



Roding Valley

Speakers

On the 3rd Monday of each month there is a Roding Valley u3a wide meeting with an invited speaker for approximately one hour.

It is at **Theydon Bois Village Hall** and is open to all members.

The doors open at 9.30am. Refreshments are always available before the meeting when there is also an opportunity to chat to other members, sign up for new groups and book social events and outings.

The meeting itself starts at 10.00am

There are u3a announcements followed by a guest speaker.

The talks are varied, often illustrated, and are chosen to reflect different tastes and interests.

Updates to speakers can be found on our website.

<https://www.u3asites.org.uk/rodingvalley>

Speakers

Mon Jul 17th



Topic - **Nursing in the 60s**

Speaker - **Brenda Ballard**

Brenda will talk about her experiences of nursing in the 1960s

Memories and anecdotes from her training at a teaching hospital in the 60s.

Mon Aug 21st



Topic - **Stunt Woman**

Speaker - **Lucy Allen**

This talk is about Lucy's life as a Stunt Woman: How she got into it, what Stunt Work actually IS, the Highs & Lows of the work and other stories about her long career.

Mon Sep 18th



Topic - **A funny thing happened on the way to the Old Baily**

Speaker - **Chris Truran**

Chris joined the Metropolitan Police on 6th March 1975. He trained as a Scenes of Crimes Officer (SOCO). As a SOCO he experienced many occasions when the stupidity of a criminal became their downfall. He will share many times that he had to laugh at their behaviour.

Speakers

Mon Oct 16th

Topic - **Marilyn and Elizabeth - Icons of an Era**

Speaker - **Maggie Radcliffe**



With Marilyn we consider her films, her husbands, her affair with Kennedy, the sadness of her short life and the mystery surrounding her death.

With Elizabeth we skim through eight husbands and her amazing collection of jewellery which was worth millions, her many problems with Richard Burton which started with the filming of Cleopatra.

Mon Nov 20th

Topic - **Life in the East End and a whole New language to learn!**

Speaker - **Paul Robbins**



The talk describes how the East End evolved and grew during the 18th & 19th centuries. It explains about people from all over the World who settled here, and their legacy. The speaker then considers how the area suffered from the effects of WW 2.

The speaker will also give a lesson in how to understand and speak the Cockney Rhyming slang!

Mon Dec 18th

Topic - **Christmas with The Rat Pack**

Speaker - **Howard Slater**



"Christmas with The Rat Pack" will bring together festive classics from Frank Sinatra, Dean Martin and Sammy Davis Jr.

It will include Christmas Waltz, Jingle Bells, Mistletoe And Holly, and all-time favourites such as Rudolph the Red Nose Reindeer. What better way to get into the festive spirit!
