

## “FEBRUARY AMNESIA”

Christmas and New year preparations tend to drive other matters out of mind. The result? “February amnesia”. For anyone suffering this affliction, here are some gentle reminders of what’s new in Rotherham u3a during February.

If you love your holidays in Spain and its islands, but have never got further than “hola and adiós”, or “una cerveza”, or “un café, por favor”, now’s the time to learn to speak Spanish from scratch in this fun-loving and friendly group. The Absolute Beginners Spanish group meets each Wednesday. *Contact Michael Garrett 07494 806 167.*

Get fit with the Strollers, exploring different parts of the area on alternate Saturday mornings. Whiston Village and Meadows on 3 February; Wath Centre and the East End of Manvers Lake on 17 February. All walks are accessible by public transport, and start close to parking facilities. *Contact Margaret Tupling: 01709 371 949 for details.*

Plan your most colourful garden ever with expert help from professional gardener Don Witton, who will give an illustrated talk “Calendar of Colour” to the Gardening and Out and About group at Winthrop Gardens on Thursday 29 February. If you’d like to attend this talk and/or receive details of forthcoming group trips, contact Lesley Clark at [lclark62@hotmail.com](mailto:lclark62@hotmail.com) with your details.



Remember: Ru3a is for anyone no longer in full time work. There are 40 different activities on offer. Anyone wishing to “try before they buy”, can attend on 2 occasions before deciding whether to join. There are no lower or upper age limits, carers attend free.

Being a member costs around £1.67 per week and gives access to as many activities as desired.

***Visit [u3asites.org.uk/rotherham](http://u3asites.org.uk/rotherham)***

***Contact 01709 379 379***