



# Rayleigh News

University of The Third Age

Newsletter No.19

October 2009

## **FROM THE CHAIR**

Dear Members,

I hope you all enjoyed the warm summer days here in Essex (the sunny south east). Arriving back from a chilly, rainy and windy Scotland I thought I had landed in Spain and not Stansted as the balmy warmth greeted me!

Autumn has arrived creating lots of jobs for us all to do including tidying up the garden ready for winter and planting vegetables, bulbs and plants before the weather turns cold. Do not get downhearted at the thought of the nights drawing in just remember that Rayleigh U3A can offer you friendships, conversation and interesting speakers at the monthly meetings and a wide variety of Groups you can join to fill those autumn/winter days.

The October meeting is our Annual 'Group Presentations Day'. A chance to see the progress of our many and varied groups. Interest Groups are initiated by members and can therefore cover an endless range of subjects so why not start one yourself. Sue Taylor our Groups Co-ordinator would love to hear from you.

We have lots planned for the coming months including our Anniversary Supper on 17<sup>th</sup> October (there are a few tickets remaining). Tickets are on sale for the Christmas Meal at Saxon Hall on 4<sup>th</sup> December and Lunch with Antiques Expert Mark Stacey of Stacey's Auctions on January 29<sup>th</sup> 2010.

If you feel you would like to volunteer to 'give a helping hand' at meetings or events then contact Committee Member June Morris to find out more.

I know you will join me in thanking our Committee who work tirelessly behind the scenes to make the Rayleigh U3A so successful.

Best wishes

*Maureen*

*Chair Rayleigh U3A*

## **Membership Renewal 2010.**

November will be renewal time for Raleigh U3A Membership. The fee will remain at £20 and applications are due by/before 1st February 2010. A Renewal Application Form will be included with the November newsletter .

I will also make known to the committee any ideas/comments you would like to express.

Diaries and U.3.A. badges are available for sale at the newsletter table.

Irene Carter  
Membership Secretary

**Irene Carter – Membership Secretary – 01268 766149**

### **Group Co-ordinators News**

#### **Tai Chi**

You will be pleased to know the Tai Chi Group is now up and running. It started on the 15<sup>th</sup> September for 12 weeks with everyone very enthusiastic. An excellent start with positive feedback from all the members who attended. This will be an ongoing group, paying for 12 week sessions each time. There will be a break for December and we will start again in the New Year (date to be confirmed). We do have a couple of places still available – please contact me on 01268 786405 if you are interested in joining.

#### **Aviation**

Phil will be running his group together with the Raleigh Grange Aviation Group. Please contact Phil for more information and we hope this will be the start of a good relationship with our sister U3A Group. Phil Gendall – 01268 750324

#### **Book Reading**

We now have spaces available for Book Reading I and if you would like to join please contact Joyce Green on 01268 771263. You will find her group most enjoyable and well planned with some very interesting books lined up for you to read. Please contact Joyce as soon as possible to book your place as spaces are limited.

#### **Debating Group**

The group had their first meeting on the 16<sup>th</sup> September. Members were very enthusiastic and the meeting went extremely well. Future meetings will be held on the third Wednesday of each month. Next month's meeting will be held at Bob & Stella Lutterloch's house. Please contact Bob or Stella on 01268 781425 or Maureen on 01268 777398. There are just a few places left and if you are interested in joining this group I would make contact as soon as possible.

#### **Singing for Health & Pleasure**

Due to unfortunate circumstances Marjorie, our group leader, has to temporarily step down from leading her group. However this very enthusiastic group of singers have agreed to carry on regardless with the help of a pianist (Maggie Prince). They will be starting again on the 6<sup>th</sup> October for 10 weeks at Stratford House and again in the New Year (date to be determined). We wish Marjorie all the very best and look forward to her return some time next year. Please contact me if you would like any further information.

## **Serendipity**

This group now has a waiting list big enough to start a second group. Is there any member who would like to become a "joint" leader to start a second group. It is obviously a very popular group and it would be a shame to disappoint so many eager members. Please contact me on 01268 786405 if you would like to jointly run a second Serendipity group.

## **Golf**

Kay has advised that there will be no games until the New Year. The Golf Group will commence again in April. We are hoping to open this group up to Rayleigh Grange members too, so please contact Kay if you are interested in becoming a member of her Group and to join those members who will start playing again in April.

## **Drama Group – Play Reading for Health and Pleasure**

Yes a new group on the horizon. Joanne Baker has kindly offered her experience in Drama to become a new group leader. Come along and have some fun taking part in "one act plays" etc. For more information and to join this "fun" group, please contact Joanne on 01268 742252

**If there are any new groups you would like to see added to our Activity List please let me know and I will see if we can get the group of your choice up and running.**

I have received a request from the Group Coordinator of the Maldon U3A for any of our members who may be interested in joining the Maldon Orchestra. It is a fun orchestra that has been running for nearly sixty years. They have members of all ages and abilities but their main aim is to have "fun". If you are interested or know anyone who plays an orchestral instrument, please contact Molly Tring on 01621 854732. You can also look on their website: [www.maldonorchestra.co.uk](http://www.maldonorchestra.co.uk)  
I believe they are also looking for a conductor!

Don't forget we are always looking for Group Leaders. Please contact me if you are interested in becoming a leader.

**Sue Taylor – Group Co-ordinator – 01268 786405**

## **NEWS FROM OUR GROUP LEADERS**

### **Local History Group**

#### **Meeting at Stratford House – Fri, October 16<sup>th</sup>, 10.00a.m.**

This will be our first 'inside' meeting since April having done all outside visits throughout the year

It would be nice to see as many of you as possible to discuss the planned 2010 itinerary and for feedback on the past year and suggestions. We have invited the Social History Group and have, therefore, opened this meeting to new members to find out about both groups in the hope you may wish to join either group or both!

### **Dates for 2010**

**Fri, 19<sup>th</sup> February** - To kick off the New Year to have an internal meeting the venue yet to be arranged to discuss 2010 itinerary and have slide show together with a narrative of the history and legends of Old Leigh .

**Fri, 19<sup>th</sup> March - Kelvedon Hatch Bunker , 10.20 a.m.** - £6 per head. Tour takes approx 2 hours. No guide but using a digital wand so each of us can go at own pace. Come and witness the three lives of the bunker

**Wed, 14<sup>th</sup> April - Waltham Abbey/Royal Gun Powder Mills 10.30 a.m** – Kept secret for over 300 years the fascinating stories of what went on behind closed doors is still unfolding at the Royal Gunpowder Mills.

Step back in time, Tractor trailer tour includes guide with tales of the site. Also we will have the chance to see fallow deer, herons, kingfishers and other Wild Life in the woodland. Tour takes 2 hours.

(If you wish stay longer after the above two trips there are various attractions/exhibitions.)

If you are interested in any of the above please come and see us at our table.

**Heather Flemmings – 01701 204943**

**David Fryer-Kelsey – 01702 203455**

### **Wine Appreciation**

At the meeting on 20<sup>th</sup> October two experts from Majestic Wines will be giving us the opportunity to hear about and sample their eight favourite wines, sounds good! If you enjoy the wines there will be the opportunity to purchase them. As there are several of the wine group members away on holiday we can accommodate a few more people for this event, if you are interested and would like to hear more ring Harry.

At the September meeting we sampled 4 Rose wines which were not to the groups liking but the 4 reds were delicious.

Dates of our meetings - all Tuesdays - are:- 20<sup>th</sup> October, 10<sup>th</sup> November, 8<sup>th</sup> December, January no meeting, 9<sup>th</sup> February, 9<sup>th</sup> March and 6<sup>th</sup> April. All meetings start at 7.30 p.m. and finish at 9.30 p.m. and are held at the Guides Hall, Hockley. Cost £6 per meeting.

New members should bring with them 2 “Goblet “shaped wine glasses. Water for washing your mouth and glasses, napkins for drying your glasses, a jug for the water and the wine you may wish to dispose of, Dry Biscuits (Carr’s are the best) and something to nibble, smoked salmon goes well with the “whites” and cheese goes well with the “reds”

**Harry Brickwood - 01268 743838**

### **Serendipity**

Would the 18 members of our Main Group who are joining us for the Mansion House visit on 23rd October please collect your instruction leaflet from us at the 2nd October meeting.

Our Group met at Trinity Halls on Thursday, 13th August, 2009 and discussed the proposed programme of events through to July 2010 which includes visits to The Mansion House, The Natural History Museum and Darwin Centre, The Bank of England, Covent Garden and the Royal Opera House, The London Silver Vaults and the John Soanes Museum, The Globe Theatre, The Jeffrye Museum and Wesley's Chapel, the newly expanded Museum of London and a guided tour of Wren Churches. It was suggested that the following year's programme should repeat some of our past visits, particularly the National Gallery and the British Museum, where we would arrange different tours.

On Thursday 10th September we greatly enjoyed a guided walk around the Kings Cross/St Pancras area and we were intrigued by the contrast in the wealth and poverty in this piece of land between the stations and the Regents Canal. The derelict part will comprise the largest reconstruction project in Europe so we really should go again in 5 years or so to witness all of the changes. We all love to follow our visits with a pub lunch and this trip was no exception.

**Linda & David Clarke    01702 204559/ 07941 813650    e-mail - [clarked46@talktalk.net](mailto:clarked46@talktalk.net)**

## **Gardening Group**

### **Garden Report for October**

All members of the Rayleigh U3A are regarded as being members of the Gardening Group

#### **Slide Shows**

Both Shows are

In the Cloisters, Trinity Church, Rayleigh  
£2.50 including Tea & Biscuit 1.30pm for 1.45 pm start

#### **Monday 26<sup>th</sup> October 2009**

“An Island Garden” By Sheila Morgan”

Innacullin is a small island of 37 acres, known to horticulturists all over the world as a garden of great beauty. Created over 70 years ago by the then owner Annan Bryce and garden designer Harold Peto. The garden is now cared for by the National Parks of Ireland. We are very fortunate that Sheila is available and willing to show us her exceptionally good slides of her visit to Innacullin. She has been a member of the gardening team at Hyde Hall for many years and has only recently retired. Sheila is a keen member of the Hardy Plant Society

#### **Monday 23<sup>rd</sup> November 2009**

The U3A Gardening Year by David Clarke

A digital display and talk on the gardens our group visited during 2009 including the Malvern Spring Show, Glen Chantry, RHS Westminster Shows and maybe a few others. You may well catch a glimpse of yourself on the big screen if you were on one of the trips.

**Slide Shows contact Linda Clarke 01702-204559**

#### **Garden Visits**

#### **Norfolk Holiday**

**8/9 August 2010**

We will visit five gardens which are all very different, an Exotic garden, a large immaculate private garden, a garden with one of the best views in England, the garden at Corpusty Mill has many unusual features and follies while the Old Vicarage at East Ruston has one of the best gardens in England.

**Booking forms will be available at the Gardening desk at the October meeting.**

**If you cannot get to the meeting give Heather a call and she will send you a booking form.**

The proposed trip to Leonardslee in May has been cancelled as the property has been sold and the new owners may not be opening the garden to the public

**Garden Visits contact Heather Brickwood 01268-743838**

## Digital Photography Group

Our next meeting is on **TUESDAY, 20<sup>TH</sup> OCTOBER** at Stratford House, 10 – 12 noon.

There will only be one meeting in **October** and In **November** we will have 2 meetings - Tuesday 10<sup>th</sup> and Thursday 12<sup>th</sup>. Both the above meetings will be at Stratford House -10 a.m.to 12 noon.

The set subjects for the next 2 months is your interpretation of "**Blot on the Landscape**" or if you don't feel inspired by this have a go at the alternative "**My Summer**"

Everyone with a digital camera is welcome to come to our meetings when we spend some time sorting out any problems and helping you to understand your camera's capabilities.

We may not have a meeting in December but may squeeze one in at the end of November/early December depending on your input.

The room at Stratford House may not be available after New Year which will mean we may have to pay for a room elsewhere.

**Brian Kersey - 01268 743959**

## Holiday Group

A meeting has already taken place for those who have booked for the Northern Lights trip in March 2010. We have a party of 32 going on this exciting adventure which is most gratifying despite the long period when we couldn't get the flights.

I have had a new Group Holiday Pack from SAGA which contains more emphasis on a 'no supplement for singles' which may be to our advantage. I will discuss this with you when we have a meeting, possibly in November, so watch for details in the next Newsletter or on the Noticeboard at the monthly meeting.

Your input of ideas for holidays are always welcome so please phone me or Barbara for a chat.

**Brian Kersey - 01268 743959   Barbara Dale - 01268 772018**

## Theatre Group

On the 24th June, twelve members went to see "Singing in the Rain" at the Cliffs Pavillion and were fascinated by the amount of water on stage! This was a most enjoyable afternoon with reminiscences of Gene Kelly. Tim Flavin was excellent in the part.

On the 2nd September twenty members saw Evita at the Cliffs Pavillion. We all had a lovely afternoon enjoying the superb singing, acting and wonderful sets.

Our next outing was on the 9th September when sixteen members travelled to see the "Lion King" at the Lyceum Theatre, London. As there was time to spare we visited St. Paul's Church, Covent Garden - the "Actors' Church" - which was most interesting. Outside were numerous benches, dedicated to past theatricals, actors, ballet dancers, etc., and anyone related to film, television and theatre. Inside this lovely church are plaques all around the walls dedicated to the same and it was fascinating to go round the church reading the well-known and not so well-known names. Our visit to the church was followed by lunch in an Italian bistro before the show.

Finally - The Show. It was magnificent. The music, costumes, dancing etc. was superb and we all enjoyed another wonderful day out.

Our last Theatre Group meeting on 11<sup>th</sup> September was held at Stratford House to discuss our programme for next year and it was good to see 30 members attending. Suggestions were:-

1. To see the Agatha Christie play at the Palace Theatre in February.
2. "Calendar Girls" at the Cliffs Pavilion in March.
3. "Mamma Mia" in London - early May.
4. A Shakespeare play at the Globe in June or July.
5. To go to The Mill at Sonning for dinner and show in August.
6. To attend a Christmas Concert at the Albert Hall.

Several members would like to see "The Mousetrap". It has not been decided when to do this yet. Also, we are looking into perhaps seeing "The War Horse" in January and perhaps arranging to attend a concert. Our next meeting is not yet confirmed but will possibly be the 27<sup>th</sup> November. Members will be notified.

Jean Mackenzie - 01268 510570

Helena Maxwell - 01268 772061

**Please remember to look on the Notice Board in the Underspire Room for any further news/ photos and other group information.**

## **HEADLINES FROM THE EDITORIAL TEAM**

### **Reminder - Parking at Holy Trinity**

Please remember to always display a **U3A CAR PARK CARD** on the dashboard of your car when parking in the Church Car Park for our monthly meetings. If the car park is full please use the Council Car Parks. If you do not have a **U3A Car Park Card** please ask for one from Brian Kersey, Vice Chair of Rayleigh U3A.

**The Holy Trinity Car Park** is only be used by our members when attending a Meeting held at Holy Trinity. If you are attending a meeting at Stratford House or another venue in Rayleigh you are **not allowed** to use the Holy Trinity Car Park. Please adhere to these requests from the Rector. Thank you.

### **U3A - Nationally - "What's going on?"**

**November** - Annual U3A meeting at the National Institute of Medical Research  
Shared Learning Project at the Petrie Museum of Egyptian Archaeology  
**See Notice Board for further details of the above.**

## **Some visits and events to look forward to**

### **Rayleigh U3A - Autumn Visit - Apsley House**

There are still some tickets available for the second visit on 15<sup>th</sup> October. These will be on sale at the October meeting. Please telephone Janet Carlton - 012568 456791 - if you are unable to attend the meeting and would like tickets.

### **Rayleigh U3A/Rayleigh Grange U3A - Joint Anniversary Celebration**

**ANNIVERSARY PARTY**  
**The Grange Community Centre, Little Wheatleys**  
**SATURDAY 17<sup>TH</sup> OCTOBER - TICKETS £10**

**To include music and entertainment by Frank Sinatra Tribute Singer**  
**Buffet supper, Bar available**  
**8pm - midnight**

**There are still some tickets for sale and will be on sale at the October meeting**

### **Christmas Dinner - Friday, 4<sup>th</sup> December**

Tickets cost £21.50 and go on sale at the October monthly meeting - see full details on the enclosed application form or on the Notice Board. If you are unable to attend the meeting and would like tickets, please telephone Janet Carlton -01268 452791 - to find out where to send your cheque in order to secure a ticket.

### **Lunch with an Antiques expert, Auctioneer and Valuer - Friday, 29<sup>th</sup> January, 2010**

Tickets cost £15.00 and go on sale at the October monthly meeting - see full details on the enclosed application form or on the Notice Board. If you are unable to attend the meeting and would like tickets, please telephone Janet Carlton - 01268 452791 - to find out where to send your cheque in order to secure a ticket.

### **New Trip - Olympic London - Thursday, 18<sup>th</sup> February, 2010**

A visit has been arranged for next February to see the tremendous scale of developments that are transforming a neglected area of London's East End into a series of world class venues for the 2012 London Olympics. In just three years time one billion people will be looking at the transformation of the London we shall see on that day. Our fully guided day trip will include morning coffee and biscuits as well as a roast beef lunch. After meeting our guide in Stratford for coffee and biscuits in a lovely pub we shall drive over Pudding Mill & Fish Island in the lower Lea Valley and although we won't be allowed entry into the Olympic Park we shall stop at a canny viewing point for a view. The vast stadium is due for completion this Autumn so we shan't just see the foundations. Nearby the aquatic centre is taking shape and should be ready late next Spring. It will be a fascinating morning and real eye opener. In addition to



seeing the 2012 venues we shall hear the entertaining and enlightening story of the first two London Olympics of 1908 and 1948. There are some great stories to tell.

Back to Stratford town centre for a roast lunch with all the trimmings. We shall be able to buy hot drinks or bar drinks and if we have room will be able to order desserts (which are not included in the cost) from the specials on the blackboard.

Following lunch, in the afternoon we shall drive through the ever changing landscape of the Royal Docks to see sights such as the Sir Steve Redgrave Bridge and Excel which needs no further construction work to host the Boxing, Judo, Weightlifting, Wrestling, Table Tennis and Taekwondo. Then we shall cross the Thames for an interesting little drive out to see the longest parade ground in the world, then over to the Woolwich Barracks where some of the shooting events will be held. Finally, we shall stop at the North Greenwich Arena which is the old Dome – now known as the O2. This October it will host the World Gymnastic Championships and London will face its first test in putting on a global event in an Olympic sport. At the end of our tour at the Dome we shall have the opportunity of stopping for a cup of tea rounding off an exciting day before heading for home by 4.45p.m.

Tickets will be on sale at the October monthly meeting and will cost £27 a head including driver's and guide's gratuities. If you are unable to attend the meeting please contact Janet Carlton - 01268 452791 - for details of where to send your cheque in order to secure a place.

**Other visits and events are being considered for the future and you will be notified as soon as more details are known.**

### **BOOK STALL.**

PLEASE DO NOT FORGET TO VISIT THE BOOK STALL IN THE UNDERSPIRE ROOM.

WE HAVE A WIDE RANGE OF BOOKS - NOT JUST FICTION. WE HAVE BOOKS TO INTEREST GROUPS SUCH AS CRAFTS, COOKERY, WINE, GARDENING AND HISTORY.

ANY UNWANTED BOOKS, CD'S, VIDEOS, DVD'S, AND JIGSAW PUZZLES COULD FIND A GOOD HOME THROUGH OUR STALL. ANY THAT DO NOT SELL AFTER THREE MEETINGS ARE SORTED AND TAKEN TO A CHARITY SHOP.....SO NONE ARE WASTED!  
ALL PROCEEDS GO TOWARDS GETTING GOOD SPEAKERS FOR MEETINGS AND THEREFORE HELP MAKE OUR U3A THE SUCCESS THAT IT IS.

THANK YOU. DORIS AND BRIAN

## DATES FOR YOUR DIARY

**Thursday, 15<sup>th</sup> October** – Apsley House - Tickets on sale at the monthly meeting  
**OR** ‘phone Janet Carlton - 01268 452791

**Saturday, 17<sup>th</sup> October** – Rayleigh U3A/Rayleigh Grange U3A Joint Anniversary  
Celebration  
Tickets on sale at the monthly meetings of Rayleigh U3A/Rayleigh  
Grange monthly meetings  
**OR** ‘phone Janet Carlton – 01268 452791

**Friday, 4<sup>th</sup> December** - Christmas Lunch - See enclosed application form for further  
details

**Friday, 29<sup>th</sup> January** - Antiques Lunch – See enclosed application form for further  
details

**Thursday, 18<sup>th</sup> February** - Olympic London – See page 8 for further information.  
Tickets on sale at November meeting

# RAYLEIGH U3A

## LUNCH WITH ANTIQUES EXPERT AUCTIONEER & VALUER

Mark Stacey of Stacey's Auctions, Leigh on Sea  
At Saxon Hall, Aviation Way, Southend on Sea on  
Friday 29<sup>th</sup> January 2010  
12.00p.m. for 12.30pm

### MENU

#### Main Course

Salmon Steak with Lemon & Dill Sauce  
Or  
Roast Beef with Yorkshire Pudding

#### Desserts

Blackberry & Apple Crumble with Custard  
Or  
Raspberry Crème Brule  
Tea, Coffee and Mints

**£15**

(Price includes free raffle and tip for waiting staff)

Your chance to bring along a small item of interest. Mark Stacey will chat about some of the items and you will have the opportunity to ask him questions.

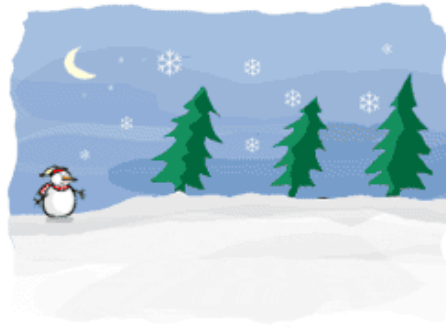
Number of tickets .....

NAMES .....

ADDRESS .....

MEMBERSHIP NUMBER(S) .....

**REQUEST FOR TICKETS** - Please tick your choice for each Course and hand in your completed form with cheque made out to Rayleigh U3A for the total sum at the October or November meeting or post to Maureen Huntly, 9 Gilbert Close, Rayleigh, Essex SS6 8QR together with a stamped addressed envelope.



Merry Christmas!

**RAYLEIGH U3A & RAYLEIGH GRANGE U3A - CHRISTMAS LUNCH 2009**

Friday 4<sup>th</sup> December at Saxon Hall,  
Aviation Way, Southend on Sea. 12 for 12.30pm

MENU

**Starter**

Prawn Cocktail with Brown Bread and Butter served on a Bed of Mixed Lettuce Leaves  
Or  
Tomato and Roasted Red Pepper Soup

**Main Course**

Roast Norfolk Turkey with Chipolata Sausage and stuffing  
Or  
Grilled Haddock with Pesto

Both served with Roast Potatoes and a Selection of Seasonal Vegetables

**Dessert**

Christmas Pudding with Brandy Sauce  
Or  
Profiteroles with Warm Chocolate Sauce

Tea, Coffee and Mince Pies

£21.50 (price includes welcome drink, free raffle, entertainment and tip for the waiting staff)

Number of tickets.....

NAMES.....

ADDRESS.....

MEMBERSHIP NUMBER(S).....

**REQUEST FOR TICKETS** – Please tick your choice for each Course and hand in your completed form with cheque made out to Rayleigh U3A for the total sum at the October or November meeting or post to Maureen Huntly, 9 Gilbert Close, Rayleigh, Essex SS6 8QR together with a stamped addressed envelope.

*Please send items for inclusion in  
the November newsletter to:-*

*Janet Carlton,  
35 Curlew Crescent,  
Basildon, SS16 5HR*

*Tel: 01268 452791  
janetcarlton@blueyonder.co.uk.  
To arrive no later than 15th October, 2009*

**NATIONAL OFFICE**

**19 East Street, Bromley, Kent BR1  
1QH**

**Tel: 02084666139 e-mail:**

**[national.office@u3a.org](mailto:national.office@u3a.org)**

**Web site: [www.u3a.org.uk](http://www.u3a.org.uk)**

**Resource Centre: e-mail:**

**[resource.centre@u3a.org.uk](mailto:resource.centre@u3a.org.uk)**

**RAYLEIGH U3A WEBSITE**

**[www.rayleighu3a.org.uk](http://www.rayleighu3a.org.uk)**

**THOUGHT FOR THE MONTH**

**There is no point at which you can say,  
"Well I'm successful now,  
I might as well as take nap"!**

**Chairman:- Maureen Huntly - 01268 777398**

**E-mail - [Maureen@phuntly.freeserve.co.uk](mailto:Maureen@phuntly.freeserve.co.uk).**

**Membership Secretary:- Irene Carter - 01268 766149**

**E-mail - [efandicart@btinternet.com](mailto:efandicart@btinternet.com)**

**Group Co-ordinator:- Sue Taylor 01268 786405**

**E-mail - [susan.taylor106@tesco.net](mailto:susan.taylor106@tesco.net)**

**Newsletter editor:- Janet Carlton 01268 452791**

**E-mail - [janetcarlton@blueyonder.co.uk](mailto:janetcarlton@blueyonder.co.uk)**

Activity List - October 2009						
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
			1 Book Reading II Yoga	2 U3A MONTHLY MEETING	3	4
5 Art I – Water Colours Visiting Essex Churches I & IV	6 Bird Watching Singing for Health & Pleasure Tai Chi	7 Art II– Water & Oil Cross Stitch/Crochet Walking I	8 Yoga	9	10	11
12 Family History (Beginners)	13 Midweek Dining II Singing for Health & Pleasure & Tai Chi Ten Pin Bowling	14 Art II– Water & Oil Aviation Family History II (Group 1)	15 Scrapbooking Yoga	16 History I – (Local History) Latin	17	18 Sunday Lunch Group II
19 Visiting Essex Churches II & III	20 Bird Watching Digital Photography Dining Group II Singing for Health & Pleasure & Tai Chi Wine Appreciation (Evenings)	21 Archaeology Art II – Water & Oil Calligraphy Debating Visiting Essex Churches V	22 Family History III Yoga  Acoustic Guitar	23 Serendipity	24	25
26 Gardening Scrabble	27 Dining Group I Singing for Health & Pleasure Tai Chi	28 Art II – Water & Oil Music Appreciation Family History II (Group 2)	29 Art Appreciation Book Reading I Social History Yoga	30 Computing Latin Walking II	31	

Serendipity – Contact Leader – Various dates each month

Theatre – Contact Leader – Various dates each month – usually Friday

This timetable is correct at time of printing but please always check with your group leader as to the date of your next meeting

### GROUP LEADERS

Acoustic Guitar	Vera Ward	01268 755040	Holiday Group	Brian Kersey &	01268 743959
Archeology	Ian Haynes	01268 779749		Barbara Dale	01268 772018
Art Appreciation	Barbara Curry	01268 775460	Latin	Dave Filby	01268 770023
Art I – Water Colours	Sylvia Lester	01268 774201	Music Appreciation	Les Geales	01702 206966
Art II – Waters/Oils	David Taylor	01268 777952	Scrabble	Maureen Huntly	01268 777398
Aviation	Phil Gendall	01268 750324	Scrapbooking	Janet Carlton	01268 452791
Bird Watching	Laurie Denney	01702 615370	Serendipity – Experiences/ Discoveries around London	Linda and David Clarke	01702 204559
Book Reading I	Joyce Green	01268 771263	Singing for Health & Pleasure	Marjorie Sale	01702 346175
Book Reading II	Doreen Blake	01268 774871	Sunday Lunch Club I	Maureen Goss	01268 777681
Caligraphy	Irene Tyson	01268 742942	Sunday Lunch Club II	Sue Barrows	01268 776775
Computing	Keith Dunt	01702 201747	Tai Chi	Sue Taylor	01268 786405
Cross Stitch & Crochet	Jackie Lewis	01245 401123	Ten Pin Bowling	Alan/Gill Hudson	01702 202158
Debating	Maureen Huntly	01268 777398	Theatre	Jean McKenzie & Helena Maxwell	01268 510570
Digital Photography	Brian Kersey	01268 743959	Visiting Essex Churches (Group I)	Marian Allen	01268 743339
Dining Group I	June Morris	01702 527506	(Group II)	Audrey Morris	01268 771644
Dining Group II	Marion & Laurie Wretham	01702 555783	(Group III)	Brenda Perrott	01268 779590
Family History – Beginners	Terry Taylor	01268 786405	(Group IV)	Liz Denney	01702 615370
Family History I	Sue Taylor	01268 786405	(Group V)	Maureen Turner	01268 750967
Family History II	Val Taylor	01702 206416	Walking I	Roger Baker	01702 331166/ 07867 588879
Family History III	Barbara Dale	01268 772018	Walking II	Les Poole	01268 773174
French	Terri Gouldsmith	01268 562803	Wine Appreciation	Harry Brickwood	01268 743838
Gardening	Heather Brickwood /Linda Clarke	01268 743838 01702 204559	Yoga	Suzanne Middleton	01702 557389
Golf	Kay Nevin	01268 780855			
History – Local	Heather Flemmings	01702 204943			
Social	David Fryer-Kelsey David Carlton	01268 452791			