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PLEASE ALWAYS CHECK THE DATE OF YOUR NEXT MEETING WITH YOUR GROUP LEADER	
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Please note dates may vary more with some groups than others, particularly with trips or outdoor activities. Check with Group Leader for Gardening, Golf, Serendipity, Visiting Historic Places & Theatre (usually Fridays).

GROU	Ρ ΑCTIVITY	GROUP ACTIVITY CALENDAR – Normal day each Group meets each month
Mondays	1 st . Monday	Art 1 (Watercolours); Ceramics; Family History I; Lap Top Computing; Visiting Essex Churches 4
	2 nd Monday	Crib Club (evenings); Visiting Essex Churches 1
	3 ^{re} .Monday	Visiting Essex Churches 2 & 3
Tuesdays	1 st Tuesday	Birdwatching; Digital Photography; Singing for Health & Pleasure; Tai Chi;
	2 nd Tuesday	Midweek Dining 2; Tai Chi; Tenpin Bowling; Wine Appreciation (evenings)
	3 ^{ra} Tuesday	Birdwatching; Dining Group 2; Singing for Health & Pleasure Tai Chi;
	4 ^m Tuesday	Dining Group 1;Tai Chi;
Wednesdays	1 st Wednesday	Golf (April, July & September); Walking 1;
	2 nd Wednesday	Archaeology; Golf (May, June, August); Scrabble
	3 rd Wednesday	Crib Club; Drama; Real Ale; Visiting Churches 5
	4 ^m Wednesday	Calligraphy, Family History 2; Music Appreciation; Serendipity 3;
Thursdays	1 st Thursday	Serendipity 2; Tai Chi; U3A Monthly Meeting
	2 ^{ne} Thursday	Acoustic Guitar; Tai Chi; Theatre 1;
	3 ^{re} Thursday	Scrapbooking; Tai Chi
	4 th Thursday	Art Appreciation; Book Reading; Dining Group 1; Essex Social History, Family History 3; Tai Chi
Fridays	1 st Friday	Keep Fit; Latin; Local History; Yoga;
	2 ^{na} Friday	Keep Fit; Yoga;
	3 ^{re} Friday	Keep Fit; Latin; Yoga
	4 ^m Friday	Keep Fit; Walking 2; Yoga
Saturdays	Currently no Groups	lps
Sundays	2 ^{na} Sunday	Sunday Lunch 1
	3 ^{ra} Sunday	Sunday Lunch 2
Ple	ease note dates ma	Please note dates may vary more with some groups than others, particularly with trips or outdoor activities.

Rayleigh UBA University of the Third Age



Some of Rayleigh U3A volunteers (see page 6)

This Month's Meeting

Thursday,6th October,2011 1.30 p.m. - 4.30 p.m. (<u>Please note time</u> - drop in and stay as long as you like)

Annual Group Presentations

Rayleigh U3A Website – www.rayleighu3a.org.uk Registered Charity No. 1134068

October 2011

Newsletter No. 39

FROM THE CHAIR

Dear Members,

The October meeting is our Annual Group Presentation Day, a chance to find out about the wide variety of groups that have been set up by members for the enjoyment of those people with a similar interest. Our 'Singing for Health and Pleasure Group' will be performing for our enjoyment during the afternoon and there will be various demonstrations going on.

Do you have a hobby, skill or pastime that might interest other U3A members? Would you be prepared to volunteer to share that interest with others? Do you think there may be members who would like to make the journey of discovery with you? Please think about becoming a Group Leader for our U3A. We are an International organisation promoting learning for pleasure and giving us the opportunity to make friends whilst keeping active both mentally and physically.

The list of Interest Groups covers a wide range of subjects and each year we are adding more. Groups soon get full and if you are seeking to join one and they have no places then why not talk to the Group Leader who runs it and find out how easy it is to set one up for yourself. Our Group Co-ordinator, Sue Taylor, will give you all the help and support you need. Give her a call on 01268 786405.

We have a number of events planned for the coming months including our Party Night to be held at Rayleigh Grange Community Centre on Saturday, 29th October to celebrate our 4th Anniversary and our Grand Christmas Quiz on Saturday 26th November at Holy Trinity Church Hall. Tickets are on sale for these events and for the Christmas Meal to be held at Saxon Hall on 2nd December.

Tickets will also be on sale at our October Meeting for a coach trip organised by the Committee for members through City & Village Tours entitled "The London Book Club Tour". This includes the services of a Blue Badge Guide, morning refreshments and lunch for only £28.50 and will take place on Wednesday, 21st March, 2012.

If you are not attending the meeting and wish to purchase tickets for any of the above events please send a stamped addressed envelope with your cheque made payable to Rayleigh U3A to 9 Gilbert Close, Rayleigh SS6 8QR and your tickets will be posted to you.

Best wishes

Sincerely

Maureen - Chair, Rayleigh U3A

GROUP LEADERS

- E						
	Acoustic Guitar	Vera Ward	01268 775040	Latin	Dave Filby	01268 770023
	Antiques/Collecta	ables		Music Apprec'n		01702 206966
	·	Sheila Read	01268 778926	Real Ale Group		01268 770023
	Archaeology	lan Haynes	01268 779749	Scrabble	Margaret Bristow	
	Art Appreciation	•	01268 775460		-	01268 747639
	Art I–Water Cols.	Sylvia Lester	01268 774201	Scrapbooking	Janet Carlton	01268 452791
	Bird Watching	Laurie Denney	01702 615370	Serendipity I	Linda & David Cla	rke
	Book Reading	Doreen Blake	01268 774871			01702 204559
	Book Reading II	Marian Allen	01268 743339	Serendipity II	Pam & Keith Dunt	01702 201747
	Calligraphy	Irene Tyson	01268 742942	Serendipity III	Pat & John Pomfr	ett
	Canasta	Chris & Dave Tov	well			01702 230253
			01268 528937	Serendipity IV	Sue & Mike Cairns	01268 743497
	Ceramics	Brenda Perrott	01268 779590		Maureen Hayes	01702 473110
	Crib Club	David Sheffield	01268 743586		& Peter Britton	01268 777525
	Digital Photog'y	Brian Kersey	01268 743959	Singing for Heal	th & Pleasure	
	Dining Group I	Margaret Bristow	01268 747639		Marjorie Sale	01702 346175
	Dining Group II	Marion & Laurie	Wrentham	S. Lunch Club I		01268 777681
			01702 555783	S. Lunch Club II	Sue Barrows	01268 776775
	Discussions on F	Points of View		Tai Chi (J)	Sue Taylor	01268 786405
		John Edwards	01268 747208	Tenpin Bowling	Alan Hudson	01702 202158
	Drama	Joanne Baker	01268 742252		Bob Wren	01702 525311
	Family History B	eginners		Theatre	Jean Mackenzie	01268 510570
		Terry Taylor	01268 786405		Helena Maxwell	01268 772061
	Family History I	Sue Taylor	01268 786405	Theatre II	Sandra Wilson	01268 775184
	Family History II	Pete Huntly	01268 777398	V.I.P.	Liz & Laurie Denn	еу
	Family History III	Barbara Dale	01268 772018			01702615370
	Flower Arr'ging	Irene Stokes	01268 774564	Visiting Essex C	hurches:	
	Gardening	Linda Clarke	01702 204559	Group I	Marian Allen	01268 743339
	Gardening (Prop	agating)		Group II	Elizabeth Baker	01702 331166
		Harry Brickwood	01268 743838	Group III	Brenda Perrott	01268 779590
	Golf	Kay Nevin	01268 780855	Group IV	Jan Churchiill	01702 510296
	History - Local	H. Flemings	01702 204943	Group V (J)	Maureen Turner	01268 750967
		D. Fryer-Kelsey	01702 203455	Walking I	Roger Baker	01702 331166
	History - Social	David Carlton	01268 452791			07867 588879
	Industrial Awarer	ness		Walking II	Les Poole	01268 773174
		Janet Carlton	01268 452791	Wine Apprec'n	Harry Brickwood	01268 743838
	Keep Fit	Janet Carlton	01268 452791	Yoga	Suzanne Middlete	on
	Knit & Natter	Doreen Oliver	01268 743082			01702 557389
	Lap Top Comput	ing				
		Frank Bodey	01268 733616	(J) = Joint with F	Rayleigh Grange	

Chairman: Maureen Huntly - 01268 777398 e-mail: maureenhuntly@btinternet.com

Membership Secretary: Doreen Blake - 01268 774871 e-mail: <u>rblake@uk2.net</u>

Group Co-ordinator: Sue Taylor - 01268 786405 e-mail: susan.taylor106@tesco.net

Secretary: Maureen Hayes - 01702 473110 e-mail: <u>mhayesghayes@talktalk.net</u>

Newsletter editors: Janet & David Carlton - 01268 452791 e-mail: janetcarlton@blueyonder.co.uk

COMMITTEE MEMBERS

Chairman	Maureen Huntly	01268 777398
Vice Chair	David Sheffield	01268 743586
Secretary	Maureen Hayes	01268 473110
Treasurer 1	David Clarke	01702 204559
Treasurer 2 (Social A/C)	Margaret Read	01268 761039
Membership	Doreen Blake	01268 774871
Group Co-ordinator	Sue Taylor	01268 786405
Events Co-ordinator	Terri Gouldsmith	01268 562803
Newsletter Editors	Janet & David Carlton	01268 452791
Gift Aid/Study Day Co-ordinator	Peter Huntly	01268 777398
Speaker Secretary	Sylvia Mitchell	01268 770139
Halls Booking Officer	Barbara Hodge	01268 771820
Volunteer Co-ordinator	Irene Carter	01268 766149
Other Committee	Fred Carter	01268 771820

GROUP CO-ORDINATOR'S NEWS

Annual Group Presentations - We have a slightly different format this year and have extended our meeting times from 1.30pm to 4.30pm, which I hope will enable everyone to drop in and stay as long as they want and discover what all our Groups have been doing throughout the year. This year our Flower Arranging, Ceramics and Calligraphy Groups will be giving demonstrations. Also our Singing Group together with Rayleigh Grange Singing Group, who also have Rayleigh members, are both performing during that time. I do hope you all enjoy the afternoon.

The various Groups that are presenting at our meeting will let you know if they have any vacancies or if they are making a waiting list in the hope that we could start another similar new group.

Canasta – Chris and David Towell had their initial meeting on September 26th and I will let you know how that is going.

Sue Taylor – Group Co-ordinator <u>susan.taylor106@tesco.net</u> Tel: 01268 786405

NEWS FROM OUR GROUP LEADERS

LOCAL HISTORY

Get all the latest details of the group on our blog: http://lhgu3arayleigh.blogspot.com

Our next meeting will be an indoor meeting in association with the Social History Group in the WI hall on Thursday 20th October at 10.00am. David Carlton and David Fryer-Kelsey will talk about our activities in 2011 and look forward to 2012. A chance for members to meet and have a natter. New U3A members are welcome to come and find out what we are planning for the New Year.

£2 per head includes tea/coffee. Book and pay at our desk at monthly meetings. Plenty of seats available.

On Friday, 16th December at 10.30am we have arranged a talk at Southchurch Hall. Experience a Christmas from the time of the Tudors when Christmas trees were prickly, mince pies were rectangular and tinsel was leaves! Southchurch Hall once again comes to life with a wonderful and evocative visit into the past. The roots of modern day Christmas can be traced back to Tudor and earlier days and this festive and evocative talk brings the period to life together with additional stories and costumes. 10.30 am to 12.00 noon. £2.50 per head.

Book visits with Heather Flemmings, at U3A monthly meetings, e-mail <u>heatherfl@lineone.net</u> or phone 01702 204943

Pay David Fryer-Kelsey, at monthly U3A meetings or post 113 Greensward Lane, Hockley, Essex, SS5 5HS. Cheques made payable to U3A Rayleigh please.

David Fryer-Kelsey - 01702 203455

Heather Flemmings – 01702 204943

THEATRE GROUP I

Some of our Group joined Group 2 to see the "Pitman Painters" in August and enjoyed this interesting and funny play.

Our trip to see "Les Miserables" on 14th September was very enjoyable with 13 members going. The performers and the set were wonderful and deserved the standing ovation.

"The Holly and the Ivy" at the Palace Theatre on Thursday 15th December at 2.30pm. All members who are going please make sure you have paid your £16.50 to Helena or Sandra Wilson, Group 2.

Thursford, Tuesday 29th November – Would the 26 members going on this trip be ready to pay the balance owed by the 14th October. You will be notified by e-mail or 'phone of the amount owing.

We are organising a trip to see "Ghost" at the Piccadilly Theatre on Thursday, 19th January, 2012. The cost will be £45 each unless we can get 36 or more interested then the cost would be £40 each. These tickets are for the Dress Circle and 40 seats are reserved. Please make cheques payable to Rayleigh U3A and send to Helena Maxwell by the 8th October. If we get enough interested members we will go by coach. The additional cost for a coach would be £10.50 each and will need to be paid on 3rd November.

Next Theatre Group 1 meeting is Friday, 18th November at the WI Hall from 10.30 am.

Helena Maxwell – 01268 772061 Mobile: 07952574907

5 Warwick Close, Rayleigh, SS6 8PH. Jean Mackenzie: 01268 510570, Mobile 0771980733

KNIT and NATTER

Just a reminder that there will not be a meeting on Tuesday, 11th October as I shall be on holiday. The next meeting will be two days later on Thursday, 13th October. I do hope to see our regular members and anybody else interested in Knitting, Cross Stich etc., or just the "Natter".

Doreen Oliver - 01268 743082

VIP GROUP Wednesday, 15th February, 2012 Anglesey Abbey and Cambridge

Blow away the cobwebs. We have arranged a coach trip to Anglesey Abbey (National Trust property) where a special Winter Walk is planted with over 200 varieties of snowdrops.

There will be photographs for you to see on the VIP table at the October meeting to wet your appetite. The House will be closed but the restaurant and shop will be open.

We shall leave Anglesey Abbey at about 1pm and head for Cambridge for the afternoon which is about a 30min drive away. Unfortunately coaches are not allowed to park in the centre of Cambridge so the drop off will be about a 10-15 min walk away from the centre.

Pick up points are Kirby's depot 8.45am., Webster's Way 8.50am. and Rayleigh Station 8.55am. Ticket to include driver's gratuity. Cost: National Trust members - £15; Non members - £20.30 **Tickets on sale at the November meeting.**

Would all VIP members either e-mail or telephone Laurie with their e-mail, and/or their telephone number.

Liz and Laurie Denney – 01702 615370 e-mail – <u>laurie11@denney.com</u>

KEEP FIT

We would be very pleased to welcome new members to our Group so if you would like to know more and would like to come along to a taster session please give me a call.

We meet at Cully's Gym in Hockley every Friday afternoon between 3.00-4.00 pm. Janet Carlton – 01268 452791

DATES FOR YOUR DIARY

Wednesday, 19th October	Family History Study Day
-	Tickets all sold
Saturday, 29th October	Party Night - £10
-	Tickets now on sale
Saturday, 26th November	Quiz Night £4 per person
-	Tickets now on sale
Friday, 2nd December	Christmas Lunch and Musical Cabaret £25
-	Tickets now on sale
	(see separate menu sheet)
Wed., 21st March, 2012	London Book Club Tour £28.50
	Tickets now on sale

Please send items for inclusion in the October newsletter to:janetcarlton@blueyonder.co.uk Janet Carlton, 35 Curlew Crescent, Basildon, SS16 5HR Tel: 01268 452791

To arrive no later than Friday, 14th October

NATIONAL OFFICE

19 East Street, Bromley, Kent BR1 1QH Tel: 02084666139 e-mail: <u>national.office@u3a.org</u> Web site: <u>www.u3a.org.uk</u> Resource Centre: e-mail: <u>resource.centre@u3a.org.uk</u>

NEXT MEETING

Thursday, 3rd November, 2011 2.00 p.m - 4.00 p.m

Tony Appleton

"35 Years being Photographer with the Rich and Famous"

ADVANCE NOTICE OF AUTUMN SOCIAL EVENTS

PARTY NIGHT

To be held at Rayleigh Grange Community Centre On Saturday, 29th October, 2011 7.30 pm – 11 pm Tickets £10 Includes Finger Buffet, Musical Entertainment by Maggie Prince Free Raffle & Lucky Ticket Prize

GRAND CHRISTMAS QUIZ

To be held at Trinity Hall on Saturday, 26th November 2011 7pm for 7.30pm Teams of 8 – Tickets £4 Maximum of 12 teams Lucky Ticket Prizes and Fun Games Team Prizes Hosted by David Lutterloch

CHRISTMAS LUNCH

To be held at Saxon Hall on Friday, 2nd December 2011 12pm for 12.30pm Tickets £25 - including Gratuities for Staff Pre Dinner Drink, Free Raffle and Table Prizes Three course meal Musical Entertainment by Pete George – Singer and all round Entertainer *(SEE SEPARATE MENU SHEET)*

Other visits and events are being considered for the future and you will be notified as soon as more details are known

GOLF GROUP

We would still like to welcome new members to the Golf Group next year so if you have a set of Golf Clubs why not join our Group for a game of golf? We meet monthly in the Summer months from April to September at Dunton Hills Golf Club and the general standard of golf is "average". We play 18 holes on the par 3 course at a cost of six pounds per game finishing with a drink in the Club House. This has proved to be a really enjoyable event with a lovely group of people.

For more information please give me a call. **Kay Nevin – 01268 780855**

FAITH AND BELIEFS

A series of talks and discussions will be held at the W.I. Hall, Rayleigh from 10.15 a.m. to 12 noon on Monday, 23rd January, Monday, 6th February and Monday, 20th February, 2012. The sessions have been organised and arranged by the Leaders of the Visiting Churches Groups as a follow-up to those held in 2011. A limited number of places will be available for non-Church Group U3A members. The total cost of the three sessions is £8.

Further information, as well as a firm booking, can be made by contacting Marian Allen on 01268 743339. Bookings can also be made at the October monthly Meeting. Cheques payable to Rayleigh U3A.

Marian Allen – 01268 743339

HEADLINES AND ACTIVITIES

Your U3A Membership for 2012

Please note that the Application Form for renewal of your U3A Membership for 2012 will be included with the November Newsletter. Please complete it and return the whole form to me as soon as possible with a cheque made payable to Rayleigh U3A for the appropriate amount. The cheques will not be banked until January.

This will help considerably in avoiding a build-up of renewals and applications leading up to the Christmas period.

Many thanks.

Doreen Blake – Membership Secretary

FRONT PAGE PHOTO



This month our front page photo features some of our members who volunteer to do all manner of tasks either on a regular basis or on one off occasions. The photo was taken at our September meeting. We thought it was timely, now we have returned from our Summer Break, to thank them for helping our U3A run so efficiently and to print a list of the names of our unsung heroes and heroines many of whom work tirelessly and anonymously behind the scenes helping with administrative tasks etc. A list of our Volunteers is printed below. If you would like to know more about joining this happy band and would like to offer any kind of help, please contact Irene Carter, our Volunteers Co-ordinator.

Liz Baker	Penny Gendall	Susan Olive
Roger Baker	Phil Gendall	Doreen Oliver
Sheila Beaney	Terri Gouldsmith	Brenda Perrott
Doreen Bodey	Ernie Hillier	Les Shrubsole
Margaret Bristow	Sylvia Keetch	Carol Shrubsole
Sylvia Budden	Robert Lutterloch	John Tyson
Don Cooper	Stella Lutterloch	Irene Tyson
June Cooper	Judy Needham	Sandra Wilson
Laurie Denney	Pat Neighbour	
Peggy Foster	Sally Newton	

U3A DIARIES

Please note that U3A Diaries for 2012 are now on sale at the Reception Desk at a cost of £2.00.

Rayleigh U3A THE LONDON BOOK CLUB TOUR Wednesday, 21st March 2012

This trip is like curling up with a really good book on a rainy day. It is like combining a well-crafted radio programme with a coach tour of London. There will be time to browse in the famous book district of Charing Cross Road or pop into the National Portrait Gallery and in the afternoon we visit the treasures of the British Library. We sit together for morning refreshments and lunch which are included in the price.

We will set off from Kirby's depot at 9.00 am to meet a top notch Blue Badge Guide from City & Village Tours at 10.30 am in Charing Cross for morning refreshments.

The streets of London have fed the imaginations of countless authors. Their books, film and television adaptations have consequently shaped the image of London in the minds of millions of people throughout the world. During an entertaining coach tour you will hear of some very famous books including recent works and we will also introduce you to some lesser-known books that you might want to get out from the library. Everyone who comes will be given a printed book list to take home with them.

For lunch we make an extended stop at Charing Cross which is London's book district holding out against the bibliocide of the internet. A main course lunch is included in the tour fee and you can choose and pay for any desserts or hot or cold drinks you want on the day. There is time over the lunch break to enjoy some of the specialist, second-hand and antiquarian bookshops or to pop into the fascinating National Portrait Gallery (with free admission) where the collection includes many of the writers your guide will have heard about.

In the afternoon we visit the public galleries at the new British Library. Said to look like a Tesco superstore from the outside, the interior is much kinder on the eye. There are some beautiful things to see from Mad King George's vast library of leather bound books to sacred texts, maps and musical manuscripts. There is also a really rather nice cafe where you can buy tea before we head for home, leaving London by 4.45 pm to beat the start of the rush hour.

This tour goes easy on the walking and the coach tour and interior visits make for a cosy day regardless of the weather on the day.

All-inclusive price is just £28.50

Includes Coach, a top notch Tour Guide, morning refreshments, lunch, and gratuities for the driver and guide. Pick up points: Kirbys, Webster's Way and Rayleigh Station