

JANUARY 2023 Newsletter



Welcome

Happy New Year to you all and I hope you all had a nice Christmas. I also hope that those of you who attended last month's monthly meeting enjoyed the quiz and the free raffle, especially those who won one of the 20 raffle prizes. Our thanks to all those who donated raffle prizes, especially The White Horse, Jaspers Cafe and Phoenix Flowers.

As I mentioned at last month's meeting, we do have around 20 interest groups operating and if you wish to join any of the groups, please contact the group convenor via their details, which can be found in this newsletter. A new group, that is in the process of being formed and that was mentioned in last month's newsletter, is aimed at those of us that have suffered the loss of a spouse or partner. Any of you that would like to join this group can either sign up for it at this month's meeting on Monday January 16th, or if you are unable to attend that meeting please contact the convenor, Eileen Marlowe, on 07730 566999 or email her on eileenbooker27@gmail.com telling her you wish to join her group. It is a group that I will certainly be joining.

I hope to see as many of you as possible at this month's meeting and please don't forget to bring along any retired or semi retired relatives, friends or neighbours, who you think would benefit from joining our u3a.

Best wishes,

Peter Wakelin
Chairman



Bob is a historian and retired theatre consultant who has lectured all over the country. In addition to local history his interests include the history of the moving image and world war two airforces. He is a published author and has appeared on television and local radio.

He has recently published 8 volumes of stories on the history of Arnold and Mapperley Nottingham and the surrounding villages. These include books on Arnot Hill Park and the Higginbottom Family as well as a book on Arnot Hill Auxillary Hospital of World War One.

The biggest Worsted Mill

This is the story of Hawksley and Davison's huge mill, built in 1791 on the edge of Arnot Hill Park, Arnold at the start of the industrial revolution.

It was the biggest in the country employing over 2000 people including 600 children.

Its story covers many social changes including land enclosure, social reform and the change from working the land to industrialisation in Nottingham at a time of great unrest.

Future Programme

Monday 20th February	Fire Prevention	Craig Langton
Monday 20th March	From Barrow to Baghdad and back	Philip Caine
Monday 17th April	Nottingham Street Pastors	Lynne Miles
Monday 15th May	Fascinating Crimea	Robert Dodd
Monday 19th June	The Climate crisis and some solutions	Brenda Ainsley

Interest Group listings

Regular dates are shown. See updates for any variations.

Time	Group	Venue	When	Leader	Contact
MONDAY					
10.30 am	Gardening	Various	TBC	Mike Davey	mrdavey004@btinternet.-com 0115 9841687
7.00 pm	Wine Tasting	MH	4th Monday of month	Paul Clarkson	redbus84@hotmail.com
TUESDAY					
10.00 am	Book Group	MH	2nd Tuesday of month	Maureen Thompson	maureenfthompson@outlook.com 07496 679953
10.00 am	Painting & Drawing	EPC	2nd & 4th Tuesday of month	Liz McAdam	lizmcadam26@gmail.com 07973 615754
2.00 pm	Scrabble	MH	Fortnightly	Di Brown	diandhoward@hotmail.-com 07754 008754
WEDNESDAY					
10.00 am	Photography	EPC	2nd Wednesday of month	Ann Hooley	annhooley@virginmedia.-com 0115 9211832
9.30 am	Walking 5-8 miles	various	4th Wednesday of month	Paul Clarkson	redbus84@hotmail.com 07496 679953
10.30 am	Table Tennis	MCH	1st & 3rd Wednesdays	Steve Lowe	lowe_steve@sky.com
THURSDAY					
10.00 am	Tai Chi	RVH	Weekly	Judy Hasson	syhasson@aol.com 07505 844009
11.00 am	Tai Chi	RVH	Weekly	Judy Hasson	syhasson@aol.com 07505 844009

12.00 pm	Beginners' Tai Chi	RVH	Weekly	Judy Hasson	syhasson@aol.com 07505 844009
THURSDAY					
1.30 pm	Lunch Club	various	See note below	Margaret Marshall	margaretmarshall70@gmail.com 07914 414848
2.00 pm	Petanque	White Horse	1st Thursday of month	Chris Murdon	rudd_u3a@yahoo.com
2.00 pm	One in one	Varies	Details to follow.	Pete Wakelin	peter.wakelin1@gmail.com
2.30pm	Travellers' Tales	The Hub	2nd Thursday of month	Peter Davison	pandcdavison@ruddington.plus.com 0115 9845733
3.30pm	French	MH	TBC	Sheila Johnson -Marshall	sheilajohnsonmarshall@hotmail.com 07929 520201
FRIDAY					
10.00am	Knit-a-lot	Philos	Weekly	Sandy Maltby	Sandymaltby_989@gmail.com
10.30	Pentanque	White Horse	1st Friday of month	Chris Murdon	rudd_u3a@yahoo.com
2.00pm	Monthly Quiz	FKC	Last Friday of month	Barbara Breakwell	ruddington2012@virginmedia.com
2.30pm	Spanish (Intermediate to advanced)	MH	Alternate Fridays	Debra Lowe	debra-lowes@sky.com 0115 9844504
VARIOUS					
9.30am	Cycling	Various	TBC	Tracy Meakin	tracymeakin@sky.com

VENUE GUIDE

EPC Elms Park Committee Room

FKH Framework Knitters Chapel Room

MCH Methodist Church Hall

MH Members Home

RVH Ruddington Village Hall

TBC To be Confirmed

Contact Us

Website

<http://u3asites.org.uk/ruddington>

Email

rudd_u3a@yahoo.com

Facebook

<https://www.facebook.com/Ruddu3a>

National u3a Website:

<https://www.u3a.org.uk>

COMMITTEE AND u3a Trust NEWS

The December meeting focused on the arrangements for the quiz and raffle. Many favourable comments have since been received.

The committee currently comprises:-

Chairman	Peter Wakelin
Vice Chair	Liz McAdam
Treasurer	Mike Wynn
Publicity	Barbara Breakwell
Membership secretary	Di Brown
Business Secretary	Peter Davison
Minutes Secretary	Chris Davison
Joint Speaker finders	Howard Brown & Chris Davison

Two people have expressed an interest in joining the committee and will be attending the January committee meeting as a “taster”.

After the national membership of the Third Age Trust rejected the Board’s proposals to increase charges, proposals for increased consultation particularly on financial matters are being implemented.

The charge for the Third Age Magazine for 2023 will increase from £3.35 to £3.60, representing an increase of 5p per copy, or about 7%. This is currently funded from the annual membership charge.

The committee is considering offering members the opportunity to opt out of receiving the magazine, without a reduction in our membership charge, which could, in effect, save us money when there are budget pressures.

Interest Group Updates

This month fewer contributions have been received, hence the increased number of photographs. Convenors are encouraged to send in updates so all the membership knows what is going on.

One in one

The next meeting of One in One will be in Ruddington on January 26th, starting at 2:00pm in The Frame Breakers, then 3:00pm in The Red Lion and then finally in The Victoria Tavern at 4:00pm.

Lunch Club

There will be no January meeting.

Wine tasting

The January meeting will explore wines from the new world. "New world" refers to those countries and winemakers that borrowed traditions from other countries to jumpstart their own. New World wines are those wines produced outside the traditional wine growing areas of Europe and the Middle East, in particular from Argentina, Australia, Canada, Chile, Mexico, New Zealand, South Africa and the United States (primarily California).

The phrase connotes a distinction between these "New World" wines and those wines produced in "Old World" countries with a long-established history of wine production, essentially in Europe, most notably: France, Italy, Germany, Spain and Portugal.

Cycling

Decembers ride was cancelled due to freezing road conditions. The January ride is also cancelled due to holiday commitments.

Our next ride will be Wednesday February 8th - route to be decided nearer time.

Travellers' Tales

In December the group indulged in some foreign Christmas treats including warmed gluhwine, stollen and lebkuchen whilst reminiscing about Christmas activities. These included hearing about a most unusual Christmas Day experience, visiting the International Antarctic Centre in Christchurch, New Zealand, to experience an -18°C polar storm and a very rough ride on a Hagglund all terrain vehicle.

The topic in January was “Winter’s Tales”. David Swan talked about winter activities in Canada including a snowmobile jamboree. Peter and Chris Davison showed photos taken in Karesuando, 250 km north of the Arctic Circle, where they achieved a lifetime ambition by seeing the Aurora Borealis.



Photography

In addition to a wide range of sculpture photographs our last meeting in 2022 included Tim Williams using a microscope to take pictures of minute creatures and revealing them in detail on the screen, as well as introducing us to the world of slime moulds. A fascinating glimpse into a specialised area of photography. At our next meeting we'll be thinking of new photographic themes for 2023 and ideas for visits, and new members bringing new ideas are always welcome. Our first meeting of 2023 is on Wednesday, January 11th, in the Elms Park Committee Room at our usual time of 10.00a.m. There should be plenty of photographs of 'Doors and other Street Stuff' on display.



This sculpture "Testing for Gas" was commissioned by Nottinghamshire County Council to commemorate the Nottinghamshire Mining Industry and as a tribute to the miners of the Nottinghamshire Coalfields. It is on top of the mine spoil heap on the site of the former Silverhill colliery which closed in the 1990s.

It shows a modern miner testing for methane gas, known as "firedamp", which is a constant threat to miners working deep underground. He wears a methanometer and a self rescuer on his belt, and is holding a flame safety lamp to test for the presence of explosive firedamp by observing the shape and colour of the flame.

Sculptor: Antony Dufort,
Photo David Swan.