Gardening – Contact Leade Contact Leader Theatre – Contact Leader – **This timetable is correct** *i* correct at time Various dates each month – usually Friday t time of printing but please always check with your group leader as to the date of your next meeting

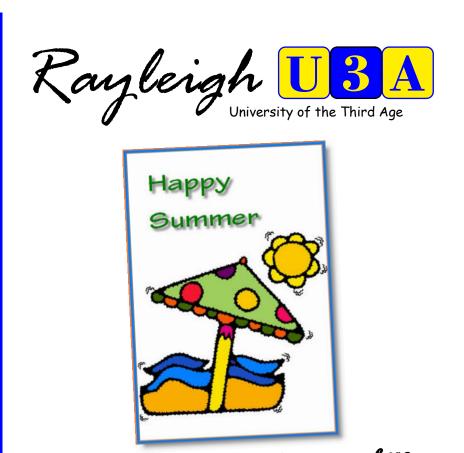
Contact Leaders – various dates each month; Serendipity I – Contact Leader – Various dates each month; Local History - Contact Leader; Golf -

CONTACT THE GR ROUP LE ARE IN THEIR

LEASE NOTE MEETINGS ARE IN T	Scrabble Dining Group I Tai Chi	Visiting Essex Churches II & III Bird Watching Digital Photography Tai Chi Singing for Health & Pleasure	Visiting Essex Churches Tai Chi Group I Ten Pin Bowling Crib (evening) (Evenings)	Art I – Water Colours Bird Watching Ceramics Tai Chi Visiting Essex Churches IV Singing for Health & Family History (Beginners) Pleasure		MONDAY TUESDAY
HEIR REGU			Dining II Dhi Bowling reciation	tching Chi Health &		DAY
LAR "DAY OF THE MO	Archaeology Art II - Water & Oil Calligraphy Music Appreciation Family History II (Group 2)	Art II - Water & Oil Aviation Crib Debating Drama Visiting Essex Churches V	Art II - Water & Oil Family History II (Group 1)	Art – Water & Oil Walking I		WEDNESDAY
PLEASE NOTE MEETINGS ARE IN THEIR REGULAR "DAY OF THE MONTH " SLOTS BUT DATES MAY VARY WITH SOME GROUPS - IF IN DOUBT		Art Appreciation Book Reading	Family History III History II - (Social) Scrapbooking	Theatre	Serendipity II	THURSDAY
	Yoga	Yoga Walking II	Yoga Latin	Yoga	U3A MONTHLY MEETING History I – (Local History) Latin Yoga	FRIDAY
TH SOME GROUP						SATURDAY
S – IF IN DOUBT		Sunday Lunch II	Sunday Lunch I			SUNDAY

CTIVITY CALENDAR -

JULY 2010



Happy Holidays to all our members

THIS MONTH'S MEETING Friday, 2nd July, 2010 2.00 p.m. - 4.00 p.m. **Paula Short** Nepal – Mountains and Men

Rayleigh U3A Website – www.rayleighu3a.org.uk Registered Charity No. 1134068

July 2010

Newsletter No. 27

FROM THE CHAIR

Dear Members,

I am sure you will join me in wishing the new Hullbridge U3A great success and may they find the friendship and goodwill that all of us at the Rayleigh U3As enjoy. We are a democratic, self-funded organization that provides all types of educational, creative and leisure activities at minimal cost by making use of the knowledge, skills and experience of our members who all share a desire to learn for its own sake.

The inaugural meeting at Hullbridge went well with 71 people attending and 41 people becoming members. We were delighted when ten people put their names forward for the Steering Committee in readiness for their next meeting on July 20th at 1.15pm until 3.15pm at Hullbridge Community Centre. Sincere thanks to all of the Refreshment Volunteers and Committee members from both Rayleigh U3As who came along to make it such a successful meeting.

I am really looking forward to the return visit of our guest speaker this month, Paula Short, who will be talking about "Nepal - Mountains and Men" (The Himalayas and Gurkhas). I still remember her fascinating talk last year when she talked about the 'Argentinian Tango'.

July is our last meeting before our summer break. We meet again on September 3rd when we will have Simon Gilbert singing and talking about memories from Film and Theatre entitled 'Another Opening, Another Show'.

This autumn we can look forward to the coach trip to Chatham in September, two Quiz Nights, Anniversary Party, trip to Bury St. Edmund's and our Christmas Lunch in December and not forgetting our Group Leaders Presentation Day in October.

I am looking forward to a theatre trip at Sonning on 19th August with the Theatre Group and a two day holiday in Norfolk visiting gardens, organized by Heather Brickwood (Gardening Group). Whatever you do have fun and enjoy the sunshine.

See you all in September,

Sincerely,

Maureen

Chair Rayleigh U3A

Chairman: - Maureen Huntly - 01268 777398 E-mail - Maureen@phuntly.freeserve.co.uk.

Membership Secretary:- Irene Carter - 01268 766149 E-mail - efandicart@btinternet.com

Group Co-ordinator:- Sue Taylor 01268 786405 E-mail - <u>susan.taylor106@tesco.net</u>

Newsletter editors;-Janet & David Carlton 01268 452791 E-mail - janetcarlton@blueyonder.co.uk

GROUP LEADERS

GROUP LEADERS

OROCI ELEDERS										
Acoustic Guitar	Vera Ward	01268 755040	Holiday Group	Brian Kersey &	01268 743959					
Archaeology	Ian Haynes	01268 779749		Barbara Dale	01268 772018					
Art Appreciation	Barbara Curry	01268 775460	Latin	Dave Filby	01268 770023					
Art I - Water Colours	Sylvia Lester	01268 774201	Music Appreciation	Les Geales	01702 206966					
Art II - Waters/Oils	David Taylor	01268 777952	Scrabble	Maureen Huntly	01268 777398					
Aviation	Phil Gendall	01268 750324	Scrapbooking	Janet Carlton	01268 452791					
Bird Watching	Laurie Denney	01702 615370	Serendipity -	Linda and David	01702 204559					
_			Experiences/	Clarke						
Book Reading II	Doreen Blake	01268 774871	Discoveries around							
Calligraphy	Irene Tyson	01268 742942	London							
Ceramics	Brenda Perrott	01268 779590	Singing for Health &	Marjorie Sale	01702 346175					
Crib Club	David Sheffield	01268 743586	Pleasure	-						
Computing	Keith Dunt	01702 201747	Sunday Lunch Club I	Maureen Goss	01268 777681					
			Sunday Lunch Club II	Sue Barrows	01268 776775					
Debating	Stella Lutterloch	01268 781425	Tai Chi	Sue Taylor	01268 786405					
Digital Photography	Brian Kersey	01268 743959	Ten Pin Bowling	Alan/Gill Hudson	01702 202158					
			Theatre	Jean McKenzie &	01268 510570					
Dining Group I	June Morris	01255 470884		Helena Maxwell	01268 772061					
Dining Group II	Marion & Laurie		Visiting Essex							
	Wretham	01702 555783	Churches (Group I)	Marian Allen	01268 743339					
Drama	Joanne Baker	01268 742252								
Family History:-			(Group II)	Audrey Morris	01268 771644					
Beginners	Terry Taylor	01268 786405								
Family History I	Sue Taylor	01268 786405	(Group III)	Brenda Perrott	01268 779590					
Family History II	Val Taylor	01702 206416								
Family History III	Barbara Dale	01268 772018	(Group IV)	Liz Denney	01702 615370					
French	Terri Gouldsmith	01268 562803								
Gardening	Heather Brickwood	01268 743838	(Group V)	Maureen Turner	01268 750967					
	/Linda Clarke	01702 204559								
Golf	Kay Nevin	01268 780855	Walking I	Roger Baker	01702 331166/					
					07867 588879					
History I – Local	Heather Flemmings	01702 204943	Walking II	Les Poole	01268 773174					
History	David Fryer-Kelsey		Wine Appreciation	Harry Brickwood	01268 743838					
Social History	David Carlton	01268 452791	Yoga	Suzanne Middleton	01702 557389					

Anniversary Celebration

As you know, a date has been set to celebrate Rayleigh U3A's Third Anniversary. It has been booked for Saturday 23rd October and will be held at Rayleigh Grange Hall with a buffet and live band included in the price of £12 per ticket. Tickets will be on sale at the September monthly meeting.

Other visits and events are being considered for the future and you will be notified as soon as more details are known.

Dates for Your Diary

Wednesday, 14th July – Visit to Southend Campus, Essex University. Tickets available from ticket desk.
Saturday, 17th July – Quiz Night – Tickets now on sale - £3
Saturday, 18th September – Chatham Dockyard – Tickets now on sale - £13
Saturday, 16th October – Quiz Night – Tickets on sale at the July Quiz Night and September monthly meeting - £3
Saturday, 23rd October - Third Anniversary Celebration – Tickets on sale at the September monthly meeting. - £12
Friday, 26th November – Bury St. Edmunds Christmas Fayre – Tickets on sale at the July meeting - £13

Please send items for inclusion in the June newsletter to:-

janetcarlton@blueyonder.co.uk Janet Carlton, 35 Curlew Crescent, Basildon, SS16 5HR Tel: 01268 452791 <u>To arrive no later than</u> <u>15th August., 2010</u>

NATIONAL OFFICE

19 East Street, Bromley, Kent BR1 1QH Tel: 02084666139 e-mail: <u>national.office@u3a.org</u> Web site: www.u3a.org.uk

> Resource Centre: e-mail: resource.centre@u3a.org.uk

Next Month's Speaker

Friday, 3rd September, 2010, 2.00 - 4.00 pm

Simon Gilbert

'Another Opening, Another Show' Musical memories from Film and Theatre

Group Co-ordinator's News

I would like to pass on my thanks to both Bob Wren and Joanne Baker for stepping in and taking over the Ten Pin Bowling and Joint Singing for Health and Pleasure groups respectively whilst Alan and Marjorie have been indisposed. I popped along to both groups this week and it was great to see how much fun everyone was having. I heard lots of clapping and laughter and it was easy to see they were all having a great time. It was also nice to see Alan who popped in briefly to see how things were going. I stayed to hear the Singing group "tuning up" with their vocal exercises and listened to their first song. I was very impressed and am looking forward to hearing them at both the Anniversary dinner and Christmas dinner later this year. We all wish Alan and Marjorie continued improvement. My thanks to Maggie Prince who is helping the group, as requested by the new Rayleigh Grange. She is coaching their voices and playing keyboard for them.

Family History II

I was very sorry to hear that Val and Vic Taylor were leaving Essex and moving to Norfolk. They have been joint Group Leaders of Family History Group II from the start of Rayleigh U3A and ended up running two groups each month. I would like to thank them both for all the help and support they have given to me and their group members during that time and would like to wish them all the very best in their new home and a continued long and happy retirement.

Serendipity III

I am very pleased to welcome on board John and Pat Pomfrett who have now become Group Leaders for this new group. My thanks to you both. The initial meeting is taking place on the 1st July and I will be able to let you know what is happening after that date. Serendipity is a very popular group with two groups already running very successfully. I am sure the third group will follow suit.

Ambling/Strolling

The initial meeting is to be held on the 23rd June to find a Group Leader for the many members who are anxious to get this group up and running (or should I say strolling)! I will let you know at the next meeting how we got on.

<u>Tai Chi</u>

Due to the success of this fairly new group our tutor has agreed to start a second group. I am planning an initial workshop in July (date to be decided). It will be on a Thursday. If you are interested, please let me know or put your name down on the list at our next monthly meeting on the 2nd July.

New Groups

Following our New Members' Coffee Morning a number of new groups have been requested. I will try to get these groups up and running as soon as I possibly can. Please contact me if you are interested in leading or joining any of the following:-

Cycling, Keep Fit, Fashion, Bird Watching II, Theatre II, Collectables, Literature, Visiting Historic Houses, among others.

Don't forget to contact me if you would like to consider becoming a Group Leader or to discuss any groups you would like see added to our list.

Sue Taylor Group Coordinator 01268 786405 email: susan.taylor106@tesco.net

NEWS FROM OUR GROUP LEADERS

Gardening Group

All members of the Rayleigh U3A are regarded as being members of the Gardening Group.

<u>Garden Visits</u> – What a delight – two garden outings in the same week!

On Monday, 14th June we visited two beautiful gardens setting out on a lovely sunny morning. The first garden, 'Tudor Roost', at Fingringhoe just east of Colchester, was packed with a vast array of plants of many different varieties. The owners, Linda & Chris Pengen, had made the garden look far larger that its 1/4 acre by using the height of the numerous, wonderful shrubs and trees as stages for the many climbing plants. Roses, clematis and others climbed upwards in many hues. At the bottom of the garden there was a tropical garden with many unidentified plants but fortunately Chris was on hand with the names. One in particular. Kolkwitsia 'Pink Cloud', caught everyone's eve.

Complimentary adjectives abounded and when the tea and home made cake was served everyone sighed with contentment.

The second garden was the world renowned Beth Chatto's garden. We arrived at noon and most people decided to start at the new tea house which served light lunches. The salads and filled rolls were perfect for this warm summer day. Having enjoyed lunch a tour of the garden was next. The sun continued to shine which made the lakes and borders look their very best. There were many small flowered varieties of roses in bloom with hundreds of flowers on each plant. Then, almost as one, the group descended on the plant sales area. Despite promises that they were not going to buy plants most members came away with a bag or two from the nursery!

A truly lovely day,

West Hanningfield Hall Thursday, 17th June

Our members travelled by car for this visit. West Hanningfield Hall is on the outskirts of Stock and is only twenty minutes or so from Trinity Church.

This is a stunning large country garden developed over the past thirty years by Diana and Michael Iles. The large lawns and superb borders, containing fine shrubs and perennials, have been considerably extended and enlarged over the past ten years. There are two ponds, a formal rose garden, vegetable gardens and an area set aside for young trees. The 'borrowed' landscape is a wonderful sight. The garden is surrounded by farmland which had fields full of crops and between the trees two churches could be seen.

The tea and cake was excellent! If it wasn't for U3A I would never have visited a garden like this under my own steam.

Some visits and events to look forward to

VISIT TO THE SOUTHEND CAMPUS OF ESSEX UNIVERSITY

As you know, up to sixty members of our U3A will be visiting the Southend Campus of Essex University on Wednesday, 14th July - 10.00 a.m. – 1.00 p.m. For full details see the June Newsletter or Notice Board. There are still some tickets available if you wish to take part. Please see Terri Gouldsmith in the Underspire Room at the July meeting if you would like to go or telephone her on 01268 562803. **Marion Allen - Secretary**

THE HISTORIC DOCKYARD, CHATHAM – 40'S RE-ENACTMENT DAY SATURDAY, 18th SEPTEMBER, 2010

Tickets for this event will continue be on sale at the July meeting. To see full details of this trip please see the Notice Board or April Newsletter. One coach is fully booked but there are still some vacancies on a second coach. Please see Liz or Laurie Denney at the ticket desk or telephone 01702 615370.

BURY ST EDMUND'S 7th ANNUAL CHRISTMAS FAYRE FRIDAY 26th NOVEMBER, 2010

A trip is being arranged to go to the Annual Christmas Fayre at Bury St Edmund's in Suffolk. There will be 200 stalls spread throughout the town and entertainment in the Town Square. The St Edmundsbury Cathedral is close to the Town Square and is well worth a visit.

The cost of the trip, including the driver's gratuity, is £13.00. (Payment by cheque only made payable to Rayleigh U3A).

The coach leaves Kirby's Depot at 8.30 p.m. with pick up points at Websters Way at 8.35 a.m. and Rayleigh Station at 8.45 a.m.

Also on this trip

For those of you who may wish to visit Green Kings Brewery (only a ten minute walk from the Town Square) there are two tours (11.00 a.m & 14.00 p.m) that take you round the brewery. Green King has been brewing in Bury St. Edmund's since 1799 and this tour will be of interest to those of you who enjoy a good pint (or two!).

This tour will have to be arranged separately and the cost is £8.00.

Contact No for the brewery is 01284-714297

<u>Tickets to go on sale at the July Meeting</u> (for full details of this trip check the notice board) Laurie Denney - 01702 615370

QUIZ NIGHTS - 2010

Tickets are still on sale for the Quiz Night which is being arranged for Saturday, 17th July. Maximum of 8 per team and is not restricted to U3A members. Bring your own drinks and nibbles. Tickets £3 on sale at the ticket desk. Please see or contact Stella Lutterloch – 01268 781425 - for further details.

The second Quiz Night will be held in the Autumn on Saturday, 16th October and is being organised by Doris and Brian Lambert. Details are the same as for the July Quiz Night with a maximum of 8 per team and again is not restricted to U3A members. Bring your own drinks and nibbles. Tickets will be £3 and will be on sale at the July Quiz night and at the September monthly meeting. Be sure to have the date in your diary and book your tickets. Please see or contact Doris Lambert for further information – 01702 528252.

have an interest in history, photography and exhibitions. Some computer skills are essential as use of the online catalogue will be necessary, as well as entering data onto a simple database. Support from staff will be available. The project begins on 28th September from 1–3 p.m. and thereafter meetings will be held fortnightly at the same time culminating with a meeting on the 7th December.

Further information regarding both these projects and how to apply can be obtained from Terri Gouldsmith at the monthly meeting on 2nd July or by contacting her on 01268 562803 or terrygouldsmith@live.co.uk

FOR YOUR INFORMATION - ADVICE FROM THIRD AGE TRUST

"U3As are self-help co-operative organisations run entirely by the members for the members and therefore it is important that individuals are able to take full responsibility for their own participation in U3A activities/events. Should the situation arise where a member wishes to attend an interest group or activity but is worried that he/she would not be able to participate fully without help, the Third Age Trust has extended its liability insurance policy to cover the attendance of a companion/carer. It is hoped that by doing this, members in this situation will continue to be able to enjoy the full benefits of U3A membership. If you find yourselves in this position at any time, please don't stop coming; speak to a member of the Committee in confidence and appropriate arrangements can be agreed."

Marian Allen - Secretary

PLEASE NOTE - Christmas Cards and Calendars

Joanne Baker will be selling Christmas cards and calendars in the Underspire Room for this month only. Proceeds from the sale will go towards the restoration of the Holy Trinity Church Tower.

2011 U3A Diaries

If you would like one of these diaries please go to the information desk to place your order. Diaries will go on sale in the Autumn but it would be useful to know how many to order. Payment won't be required until nearer the time.

PLEASE NOTE

This will be the last newsletter until September. Please submit any items for the next edition by 15th August. We wish all our members a happy, sunny and peaceful summer break.

The July garden visit is to Heather's Garden - Orchard Cottage, 219 Hockley Road, Rayleigh on Monday 19th July meeting at the garden at 2.00 pm. Numerous lilies will be in bloom as well as many other perennials. Cost £4.00 including refreshments. Parking opposite on grass verge. Please advise Heather if you wish to attend.

Those members who have already put their name down for this but have not yet paid could they please pay at the July meeting.

Heather Brickwood – 012678 565478

Golf

The next game of golf will be organised and played at Dunton Hills Golf Course for U3A members at 9.00 a.m. on Wednesday, 14th July. Could members wishing to take part please let Kay Nevin know in advance.

Dates for the rest of the year - 11th August. 8th September.

Kay Nevin – 01268 780855

Serendipity Group II

On 3rd June twenty-six of our Group met David Williams at Tower Hill for a guided walk entitled "Secret Gardens". After coffee we set off at 11am, our first stop being Trinity Gardens displaying plaques of Merchant Navy Memorials. Nearby, David pointed out All-Hallows-By-The-Tower Church which survived the Great Fire in 1666. Next we passed St. Dunstans-in-theEast which was destroyed in the Great Fire and rebuilt by Sir Christopher Wren. The Church was severely damaged in the blitz and the site is now a garden. When we reached Walbrook and St. Stephen's Church we discovered that we had lost Joan Anderson! As we had visited St. Stephens before we had all carried on walking with David without realizing that Joan had gone into the Church. Unfortunately Joan's mobile was out of action so she approached a total stranger who allowed her to send a message to

us. After a splendid pub lunch we discovered that we had missed Joan's text so we made a call to what we thought was Joan's mobile! Upon receiving a call from us the surprised owner was able to tell us that Joan was on her way to find us in the Pub. It has been suggested we put a lead on her next time! (You know we don't mean it Joan - you made our day!) We continued our walk passing another interesting garden - Postman's Park – where there is a wall of plagues commemorating deeds of bravery. We ended our walk at The Rising Sun, not a great interior, but the food was edible! After lunch we made our way to the London Museum, parts of which have recently re-opened following refurbishment. This was an enjoyable end to our day out and we shall definitely be going there again some time in the future.

Our next trip is on the 1st July to the Royal Albert Hall.

Pam and Keith Dunt - 01702 201747

Theatre Group

We enjoyed two visits to the theatre in May. On the 14th ten of us went to London to see "Mamma Mia". What a show! The finale was absolutely amazing with the audience waving, singing and dancing. We came out of the theatre with a really feel-good feeling. On the 27th May twenty of us met in the fover at the Palace Theatre to see the Agatha Christie Theatre Group's production of "Witness for the Prosecution". An excellent play with a surprising ending. There were a few well-known actors in the cast and we all thoroughly enjoyed it. We shall look forward to their next year's production. Would all members who are going to The Mill at Sonning in August and those going to see "Warhorse" in September please collect their tickets and information regarding departure times etc. from Jean and Helena in the Underspire room at the July meeting.

Also, if you are interested in seeing "The Mousetrap" please see Jean or Helena for further information.

Names are also being taken from people interested in a trip which, hopefully, will be arranged for a Christmas concert at The Royal Albert Hall in December. A coach from Kirby's would be arranged for this. More information soon.

Jean Mackenzie – 01268 510570 Helena Maxwell – 01268 772061

Local History Group

Get all the latest details of the group on our blog:-

http://lhgu3arayleigh.blogspot.com

Itinerary 2010 as at 14th June 2010

Thursday 26th Aug 10am, Coggeshall Heritage Centre, Paycocke's and Grange Barn.

£4.50 combined ticket including guide. National Trust Members have free entry so when you put your name on the list mention you are NT!

Mon 15th Nov 10am till 12.00 Noon Trinity Hall – Cloisters

Indoor meeting in association with Social History Group

Reminisce on 2010 while looking forward to 2011.

£2 per head includes tea/coffee

To book visits please see Heather Flemmings at monthly U3A meetings, email <u>heatherfl@lineone.net</u> or phone 01702 204943

Pay David Fryer-Kelsey at monthly meetings or post to: 113 Greensward Lane, Hockley, Essex, SS5 5HS.

Cheques payable to Rayleigh U3A please.

Scrabble

Due to holidays, the next meeting on 26th July has been cancelled. In August I will contact all of those who have expressed an interest in the Group in order to arrange a new date, time and venue for future meetings with a view to enjoying our games from September onward. For further information please contact me as below.

Margaret Bristow – 01268 747639 mabristow@talktalk.net

Tenpin Bowling

It was nice to pop in to see our Tenpin Bowling Group last Tuesday, 8^{th} June after two months away. I am pleased to say that I will be back for our July meeting on the 20th July at CJs – 2.00 p.m. as usual. I would like to thank Bob Wren for taking the group while I have been away.

It was a first time win for Heather Brickwood. Graham Godfrey and Alan Brown were our other winners.

Just to remind you that July will be our last meeting till the 14th September.

Alan Hudson – 01702 202158

Holiday Group

A two/three day break to The Cotswolds is being arranged by coach from Rayleigh in late October, 2010 visiting Westonbirt Arboretum and other local places of interest. Westonbirt is renowned for its spectacular autumn colour display

I have thirty names so far with a lot of singles. This is causing a problem which hopefully can be resolved.

If you haven't signed up yet and would like to join us please give me a call. Brian Kersey – 01268 743959

HEADLINES AND ACTIVITIES

GIFT AID UPDATE

Thanks to all those who have already completed their Gift Aid Declaration forms. For those that have yet to return them can you please ensure that I receive your forms **by the end of July at the very latest.** This will enable me to submit our return to HM Revenue and Customs to reclaim twenty eight pence in the pound on subscriptions for the benefit of the membership.

Pete Huntly

Gift Aid Co-ordinator - Tel: 01268 777398

SHARED LEARNING PROJECTS.

From time to time we receive notice of Shared Learning Projects enabling U3A members to take part in joint research and presentations with Museums and Galleries, most of which are held in London. The following may be of interest to our members.

The London Archaeological & Archive Research Centre, Museum of

London, based at Mortimer Wheeler House in Hackney where it holds the archaeological archives, is the primary source for early London and a resource of international significance. U3A members are invited (for the fourth time) to take part with the staff on a Shared Learning Project which aims to make the Archive more accessible to the public and researchers. The project begins on Wednesday 22nd September and continues weekly to the final presentation on the 8th December. Tasks involve the repacking of artefacts, reorganising boxes and cataloguing material to improve storage conditions. The project will be recorded by video/still camera. Tuition will be given to the team on manipulating their images. No previous experience is necessary, but an interest in archaeology and media technology would be an asset.

The British Postal Museum & Archive based at Freeling House, Phoenix Place, London WC1 ODL holds records ranging from staff records to stamps, poster design to photography, and from transport to telegrams. The archives are of national importance. U3A members are invited to assist with researching the Post Office Magazine on site creating an index of articles and linking these to the collection of photographs in the Archive. The magazine dates from 1934 to 1966 and contains a wealth of information. The project takes place over 10 weeks and applicants should