for next month to: rutlandu3a.info@gmail.com or via the website

The deadline for publication for the next edition of the newsletter is 20th December 2021

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Meeting at Rutland County Museum, Oakham- Thursday 6th January 10.30am

Anne Featherstone, a retired university lecturer, author of non-fiction books and historical novelist will be giving us a guide to the history of the pantomime. In this talk she looks at the peculiarly British tradition, pantomime, which burst upon the London stage more than 250 years ago. With its grotesque Dame, girls playing boys and breathtaking scenery, it is still going strong and Ann will talk about interesting moments in its history from the Regency period to the present day.



Theatre trip to Kilworth House Theatre to see Rodgers & Hammerstein's Carousel -

Saturday June 25th 2022 - coach departs at 12.30pm

A giant of the musical stage, multi-award winning 'Carousel' is a vibrant and timeless story of passion, loss and redemption with some of Rodgers and Hammerstein's most beautiful and enduring songs of all time including 'June Is Bustin' Out All Over', 'When The Children Are Asleep' and the immortal 'You'll Never Walk Alone'.



The Kilworth House Theatre is a stunning open-air theatre is dedicated to producing and presenting large scale professional musical theatre and has been recognised in the national press as one of the Best Outdoor Theatres in the UK. The auditorium has magnificent sail-like canopies provide protection for the whole audience in the event of inclement weather

Tickets for the 2.30pm performance cost £56 to include coach travel to and from Kilworth.

We will be taking bookings at the Jan meeting, if paying by card, cash or cheque.

Members paying online should download the booking form on the Rutland u3a website <https://u3asites.org.uk/rutland/events> and, when completed, bring it to the meeting in January or send it to the address on the booking form.

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February Monthly Meeting – in the Rutland Museum – 10.30am Thursday 3rd February 2022

New initiative – This will be an Open Meeting – an opportunity for Rutland u3a members to meet together and chat over a cup of tea or coffee. Our Group Leaders/Coordinators are invited to wear name badges showing which group they lead and the idea is that folk will mingle and get to know one another better. You may like to invite a friend to come along with you to see what we have to offer.



If any members have items which they no longer require but would like to donate to other folk who would find them useful, for example binoculars that the bird watchers may require, specialist books, language DVDs and CDs for linguists, or maps for walking groups, etc it would be great if these could be brought along to the meeting.

In addition, if you have unwanted Christmas gifts and would like to bring these for the Bring and Buy stall it would be a nice way for us to raise funds and have a bit of fun.

Finally, we know what a lot of skilled, knowledgeable people are members of Rutland u3a and if people would like to use their talent in support of others, there will be sheets available to write down your offer and contact details. These will be advertised in future newsletters. This could be an offer of a free 1:1 IT session or a stand alone language lesson for someone going on holiday abroad, an offer of help with garden design or advice on dressmaking, etc. It could be that folk will barter one gift for another.

Please can you contact Sharon Pratt via Rutlandu3a.groups@gmail.com or on 07796931818 (answerphone) if you have useful items, like a garden fork, a telescope or sewing machine, that are too big to bring to the meeting but which could be advertised in the monthly newsletter and collected at a later date from your home.



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News from the groups

Tuesday morning Walking Group

The last two months have seen us walking all around the county : Lyddington to Stoke Dry, Manton to Brooke, South Luffenham to Picton and Exton to Fort Henry. We have seen some lovely rural views and it stayed dry!

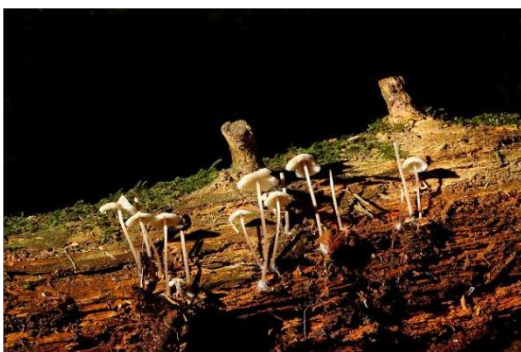
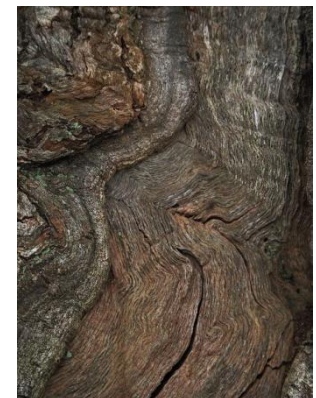
Wishing all Rutland U3A members a Very Happy Christmas!



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News from the groups

The photographic group has produced some interesting images showcasing their skills for us to enjoy this month



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News from the groups



Papercrafts Group

The group spent a happy afternoon making Christmas cards using the tea bag method of origami to create Christmas trees to decorate their cards. Tea bag folding is a form of Origami developed in Holland in the late 20th Century. It uses small squares of paper, like the packets that individual tea bags come in, folding them in such a way as to create a three dimensional interlocking design.



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News from the groups

English Country Dancing



The country dancing group has restarted at the Voluntary Action Rutland building in Lands End Way, Oakham from 2 pm on the first Wednesday afternoon of every month.

New members are most welcome to join us. There is a £1.50 monthly charge towards the hire of the hall.

For more information please contact the Group Leader, Pam Hornby via the u3a website

Living History Group - New members welcome

For each meeting the group chooses a year within their lifetime and Through talking about events that have significance for them, discuss what they have learnt and how past events impact upon today.

The group meets at 10am on the third Monday of the month in Oakham.

If you are interested in joining, please contact

Lucy Marsland via rutlandu3a.members@gmail.com



Art Appreciation Group 3

There is the possibility of setting up a third art appreciation group. If you are interested contact Sharon, the groups coordinator via 07796931818 or email Rutlandu3a.groups@gmail.com

There will also be a sign up sheet at the January meeting.



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Community News



VOLUNTARY ACTION RUTLAND

Working for the Rutland Community

VAR are looking for voluntary drivers to provide transport for the elderly frail, disabled and vulnerable adults for essential journeys, hospital appointments and to join in social activities. Volunteers can offer as little as half a day per month and will always be approached well in advance of being needed, and you are free to accept as many or as few as you wish to.

For more information contact Pam Hornby at VAR: 01572 724705 or transportmgr@varutland.org.uk

Volunteer transcribers needed for Humphry Davy's Notebooks



Members of the public are being asked to help transcribe notebooks by the early nineteenth century's "foremost man of science" Sir Humphry Davy, as part of a project to shed light on his unpublished work.

The £1 million project, funded by the Arts and Humanities Research Council (AHRC) and led by Lancaster University with the University of Manchester and UCL, will use the crowdsourcing platform **Zooniverse** to bring to light Davy's notebooks – the documents he used to work out scientific ideas alongside lines of poetry, philosophical musings, geological drawings, and accounts of his life.

Davy kept notebooks throughout his life, but most of the pages of these notebooks have never been transcribed before. Most entries have yet to be dated or considered in the light of what they tell us about Davy, his scientific discoveries, and the relationship between poetry and science.

To take part in transcribing Davy's notebooks, sign up at <https://www.zooniverse.org/projects/humphrydavy/davy-notebooks-project>

Steady Steps

FREE OF
CHARGE



**A rejuvenating exercise programme helping to
develop strength and balance**

**Are you
over 65?**

**Do you feel
unsteady on
your feet?**

**Have you
previously
fallen or worry
about falling?**

**Would
you like to
improve your
balance?**

SESSION DETAILS

Get in touch if you're interested or know someone who will benefit. There are a number of community sessions to try.

SESSION LENGTH: 1 hour

DURATION: 24 weeks

BOOKING IS ESSENTIAL

For more information and to book your place please contact:

NAME Active Rutland Health

EMAIL activerutlandhealth@rutland.gov.uk

TELEPHONE 07966 535760

www.lrsport.org/steadysteps



To face the challenges we see in Leicester, Leicestershire and Rutland and to deliver our plans to meet them, health organisations have created Better Care Together - a Sustainability and Transformation Partnership (an STP). The partnership is working closely with local authorities too.

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2021/21

Committee Members

Chairman

Ros Kenny

Company Secretary

Hedley Greaves

Treasurer

Bob Bennett

Data Protection

Bryan Howard

Digital Inclusion

Sue Morecroft

Groups coordinator

Sharon Pratt

Membership Secretary

Lucy Marsland

Speakers Secretary

Wanda Allen

Social Secretary

Vacancy

Publicity

Jill Stacey

Minutes

Vacancy

Website

Phil Grimley

Hall set up and AV

Peter and Jane Hammond

Michael Seccombe

Beacon

Vic Newland

IT

Mike Shea

Social Team

Diane Case

Janice Ferguson

Noticeboard

Anne Trigg

New Member Support

Kath Rolison

Janet Bilby

Jenny Wilce

Jane Gillon

Printing

Margaret Macpherson

Committee advisors and helpers