

## Newsletter for February 2021

---

[Click here to visit our Website](#)

### Headlines

- 2. Knit One Chat One
- 2. Coming up
- 3. Zoom info
- 3. Stay Safe On-line
- 4. Wordsearch
- 4. National u3a newsletter



Have you noticed how the season is changing? Spring flowers are emerging after their winter self-isolation deep in the ground. The birds are starting to build nests as the winter risks diminish. The days are gradually getting longer and soon we will be able to enjoy the bright colours that come with spring. Nature really is a miracle. Whilst we cannot yet emerge from our lockdown, the signs of a brighter future are already here. Thankfully the vaccine rollout programme is proceeding at great speed and let us hope that it will continue to be a success.

Meanwhile we must keep in touch as best we can. I personally enjoy seeing fellow members at Zoom sessions and it is good to hear the banter that goes on. We will continue to offer as many virtual meetings as we can. As always any ideas or suggestions that you have are most welcome. We live in a time of innovation and u3a must keep pace with the changing world.

Best wishes,

*Jan*



Photo by Martin Whitlock

---

### Keep Learning

There are lots of great ideas on the national u3a website. You can see more about their various events on their [website](#). You could also take a look at their [National Programmes](#).

---

## Stay Safe, Stay in Touch

## Please check your SPAM box

Email messages that are sent to all members are generated by the **u3a Beacon System**. Recently we have noticed that some members fail to get the message as it is treated as SPAM by their Internet Service Provider. These messages often go to some 150 members. Please do keep an eye on your SPAM box if you are expecting an email message. The monthly newsletter, for instance, normally goes out during the first week of the month.

---

## Knit One, Chat One

As a group we continue to keep in touch via telephone and emails and it is good to hear about the various knitting or stitching projects members are working on during these “stay at home” days.

Some of our members have taken up the request for “Hearts for our Hospitals” by knitting pairs of small hearts in the same colour. During the Coronavirus outbreak it’s more difficult for people to say goodbye to loved ones. The hearts will be sent from hospitals to a patient’s family following their passing, as they may not have been able to be with them during their time in hospital.

Like everyone else we look forward to the day when we can meet up again as a group and enjoy each other’s company and friendship.

Sue Hall



---

## Try a new Interest Group

Some of our groups are now holding monthly virtual meetings and could accommodate new members. Perhaps you have thought about trying family history, photography or learning more about computers. Now is your chance to try it out by joining one of those groups. That way you will get the necessary details and the all important Zoom link to the meeting.

**Just contact the Convenor through our website ([Groups Page](#))**

---

## Coming up

**Computer & Family Groups: 11 February 2021 14.00** – Hilary Smith will demonstrate how to create a Family Tree in “**Keynotes**” and how to insert a photograph. John Saunders will do the same with “**Affinity**”.

**General Meeting: 18 February 2021 at 2 pm.** Talk by Jill Collin entitled “**How medicine was shaped in the 19th century**”.

The Zoom link will be sent out nearer the time.



**11 March 2021 14.00** – **Music Quiz** by Hilary Smith and more to be announced. Organised by the Computer Group and further details will be published in the March Newsletter.

---

# Stay Safe, Stay in Touch

## Zooming along nicely

As the months pass so more of our members are trying Zoom and enjoying it. More groups are holding virtual meetings using Zoom and although face-to-face meetings are much better, a virtual meeting is better than nothing at all. So far it appears that some 50% of members have joined a Zoom meeting. If you have not tried it then it is not too late. There are plenty of members who can help you set it up. You might even consider setting up a new group.

## Need help with Zoom

Would you like to join a Zoom meeting, but you are unsure what to do? We can arrange a **one-to-one** Zoom session to help you set up Zoom and show you what to do. After that it is just a matter of clicking on the meeting link that you will receive each time. If you wish you can always join a meeting with your video and/or mike turned off. It really is so easy.

## Getting together

Last month we had a talk on using DNA for family history research. It was well attended and Jill arranged for 15 members from Burgess Hill u3a to join us for that meeting. The following week Burgess Hill u3a Family History group held a virtual meeting and invited our Family History Group to join them. Some members from the Hassocks u3a group also joined in. This is the beauty of Zoom meetings where members can attend no matter where they are. We will continue to arrange joint meetings and many thanks Jill for arranging it.

### u3a Wordsearch – Looking Forward (Answers)

This month's theme is covers what we can look forward to this year. The words can all be found in the grid - running forwards, backwards, up, down and diagonally.

|   |   |   |   |   |   |   |   |   |   |  |            |
|---|---|---|---|---|---|---|---|---|---|--|------------|
| D | A | F | F | O | D | I | L | S | E |  | Spring     |
| D | I | G | N | I | P | P | O | H | S |  | Daffodils  |
| E | G | N | I | R | P | S | V | O | V |  | Vaccine    |
| S | G | N | I | T | E | E | M | A | Y |  | Holiday    |
| B | P | L | C | N | D | Y | C | T | A |  | Pubs       |
| U | E | R | E | E | G | C | D | S | D |  | Dining Out |
| P | U | C | I | V | I | O | H | B | I |  | Shopping   |
| V | A | R | T | N | A | M | U | V | L |  | Travel     |
| V | X | N | E | W | G | R | R | T | O |  | Meetings   |
| Y | N | A | P | M | O | C | T | C | H |  | Company    |

### u3a Anagram – 2020 Words (Answers)

1. Traipes (7) (Parties)
2. Gusto in (7) (Outings)

## Stay safe on line.

Most of us are spending more time on line. Do take great care as scams have increased during recent months. Fishing emails are now circulating which offer a vaccine appointment. They also ask for your bank details and money. Vaccination is free and the providers will never ask for such details.

Take a look at our leaflet (**Staying Safe On-line**) which is on [our website](#).

---

# Stay Safe, Stay in Touch

## u3a February Wordsearch – Dream Holidays

Are you dreaming of a holiday? This month’s theme contains words associated with holidays. The words can all be found in the grid – running forwards, backwards, up, down and diagonally. There is one extra 6-letter word starting with “Re” that you hope not to use regarding your holiday.

A E D A Y O G E G G  
 E D I R A F A S N E  
 N A V A R A C I I T  
 L E I E E K K U L E  
 K E N B N I R R C G  
 Z I Z E H T U C Y A  
 E N I H S N U S C K  
 V G N I K K E R T C  
 A D N U F E R O E A  
 G N I K L A W I P P

|   |     |
|---|-----|
| 7 | Ca  |
| 6 | Cr  |
| 7 | Pa  |
| 8 | Su  |
| 6 | Sa  |
| 6 | Hik |
| 9 | Ad  |
| 7 | Wa  |
| 7 | Cy  |
| 8 | Tre |

### u3a Anagram – 2020 Words

1. Satanic Toy
2. Pig Knack Cab

The answers will appear in the March 2021 Newsletter.



### Sign up for the National u3a Monthly Newsletter

Go to their website at <https://www.u3a.org.uk/newsletter> and fill in your details to receive u3a updates, both regional and national, direct to your email inbox. You can see the [January 2021 newsletter](#) - [just click here](#).

**March 2021 Newsletter:** I would like to get the next Newsletter out by 6 March 2021. Please let me have any items before 1 March 2021. Thank you.

# Stay Safe, Stay in Touch