

RAYLEIGH u3a NEW MEMBERS ADDITIONAL INFORMATION FORM

These are our current groups although some may be at capacity and have waiting lists to join.
Please let us know if you would like more information about any by putting a tick against it.

Archaeology		Gardening		Strolling	
Art		Knit and Natter		Sunday Lunch	
Badminton		Local History		Table Tennis	
Book Reading		Longer Walks		Tenpin Bowling	
Canasta		Music Appreciation		Visiting Essex Churches	
Ceramics		Patchwork and Tea		Visiting Interesting Places in Essex	
Coffee & Conversation for Ladies		Psychology		Waffling for Men	
Cooking		Real Ale		Walking	
Creative Writing		Rummikub		Wine Appreciation	
Crib Club		Scrabble		Yoga Practice	
Digital Photography		Serendipity			
Family History		Sit and Sew			

Your Hobbies and Interests

**Are there any subjects not listed you would like to see included?
Would you be interested in sharing your interests with other members
and helping to set up a new Group?**

**Additional Skills you may have -
e.g. good IT knowledge, Accountancy or Admin skills**

**Would you be interested in helping at u3a?
e.g. helping at Main Meetings, selling tickets, joining the Committee?**

Your Name and Contact Details:

Please return this form to our Membership Secretary: Debbie Bamber