

## U3a Week Celebrations!



The National **u3a Week** Celebrations now take place each year in September, and this year it is from 16th-24th September.

Ravenshead u3a will be holding a **u3a Day Coffee Meet & Greet** on **Saturday 23rd September from 10.30am to 12.30pm** at the Centre at St Peter's in Sheepwalk Lane.

The emphasis will be on creating a warm and friendly atmosphere for both members and guests to drop-in and chat, enjoy refreshments together, and see displays about the activity and interest groups we offer to members.

**Please come along on the day and support us!**



## MONTHLY MEETING - 10 am on TUESDAY 8th AUGUST 2023

Our next monthly meeting will take place on Tuesday 8th August at 10am at St Peter's Church on Sheepwalk Lane, Ravenshead, and will feature **Mark Lonsdale** from the **Nottinghamshire Police** as our keynote speaker.

**u3a** learn, laugh, live  
**August Meeting Keynote Speaker**  
**Tuesday 8th August 2023**

**Mark Lonsdale**  
**Protect Yourself from  
Cyber Crime!**



Following on from the presentation in May by Dale Richardson & Lucy Kennedy covering Identity Theft, Online Transactions and Phone Scams, Mark will be covering how you can specifically protect yourself from becoming a victim of Cyber Crime.

Join us for an enjoyable meeting with refreshments and socialising in the break, plus news of Ru3a events & trips!

**And remember to bring your reusable mug for your hot drink.**



## Showcased Group for August

### Latin & Roman History

Drop by the Showcase Table at the the rear of the Church at the August Monthly Meeting



### GROUPS UPDATE FROM ANNE ELDRIDGE GROUPS CO-ORDINATOR

If anyone needs any further information on the following, please contact Anne by email at : [groups@ravensheadu3a.org.uk](mailto:groups@ravensheadu3a.org.uk) or the relevant Group Leader via the website.

#### 1. FAMILY HISTORY - REVIVED GROUP

The group is still in process of being formed and details of venue, times etc will be announced as soon as possible. Jenny Kerr will be the new Group Leader, ably assisted by Vicky Devlin as her deputy.

#### EXPRESSIONS OF INTEREST

If anyone is interested in joining one of these proposed Groups, please contact Anne. If you don't hear from Anne for a while it's because she is beavering away behind the scenes.

2.1. Running - No experience necessary, running up to 5km. It's for both men & women, and all you need are appropriate running shoes. Sessions will be local and held in the daytime.

2.2. Dog Friends - Dog owners who wish to meet like minded members to share ideas, places that welcome dogs, maybe organise joint human/doggie outings

2.3. Play Reading

2.4. Classical Guitar

2.5. Electric Guitar

2.6. Cycling - Open to anyone who has an interest in cycling. Length of rides etc will be decided by interested members.

#### MOST RECENTLY FORMED GROUPS

##### 3.1 WRITING FOR FUN!

The Group meets at 2pm on the first Thursday of the month for a two hour session. No experience is necessary. Meetings are currently held in a room at the Ravenshead Leisure Centre, but the **VENUE MAY CHANGE** shortly. Numbers are limited, so it is suggested that, if you are interested in joining, that you contact the Group Leader, Halinka Rajchel, via the website.

##### 3.2 HOLIDAY SPANISH

This Group meets in a room at the Ravenshead Leisure Centre on the first and fourth Tuesdays of every month from 11am to until 12 noon. Numbers may be limited, so it is suggested that you contact the Group Leader, Judith Moore, via the website.



## GROUPS UPDATE FROM ANNE ELDRIDGE - GROUPS CO-ORDINATOR

### 3.3 PETANQUE

Meets at the Ravenshead Leisure Centre on the first and third Thursday of every month, 11am until 12 noon. No experience is necessary but flat shoes and sensible clothing are required as play is outdoors. Just turn up if you are interested.

### 3.4 SALSA

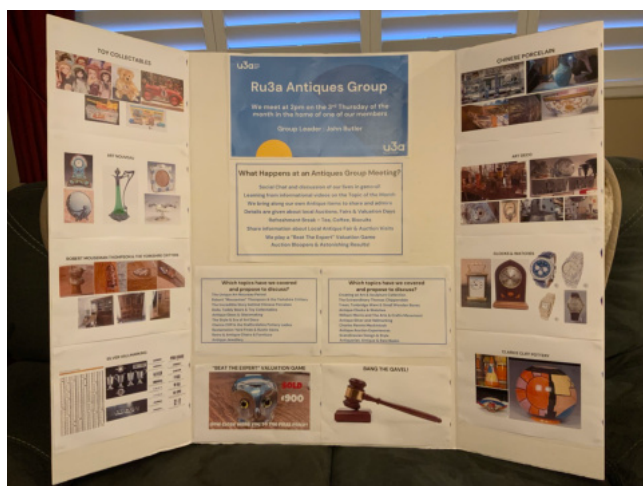
Meet in the Ravenshead Village Hall once a month on 4<sup>th</sup> Wednesday of every month from 12 noon until 1 pm. No experience is necessary and the sessions are open to both men and women - you don't need a partner. Comfortable shoes are a good idea. Just turn up if you are interested.

### 3.5 HAPPY TO SHARE

This is not really a new Group but a side shoot of the existing Garden Group. This offers an on-line opportunity for Garden Group members to share cuttings and excess plants, thereby saving money and reducing waste. Contact Mike Fanfarillo or Elizabeth Clarkson, via the website, if you are interested.

### 4.0 SHOWCASED GROUP OF THE MONTH

Our Showcased Group at the last monthly meeting was the **Antiques Group**, and Group Leader John Butler reports that their numbers were swelled by new member interest.



Their display highlighted the format of their monthly home meetings, as well as the range of topics they have covered in the past and have scheduled for the future.

Their meetings take place on the third Thursday of the month at 2pm, and the August antiques topic at their meeting on 17th August will be Antique Copper, Bronze, Brass, Pewter & Spelter items.



The Showcase Group at the August Monthly Meeting will be the **LATIN & ROMAN HISTORY** group, led by David Morton, who has recently published a new book "Rome and the Beginning of the Empire".

Make a point to drop by and visit their display at the back of the church, and talk to David & Sue Owen.

## Ru3a TRIPS UPDATE FROM HALINKA RAJCHEL - TRIPS CO-ORDINATOR

### TRIPS INFORMATION for August to December 2023

**PLEASE NOTE THAT BOTH HALINKA RAJCHEL & ALAN WALKER WILL NOT BE AT THE AUGUST MONTHLY MEETING.**

**IF YOU WISH TO BOOK A TRIP PLEASE BRING A SEALED ENVELOPE INCLUDING EITHER CASH OR CHEQUE, WITH YOUR NAME(S) AND THE TRIP NAME ON THE FRONT.**



All trips leave the Sherwood Ranger at 9.30 a.m. and depart from the venue at approximately 3pm unless stated otherwise.

Contact details for Halinka Rajchel: Mobile: 07762 802112. Email: [trips@ravensheadu3a.org.uk](mailto:trips@ravensheadu3a.org.uk)

**IMPORTANT NOTICE:** Once you have paid for a trip, it is very important to let Halinka know if you are unable to go for whatever reason, as we have reserve lists and members may be able to go in your place.

**There are now two trips to the Imperial War Museum & The Lowry Galleries in Manchester.**

**Monday September 18th**

**Thursday September 21st**

The cost for each trip is £15 per person with free entry to the museum and art galleries. We depart from the Sherwood Ranger at **9am**. We will leave Manchester at approx 3.30pm

It is going to be a free day for you to visit the Imperial War Museum and the Lowry Galleries, a short distance from each other. You may choose to go to the IWM first and then go for some lunch at one of the eateries and then return to the IWM or go to the Lowry Galleries. You may choose your own timings and events.

IWM exhibitions include hand crafted ceramic poppies, and a timeline with key events of global conflicts. Suggested timing for IWM is 2 hours but you may prefer a longer time.

The Lowry galleries include works by LS Lowry and other modern artists. Suggested timing for the gallery is 45 minutes. There is a cafeteria at the Imperial War Museum and plenty of other eateries very close by.

Departure is at 9am from the Sherwood Ranger for both trips.

For more information please follow these links:

**IWM North** - <https://www.iwm.org.uk/visits/iwm-north>

Alternatively search "Imperial War Museum" select IWM North

**The Lowry** - <https://thelowry.com/visit-us/before-your-visit/>

Alternatively search "thelowry".



## Ru3a TRIPS UPDATE FROM HALINKA RAJCHEL - TRIPS CO-ORDINATOR

### Tuesday October 3rd - Museum of Lincolnshire Life at Lincoln.

The cost is £10, this includes travel and a guided tour and talk in the museum.

This is a great opportunity to meet Daphne, a World War One Tank and see exhibitions and history of Lincolnshire from 1750 to the present day. As the museum is at the top of the road (Burton Road) there are numerous shops and tea rooms without having to go down the hill and back up again.

Lincoln Cathedral is about 10 minutes walk away also at the top of the hill and you may wish to visit the cathedral. There is an entrance fee for this (not included in our trip) but I understand that some parts of the Cathedral are free, e.g. to say a prayer, so you may wish to take up that opportunity.

Departing from The Sherwood Ranger at 9.30am and leaving Lincoln at approx 3pm.



### Thursday October 19th - Trent River Cruise and lunch

A two hour river cruise starting from Colwick, Nottingham along the River Trent, which also includes a two course meal. The organised RCT transport to the venue is **FULL**, but you can still join the trip.

The cost of the river cruise and lunch is £19 but you will need to get to Colwick using your own transport.



### Thursday November 9th - Newark.

Transport only £6 plus entrance (see below)\*

A visit to the Civil War Museum between 10.30am and 12.30, then time for food in nearby eateries before going to the Newark Cemetery for a talk and tour given by a member of the Newark Town Hall.

Admission to the Civil War Museum is £7 for concessions (If you are a member of English Heritage you have 30% off)

If you pay Council Tax to Newark and Sherwood Council you have free entry to the museum (Blidworth belongs to the Newark and Sherwood Council)

Departing from The Sherwood Ranger at 9.30am, leaving Newark at approximately 3pm.





## Ru3a TRIPS UPDATE FROM HALINKA RAJCHEL - TRIPS CO-ORDINATOR

### Friday November 24th - Southwell.

Transport only is £4

You have free time in Southwell, but there is an opportunity not to be missed which is a concert at Southwell Minster starting at 1.30pm and finishing at approx 2.15pm. This is free but donations at the end are gratefully received.

Departing from The Sherwood Ranger at 10am and leaving Southwell at approx 3pm.



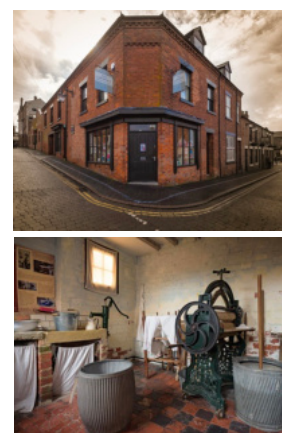
### Friday December 8th - D H Lawrence Museum - Eastwood.

Transport, tour and talk £9 per person.

The D.H. Lawrence Birthplace Museum is where this literary legend was born on 11 September 1885. Growing up in late Victorian industrial England, in the mining community of Eastwood, Lawrence surpassed all expectations of a miner's son and went on to become one of the greatest writers of the 20th century.

After the tour, we will go to the Sun Inn Pub in Eastwood for Christmas lunch.

Departing from The Sherwood Ranger at 9.30am.



## TRIP REFUNDS

Cleethorpes Trips - refunds for both days (5th & 6th June) will be available at/until the September monthly meeting. Refunds are to be claimed in person from Alan Walker at the Trips Table at our Monthly Meetings, **although he will not be at our August Meeting**, so no refunds will be issued this month.

## KENT PALACES & CASTLES COACH HOLIDAY

At the beginning of July, a large group of our members joined Ashfield u3a for a 5 day coach holiday organised by Alfa Travel. From their base at a hotel in Gillingham, they visited two stately homes and a castle in Kent. The feedback from all those who went on the holiday was very positive.

### CHARTWELL



### LEEDS CASTLE



### PENSHURST PLACE



**'GIVE A FLYER TO A FRIEND'**

We encourage you to tell your friends and neighbours about the Ravenshead u3a, and now you have something to hand to them to make talking about the u3a easier, and encouraging them to join us.

At every monthly meeting we will have available plenty of our full colour A5 size folded Ru3a Flyers for you to take away and give to your friends who may not have heard about the u3a, or don't yet appreciate what we have to offer.

**REMEMBER TO TAKE AWAY A FEW COPIES AT TUESDAY'S MONTHLY MEETING**

**NOTTINGHAMSHIRE NETWORK OF U3As**

There are 34 u3as in the Nottinghamshire, and 32 (including ours) belong to the Network.

Network representatives (usually local u3a chairs) meet four times a year to share ideas, offer mutual support and organise countywide events.



Our immediate past Chair, **Maria Gabrielczyk**, has now joined the Notts Network as a trustee, and has taken on responsibility for producing the Network's bi-monthly

**"Newsbites"** Magazine, a copy of which will be sent to you by email in a week's time.

**THIRD AGE TRUST - 2023 AGM - WEDNESDAY 18th OCTOBER at 11.15am**

The 40th Annual General Meeting (AGM) of the Third Age Trust will be held as a hybrid meeting allowing u3a delegates to attend in person or online. The location is at Kents Hill Park Conference Centre in Milton Keynes. Details of the items to be discussed are viewable at <https://www.u3a.org.uk/events/agm-2023>

Ravenshead u3a has two votes to cast on the two draft motions that have been submitted to the Third Age Trust, and your Committee will be discussing our voting intentions at a Committee Meeting on

15th August, after which we will communicate the motions to all members, and our proposed voting intentions as a u3a.



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or call 01283 742 322

Bookings for individuals as well as groups are accepted. Some elements are not commissionable - for full details on the affinity offer, visit [rivieratravel.co.uk/affinity](https://rivieratravel.co.uk/affinity). Please remember to mention your U3A when you book. The commission will be paid to the Third Age Trust in the month following that of the departure who will then forward (less their fee) to the appropriate U3A. \*Drinks offer applies to all European river cruises departing between 1 July - 31 August 2023. †River cruises of 8 days or more and groups of 8+. Riviera Travel retain the right to withdraw this offer at any time.



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**RIVIERA TRAVEL "AFFINITY" CHARITY SCHEME FOR U3As**

Riviera Travel operate the "Affinity" Charity Scheme with all u3a's across the country in association with the Third Age Trust. This is how it works :

As a u3a Member you make a booking by contacting Riviera Travel directly, and simply mention you want to claim the Affinity Commission for Ravenshead u3a.

At the end of your holiday, Riviera Travel will pay 10% commission to the Third Age Trust. After deducting a 1% handling fee, the Third Age Trust will pass the remaining 9% commission on to Ravenshead u3a.

For information on holidays with Riviera Travel call : 01283 248 304 or visit [www.rivieratravel.co.uk/U3A](http://www.rivieratravel.co.uk/U3A)

Please Note : The commission payment is not payable on bookings made through a travel agent or a third party booking site.

Ravenshead u3a is not endorsing Riviera Travel as a supplier of holidays. No committee member/trustee will receive any benefit or incentive from Riviera Travel.

Donations from this scheme are paid solely to Ravenshead u3a, they are not payable to the individual who made the booking.

**GILLY HAGEN BEM****Gilly Hagen BEM**

Gilly Hagen, the leader of our Cinema & Theatre Visits Group, was awarded the **British Empire Medal** in the King's Birthday Honours List for services to the Community including voluntary service in the Redesign of Cancer Pathway Services, Patient Representation & 'Blidworth on the Move'.

**AND FINALLY.....**

We look forward to seeing many of you at our next monthly meeting on **Tuesday 8th August at 10am**

*John Butler*

Chairman

On behalf of the Committee of Ravenshead u3a