

## **13**

### **Runners' Cancelled Half Marathon**

**R** - runners gathered after sunrise on Sunday

**U** - undeterred by announcement:

**N** - no Cardiff Half this year.

**N** - normal gathering and social distancing

**E** - excited and

**R** - ready to run from

**S** - St Asaph cathedral.

**C** - city

**A** - asaph

**N** - nobly substituting

**C** - Caerdydd stadium.

**E** - eagerly waiting runners

**L** - looking and listening. But hey, No

**L** - loudhailer to set them on their way.

**E** - exited Asaph,

**D** - didn't look back.

**H** - Harriers

**A** - away with

**L** - loosened

**F** - fibres

**M** - marathon muscles

**A** - arguably

**R** - ready .... and Yes, they're running.

**A** - altogether,

**T** - timing fine-tuned. And already it's

**H** - homeward bound.

**O** - opportunity today to prepare for

**N** - next year? Normality and new beginnings!?

18<sup>th</sup> October 2020