



Newsletter for March 2021

[Click here to visit our Website](#)

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Wanted: More Committee Members

We need more members to join our committee. Please do have a chat with any of the current committee about how you could help.

Well, we now have a road map for a return to a more normal life. The end is now in sight even though you might need binoculars to see it. At least we can start to plan confidently for the future of our u3a and your committee will now be looking at future arrangements in detail. Meanwhile we will continue with the present limited arrangements, details of which are in this newsletter.

I am most grateful to all those members who have contributed to our successful Zoom meetings. Well over 50% of our membership now participate in something on line. Last month we had a fascinating talk by Jill Collins and this month John Kay has kindly agreed to give us a talk on a local character (see page 2). If you feel that you could offer a talk then please do get in touch.

The first significant date for u3a is likely to be 29 March 2021. If the rule of six is reinstated outdoors then interest groups of six or less members could meet outdoors by taking appropriate measures (ie social distancing, etc). Perhaps some slightly larger groups could consider holding two smaller meetings. No doubt we will receive some advice from national u3a office nearer the time.

Overall things are looking brighter. As we move into Spring the days are getting longer and warmer. Hopefully the infection levels will continue to decrease and more of the population will receive the vaccine. The latter really has been a success story. Meanwhile please continue to stay safe and keep in touch.

Best wishes,

Jan

Member Link

Member Link is a new national initiative to support u3as and their members to keep talking and learning together. Member link collates in **one place all the advice, tips and resources** to help us stay connected. [Click here to see.](#)

Stay Safe, Stay in Touch

Have you seen our updated website? Why not take a look.

Home **Welcome** Groups Events Membership News Resources
Contact Links Sitemap U3A

Ringmer

u3a learn,
laugh,
live

RINGMER U3A

Notice
Board

CORONAVIRUS THREAT: VISIT [RINGMER U3A NEWS PAGE](#)

What is the U3A?

MONTHLY NEWSLETTERS:
The February issue is now
available, to view visit the

[Here is the link to our website](#)

U3a: Keeping in Touch

Some 5,000 u3a members have joined the **Facebook group** "u3a: Keeping in Touch". It has proved to be a useful way of keeping in touch. Topics vary from week to week, but arranging and running Zoom meetings is a favourite. More recently there have been posts about finance as many u3a groups are struggling with a decrease in membership. Some have unfortunately closed down altogether as they feel that they have nothing to offer. We are so lucky in Ringmer to have enough enthusiastic members to make the most of a difficult situation. If you are on **Facebook** then why not take a look at their group.

Zoom Talk on Thursday 18 March 2021 at 2 pm "Samuel Williams, Village Labourer" by John Kay



Samuel Williams was born in Ringmer about 1800 and lived here virtually all his life until his death in 1884. He and his wife are buried in an unmarked grave in our churchyard, and there are still descendants of his large family living in Ringmer today. Always described as a labourer, he lived through some very interesting and challenging times, and his life reflects the period in which he lived. He became a well known village character, and whenever anything interesting happened in

Ringmer, it seems that Samuel Williams was always there.

The Zoom link will be sent to all members on Wednesday 17 March 2021.

Stay Safe, Stay in Touch

Are you missing out?

Sign up for the National u3a Monthly Newsletter

Go to their website at <https://www.u3a.org.uk/newsletter> and fill in your details to receive u3a updates, both regional and national, direct to your email inbox. You can see the [February 2021 newsletter](#) – [just click here](#).

What has u3a offered during Lockdown

This last year has been difficult for us all and it has been impossible for any u3a to offer the normal range of interest groups and activities. Some have regrettably closed down, but many, like Ringmer, have tried their best to provide something for their members.

The National u3a website has been enhanced to help members access virtual activities (see page 1). Training sessions have been offered to help members cope with the virtual world and we have taken advantage of those sessions. In addition to the "Third Age Matters" magazine they have also provided regular on-line newsletters (see above) which are available to all u3a members and they have organised numerous talks on a variety of subjects.

Ringmer u3a has managed to keep active in many ways. You can see a list of our interest groups on page 4. This shows which ones have held successful Zoom meetings. We also organise at least one general Zoom talk/meeting a month which is open to all members and all members receive a monthly newsletter. Some interest groups, such as Family History, publish their own newsletter and all Convenors have done their level best to keep in touch with their members by phone, email, WhatsApp, etc. All this puts us in a good position to open up fully when the time comes and that time will be soon.

u3a February Wordsearch – Dream Holidays (Answers)

Are you dreaming of a holiday? This month's theme contains words associated with holidays. The words can all be found in the grid – running forwards, backwards, up, down and diagonally. There is one extra 6-letter word starting with "Re" that you hope not to use regarding your holiday.

A	E	D	A	Y	O	G	E	G	G	7	Caravan
E	D	I	R	A	F	A	S	N	E	6	Cruise
N	A	V	A	R	A	C	I	I	T	7	Package
L	E	I	E	E	K	K	U	L	E	8	Sunshine
K	E	N	B	N	I	R	R	C	G	6	Safari
Z	I	Z	E	H	T	U	C	Y	A	6	Hiking
E	N	I	H	S	N	U	S	C	K	9	Adventure
V	G	N	I	K	K	E	R	T	C	7	Walking
A	D	N	U	F	E	R	O	E	A	7	Cycling
G	N	I	K	L	A	W	I	P	P	8	Trekking

Extra word is: Refund

u3a Anagram – 2020 Words (Answers)

1. Satanic Toy – Staycation
2. Pig Knack Cab – Backpacking

Music Quiz.

Thursday 11 March at 2 pm

A Music Quiz will take place on 11 March starting at 2pm with music from the fifties and sixties (no modern music). You are also invited to think about what you have been doing during lockdown e.g., learnt a new skill, having quizzes etc. and give a brief outline at the meeting. This part is purely voluntary. Why not join this light hearted zoom session for a relaxing afternoon.

The Zoom link will be circulated to all members on Wednesday 10 March.

Stay Safe, Stay in Touch

Ringmer u3a Interest Groups and Convenors

(Further details and a link to contact each Convenor can be found on Ringmer u3a website)

Group	Convenor	Z	Nos	Usually meets (ie no restrictions)
Astronomy	Brian Wignal	Z	18	Second Wednesday of each month at 7.30 pm.
Computer Group	Sylvia Coleman	Z	27	First Thursday of each month at 2 pm.
Creative Crafters	Julie Terry		6	First Thursday of each month at 2 pm
Family History	Bob Cairns	Z	52	Last Tuesday of each month at 2 pm.
French Conversation	Bridget Cross	Z	6	Every Monday from 2 to 3.30 pm
Gardening Club	Jenny West; Joan Wignal	Z	18	Third Tuesday of each month at 2.30 pm
2 Garden	Rita Price	Z	18	Second Tuesday of each month at 2.30 pm
Knit One, Chat One	Sue Hall		9	First Friday of each month at 2 pm.
Mah-Jong	Sue Home		8	Every Monday at 10 am.
Newsround	Kay Fitzgerald	Z		Fourth Monday of each month at 10 am.
Out & About	Valerie King		43	
Photography	Martin Whitlock	Z	38	Last Thursday of each month at 2 pm.
Short walks	Vacant			
Spanish for Beginners	Kathy Shaw		4	
Spanish Conversation	Conchita Wigley		9	Every other Monday at 10.30 am
Walking	Lynne Booth		23	First & third Wednesday of each month at 1.30 pm.
What the Papers Say	Sue Wilkins	Z	6	Fourth Monday of each month at 2 pm.

Note: "Z" indicates that this group has met sometime since April 2020 using Zoom.

Stay Safe, Stay in Touch

u3a March Wordsearch – Herbs

This month's theme contains words associated with herbs. The words can all be found in the grid – running forwards, backwards, up, down and diagonally. One herb is listed three times.



F	E	B	E	T	E	M	Y	H	T	5	B
E	W	A	A	T	N	R	R	P	N	6	C
N	C	M	T	S	L	I	A	A	I	6	G
A	H	M	A	E	I	R	M	R	M	6	F
A	I	T	N	R	S	L	E	C	A	8	M
L	V	N	A	L	O	I	S	I	R	7	P
D	E	N	E	M	A	J	O	L	R	8	T
F	S	Y	I	T	G	O	R	R	J	8	R
E	A	N	O	G	A	R	R	A	T	5	T
S	T	A	R	A	N	N	P	G	M	4	M (x3)



u3a Anagram – 2020 Words

1. Hires Hoards (11)
2. Rang Root (8)

The answers will appear in the April 2021 Newsletter.

April 2021 Newsletter: I would like to get the next Newsletter out by 6 April 2021. Please let me have any items before 31 March 2021. Thank you.

Stay Safe, Stay in Touch