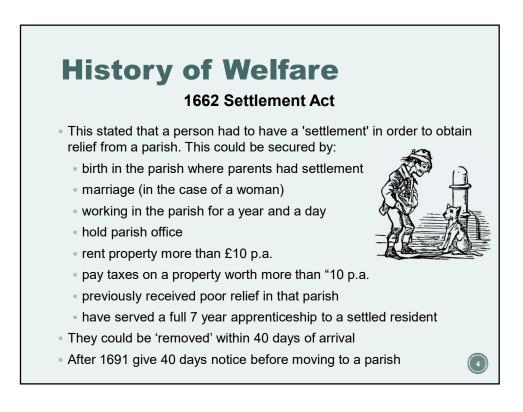
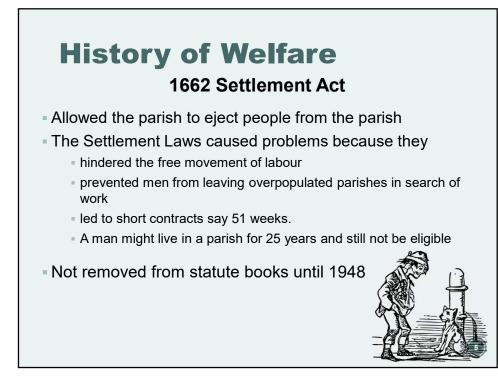


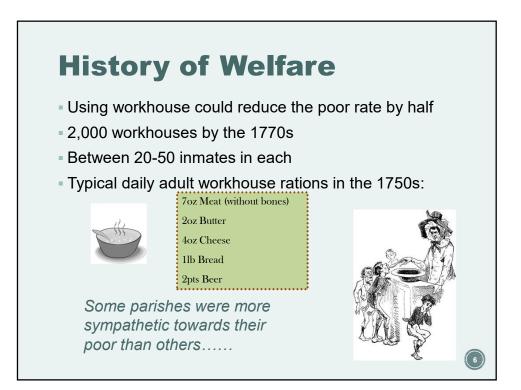
### 'Outdoor Relief' v 'Indoor Relief'

"outdoor relief (or 'Out-relief') was assistance in the form of money, food, clothing or goods, given to alleviate poverty without the requirement that the recipient enter an institution."

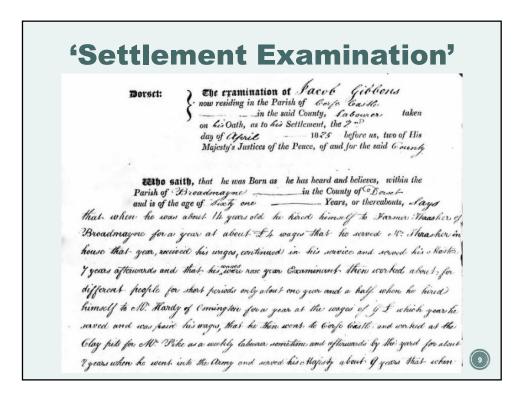
"Recipients of indoor relief were required to enter a workhouse or poorhouse."







BREAKFAST	Women: One pint of tea, with bread and butter. Men, boys and girls: Bread and gruel (of flour and oatmeal) excepting some old men, who are allowed a pint of tea, with bread and butter.
DINNER	Monday: Pease soup, herbs, &c. with bread; men and women a pint of table-beer; boys about half a pint. Tuesday: Beef and mutton puddings, with vegetables; the beer, &c., same as Monday. Wednesday: Boiled beef and mutton (sometimes pork with it), hard puddings, bread, vegetables, &c. beer same as before. Thursday: Mutton and beef-suet puddings; beer same as before. Friday: Beef and mutton puddings, with vegetables; beer same as before. Friday: Irish stew-meat, potatoes, herbs, &c. beer same as before. Sunday: Boiled beef and mutton (sometimes pork with it), hard puddings, bread; vegetables, &c. beer same as before.
SUPPER	Women: One pint of tea, with bread and butter or cheese. Men and boys: Bread and butter or cheese; men, one pint of beer or tea each; boys, about half a pint. Girls and small children: Bread and butter; drink, milk and water.



'S	ettlement Certificate'
	(No. 45) R. B.
	Mufsets (rouid) W E the Church-wardens and Overfeers of the Poor of the Cauit of Athensts in the faid Genuity do hereby certify, own and acknowledge Island Ganak his Wife
500 -570 -570	to be seen Inhabitant - legally fettled in the faid frankt of Inhabitant - legally fettled in the faid frankt of Inhabitant - legally fettled in the faid withouts whereof we have hereunto fet our Hands and Seals in the solution of the faith of - Attested by State flags where it is a benuty W. Hanger Attested by Solution of the faith of - Hanger Attested by Solution of the faith of - Hanger Solution of the faith of - Hange
n 1	one down item in the water down in the state and the state in the state of the state in the state of the stat

SO 3	EEISET. For the Churchwardtens and Overseers of the Poor of the Parish of Last Beent With Sin the said County, to execute and convey: And to the Churchwardons and Over- seers of the Poor of the Parish of Meanment for in the with County of Dervet - to receive and obey,
	FORASMUCH as complaint hath been made unto us, whose Names are hereanto set and Scals affixed, being two of his Majesty's Justices of the Pence in and for the said County of Somerset, (one of us of the Quorum) by the Cherchwardens and Overseers of the Poor of the said Parish of Caust Brento- in the said County of Somerset,
	That John Brown and Priscilla his wife
	base-come to inhabit in the said last mentioned Parish, contrary to Law, not having any way gained a legal Settlement there, nor produced any Certificate owning <i>Marrar</i> to be settled elsewhere, and <i>arra</i> become chargeable thereto,
	We, the said Justices, upon due proof thereof 'made before us as well upon the Examination of the said
	upon Oath, as atherwise, and likewise upon due Consideration had on the Premises, do adjudge the same to be true; and we do likewise adjudge, that the jawfal Settlement of <i>Harra</i> - the said <i>Harra Barran</i> and <i>Barra</i> illa <i>harra Unife</i>
	this twife is in the said Parish of Beamins ter - in the said County of Dorret

# **Poor Law Unions**

- In 1834 parishes were grouped into Poor Law Unions
- Collection of say 20-30 parishes
- Each Union run by a Board of Guardians
- Day-to-day management of workhouse supervised by a workhouse master & matron
- Large workhouse deterrents
- Uniform across the country
- Monotonous with strict rules



Things changed in 1834 with the creation of the poor law commission

# **Union Workhouses**

- Entry was voluntary
- Supposed to be the whole family went in together
- Formal entry and discharge procedures
  - Medical
  - Given workhouse uniform
  - Leave at any time with permission
  - Would be charged with stealing if took uniform
  - Classified and segregated
  - Little contact with other groups

Things got better over time e.g. elderly got books and snuff, but it was always regarded with 'shame' to have to resort to the workhouse



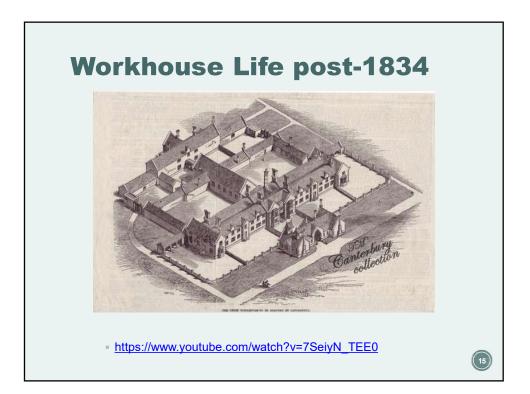
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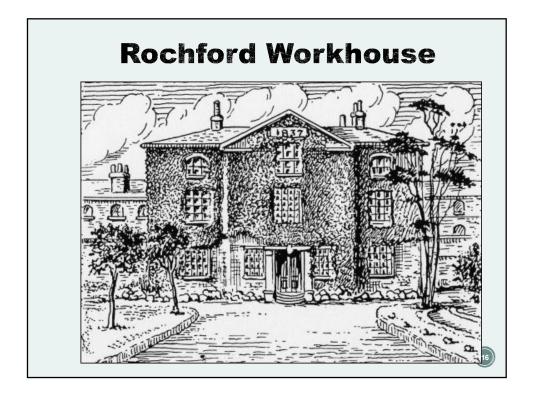
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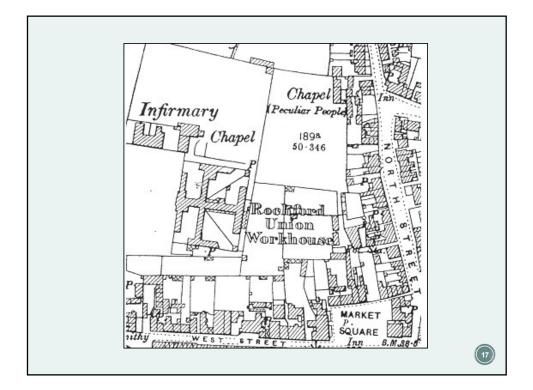
#### DERBY DAILY TELEGRAPH 18 DECEMBER 1894

#### PAWNING HER CORK LEG.

It was discovered at the roll-call of inmates of a Union near Liverpool, last week, that one woman had pawned a cork leg for 4s. As the Board had paid some £8 for the limb they were wroth, but the lady Guardians sent out and redeemed the missing member for 4s 4d. It was agreed to stamp the Union mark on cork legs in future, and to warn pawnbrokers that they will receive such strange pledges at their peril.

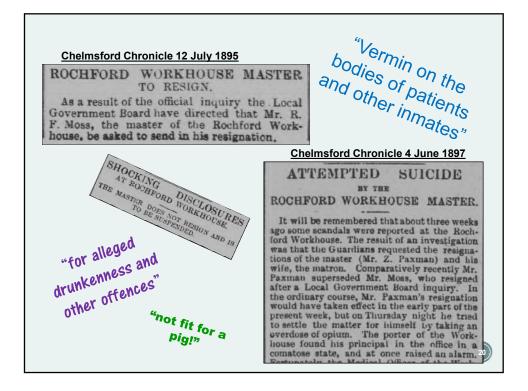


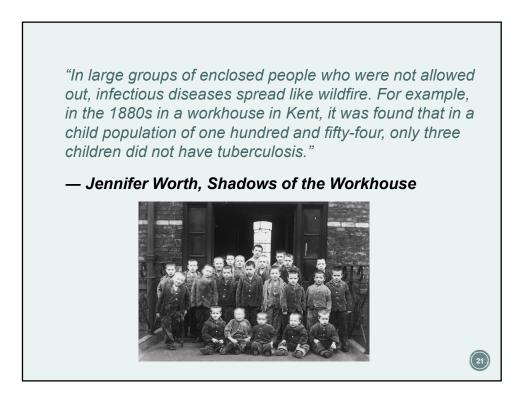






Southend Standard 12 Sept 1889	Essex Standard 30 Dec 1899
Rochford Union. CONTRACT FOR BREAD FOR THE WORK- HOUSE AND FIRST DISTRICT. THE Guardians invite further Tenders for supplying the Union Workhouse and First District with BREAD, for 13 weeks from the 29th day of September, 1889. Information as to quantity, &c., with form of Tender, may be obtauded at my office at South- end. The Tenders must be properly filled up, signed and delivered under seal at my said office, or at the Workhouse, at Rochford, not later than ten o'clock in the morning of Tuesday, the 17th day of September inst., with samples of the bread. Tenders on any other form, or not complying with the above requirements, will not be ac- cepted. The Guardians do not pledge themselves to ac- cept the lowest or any Tender. By order, WILLIAM GREGSON, Clerk. Southend, 4th September, 1889.	CHRISTMAS AT ROCHFORD WORKHOUSE, Christmas Day was celebrated in the usual festive manner at Rochford Workhouse, and the Master an Matron, Mr. and Mrs. Collins, did everything possib to make the inmates bappy. The Guardians has sanctioned special fare for the day, and, in addition a number of gifts were received, notably a consign ment of rabbits from Mr. James Tabor, J.P., quantity of tobacco from Mr. H. Rankin, J.P., tw guiness from Mr. George Allen, sugar, tobacco, etc from Mr. G. T. G. Wright, and toys, etc., from Min Stilwell. At the meeting of the Board before Chris mas the Rev. T. F. Minchin asked if the Guardian might spend a week in the House at Christmas time To this the Chairman, Mr. S. B. Baker, replied in tt affirmative ; and soon afterwards several of the meen bers were introduced by the Matron to a specimen of "the Workhouse pudding," steaming hot, and whit to ad coffee. At 9 o'clock a cheerful aervice was belin in the Workhouse Chapel, which was prettil decorated. The inmates joined heartily in the





WORKHOUSE. the Rochford Guardians, on eported that an epidemic of token out in the Workhouse. here was a great deal of the a Rochford.— Major TAWKE hion that the children had on by going to the Rochford lit was decided not to send b.
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