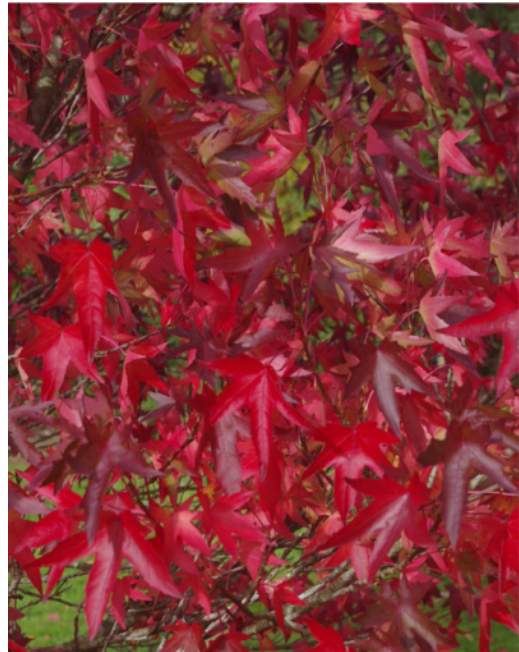


NOVEMBER 2022 Newsletter

**Autumn colours at the Bluebell Arboretum and Nursery at Smisby near Ashby de la Zouch
Taken by Mike Davey on a gardening group visit.**

Welcome

I was so pleased to see that at last month's meeting we had ten new members join our u3a. I'm sure that most, if not all those ten new members, had been encouraged to come and see what our u3a is all about by you, our existing members, so a big thank you for that. Please keep up the good work by telling relatives, friends and neighbours to come along to one of our monthly meetings. So long as they are retired or semi retired, they are eligible to join our u3a.

With nearly 20 interest groups now up and running, I'm sure there is something for everyone to join and enjoy, but if there is something that you'd like to do, but which is not currently a group activity within our u3a, please come and let me know.

I look forward to seeing as many of you as possible at our next monthly meeting on Monday November 21st, starting at 2:00pm at The Methodist Church, opposite the Co-op.

Best wishes,

Peter Wakelin
Chairman

Our Speaker

Peter E Pickering



I was born in Bulwell, Nottingham and lived there until I went to university at Loughborough. I studied PE and then taught at High Pavement and Padstow, where I finished as Head Teacher. After taking early retirement from teaching I ended up working for a Government project In Youth Crime Prevention in Derby. This project, which was supposed to last 2 years, was extended to 10 years as it was one of the most successful projects.

I have always been a community conscious person and spent many years in various organisations helping home and international communities.

TALL SHIPS

The Tall Ships Youth Trust is a Youth Crime Prevention project which was set up to encourage team work and confidence. It helps young people redefine their horizons through life changing residential adventures at sea.

Future Programme

Monday 19th December	Masters of Mirth	Mike Storr
Monday 16th January 2023	The biggest Worsted mill	Bob Massey
Monday 20th February	Fire Prevention	Craig Langton
Monday 20th March	From Barrow to Baghdad and back	Philip Caine
Monday 17th April	Nottingham Street Pastors	Lynne Miles
Monday 15th May	Fascinating Crimea	Robert Dodd

INTEREST GROUP LISTINGS

Time	Group	Venue	When	Leader	Contact
MONDAY					
10.30 am	Gardening	Various	TBC	Mike Davey	mrdavey004@btinternet.com 0115 9841687
7.00 pm	Wine Tasting	MH	4th Monday of month	Paul Clarkson	redbus84@hotmail.com
TUESDAY					
10.00 am	Book Group	MH	2nd Tuesday of month	Maureen Thompson	maureenfthompson@outlook.com 07496 679953
10.00 am	Painting & Drawing	EPC	2nd & 4th Tuesday of month	Liz McAdam	lizmcadam26@gmail.com 07973 615754
2.00 pm	Scrabble	MH	Fortnightly	Di Brown	diandhoward@hotmail.com 07754 008754
WEDNESDAY					
10.00 am	Photography	EPC	2nd Wednesday of month	Ann Hooley	annhooley@virginmedia.com 0115 9211832
9.30 am	Walking 5-8 miles	various	4th Wednesday of month	Paul Clarkson	redbus84@hotmail.com 07496 679953
10.30 am	Table Tennis	MCH	1st & 3rd Wednesdays	Steve Lowe	lowe_steve@sky.com
THURSDAY					
10.00 am	Tai Chi	RVH	Weekly	Judy Hasson	syhasson@aol.com 07505 844009
11.00 am	Tai Chi	RVH	Weekly	Judy Hasson	syhasson@aol.com 07505 844009
12.00 pm	Beginners' Tai Chi	RVH	Weekly	Judy Hasson	syhasson@aol.com 07505 844009
10.30 am	Petanque	White Horse	3rd Thursday of month	Chris Murdon	rudd_u3a@yahoo.com

THURSDAY					
1.30 pm	Lunch Club	various	Details below.	Margaret Marshall	margaretmarshall70@gmail.com 07914 414848
2.00 pm	Petanque	White Horse	1st Thursday of month	Chris Murdon	rudd_u3a@yahoo.com
2.00 pm	One in one	Varies	Details below.	Pete Wakelin	peter.wakelin1@gmail.com
2.30pm	Travellers' Tales	The Hub	2nd Thursday of month	Peter Davison	pandcdavison@ruddington.plus.com 0115 9845733
3.30pm	French	MH	TBC	Sheila Johnson -Marshall	sheilajohnsonmarshall@hotmail.com 07929 520201
FRIDAY					
10.00am	Knit-a-lot	Philos	Weekly	Sandy Maltby	Sandymaltby989@gmail.com
2.00pm	Monthly Quiz	FKC	Last Friday of month	Barbara Breakwell	ruddington2012@virginmedia.com
2.30pm	Spanish (Intermediate to advanced)	MH	Alternate Fridays	Debra Lowe	debra-lowesky.com 0115 9844504
VARIOUS					
9.30am	Cycling	Various	TBC	Tracy Meakin	tracymeakin@sky.com

VENUE GUIDE

EPC Elms Park Committee Room

FKH Framework Knitters Chapel Room

MCH Methodist Church Hall

MH Members Home

RVH Ruddington Village Hall

TBC To be Confirmed

Contact Us

Website

<http://u3asites.org.uk/ruddington>

Email

rudd_u3a@yahoo.com

Facebook

<https://www.facebook.com/Ruddu3a>

National u3a Website:

<https://www.u3a.org.uk>

To subscribe to the national u3a newsletter visit <https://www.u3a.org.uk/newsletter>

COMMITTEE NEWS

Membership

We now have 159 members, only 4 less than our record.

Attendance at the October meeting was 64.

Volunteers to join the committee would be very welcome.

David Bott

David Bott has been a committee member since our u3a was formed. Initially he set up the web site and then became our membership secretary, a very important role keeping track of so many members. Unfortunately, for health reasons, David is retiring from the committee. His contribution to the work of the committee was greatly appreciated and he will be missed. David intends to continue to attend meetings and interest groups.

Co- op Local Community Fund

We are delighted to have been selected as a cause for the next round of the **Coop Local Community Fund**. Running from now until October 2023 Coop Members can support us. If you have a membership card each time you buy Coop products and services you receive 2p for every £1 spent into your membership account. This can be spent on future shops. **Also 1p per £1 spent is given to the local causes.**

There are 3 causes chosen a year and you can select which local cause you would like to support. In order to do this you need to go online at **coop.co.uk** and sign in to your Coop account (you would have created this when you got your card) and select **Ruddington & District u3a** as your local cause. If you do not select a cause to support the Coop will share the funds you raised equally between the 3 causes in your community.

Interest Group Updates

Lunch Club

The next Lunch club will be at 1.30 on Thursday 1st December at The Dorset, Compton Acres.

One in one

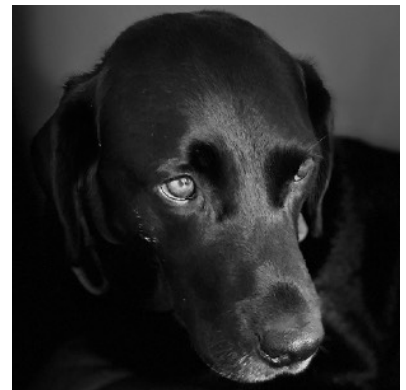
The next meeting will be on Wednesday 30th November and will be a rerun of a popular meeting some months ago. Starting @ 2:00pm at The Embankment (number 10 and number 3 buses stop outside) followed at 3:00pm at The Navigation and finally 4:00pm at The Trent Bridge Inn.

Knit a lot

Now weekly by popular demand

Quiz Group

We meet on the last Friday of the month at the Chapel, Framework Knitters Museum at 2pm. Teams of 4 compete to answer the 40 questions. We invite people to change teams and also for members to take turns to devise the quiz, so everyone is able to participate. The cost is £1.50 to cover venue hire and refreshments. We are a relaxed fun group and everyone is welcome to attend , either regularly or occasionally.

Photography

In October, as well as producing 'Black and White Portraits', some of us made a trip to the Museum of Making in Derby, which offered intriguing opportunities for photography with its varied objects on display ranging from a chamber pot to an aeroplane engine.

After 'Drinks' photos on show in November it's on to 'Statues and Sculptures' for the December theme.

Our meetings continue to be held in the Elms Park Committee Room at 10.a.m. on the second Wednesday of the month. Charge £2.50. Please drop in if you are interested.

Wine tasting

The group is continuing to sample wines from several countries all made from one grape. In November it was Pinot. We discussed our personal preferences and enjoyed a convivial evening.

Our next meeting will feature festive wines including port to accompany some traditional Christmas nibbles.



Travellers' Tales



At our November meeting we were entertained by Graeme Garner's tales of his holiday in the American mid-west national parks including The Arches and information about Custer's last stand against Sitting Bull at the Battle of Little Big Horn.

In December we will be sharing our reminiscences about travel experiences in the festive season and will partake of some seasonal food and drink.

VISITS

The heritage of the night sky 17th November

At the time of writing we are anticipating an interesting visit to Nottingham Trent University's Clifton campus where Dr Daniel Brown "Astro Dan" will talk on the heritage of the night sky. This will be followed by an update on "what's up in the sky", a tour and an "exploring the night sky" talk.

Gardening Group

On the bright morning of 31st October 2022 following heavy overnight rain, ten members of the u3a Gardening Group enjoyed a visit to the Bluebell Arboretum and Nursery at Smisby near Ashby de la Zouch to see the last of the spectacular Autumn colours. After a welcome coffee at the “Smisby Arms”, some members enjoyed a leisurely drive through picturesque Derbyshire villages, while others followed a more direct route home on main roads

The next visit is to the Christmas Tree Festival at St Mary’s Church, Church Terrace, Melton Mowbray LE13 0PW on Monday 5th December at 10.30am.

Lace market theatre visit “The Flint St Nativity” Tuesday 13th December

There are still a few seats available. Your last chance to sign up is at the monthly meeting or by contacting Chris Davison on 0115 9845733. Payment is needed by **21st November**.

Theatre Tour



On Saturday 29th October 2022 a group of our members went on the backstage tour of the Theatre Royal and had a fascinating time with our guide Ezekial Bone. He took us through the history of the building from when it first opened in 1865 up to the one we all know today that was last refurbished and reopened in 1978.

It was special to go onto the stage which has quite a steep rake and see everything backstage .

Finally as a bonus we were taken into the Concert Hall and onto that stage ,where we were allowed to take photographs.

Many thanks to Di and Howard Brown for organising this and the observatory trip .

It is pleasing to record the growth of visits. Suggestions for further trips next year would be welcomed.