



Maria Mattimoe with her award (see page 4)

This Month's Meeting

Friday, 4th June, 2010
2.00 p.m. - 4.00 p.m.

David Williams
"The Great Fire of London"

Rayleigh U3A Website - www.rayleighu3a.org.uk

Registered Charity No. 1134068

Rayleigh U3A

Activity Calendar - June 2010

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Art I - Water Colours Visiting Essex Churches IV Family History (Beginners) Singing for Health & Pleasure	Midweek Dining II Tai Chi Tea Pin Bowling Wine Appreciation (Evenings)	Art II - Water & Oil Family History II (Group 1)	Theatre	Yoga		
Visiting Essex Churches Group I Singing for Health & Pleasure Crib (evening)	Bird Watching Digital Photography Dining Group II Tai Chi	Art II - Water & Oil Aviation & Crib Debating & Drama Visiting Essex Churches V	Family History III History II- (Social) Scrapbooking	Yoga Latin		Sunday Lunch Group
Visiting Essex Churches II & III Singing for Health & Pleasure	Dining Group I Tai Chi	Archaeology Art II - Water & Oil Calligraphy Music Appreciation Family History II	Art Appreciation Book Reading	Yoga Walking II		Sunday Lunch Group II
Scrabble Singing for Health & Pleasure		Art II / Water & Oil				

PLEASE NOTE MEETINGS ARE IN THEIR REGULAR "DAY OF THE MONTH" - SLOTS BUT DATES MAY VARY WITH SOME GROUPS - IF IN DOUBT CONTACT THE GROUP LEADER

Gardening - Contact Leaders - various dates each month; Serendipity I - Contact Leader - Various dates each month; Local History - Contact Leader; Golf - Contact Leader
Theatre - Contact Leader - Various dates each month - usually Friday

FROM THE CHAIR

Dear Members,

The Committee is pleased that the New Members' Coffee Morning is a great way for people to get to know one another, find out about the U3A and help to increase the number of new groups in the near future.

Following the success of last month's meeting, we shall once again be starting our meeting promptly with notices and a chance for Group Leaders to speak about their activities. At 2.30pm, we will have refreshments and this will be your opportunity to chat, buy books from the stall or buy tickets for events. At 3.00pm we will have our speaker and this month we welcome a return visit from David Williams, City of London Guide speaking about 'The Great Fire of London'. The revised timing should give us the opportunity to ask questions directly after the talk.

At this month's meeting, we will have tickets for sale for the coach trip to Chatham Dockyard in September, also the first Anniversary Luncheon at Saxon Hall for the Rayleigh Grange U3A plus tickets for the Quiz in July.

The first meeting of our second sister U3A will be on June 15th at Hullbridge Community Centre from 1.15pm until 3.15pm. I hope you will tell your family, friends and neighbours about this new U3A to give them the opportunity to join and possibly be a part of the Steering Group to guide this Hullbridge U3A into a successful future.

Lastly I would like to thank all of our members who have been kind enough to place posters, given useful contacts to the Committee and offered to help to advertise the Hullbridge U3A. A great start in making an idea into a reality.

Sincerely,

Maureen

Chair Rayleigh U3A

GROUP LEADERS

Acoustic Guitar	Vera Ward	01268 755040	Holiday Group	Brian Kersey &	01268 743959
Archaeology	Ian Haynes	01268 779749	Latin	Barbara Dale	01268 772018
Art Appreciation	Barbara Curry	01268 775460	Music Appreciation	Dave Filby	01268 770023
Art I – Water Colours	Sylvia Lester	01268 774201	Scrabble	Les Geales	01702 206966
Art II – Waters/Oils	David Taylor	01268 777952	Scrapbooking	Maureen Humby	01268 777398
Aviation	Phil Gendall	01268 750324	Serendipity – Experiences/ Discoveries around London	Janet Carlton	01268 452791
Bird Watching	Laurie Denney	01702 615370	Singing for Health & Pleasure	Linda and David Clarke	01702 204559
Book Reading II	Doreen Blake	01268 774871	Sunday Lunch Club I	Marjorie Sale	01702 346175
Calligraphy	Irene Tyson	01268 742942	Sunday Lunch Club II	Maureen Goss	01268 777681
Ceramics	Brenda Perrott	01268 779590	Tai Chi	Sue Barrows	01268 776775
Crib Club	David Sheffield	01268 743586	Ten Pin Bowling	Sue Taylor	01268 786405
Computing	Keith Dunt	01702 201747	Theatre	Alan/Gill Hudson	01702 202158
Debating	Stella Lutterloch	01268 781425	Visiting Essex Churches (Group I)	Jean McKenzie & Helena Maxwell	01268 510570
Digital Photography	Brian Kersey	01268 743959	Churches (Group II)	Marian Allen	01268 772061
Dining Group I	June Morris	01268 743959	(Group III)	Audrey Morris	01268 743339
Dining Group II	Marion & Laurie Wretham	01255 470884	(Group IV)	Brenda Perrott	01268 771644
Drama	Joanne Baker	01702 555783	(Group V)	Liz Denney	01702 615370
Family History-- Beginners	Terry Taylor	01268 742352	Walking I	Maureen Turner	01268 750967
Family History I	Sue Taylor	01268 786405	Walking II	Roger Baker	01702 331166/ 07867 588879
Family History II	Val Taylor	01702 206416	Wine Appreciation	Les Poole	01268 773174
Family History III	Barbara Dale	01268 772018	Yoga	Harry Brickwood	01268 743838
French	Terri Gouldsmith	01268 562803		Suzanne Middleton	01702 557389
Gardening	Heather Brickwood	01268 743838			
Golf	Linda Clarke	01702 204559			
History I – Local History	Kay Nevin	01268 780855			
Social History	Heather Flemmings	01702 204943			
	David Fryer-Kelsey				
	David Carlton	01268 452791			

Please send items for inclusion in the July newsletter to:-

janetcarlton@blueyonder.co.uk

Janet Carlton,
35 Curlew Crescent,
Basildon, SS16 5HR
Tel: 01268 452791

To arrive no later than

15th June, 2010

NATIONAL OFFICE

**19 East Street, Bromley, Kent
BR1 1QH**

Tel: 02084666139

e-mail: national.office@u3a.org

Web site: www.u3a.org.uk

**Resource Centre: e-mail:
resource.centre@u3a.org.uk**

Next Month's Speaker

Friday, 2nd July, 2010
2.00 pm - 4.00 pm

Paula Short
"Nepal, Mountains and Men"

Chairman:- Maureen Huntly - 01268 777398

E-mail - Maureen@phuntly.freeseve.co.uk.

Membership Secretary:- Irene Carter - 01268 766149

E-mail - efandicart@btinternet.com

Group Co-ordinator:- Sue Taylor 01268 786405

E-mail - susan.taylor106@tesco.net

Newsletter editors:-Janet & David Carlton 01268 452791

E-mail - janetcarlton@blueyonder.co.uk

Group Co-ordinator's News

This month we have been working on updating the Group Activity Booklet, which has now been completed.

There is not much to report other than our Ambling/Strolling Group will be holding their first meeting in June – anyone else who is interested in joining or leading this group, please contact me.

Any new ideas for other groups you would like to see on the programme – please let me know.

Sue Taylor

Group Coordinator

01268 786405 email: susan.taylor106@tesco.net

NEWS FROM OUR GROUP LEADERS

Gardening Group

GARDEN VISITS – 2010

All members of the Rayleigh U3A are regarded as being members of the Gardening Group.

West Hanningfield Hall

Thursday 17th June, Cost £4 including refreshments. Departing by car from the Rayleigh Trinity Church Car Park at 1.30 prompt. Map will be given out at the Car Park. Large country garden surrounded by farmland; lawns with large borders containing shrubs, shrub roses and a variety of perennials. Formal rose garden, ponds, pergola and vegetable garden.

Orchard Cottage,

219 Hockley Road, Rayleigh (Heather's

Garden), Monday 19th July, Meeting at the garden 2.00pm, Cost £4.00 including refreshments.

Parking opposite on the grass verge.

Any questions, call Heather, 01268-743838

Golf

The next game of golf will be organised and played at Dunton Hills Golf Course for U3A members at 9.00am on Wednesday 9th June. Could members wishing to take part please let Kay Nevin know in advance.

Dates for the rest of the year -14th July, 11th August. 8th September.

Kay Nevin – 01268 780855

Theatre Group

PALACE THEATRE BACKSTAGE TOUR

On Tuesday morning, 11th May, a group of us went to the Palace Theatre for a tour. We had a brief talk about this lovely old building, built in 1912, and heard about the different shows and stars that have performed there. Few of us realised that it had also been a cinema. We were then shown behind the scenes. All very interesting, seeing the lighting, scenery, prompt corner, dressing rooms (not very luxurious!) and, of course, The Green Room.

We wandered all over the stage (a joy for any would-be actor amongst us!) noting the fact that it actually slopes down! We then went up to the dress circle, the upper circle (the "gods") and into the boxes which have very restricted views. We finished with coffee, having enjoyed an excellent and different 2 hours.

MACBETH AT THE GLOBE

On Wednesday, 23rd June. All members going on this theatre trip to meet at Rayleigh Station at 10.00 a.m.

"I OUGHT TO BE IN PICTURES"

At The Mill, Sonning on Thursday, 19th, August. A reminder that balances of £26.50 should be paid by 30th, June at the latest. Cheques please to either Jean or Helena. 46 members are going on this trip.

WARHORSE

On the 30th, September. 30 members are booked on the trip. Something to look forward to.

Enquiries are being made by Jean to attend a Christmas Concert at the Royal Albert Hall. Anyone interested to contact Jean.

Tickets will be around £35.00. More details hopefully at the next meeting to be held on Friday, 25th June at 10.30 a.m. in the Cloisters Room.

Jean Mackenzie – 01268 510570

Helena Maxwell – 01268 772061

Local History Group

Get all the latest details of the group on our blog

<http://lhgu3arayleigh.blogspot.com>

Wed. 9th June 10.30am - Hedingham Castle and gardens.

Hedingham Castle's Norman keep, 110 feet high, was built c.1140. There are four floors to explore, including a magnificent Banqueting Hall spanned by a remarkable 28 foot arch, one of the largest Norman arches in England.

£7 per head - Max 50 - others on reserve list.

GROUP MEMBERS PLEASE SEE THE NOTICE BOARD AT THE MONTHLY MEETINGS FOR DETAILS OF OTHER TRIPS ARRANGED FOR THIS YEAR.

To book visits please see Heather Flemmings at monthly U3A meetings, e-mail heatherfl@lineone.net or phone **01702 204943**

**Pay David Fryer-Kelsey at monthly meetings or post to:
113 Greensward Lane,
Hockley,
Essex, SS5 5HS.**

Cheques payable to Rayleigh U3A please.

ANNIVERSARY CELEBRATION

As you know, a date has been set to celebrate Rayleigh U3A's Third Anniversary. It has been booked for Saturday 23rd October and will be held at Rayleigh Grange Hall with a buffet and live Band included in the price of £12 per ticket. Details of when the tickets will go on sale will be announced shortly so, once again, "watch this space".

Other visits and events are being considered for the future and you will be notified as soon as more details are known.

DATES FOR YOUR DIARY

Wednesday, 14th July – Visit to Southend Campus, Essex University. Tickets available from ticket desk.

Saturday, 17th July – Quiz Night – Tickets now on sale - £3

Saturday, 18th September – Chatham Dockyard – Tickets now on sale - £13

Saturday, 16th October – Quiz Night – Tickets on sale at a future date - £3

Saturday, 23rd October – Third Anniversary Celebration – Tickets on sale at a future date - £12

Friday, 26th November – Bury St. Edmunds Christmas Fayre – Tickets on sale at the July meeting - £13

RAYLEIGH GRANGE U3A

Please note that our sister U3A – Rayleigh Grange - will be holding their First Anniversary Celebration on Friday, 18th June, 2010 to be held at Saxon Hall, Aviation Way, Southend-on-Sea. 12.00 noon for 12.30 pm.

There will be a three-course meal followed by coffee or tea and mints.

The price includes reception drink, raffle, entertainment and tip for the waiting staff.

Tickets are £21.50 and members of Rayleigh U3A are warmly invited to join the celebration.

For further details please contact Sue Mahoney on 01268 780051 or e-mail her at Pemberwell@aol.com.

BURY ST EDMUNDS 7th ANNUAL CHRISTMAS FAYRE
FRIDAY 26th NOVEMBER, 2010

A trip is being arranged to go to the Annual Christmas Fayre at Bury St Edmunds in Suffolk. There will be 200 stalls spread throughout the town and entertainment in the Town Square. The St Edmundsbury Cathedral is close to the Town Square and is well worth a visit.

The cost of the trip, including the driver's gratuity, is £13.00 (payment by cheque only made payable to Rayleigh U3A)

The coach leaves Kirby's Depot at 8.30am with pick up points at Websters Way at 8.35 am and Rayleigh Station at 8.45 am

Tickets to go on sale at the July Meeting

(for full details of this trip check the notice board)

Also

On the day, for those of you who may wish to visit Green Kings Brewery (only a ten minute walk from the Town Square) there are two tours (11.00 a.m & 14.00 p.m) that take you round the brewery. Green King has been brewing in Bury St. Edmunds since 1799 and this tour will be of interest to those of you who enjoy a good pint (or two!).

This tour will have to be arranged separately and the cost is £8.00. Contact No for the brewery is 01284-714297

Laurie Denney - 01702 615370

QUIZ NIGHTS - 2010

Tickets are still on sale for the Quiz Night which is being arranged for Saturday, 17th July. Maximum of 8 per team. Bring your own drinks and nibbles. Tickets £3 on sale at the ticket desk. Please see or contact Stella Lutterloch - 01268 781425 - for further details.

The second Quiz Night will be held in the Autumn on Saturday, 16th October and is being organised by Doris and Brian Lambert. Details are the same as above for the July Quiz Night with a maximum of 8 per team. Bring your own drinks and nibbles. Tickets will be £3 but at the moment the date when the tickets will go on sale hasn't been decided. So put the date in your diary and "watch this space"!.

Scrabble

Now we have our new venue at Lubbards Lodge Ceramic Studio, the Scrabble Group would welcome both new members and the return of old members. We meet on the fourth Monday morning of each month from 10.00 am to 12.00 noon. The next two meetings are on 28th June and 26th July. The cost is £1 per person to include tea or coffee. For further information please contact:

Margaret Bristow on 01268 747 639 or mabristow@talktalk.net.

Tenpin Bowling

With some people away on holiday etc., 21 turned up at CJ's Hockley to do "friendly" battle. They were all pleased to hear that Alan Hudson is recovering well following his kidney op last month and may visit us at the next meeting. We had some close competition with Graham Godfrey coming second and June Morris claiming the Winners' Trophy. The Bumper Bar Trophy was won by Lillian Morris, taking it from husband Tom Morris, last month's winner. Tuesday, 8th June, 1.45 pm for 2.00 pm has been booked so all are welcome, beginners or not, it's just for fun.

Call me if you have any questions or wish to come along next time.

Bob Wren - 01702 525311

Group Leaders – Please Note

Why not set up a blog to publicise the activities of your group. It's very easy and free, see:- <http://lhgu3arayleigh.blogspot.com>

I set up this blog for the Local History Group very quickly. It enables us to communicate details of our planned visits. We can notify changes easily.

The members can feedback their comments so we know if we are doing things well or not.

Get the strength of the internet around you.

David Fryer-Kelsey

HEADLINES AND GROUP NEWS

CONGRATULATIONS

Maria Mattimoe

Our photo on the front page this month shows Maria Mattimoe, a new member to Rayleigh U3A. Maria was awarded the Disabled Sports Person of the Year Award by Rayleigh Town Council. Maria is a member of the Southend Blind Welfare Organisation and the award was in recognition of her success at Tenpin Bowling. Bob Wren, member of Rayleigh U3A Tenpin Bowling Group, was able to assist the Blind Welfare Organisation through contacts he has within the U3A, and this resulted in Maria being nominated for the award.

Last Month's Speaker – Stephen Rice – Fire Safety Evangelist

Stephen came to us last month as a representative of Essex County Fire and Rescue Service. If you are interested in Stephen coming to your home to discuss Fire Safety and Awareness in the Home his telephone number is 0845 6012495 or mobile 07917 552010

FOR YOUR INFORMATION - ADVICE FROM THIRD AGE TRUST

"U3As are self-help co-operative organisations run entirely by the members for the members and therefore it is important that individuals are able to take full responsibility for their own participation in U3A activities/events. Should the situation arise where a member wishes to attend an interest group or activity but is worried that he/she would not be able to participate fully without help, the Third Age Trust has extended its liability insurance policy to cover the attendance of a companion/carer. It is hoped that by doing this, members in this situation will continue to be able to enjoy the full benefits of U3A membership. If you find yourselves in this position at any time, please don't stop coming; speak to a member of the Committee in confidence and appropriate arrangements can be agreed."

Marian Allen - Secretary

For your information

Those of you who were present at last month's meeting will know that booklets were available to members entitled "Be Aware, Be Alert, Be Safe". This booklet highlights ways to protect your home etc. If you would like a copy of this publication please enquire at the Help Desk.

2011 U3A Diaries

If you would like one of these diaries please go to the information desk to place your order. Diaries will go on sale in the Autumn but it would be useful to know how many to order. Payment won't be required until nearer the time.

Some visits and events to look forward to

Visit to our local Essex University.

I am pleased to tell you of a new development for Rayleigh U3A. After making an initial request, up to 60 members have been invited to visit the Southend Campus of Essex University on Wednesday, 14th July commencing at 10.00 a.m. The group will meet at the Gateway Building, Elmer Approach, Southend for coffee, after which we will be given a presentation on the University, with special emphasis on the work at the Southend Campus. This will be followed by a tour of the building. We will then be given a tour of the Clifftown Studios (about 6-8 minutes' walk away) where students are engaged in Stratford East Drama and Media studies. The tour will finish at 1.00 p.m. A desk will be available at the June Meeting for those wishing to take part, or you can reserve a place by telephoning Terri Gouldsmith on 01268 562803.

Marion Allen - Secretary

The Historic Dockyard, Chatham – 40's Re-Enactment Day Saturday, 18th September, 2010

Tickets for this event will be on sale at the June meeting. To see full details of this trip please see the Notice Board or April Newsletter. One coach is fully booked but there are still some vacancies on a second coach. Please see Liz or Laurie Denney on the ticket desk at the June meeting or telephone 01702 615370.