

# Rayleigh



THE UNIVERSITY OF THE THIRD AGE

## Newsletter Edition – No.65 – January 2015

**This Month's Meeting Thursday 8th January**

**Speaker – Dr. Pat Garrod**

### FROM THE CHAIR

As Chairman I have always had faith in the future of our U3A but became concerned when a number of our Committee informed us that they were either unable to or could not continue as they had served their maximum years on the Committee. Our appeals in the Newsletter, by email and at the monthly meeting have, I am delighted to say, borne fruit and brought forward five skilled and experienced members who have offered to stand for the vacant posts.

At the start of every New Year, all organisations are faced with new challenges and Rayleigh U3A is no exception as our members demand a good balanced programme of meetings, social and educational events, and new groups. To help us fulfil your expectations we are always interested in hearing from volunteers to help at meetings and assist with refreshments, etc. - so over to you. I look forward to hearing from you.

At the beginning of each New Year we have an intake of new members and this year will be no exception. We will have the pleasure of people joining us with fresh ideas, amazing skills and keen to make new friends and enjoy the chance to be a part of Rayleigh U3A. Please make them feel welcome. If you have not done so as yet please do not forget to renew your membership before the end of January.

New Year, new ideas, new social events, new educational events, new members but be reassured it is still our Rayleigh U3A.

Please let us have your ideas for future social events, talks and study days.

To remind you our first monthly meeting is on Thursday 8<sup>th</sup> January. Happy New Year to you all.

Sincerely,

**Pete Huntly**

Chairman Rayleigh U3A

### **This Month's Speaker**

**Pat Garrod: Author, Doctor and Adventurer**

Dr. Pat Garrod's book, **Bearback: The World Overland** recounts his remarkable four year motorcycle journey around the world.

Dr. Garrod will be pleased to sign copies of his book for members.

# A Happy and Healthy New Year to you all

# News from the Groups

## Striking the right note (with the Ten Pin Bowling Group)

The Tenpin Bowling Group has run almost from the beginning of our U3A and was managed by Alan Hudson, with a little help from me over the past five/six years.

Many of you will know that Alan passed on over a year ago in October 2013 and to commemorate this gentle, happy and helpful man we, with approval from his wife, Gill, and initiated by Graham Godfrey, amended our (just for fun!) monthly winner's trophy to read "The Alan Hudson Memorial Trophy." Gill came and joined us at the October get together at CJ's Hockley and presented Alan Brown with the trophy as the first time winner and stayed for our usual cuppa & chat – after our regular 2 game mayhem on the lanes.

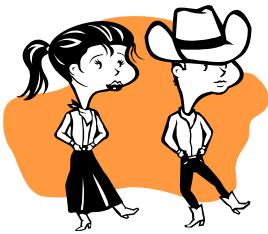
It's just for fun and if anyone (beginners welcome) wants to join us, please get in touch with me.

**Bob Wren - Group Leader**



## Line Dancing

We are a friendly, happy group enjoying our dancing. We meet every Tuesday afternoon between 2.00 and 3.30 p.m. at Castle Hall, which is in Castle Road, Rayleigh. It is enjoyable exercise that also exercises our minds, very important for our age group!



We would welcome anybody who would like to join us. So, maybe you think you would like to give it a try. It doesn't matter if you've never done it before, you will soon pick it up.

If you're interested, give me a call on 01268 778029.

**Joan Chapman – Group Leader**

## Calligraphy



Computers make writing very efficient and come with a huge range of fonts, so you might wonder why anyone would want to pick up a pen and do it all by hand.

Calligraphers are now able to focus their energies on honing their writing skills for special occasions, where hand lettering is truly appreciated for the care and time it takes.

If you are interested in this beautiful art form and have the time to practise regularly you might like to consider joining our group where you would be made very welcome – give me a call on 01268 742942

**Irene Tyson – Group Leader**

## An Invitation to a Poetry Writing Workshop

Would you like to try something new in 2015? If so, how about coming to our 'Poetry Workshop'? You could, perhaps, put your ideas into practice or brush up on your writing techniques.



The members of the Rayleigh U3A Poetry Group have invited Caroline Gilfillan, a known poet, performer and leader of poetry workshops in Norfolk to give a Poetry Workshop for Rayleigh U3A on **Tuesday 14th. April 2015 from 1 to 4 p.m. at The Cloister, Rectory Garth, Rayleigh.**

Two of our members met Caroline at the Essex Poetry Festival in October where she was Guest Poet Performer and, having met her, we are certain that the afternoon will be enjoyable as well as informative. If you would like to attend the workshop a limited number of tickets will be available at the January U3A Meeting or can be obtained from Marian Allen (telephone 01268 743339 or by Email at marianallen@btinternet.com) - price £3.00

If you have not already done so but would like to purchase a copy of our Book of Poems, the cost for this together with attendance at the Workshop is £4.00 (half price for the book). Refreshments will be available during the afternoon. Cheques should be made payable to Rayleigh U3A

**Marian Allen – Group Leader**

## Correction and Apology

On page 5 of the July 2014 edition of this Newsletter, we printed the text of the poem 'It Isn't Quite Fair' written by Ian Haynes, but unfortunately there were two mistakes in our reproduction of that poem. The author of the poem has asked your editors to apologise for making these mistakes, which we hereby do. The correct version of the poem is as follows:

### It Isn't Quite Fair

It isn't quite fair  
That men lose their hair  
Whereas women's coiffure looks brand new,  
And that gents disappear  
By their eightieth year  
But ladies exceed ninety-two.

It doesn't seem just  
That my joints are all bust  
And I can't get around like I could.  
And why should it be  
That it's harder to see  
And my hearing is not very good?

It isn't quite right,  
While my brain is so bright  
With a lifetime of learning and lore,  
That technology change  
Pushes things out of range  
And I don't understand anymore.

Well, I shouldn't complain,  
At least I remain,  
And I've had lots that life has to bring.  
Or so I am told;  
Oh dear ... now that I'm old  
I just can't remember a thing!

Ian Haynes

### **REMINDER - MEMBERSHIP RENEWAL**

**If you have not renewed your membership for 2015 and wish to do so, I must have your form and cheque (made payable to Rayleigh U3A) by the cut-off date of 31st. January 2015. The renewal form can be printed off the web-site from the November Newsletter, and was also an attachment to the E-Mail sent to members in November and December.**

**The Committee would like to thank all members who have renewed or wish to renew, and hope they will enjoy the groups and the programme of events for 2015.**

**Gwen Greenwood - Membership Secretary  
(01268 774882 - gwenu3a@btinternet.com)**

## The Queen's Chapel of the Savoy

On the 10th November a group of U3A members travelled to London by train in anticipation of a celebratory day together. We (Church Group 1 - the first group of Rayleigh U3A formed in 2007 by our Group Leader and Rayleigh U3A Founder Member, Marian Allen) were to visit The Queen's Chapel of the Savoy followed by lunch at The Carvery at The Strand Palace Hotel. More information about the Chapel can be found at <http://royalchapelsavoy.org/>

This interesting day was organised by Marian before she stepped down as our Group Leader. A splendid day enjoyed by everyone. Sue & Terry Taylor have agreed to take over the group. A Gift Voucher was presented to Marian and Ron with our grateful thanks.

**Maureen Huntly**

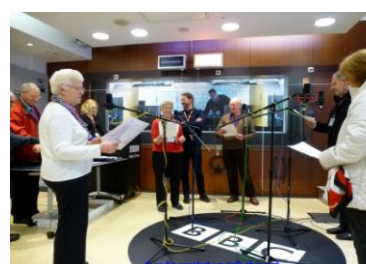


## Serendipity 5 Visits the BBC

November saw Serendipity 5 visiting the BBC. After an adventurous bus ride from Liverpool Street because of the diversions and a hurried lunch we arrived at the Beeb for our tour. Russell and Becky were our guides and plied us with much interesting information. Our first stop was the newsroom, this is the back drop to the BBC news TV broadcasts, there are some 400 journalists working in this area who supply the news to the news readers. Apparently the newsreaders prepare all their own material and are reliant on the journalists to supply it. The BBC world news is produced in 28 different languages including English, and listened to by some 350 million people every day.

A visit to the **One Show** studio surprised everyone by its small size. It's made larger by using wide angled lenses on the cameras. Another trick is to light the guests in such a way as to eliminate shadows, which in turn hides the wrinkles, making everyone look younger. Watchers of the **One Show** may have noticed that the background is the outside world looking in. Apparently the standard fee paid to guests on TV shows is £66, which is the minimum wage agreed with the actors union.

The highlights of our visit were the interactive sessions, when there was the opportunity to read the news. This looked particularly good with the insertion of film clips at the appropriate time. However doing the weather forecast this is much more difficult, no autocue here, it's all off the cuff, you need to make it up as you go along depending on the maps on the screen.



Our final visit was to a radio studio where we were able to read through a short drama with sound effects. This wasn't as easy as it looked, and soon realised that actors who have had much experience and practice only produce what we hear on the radio.

The media cafe overlooks part of the news room and is open to visitors at most times, so if you are in the area of Lower Regent Street, it's an interesting place to have a cup of coffee.

Our visit to the BBC was both interesting and enjoyable, we didn't see any stars while we were there, and nobody asked for my autograph when we left - perhaps another time.

**Bob White**

## Centenary of 1914

In the last edition of this Newsletter, Liz Baker told the history of the field of poppies at the Tower of London. In conjunction with Serendipity Group 2, we were taken in October to view those poppies and to see a commemorative performance at the Brick Lane Music Hall.

Within the dry moat of the Tower, some 888,246 poppies were displayed until November 11<sup>th</sup> signifying the dead service personnel of the UK and Commonwealth. Tourists came to view the awe inspiring sight, it really was spectacular; others to see the impressive one site size in relation to the military cemeteries spread over many sites especially in France and Belgium; to some a poignant reminder of fathers and grandfathers, some of whom they have never seen.



Forever, man has waged war to further his interest in causes or to defend the nation. This was a war to end all wars, yet even now, internationally, huge sums are spent perfecting weapons of destruction to further these aims, yet still war rages around the globe. Perhaps we are all, in some small part, to blame – do we judge people against our own personal standards, financial worth, accent, religion, colour, etc? Do we join with colleagues with similar views and in particular, religion and politics? Do we elect governments who supposedly reflect our desires who then move to align themselves with other governments who share similar desires in causes or defence? What do you think?

Some of us remember Brick Lane Music Hall as part of the Truman's Brewery redevelopment in Brick Lane, but it has now moved to a deconsecrated church in Silvertown. A hundred years ago there was no availability for personal news or entertainment, so people went to Working Men's Clubs or Music Halls and these became a focus for enrolment into Kitchener's Army. We heard the bawdy humour of the music hall and, being the 100 year anniversary of the Great War, many songs of that period. A war expected to last 3 months, a war that lasted 4 years and 888,246 soldiers killed, in a hope that this war would end all wars.

**Robin Blake**

## **How are you going to display your ceramic poppy?**

I know that the poppies represent a British or Colonial life lost in WW1 but in my case I wish to remember my father who gave his life in WW2. This year is most poignant for me as next month he would be celebrating his 100th birthday (February 19th) and it will be 70 years since his death (24/25). He was a member of the crew of a B17G Flying Fortress which was flying secret missions jamming enemy radar and voice communications. His squadron was 214 based at RAF Oulton and part of 100 Group, Special Operations.

I only wish that I had got more information from my mother but I suspect that she did not know a great deal about his operations. Details were not released for a considerable time after the war and research is continuing all the time. In fact an article in the current issue of 'Fly Past' magazine gives the statistic that in just a year of bomber support operations the squadron lost 15 aircraft with 81 aircrew killed and 37 becoming prisoners although it is estimated that a considerable number of Bomber Command aircraft were able to get through to their targets and the casualty rate of aircrew was drastically reduced.

I recently met a 91 year old veteran who was a tail gunner in a Lancaster - what a character! He was one of the instigators behind the decision to raise the funds for the Bomber Command Memorial in Green Park. What a fine memorial! My wife and I were privileged to attend the unveiling and dedication of the memorial in the presence of Her Majesty the Queen and other members of the Royal Family. I understand that the RAF Benevolent Fund (who have been charged with maintaining the memorial in perpetuity) are short of a considerable sum and would appreciate any contribution. I recommend anyone who hasn't yet seen the memorial to do their utmost to do so as it is a fitting tribute to the 55,573 men of Bomber Command who gave their lives for us.

**So .... HOW WILL YOU DISPLAY YOUR POPPY? WE WILL REMEMBER THEM,**

**Dave Towell**

## **Imperial War Museum**

After a coach journey of 3 hours to get to the museum, we were rewarded with a wonderful revamped building that is packed with exhibits. We started by visiting the First World War display on the ground floor. This was one exhibit that you can spend all day looking at. It tells the story of the war, through the lives of those who experienced it, both on the front line and the home front. See how the war started, why it continued, how the Allies won and the impact on people's lives across the world. Walk through a re-created trench, with a Sopwith Camel plane overhead, as a Tank looms above you - viewed from a simple periscope that looks above the trench. The visiting school children absolutely loved this! You can also listen to soldiers, sailors, airmen, munition workers, civilians and ambulance drivers tell the story of the war in their own words.

Another exhibit on the first floor, which was a favourite of mine is "A Family in Wartime", featuring the Allpress family who lived in Stockwell, London. This is the story of how ordinary people braved the challenges of life at home during the Second World War through their eyes. The parents and 9 children lived in a 3 bedroom house with outside toilet and there is a superb model of the house and garden. There are photos and interviews with the family, together with a re-creation of an Anderson shelter to explore, and also you can listen to radio shows from the archives.

The museum has a cafe and tea-room but we were lucky to eat our lunch outside in the adjacent park. There are toilets on 4 of the floors, all with disabled access and lifts to all floors.

**This is definitely one museum to visit again and our thanks go to Maureen and Pete Huntly for organising the trip for us.**

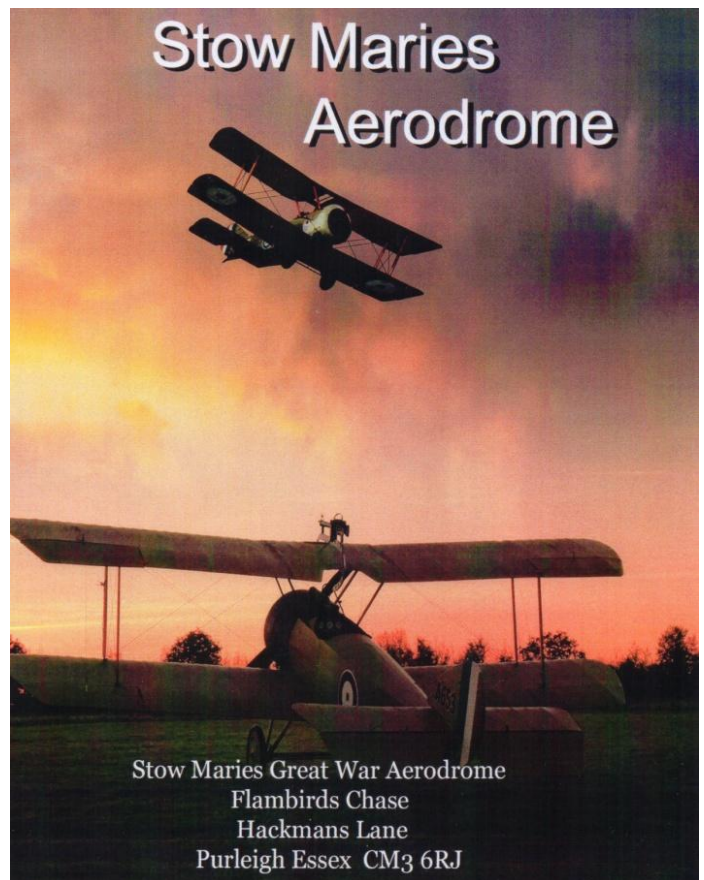
**Jan Churchill**

## Stow Maries Aerodrome

Stow Maries Aerodrome has featured in our U3A activities recently in several ways. In particular, it was the subject last November of one of our 'Talks for All' meetings when one of the custodians of the airfield, Roger Smith, gave us an illuminating talk on the history of Stow Maries and the planned future for its development. Our Walking Groups have included the airfield and its surrounding countryside in their walks, and at least one of the Church Visiting Groups has found the 14th. century St. Mary and Margaret's Church in Stow Maries, with its graves of airmen from the airfield who were killed in World War I and its beautiful views over the River Crouch, inspiring.

Stow Maries is unique; of the 250 aerodromes built during the First World War only ten survive in any form and Stow Maries is the only one that has remained virtually untouched for the past 100 years. There are 24 original Grade II listed Royal Flying Corps buildings from the officers mess to the pilots' ready room, radio room and the ambulance station. The danger faced by the young airmen is illustrated by the presence of a morgue, and the collision between the old and new technology is demonstrated by the presence in what was the brave new world of aviation of a blacksmiths.

The requirement for an aerodrome at Stow Maries originated in the Government response to German Zeppelin and Gotha fixed-wing bomber attacks on the British mainland during the First World War. It was one of a ring of airfields which with Rochford and Goldhanger was intended to protect London from attacks from the north-east. After a period of organisation and training, the first operational flight took place in May 1917 to intercept a large Zeppelin raid targeting London. The busiest day was 7th. July 1917 when 22 Gotha bombers were spotted heading for London, and several were hit in a series of running fights. Unfortunately allied casualties were high as the aircraft of the time were very fragile and the young pilots inexperienced. At its peak, 24 aircraft were stationed at Stow Maries together with about 300 personnel, but its time as an active station was short-lived because in March 1919 it was decommissioned. The site returned to agriculture and it is only in recent years that a sympathetic restoration project has got under way to restore the aerodrome to its former glory.

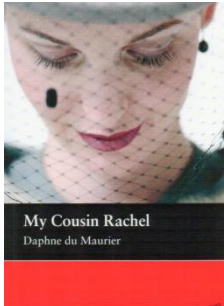


**Roger Baker**

## News From Book Group 2

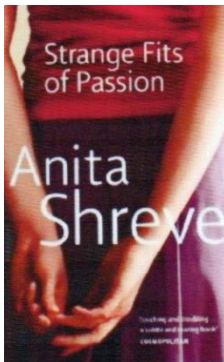
Another new year, and if the January weather hasn't been affected by climate change, and we have to stay indoors, there should be plenty of time to read.

Here are our recommendations for this month. The first, *My Cousin Rachel* by Daphne du Maurier, is a classic that we all felt has withstood the passage of time; the second, *Strange Fits of Passion* by Anita Shreve, is a bit different, but a tremendous story by an author who can always be trusted to hold us in suspense



Orphaned at an early age, Philip Ashley is raised by his benevolent older cousin, Ambrose. Resolutely single, Ambrose delights in Philip as his heir, a man who will love his grand home as much as he does himself.

But the cosy world the two construct is shattered when Ambrose sets off on a trip to Florence. There he falls in love and marries - and there he dies suddenly. In almost no time at all, the new widow - Philip's cousin Rachel - turns up in England. Despite himself, Philip is drawn to the beautiful, sophisticated, mysterious woman like a moth to the flame ..... And yet, might she have had a hand in Ambrose's death.



A successful journalist, Maureen English appears to have the perfect life. But her husband has a tendency towards alcohol and abuse and so Maureen takes her daughter and flees. In a Maine fishing town she assumes a new identity and spends six weeks battling sub-zero temperatures, intrusive townsfolk and fear of discovery. She soon settles into the rhythms of a new life. But this calming respite is about to come crashing to an end .....

**Kath Hands**

## Gardening Club

At last the trees are shedding their leaves after a balmy but wet November with only one night of ground frost in my garden. All the tender plants are now under cover. The garden is very wet in several places with standing water. The seasons have been unusually 'out of order` mainly due to an erratic jet stream bringing warm air from the continent. No doubt that by the time you read this newsletter Winter will have shown its hand and put growth on hold until Spring.

Two evergreen shrubs are beginning to show their fragrant blossoms *DAPHNE ODORA Aureomarginata* (which I mentioned in a previous article) and the 'Christmas Box` with a name like a disease

\**SARCOCOCCA Dignya Hookeriana*, a suckering shrub up to 3ft. with tiny clusters of fragrant flowers, very useful for cutting and/or flower arranging.



*Sarcococca Dignya Hookeriana*



*Daphne Odora Aureomarginata*

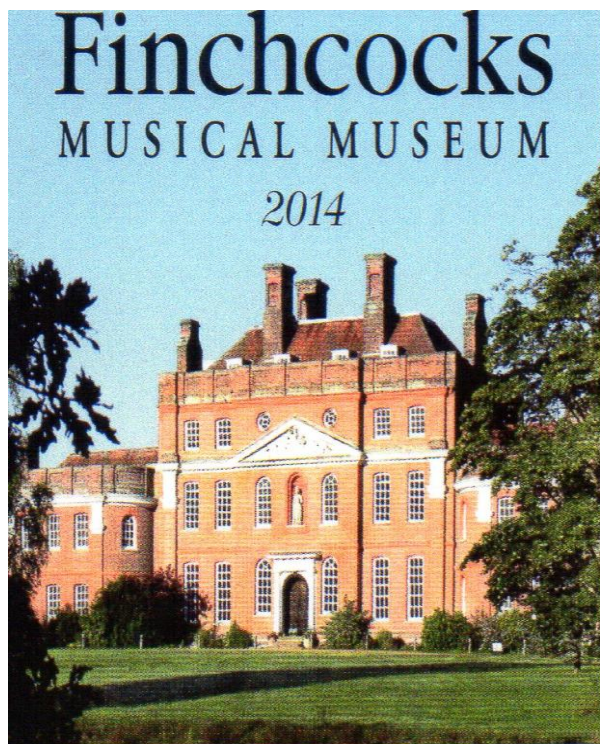
Happy New Garden Year *\*If you would like a division in the Spring please ring me.*

**Brian Kersey 01268 743959**



## Serendipity Two Group visit to Finchcocks Musical Museum

Serendipity Two Group brought its programme of 2014 visits to a close in December with an outing to Finchcocks Musical Museum. The museum is housed in a fine Grade 1 early Georgian manor house set in a beautiful garden in the Weald of Kent.



The Museum exhibits a world-renowned collection of more than 100 historical keyboard musical instruments, many of which are in working order and were demonstrated to us. The instruments, not only early pianos but also chamber organs, harpsichords, virginals, spinets and clavichords, were built over a 200 year period from the late seventeenth to the late nineteenth centuries. Members of our Group were encouraged to try their hand at playing some of the instruments. The main aim of the collection is to recreate as accurately as possible the music of classical composers on the sort of instruments they used at the time. The condition of old keyboard instruments is of great importance, for if they are badly damaged or inexpertly restored they cannot do justice to the music. Warm acoustics are also very important for early keyboard instruments, and at Finchcocks they are very fortunate as the house truly lends itself to music, with its tranquil setting, high ceilings and oak panelling. However, our visit in mid-December was a chilly one because to protect the beautiful woodwork and veneers of the instruments, central heating of the house is impossible.

Finchcocks was purchased by the present owner, Richard Burnett, a concert fortepianist, in 1970 and it was opened to the public as a music museum six years later after much restoration. It is an imposing Georgian building constructed in red brick in Classical Baroque style. The front of the building has intricate mouldings featuring the Bathurst coat of arms, as the Bathurst family were the first occupants of the house when it was built in 1725. The house has had a variety of owners since and over the years has been used for several purposes including being a ballet school, an art gallery, and as a school for children from London during the war.

## David's Running The London Marathon

Some of you already know that David is running in the London Marathon next April. The Charity he is running for is called 'Kith & Kids' which provides support to children, young adults, and their families, who have learning disabilities and/or autism. This is a well deserving charity and deserves every penny it can get. David has pledged to raise £1,500 for the charity and there will be a number of events etc. happening leading up to April in order to raise the £1,500.



### The First Event

A Charity Fun Night called "Preposterous Stories" is arranged for Sat 24<sup>th</sup> January at 7pm in St. Peter's Church Hall, Thundersley, and will include Fish/Chicken and Chips. Full details may be obtained from Janet at Bob Wren's desk at the January monthly meeting or contact Janet on 01268 452791 or e-mail [janetcarlton@blueyonder.co.uk](mailto:janetcarlton@blueyonder.co.uk)

If you would like to sponsor David in his epic journey you can do so by going on line to "virginmoneygiving.com" click on "Make a Donation" then under "Sponsor a Friend" type in "David Carlton" and click the chevrons, you will then see David's photo, as above, and then click "Donate Now" and then complete the process. Alternatively you will have the opportunity to sponsor him at the monthly meetings at Bob Wren's desk.

**Janet Carlton**

### **Notes from the Secretary - January 2015**

I would like to bring to your attention the following events and information notified to me by the U3A Trust. For more information, please look on the U3A Trust website at [www.u3a.org.uk](http://www.u3a.org.uk) or feel free to telephone me on 01702 552426, or E-Mail at [jsoilleux88@gmail.com](mailto:jsoilleux88@gmail.com). The full information will also be displayed on the Secretary's Notice Board at the Members' meeting in January.

#### **Summer Schools 2015**

**Harper Adams University, Newport, Shropshire TF10 8NB, Monday 13th. to Thursday 16th. July 2015**

**Royal Agricultural University, Cirencester GL7 6JS, Monday 17th. to Thursday 20th. August 2015**

For more information on events and activities in 2015, please refer to the National website, which is updated on a regular basis.

### **Papercrafts**

We are a very small but enthusiastic and friendly Group of "Papercrafters" looking for new recruits. We meet on the first Thursday each month in one of our Group's homes in Rayleigh. The Papercrafts include either Cardmaking or Scrapbooking. If you are interested in joining us in the New Year and would like to know more, please telephone or e-mail Janet on 01268 452791, or [janetcarlton@blueyonder.co.uk](mailto:janetcarlton@blueyonder.co.uk) for more information.

**Janet Carlton – Group Leader**

### **Garden Slide Shows**

The next show is on **Monday 26th. January 2015** at The Cloisters, Trinity Church, Rayleigh at 1.45 p.m. (until approx. 3.30 p.m.). Cost £3 including refreshments.

**Barry Kauffman Wright on the Flora and Fauna of Australia and New Zealand.**

Barry will be speaking on the visit he made to the other side of the world and a meeting with his sister. He didn't know of her existence until a short time ago, so we hope to find out what happened when they finally met.

I am very sad that this will be the last Garden Slide Show that I arrange. Over the last 7 years it has been so interesting and enjoyable arranging the different speakers and seeing wonderful photographs of plants, birds, animals, etc. Unfortunately time has now taken its toll and I have to call it a day. Many thanks to all of you who have supported me, and all the biscuits, mince pies and sausage rolls we have eaten over the years. **Please support the last show so we can go out with a bang !**

**Kind regards – Linda Clarke**

### **Social Events**

The Christmas Lunch took place on December 4th. at The Rayleigh Club. From the comments and E-Mails I have received, it would appear that it was an enjoyable event. There was a great deal of chatter and laughter, and the beautifully decorated venue added to the festive spirit. The Social Committee will be meeting early in January to plan a varied programme of events to take place throughout 2015. If you have any ideas for a social event, please feel free to contact me.

**Jane Godfrey - Social Events Coordinator**

### **Next Month's Speaker**

The speaker at our February monthly meeting will be John Vigar. He has been described as 'one of the most popular commentators on English history'. His talk is entitled 'Murder, Sex and Mayhem in English Churches - surprising depictions of the macabre in stone, wood and glass and the stories behind them'.

### **Educational 'Talks for All' in February, March and April 2015**

Reflexology is an alternative medicine involving application of pressure to the feet and hands with specific thumb, finger and hand techniques without the use of oil or lotion.

It is based on a system of zones and reflex areas that reflect an image of the body on the feet and hands with the premise that such work affects a physical change in the body.

Interested and want to find out more? Then buy a ticket and come along to Jane Robinson's Talk at **Holy Trinity Parish Hall on Tuesday 10<sup>th</sup> February 2015 at 2pm.**

The following three Talks have a common theme of 'Police Work' but are all so different.

At **Holy Trinity Parish Hall on Tuesday 24<sup>th</sup> February 2015 at 2pm** we have Mounted Policeman, Paul Howard who will tell us about the different aspects of his work from his duties in London to his role in the aftermath of the Boxing Day Tsunami.

**On Tuesday 17<sup>th</sup> March 2015 at 2pm we are holding the Talk in the Cloister Hall at Holy Trinity** as the Main Hall is being used by the church. On that afternoon Martyn Lockwood will talk about 'Victorian Murders in Essex'

In contrast our Talk at **Holy Trinity Parish Hall on Tuesday 21<sup>st</sup> April 2015 at 2pm**, will bring us up to date with modern detective work when a presentation entitled 'The Detective Project', will be given by two former police detectives who will help us to experience a crime scene and how a process of problem solving and good detective work helps crime busting solutions.

**Tickets will be on sale at our Monthly Meetings and are just £2 which includes tea/coffee and biscuits.**

**Maureen Huntly – Educational Events Coordinator**

### **ADVANCE NOTICE**

**The Eighth Annual General Meeting of the Rayleigh U3A will take place on Thursday 2nd. April 2015 at Mill Hall, Rayleigh, commencing at 2.00 p.m.**

followed by our speaker, Elaine Fox, whose talk is entitled 'Rainy Brain, Sunny Brain'

**A copy of the Minutes of the 2014 AGM will be displayed on the noticeboard at the January, February and March meetings and are also available to view on the website.**

**There are six vacancies on the Committee as follows:**

**Vice Chairman**

**Treasurer (No. 1 Account)**

**Social Treasurer**

**Groups' Coordinator**

**Volunteer Coordinator**

**Committee Member**

**Nomination Forms must be returned to the Secretary, Jackie Soilleux, by Friday 13th. March 2015**

**Any motions which you would like to raise at the AGM, which need a proposer and a seconder, should be submitted to the Secretary by 13th. March 2015**



# **Thank you**

**You've helped us to produce a bigger and better edition of your Newsletter, with 12 pages for the first time.**

**Please keep your contributions to the Newsletter flowing in, so that your fellow members will find it an interesting read. The latest 'copy' date for the next edition is 10<sup>th</sup>. February 2015.**

Rayleigh



THE UNIVERSITY OF THE THIRD AGE

**Nomination Form for Committee Members 2015/16**

There are 6 vacancies. Committee Meetings are held on the 3<sup>rd</sup> Friday in the month.  
**Please ensure that the person you are nominating is willing to stand.**

**Vacancy for position of Vice Chairman**

Nominee.....Proposed by.....Seconded by.....

**Vacancy for position of Treasurer (No. 1 Account)**

Nominee.....Proposed by.....Seconded by.....

**Vacancy for position of Committee Member (Social Treasurer)**

Nominee.....Proposed by.....Seconded by.....

**Vacancy for position of Committee Member (Volunteer Coordinator)**

Nominee.....Proposed by.....Seconded by.....

**Vacancy for position of Committee Member (Groups' Coordinator)**

Nominee.....Proposed by.....Seconded by.....

**Vacancy for position of Committee Member**

Nominee.....Proposed by.....Seconded by.....

**Please return this form to the Secretary, Jackie Soilleux at  
8, Galleydene, Hadleigh,  
Essex, SS7 2QA**