

Rutland u3a newsletter

August 2021



A note from the Chairman

I had a great few days away in Shropshire at the end of July. I walked more than I have for a long time and so enjoyed being out in the fresh air. I didn't even mind the rain that we encountered every day!

September 2nd sees our last monthly meeting via Zoom. Alison Mees will tell us about "Living the African Dream" As usual, the invitation will go out the weekend before.

Following the success of the Zoom Quiz put on by our Network in June, there will be another one (again on Zoom) in November. Further details to follow nearer the time.

Don't forget that this is your u3a. Do let any committee member know if you have ideas for new groups as this is a very important part of being a member. Do you have any ideas about places to visit once the social side can get going again?

The contact details are on our website.

When we meet again in Victoria Hall we need someone to keep the notice board up to date. We also need a volunteer to take the minutes at the committee meetings. You don't need to be on the committee to do this.

If you feel able to help us with these two jobs, please e mail me, I'd love to hear from you.

With all good wishes,

Ros



Thank-you to everyone who contributed to this month's newsletter. If you have run or taken part in a U3A activity we would love to hear about it. Please send items for next month to:

rutlandu3a.info@gmail.com or via the website

The deadline for publication for the next edition of the newsletter is 20th September 2021

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Christmas Lunch Reminder.

This time last month we had not reached "Freedom Day" now several weeks have passed and maybe more of you are enjoying a better social life. With this in mind, the Social Team are still thinking ahead with optimism. A Christmas Lunch on Thursday 2nd December at Barnsdale Lodge has been provisionally booked as they still hold our deposit from last year.

Obviously, we only want to go ahead if enough people would be interested. Barnsdale Lodge has decreased the number of people allowed in The Barn allowing for 8 or 10 people to sit together on large round tables.

Therefore, in those circumstances if you would be interested in attending the lunch could you please let me know by emailing lynnecostello@btinternet.com

I only want to know, at this stage who is interested. You will not be committing yourself to the event. We only want to know if it is worth pursuing.

If you are thinking it is too early to decide
.....Tesco have put out their tins of chocolates!!!!

Lynne Costello (Social Team)



Zoom Meeting - Thursday 2 September



Join Alison's journey through Africa with photographs and stories of the bush.

She has spent 16 years living and working in Africa, working in the safari industry, supporting community projects and working with researchers in Cheetah observations..

She now works with CCF UK as a volunteer, helping to raise awareness and fund raising to help keep cheetahs safe in the wild. With less than 7500 left in the wild they need our support.

View Alison's photos and handmade cards she sells for charity on her website:

Website: www.alisonmeesphotography.com

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News from the groups

Tuesday morning Walking Group – August 2021

The last 2 walks have been close to the SE border of Rutland. Firstly a very pleasant walk from Elton to Fotheringhay, criss-crossing the river Nene, venturing up the castle mound for some good views.



More recently the group walked in lovely weather from King's Cliffe to Fineshade Woods. Some friendly horses wanted to join in along the way!



u3a online events

Remember that as well as the groups run by Rutland u3a members there are national on-line learning opportunities available. Coming up are interactive painting sessions, cryptic crosswords for beginners, laughter yoga and Geology. For details see:

<https://u3a.org.uk/events/educational-events>

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News from the groups

During the pandemic we have all been impressed by the continuing contributions from the photographic group who have produced stunning images to wow us with.



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News from the groups



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News from the groups

Papercraft Group

A small group of craft enthusiasts, we are meeting to share skills and ideas relating to papercrafts, e.g. card making, book folding, quilling etc.

Led by Jennie Perryman this new group is meeting monthly, normally on the first Friday in the afternoon.

Our first crafting get together was on Friday 6th August.

That meeting went well and we've agreed that we'll all work on the same project each month and agree our topics month on month.



New groups & groups seeking more members

There are a number of groups seeking new members. Details can be found on the u3a Rutland website: <https://u3asites.org.uk/rutland/page/26632>



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Interested in researching your own family history?

Rutland Library – can access Ancestry and Find My Past websites from the Library website “Library in my Living Room” during the COVID-19 Restrictions, for **FREE** using your Library Card and PIN.

Many websites – ancestry.co.uk / Find my Past / MyHeritage.com/FindAGrave/Forces-War-Records ... etc.
Some free / some require a subscription

Other options possibly inactive at present

U3A – two groups led by Judith Redshaw and Elaine Huq, respectively

Rutland group of the Leicestershire and Rutland Family History - meets – under normal circumstances – at Oakham Methodist Church

Rutland Library – Thursday mornings and Tuesday afternoons – self-help group led by Chrissie Drummond when Restrictions permit



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Community News

Catmose Pool

Many of you are probably aware that the swimming pool at Catmose has remained closed since the last lockdown. There are no plans to re-open it and its future is very uncertain.

If you are concerned about this lack of provision for swimming in Rutland for children and adults alike, there is an on-line petition to Rutland CC stressing the importance of having a public swimming pool in the county which you might like to sign:



<https://www.change.org/p/rutland-county-council-public-pool-and-children-s-splash-paddling-pool-park-for-rutland>

Jane Gillon



One in three people who have COVID-19 never show any symptoms but that does not mean they are not infectious. There is a risk you could catch or pass on the virus, even once you are fully vaccinated. Regular testing is therefore key to help prevent the spread of the virus as lockdown restrictions are eased and the risk of transmission increases

Local Community Collect sites at Rutland libraries as well as local chemists continue to offer free 'take away' self-test kits, enabling people to test themselves quickly and easily at home. Kits can also be ordered online:

<https://www.gov.uk/order-coronavirus-rapid-lateral-flow-tests>

They should be used twice a week by those who are not displaying any Covid symptoms. These checks are particularly important to protect staff and customers of businesses and services that have now re-opened, such as non-essential retail, hairdressers, barbers and other personal care premises, childcare, indoor sports and leisure, and hospitality venues.

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2021/21

Committee Members

Chairman

Ros Kenny

Company Secretary

Hedley Greaves

Treasurer

Bob Bennett

Data Protection

Bryan Howard

Digital Inclusion

Sue Morecroft

Groups coordinator

Sharon Pratt

Membership Secretary

Lucy Marsland

Speakers Secretary

Wanda Allen

Social Secretary

Vacancy

Committee advisors and helpers

Publicity

Jill Stacey

Minutes

Vacancy

Website

Phil Grimley

Hall set up and AV

Peter and Jane Hammond

Michael Seccombe

Beacon

Vic Newland

IT

Mike Shea

Social Team

Lynne Costello

Diane Case

Janice Ferguson

Noticeboard

Vacancy

New Member Support

Kath Rolison

Janet Bilby

Jenny Wilce

Jane Gillon

Printing

Margaret Macpherson