

**MONTHLY MEETING - 10 am on TUESDAY 12th SEPTEMBER 2023**

**U3a Week Celebrations!**



The National **u3a Week** Celebrations now take place each year in September, and this year it is from 16th-24th September.

Ravenshead u3a will be holding a  
**u3a Day Coffee Morning Meet & Greet**  
on  
**Saturday 23rd September**  
**from 10.30am to 12.30pm**  
at the **Centre at St Peter's** in Sheepwalk Lane

The emphasis will be on creating a warm and friendly atmosphere for both members and guests to drop-in and chat, enjoy refreshments together, and see displays about the activity and interest groups we offer to members.



**Please come along on the day, bring a friend or two, enjoy a chat with fellow members and guests, and support us in getting the u3a known!**

Our next monthly meeting will take place on **Tuesday 12th September** at 10am at St Peter's Church on Sheepwalk Lane, Ravenshead, and will feature **Vince Eager** and his presentation

**'You're Never Too Old to Rock and Roll'.**

**u3a**

September Meeting  
Keynote Speaker

Tuesday 12th September 2023

**Vince Eager**

**You're Never Too Old..  
To Rock 'n' Roll**



Vince's talk covers his becoming one of Britain's original teen idols. He also reveals the mischief and mayhem created behind the scenes whilst touring with his pal Joe Brown.

In the 1950s & 60s Vince was a pioneer of British popular music, appearing on shows such as 6-5 Special, Oh Boy and Drumbeat alongside artistes such as Cliff Richard, Joe Brown, Marty Wilde and Billy Fury.

Join us for an enjoyable meeting with refreshments and socialising in the break, plus news of Ru3a events & trips!



**And please remember to  
bring a reusable mug for  
your hot drink.**

## Showcased Group for September

### Local History

**Drop by the Showcase Table at the rear of the Church at the September Monthly Meeting and find out more...**



EBENEZER CHAPEL



EBENEZER CHAPEL MEMORIAL STONE  
IN LAWN OUTSIDE 12 CHAPEL LANE



### GROUPS UPDATE FROM ANNE ELDRIDGE GROUPS CO-ORDINATOR

If anyone needs any further information on the following, please contact Anne by email at : [annelesley.eldridge@gmail.com](mailto:annelesley.eldridge@gmail.com) or the relevant Group Leader via the website.

#### 1. FAMILY HISTORY - REVIVED GROUP

This newly reformed Group will meet in the Brammer Room at the Ravenshead Village Hall, at 2 pm on the first Monday of the month.

The first meeting will be on the 2nd October. For further information, please contact the Group Leader, Jennie Kerr, via the website.

#### 2. EXPRESSIONS OF INTEREST

If anyone is interested in joining one of these proposed Groups, please contact Anne.

2.1. Running - No experience necessary, running up to 5km. It's for both men & women, and all you need are appropriate running shoes. Sessions will be local and held in the daytime.

2.2. Dog Friends - Dog owners who wish to meet like minded members to share ideas, places that welcome dogs, maybe organise joint human/doggie outings

2.3. Play Reading

2.4. Classical Guitar

2.5. Electric Guitar

2.6. Cycling - Open to anyone who has an interest in cycling. Length of rides etc will be decided by interested members.

#### MOST RECENTLY FORMED GROUPS

##### 3.1 WRITING FOR FUN!

The Group meets monthly for a two hour session. No experience is necessary. Meetings are now held at Larch Farm on the first Thursday of every month. (You could always take the opportunity to have a quick bite first!). Please contact the Group Leader, Halinka Rajchel, via the website, if you wish to attend.

##### 3.2 HOLIDAY SPANISH

This Group meets in a room at the Ravenshead Leisure Centre on the first and fourth Tuesdays of every month from 11am to until 12 noon. Numbers may be limited, so it is suggested that you contact the Group Leader, Judith Moore, via the website.

### 3.3 PETANQUE

### 3.4 SALSA

### 3.5 HAPPY TO SHARE

#### 4.0 SHOWCASED GROUP AT OUR AUGUST MEETING



**Group Leader : David Morton**

Also featured was David Morton's latest book, "Rome and the Beginning of the Empire"

## 5.0 SHOWCASED GROUP AT OUR UPCOMING SEPTEMBER MEETING

The Group to be showcased at the monthly meeting on 12th September will be **Local History** led by **Group Leader, Gordon Cleugh**.

This popular group offers speakers on many diverse aspects of the history of our county, and organises occasional outings to local places of interest.

Their next outing will be a **Guided Walking Tour of the Nottingham Lace Market on Thursday 28th September**. There are still spaces available, and the tour is also open to non-Group members.

You will need to take your own transport to the meeting place, suggested as by bus or tram, and the tour starts at 10.30am on Weekday Cross. The cost is £10.

If you wish to join them, please contact Gordon Cleugh or Anne Eldridge via the website.

**Please make a point to drop by and visit their display at the back of the church during the break.**

## Ru3a TRIPS UPDATE FROM HALINKA RAJCHEL - TRIPS CO-ORDINATOR

### TRIPS INFORMATION for September to December 2023

**IF YOU WISH TO BOOK A TRIP PLEASE SEE HALINKA RAJCHEL OR ALAN WALKER AT OUR SEPTEMBER MONTHLY MEETING OR AT A 'WEEKENDERS' GROUP MEETING.**

All trips leave the Sherwood Ranger at 9.30 a.m. and depart from the venue at approximately 3pm unless stated otherwise.

Contact details for Halinka Rajchel: Mobile: 07762 802112.

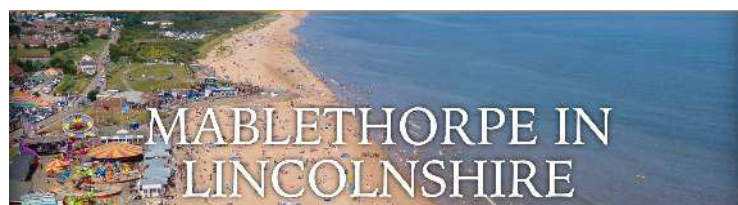
Email: [trips@ravensheadu3a.org.uk](mailto:trips@ravensheadu3a.org.uk)



**IMPORTANT NOTICE:** Once you have paid for a trip, it is very important to let Halinka know if you are unable to go for whatever reason, as we have reserve lists and members may be able to go in your place.

### MABLETHORPE 'BIG' COACH TRIP 2024

After the success of the two minicoach trips to Cleethorpes this year, we are planning an all-day trip to Mablethorpe on **Monday, 1st July 2024** in a 49 seater coach.



As this requires the u3a to pay a large deposit to the coach company before the end of the year, we are asking those interested in going to pay a £10 deposit by latest the November Monthly Meeting. The eventual cost of the ticket will depend upon the number of people who commit to go. Deposits can be paid at the Trips table at any of our monthly meetings from September onwards.

### Imperial War Museum & The Lowry Galleries in Manchester

#### 2 trips - Monday September 18th & Thursday September 21st

The cost for each trip is £15 per person with free entry to the museum and art galleries. We depart from the Sherwood Ranger at **9am**. We will leave Manchester at approx 3.30pm

It is going to be a free day for you to visit the Imperial War Museum and the Lowry Galleries, a short distance from each other. You may choose to go to the IWM first and then go for some lunch at one of the eateries and then return to the IWM or go to the Lowry Galleries. IWM exhibitions include hand crafted ceramic poppies, and a timeline with key events of global conflicts. Suggested timing for IWM is 2 hours but you may prefer a longer time.

The Lowry galleries include works by LS Lowry and other modern artists. Suggested timing for the gallery is 45 minutes. There is a cafeteria at the Imperial War Museum and plenty of other eateries very close by.

For more information please follow these links:

**IWM North** - <https://www.iwm.org.uk/visits/iwm-north>

**The Lowry** - <https://thelowry.com/visit-us/before-your-visit/>



## Ru3a TRIPS UPDATE FROM HALINKA RAJCHEL - TRIPS CO-ORDINATOR

### Tuesday October 3rd - Museum of Lincolnshire Life at Lincoln.

The cost is £10, this includes travel and a guided tour and talk in the museum.

This is a great opportunity to meet Daphne, a World War One Tank and see exhibitions and history of Lincolnshire from 1750 to the present day. As the museum is at the top of the road (Burton Road) there are numerous shops and tea rooms without having to go down the hill and back up again.

Lincoln Cathedral is about 10 minutes walk away also at the top of the hill and you may wish to visit the cathedral. There is an entrance fee for this (not included in our trip) but I understand that some parts of the Cathedral are free, e.g. to say a prayer, so you may wish to take up that opportunity.

Departing from The Sherwood Ranger at 9.30am and leaving Lincoln at approx 3pm.



### Thursday October 19th - Trent River Cruise and lunch

A two hour river cruise starting from Colwick, Nottingham along the River Trent, which also includes a two course meal. The trip is now **FULLY BOOKED**.



### Thursday November 9th - Newark.

Transport only £6 plus entrance (see below)\*

A visit to the Civil War Museum between 10.30am and 12.30, then time for food in nearby eateries before going to the Newark Cemetery for a talk and tour given by a member of the Newark Town Hall.

Admission to the Civil War Museum is £7 for concessions (If you are a member of English Heritage you have 30% off)

If you pay Council Tax to Newark and Sherwood Council you have free entry to the museum (Blidworth belongs to the Newark and Sherwood Council)

Departing from The Sherwood Ranger at 9.30am, leaving Newark at approximately 3pm.



## Ru3a TRIPS UPDATE FROM HALINKA RAJCHEL - TRIPS CO-ORDINATOR

### Friday November 24th - Southwell.

Transport only is £4

You have free time in Southwell, but there is an opportunity not to be missed which is a concert at Southwell Minster starting at 1.30pm and finishing at approx 2.15pm. This is free but donations at the end are gratefully received.

Departing from The Sherwood Ranger at 10am and leaving Southwell at approx 3pm.



### Friday December 8th - D H Lawrence Museum - Eastwood.

Transport, tour and talk £9 per person. Departing from The Sherwood Ranger at 9.30am.

The D.H. Lawrence Birthplace Museum is where this literary legend was born on 11 September 1885. Growing up in late Victorian industrial England, in the mining community of Eastwood, Lawrence surpassed all expectations of a miner's son and went on to become one of the greatest writers of the 20th century.

After the tour, we will go to the Sun Inn Pub in Eastwood for Christmas lunch. Food choices need to be made by November. Click below for the Christmas Menu :

<https://gkbr-p-001.sitecorecontenthub.cloud/api/public/content/21e04937ebdc4d42bc66d328e245d719?v=9cc7d64b>



## TRIP REFUNDS

Cleethorpes Trips - refunds for both days (5th & 6th June) are still available at the September monthly meeting. Refunds can be claimed in person from Alan Walker at the Trips Table or at the next Weekenders meeting in October.

## TRIP REPORT FROM THE VISIT TO THE NATIONAL COAL MINING MUSEUM NEAR WAKEFIELD



Thoughts on going underground with "Top Cat" Trevor....

We surrendered "contraband", anything that could cause a spark, even watches.

In return we received helmets and flashlights, then down we went, tightly packed.

140ft of dripping walls straight to the coal face.

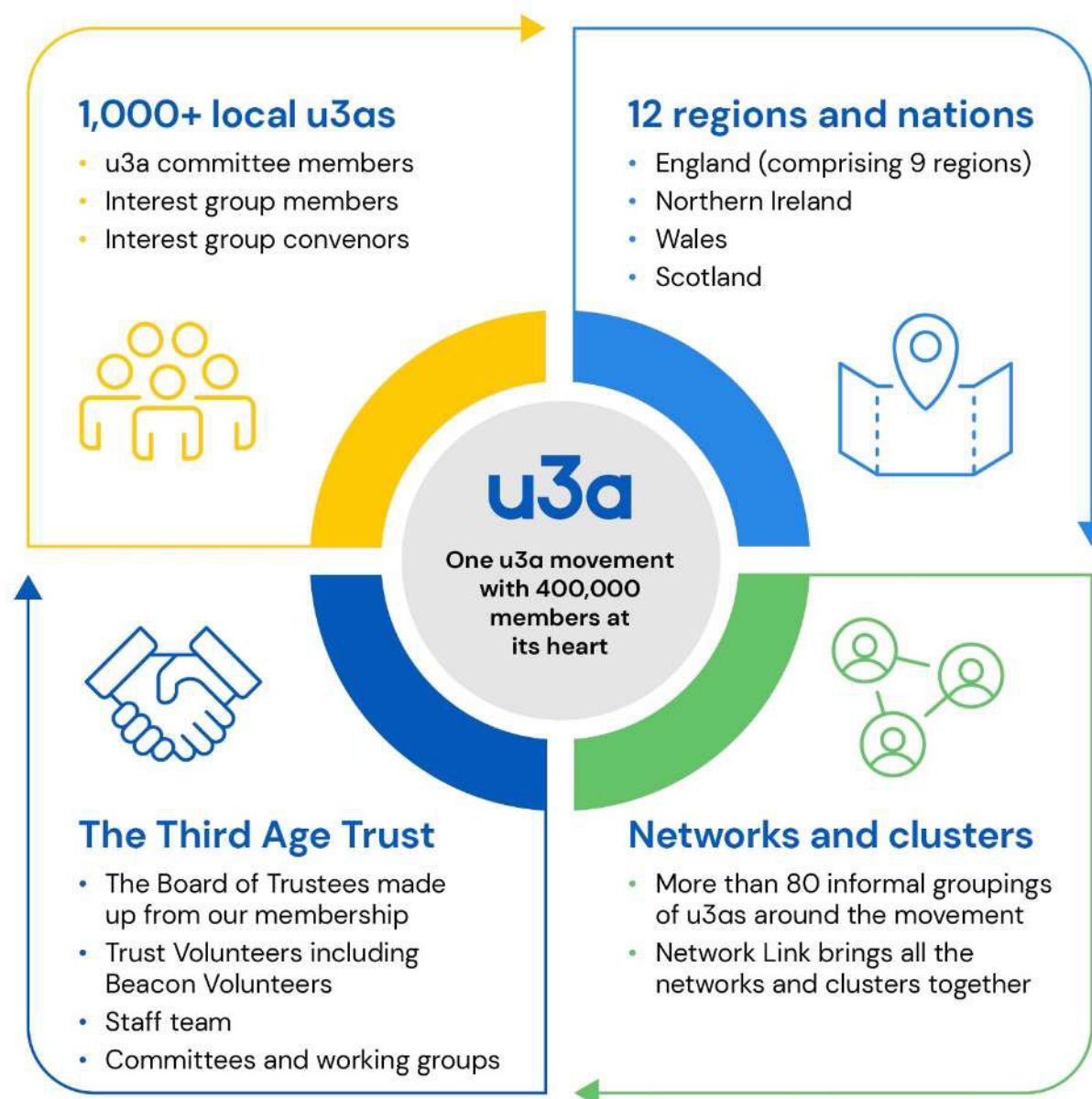
"Top Cat" led us through dark, narrow sometimes slippery tunnels explaining how "black gold" was torn from the rock. First by pick axe, later by dynamite, finally by giant machines.

We saw safety devices, canaries, Davey lamps, gas sensors. None prevented the accidents and loss of life which too often occurred.

Louise Fanfarillo

## THE u3a MOVEMENT IN THE UK - THE CURRENT NATIONAL OVERVIEW

The incredible people that make up the u3a movement have been learning together, sharing skills with each other, staying active and having fun for 40 years. Showcasing what it means to have a positive later life and leading the positive ageing conversation within the movement and beyond.



## THIRD AGE TRUST - "FIT FOR THE FUTURE" - LIZ THACKRAY



### A message from Liz Thackray, Chair of the Third Age Trust

At the end of July the Trust launched a new Facebook group :

**'Fit for the Future'** (click for link)

It has a focus on discussing governance, finance and what kind of organisational structure the Third Age Trust needs to have in order to be 'Fit for the Future'.

### THIRD AGE TRUST - FIT FOR THE FUTURE - LIZ THACKRAY

Last year, following the AGM, we introduced some of our thinking about what kind of governance structure we need moving forwards. This was to correct some of the problems with our current arrangements.

A Steering Group has been established comprising the Chair and Vice Chair of the Trust together with five Trustees and our CEO. This group has terms of reference set by the Board and reports to it.

It, in turn, is responsible for overseeing the Pilot Council which is chaired by a regional Trustee and is exploring different models for engaging the u3a membership in discussion with u3a Board members.

The core membership of the Pilot Council comprises regional and national Trustees. In addition there are representatives of Network link and the main Board committees. Each Trustee invites an additional person, not the same person each time, to attend the meetings, so as to enable different perspectives to be expressed. At present the Pilot Council has no official status, but we hope it will become an important part of our governance structure. If there is something you think the Council should be discussing about what u3as do or should be doing, please email your thoughts to [council@u3a.org.uk](mailto:council@u3a.org.uk) - who knows, you may get invited to join in a pilot council discussion.

It is early days for these developments, but just as our founders created an organisation that made the most of what society was like in the early 1980s, we need to ensure we are relevant and responding to society today

### THIRD AGE TRUST - 2023 AGM - WEDNESDAY 18th OCTOBER at 11.15am

The 40th Annual General Meeting (AGM) of the Third Age Trust will be held as a hybrid meeting allowing u3a delegates to attend in person or online. The location is at Kents Hill Park Conference Centre in Milton Keynes. Details of the items to be discussed are viewable at <https://www.u3a.org.uk/events/agm-2023>

Ravenshead u3a has two votes to cast on the two draft motions that have been submitted to the Third Age Trust, but due to a delay by the Trust in issuing the amendments to the two initial motions, your Committee will now be discussing our voting intentions at a Committee Meeting on 19th September, after which we will communicate the motions to all members, and our proposed voting intentions as a u3a.

### 'GIVE A FLYER TO A FRIEND'



We encourage you to tell your friends and neighbours about the Ravenshead u3a, and now you have something to hand to them to make talking about the u3a easier, and encouraging them to join us.

At every monthly meeting we will have available plenty of our full colour A5 size folded Ru3a Flyers for you to take away and give to your friends who may not have heard about the u3a, or don't yet appreciate what we have to offer.

**REMEMBER TO TAKE AWAY A FEW COPIES AT TUESDAY'S MONTHLY MEETING**

## RIVIERA TRAVEL "AFFINITY" CHARITY SCHEME FOR U3As

# Travelling just got better...

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Book a holiday and we  
will give 10%\* of the cost  
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Our curated tours and  
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To book call **01283 248 304** and mention your U3A  
Visit [rivieratravel.co.uk/U3A](https://rivieratravel.co.uk/U3A)



\*Some elements are not commissionable - for full details on the affinity offer, visit [rivieratravel.co.uk/affinity](https://rivieratravel.co.uk/affinity)  
Please remember to mention your U3A when you book. Riviera Travel retain the right to withdraw this offer at any time.

**RIVIERA TRAVEL "AFFINITY" CHARITY SCHEME FOR U3As**

Riviera Travel operate the "Affinity" Charity Scheme with all u3a's across the country in association with the Third Age Trust. This is how it works :

As a u3a Member you make a booking by contacting Riviera Travel directly, and simply mention you want to claim the Affinity Commission for Ravenshead u3a.

At the end of your holiday, Riviera Travel will pay 10% commission to the Third Age Trust. After deducting a 1% handling fee, the Third Age Trust will pass the remaining 9% commission on to Ravenshead u3a.

For information on holidays with Riviera Travel call : 01283 248 304 or visit [www.rivieratravel.co.uk/U3A](http://www.rivieratravel.co.uk/U3A)

Please Note : The commission payment is not payable on bookings made through a travel agent or a third party booking site.

Ravenshead u3a is not endorsing Riviera Travel as a supplier of holidays. No committee member/trustee will receive any benefit or incentive from Riviera Travel.

Donations from this scheme are paid solely to Ravenshead u3a, they are not payable to the individual who made the booking.

**RAVENSHEAD READY CALL****Neighbours helping Neighbours since 1996**

Ravenshead is a lovely place to live and we are lucky to have so many amenities on our doorstep.

However, if you don't own a car or can no longer drive for whatever reason, getting to and from hospital or health appointments, going shopping, visiting the Chemist, Post Office or even the hairdresser, can be extremely difficult.

The roads are long and hilly. This is where Ready Call can help!

Please Note : We are a small but very active Good Neighbour Scheme with a group of willing volunteers who can help with transport, shopping or prescription deliveries.

There is a dedicated phone line on **01623 490749** to speak to Ready Call or for you to leave a message if we can't get to the phone.

**We are Happy to Help if We Can!**



**Karen Goodwin**

**Ready Call Coordinator**

**HUCKNALL & DISTRICT U3A - ROCKS & FROCKS**

**Hucknall u3a** are having a function starting at **7.45pm on the 23rd September** at the John Godber Centre in Hucknall, with entertainment and dancing featuring a local group **Rocks and Frocks**, who will be performing 50's & 60's songs, to which all Ravenshead u3a members are cordially invited.

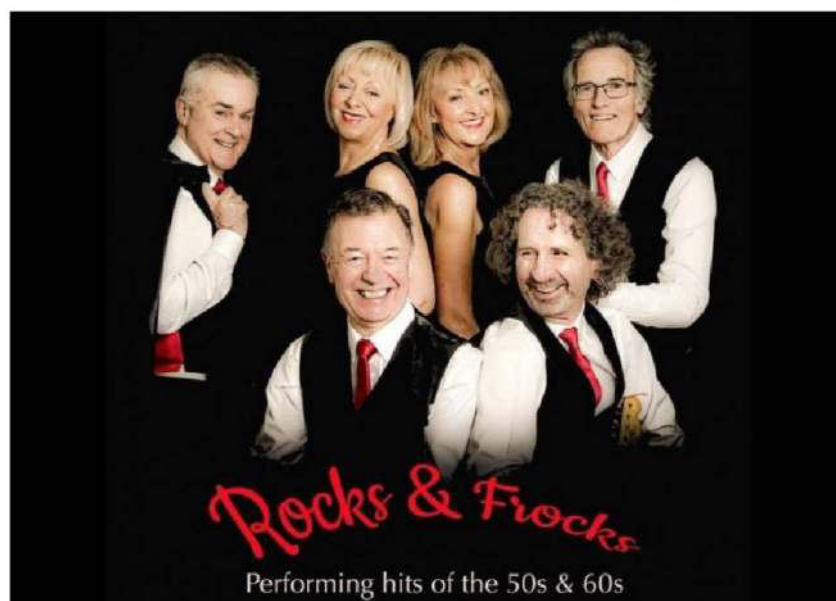
**Tickets cost £8** but there will be no catering, so you will need to bring your own food and snacks.

To purchase tickets, please contact David Rose by email at [davidrose98835@gmail.com](mailto:davidrose98835@gmail.com)



## **HUCKNALL & DISTRICT u3a**

invites you to an evening  
of entertainment & dancing with



### **Saturday 23<sup>rd</sup> September 2023**

At the John Godber Centre  
from 7.45pm until 10.00pm  
(Doors will open at 7.15pm)



Tickets will on sale for **£8** at the **August & September** Monthly Meetings

**There will be no catering at this event  
but you are welcome to bring your own food**

**50s /60s Fancy Dress - Optional**



## NEW SPRING BREAK HOLIDAY TRIP IN CONJUNCTION WITH ASHFIELD U3A

Caroline Rhoades from Ashfield u3a is now taking bookings for a **u3a Bespoke Spring Holiday Break** leaving on **15th March 2024**.



It will be 7 days Half Board at the **Cavendish Hotel, Exmouth, Devon**

The hotel is located on the sea front only a few minutes walk to the main shopping centre

All rooms are warm and comfy, fully centrally heated with en suite private facilities and tea and coffee making, and free wifi.

The hotel has a lift, modern restaurant, bar and lounge with entertainment most evenings

Included are 3 full day excursions

\* Sidmouth & Bickton Park and Gardens



\* Exeter and cruise on the river Exe

\*Mystery day trip out

Don't forget to bring your bus pass so you can explore independently!!



The coach will pick up at Newstead Abbey Gates and Kirkby.

**Cost: £345 pp sharing twin or double, or £345 Single room no supplement.**

**Sea view supplement £35 pp**



This tour has been arranged with Alfa Travel, they are members of Bonded Travel Organisers Trust ABTOT. Winner of British Coach Travel Awards, and Caroline has been using this company since 2012.

**Deposit of £60 pp** : cheques made out to Alfa Travel .

For further information and to book contact Caroline Rhoades at : [crhoades159@gmail.com](mailto:crhoades159@gmail.com) or on 07724210563 who will also be in attendance at our September meeting

**CHRISTMAS IS COMING.....****This year we will not be having a General Meeting in December**

Instead, on **Tuesday 12th December** we will be holding a seated **Christmas Social Lunch** starting at 12.00 for 12.30pm, in the adjacent **Centre at St Peter's**, which has a maximum capacity of 100.

There will be seasonal videos and entertainment on screen, and competitive Table Games and Quizzes in the room.

As there are a number of fully catered hot Christmas lunches happening in the same venue during the same week, such as the Centre Christmas Lunch the following day, to which many u3a members are likely to be attending, your committee has decided that, like last year, the food provided will be sandwiches and a dessert.

Attendance will be restricted to those paying for the lunch, available on a first come, first served, ticketed basis.

At this stage, to help us with planning our catering arrangements, please indicate if you wish to attend on the day by registering an "**Expression of Interest**" on forms laid out on the front tables at our September Monthly Meeting.

At this moment in time we do not have a price per head, as this depends on the total numbers attending, BUT will hopefully be no more than £10.

**AND FINALLY...**

We look forward to seeing many of you at our next monthly meeting on **Tuesday 12th September at 10am**

*John Butler*

Chairman

On behalf of the Committee of Ravenshead u3a