

MONTHLY MEETING – 10.00 a.m. on TUESDAY 13 JUNE 2023

Our next monthly meeting will be our AGM and will take place on Tuesday 13 June at 10 a.m. at St Peter's Church on Sheepwalk Lane, Ravenshead. It would be helpful if you would bring with you your own copy of the AGM documents all of which (Agenda, Draft Minutes of the 2022 AGM, independently examined accounts) are on our website under the heading "News & Events". Alternatively, and to save paper why don't you make them available on a tablet or other device. There will be a few printed copies available. The agenda is reprinted below.

After the formal AGM part of the meeting there will be some surprises which we hope you will enjoy.

Please join us for some social interaction with refreshments and to hear news of Ru3a events!

And please remember to bring your reusable mug for your hot drink.

For all information about our events, groups and trips please visit our website:

<https://www.ravensheadu3a.org.uk>

<p>u3a Ravenshead learn, laugh, live Charity registration 1154123</p>	<p>Annual General Meeting of the Ravenshead u3a Tuesday 13 June 2023 at 10 a.m. St Peters Church, Sheepwalk Lane, NG15 9FD AGENDA</p>
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1. Welcome
2. Apologies for absence
3. Minutes of the AGM on 12 July 2022
4. Matters arising
5. Chairman's Report on behalf of the Trustees
6. To receive the annual accounts for 2022 (*1 January to 31 December 2022*). If you have a question please email it by Friday 9 June 2023 to Sue Owen, Treasurer: ru3asue@outlook.com
7. To approve the appointment of an Independent Examiner – proposal that local member Ralph Chapman (Principal HMRC ret'd) be appointed
8. Motions (*to be received by John Butler, Business Secretary, by Friday 12 May 2023: ravensheadu3a@gmail.com*)
9. Election of the Committee 2023/24 and election results (*nominations to be received by John Butler, Business Secretary, by Friday 12 May 2023: ravensheadu3a@gmail.com*)
10. Date of next AGM – Tuesday 14 May 2024 (*this is a provisional date only*)

GROUPS UPDATE FROM ANNE ELDRIDGE, OUR GROUPS CO-ORDINATOR

If anyone needs any further information on the following, please contact me by email on annelesley.eldridge@gmail.com or the relevant Group Leader via the website.

1. NEW GROUPS

1.1. Writing for Fun

The Group will meet monthly for a two hour session. The Group is suitable for all types of writers (whether that is poetry, stories, articles etc). No experience is necessary. Meetings will be held monthly at the Cornwater Leisure Centre starting on Thursday 6th July.

Numbers are limited but a few spaces are available and we will start a Waiting List of other interested people.

1.2. Holiday Spanish

This Group meets at the Cornwater Leisure Centre on the first and fourth Tuesday of every month from 11 a.m. until 12 noon.

2. EXPRESSIONS OF INTEREST

If anyone is interested in joining one of these proposed Groups, please contact me.

- 2.1. Running – No experience necessary, running up to 5K. Men & women, all you need are appropriate running shoes. Sessions will be local and held in the daytime.
- 2.2. Dog Friends – Dog owners who wish to meet like minded members to share ideas, places that welcome dogs, maybe organise joint human/doggie outings
- 2.3. Play Reading
- 2.4. Classical Guitar
- 2.5. Electric Guitar
- 2.6. Happy to Share – not really a new Group but a side shoot of the existing Garden Group. This will offer an on-line opportunity for Garden Group members to share cuttings and excess plants, thereby saving money and reducing waste.

3. MOST RECENTLY FORMED GROUPS

Both of these Groups still have spaces for new members. If you fancy trying them, just turn up to a meeting and give it a try.

- 3.1. Petanque – Meets at the Cornwater Leisure Centre on the first and third Thursday of every month, 11 a.m. until 12 noon. Next meeting Thursday 15th June. No experience is necessary but flat shoes and sensible clothing required as play is outdoors.
- 3.2. Salsa – Meet in the Village Hall once a month from 12 noon until 1 p.m.

Next meeting is 28th June. No experience necessary and open to both men and women – you don't need a partner. Comfortable shoes a good idea.

4. SHOWCASE OF THE MONTH

At our monthly meeting last month, we showcased the Thursday Walking Group. This Group started in the same week as our first Ravenshead u3a meeting and, with the exception of Lockdown, have continued with their monthly walks ever since. This is a very social Group who love chatting to each other as they walk between 3 and 5 miles in different places in Nottinghamshire.

We will be showcasing a different Ravenshead u3a Group at every monthly meeting – wonder who it will be at the June event? I am told there may be 'samples' available so the June meeting could be very interesting.

Anne Eldridge
Annelesley.eldridge@gmail.com
Ru3a Groups Co-ordinator

TRIPS UPDATE FROM OUR TRIPS CO-ORDINATOR, HALINKA RAJCHEL

Important message from Alan Walker our social account treasurer

Seven members who went on the Richard III trip need to collect their refunds (£2.00 pp) and nine members who went to Melton Mowbray also need to collect their monies.

Trips information June to October 2023

All trips leave the Sherwood Ranger at 9.30 a.m. and depart from the venue at approximately 3 p.m. unless stated otherwise.

Contact details for Halinka Rajchel:
Mobile: 07762 802112
Email: halijo@talktalk.net

IMPORTANT NOTICE: Once you have paid for a trip, it is very important to let me know if you are unable to go for whatever reason as we have reserve lists and another member may be able to go in your place.

Bakewell Saturday June 24th – Bakewell International Day of Dance

This trip is FULL but we are keeping a reserve list

We depart from the Sherwood Ranger at 9 a.m. Cost of travel is £7

There are numerous dance shows starting at 11 a.m. in various outside venues in the town all within two minutes walking distance from each other. There is also the farmers market and an opportunity to view a well dressing in Bakewell. An

opportunity not to be missed.

A full programme of events is available on the Internet – just follow this link:

<https://www.bakewelldayofdance.co.uk>

The dance shows finish at approx 4pm. If we have rain, the dances will be held in the town hall.

Thursday July 13th Veolia Recycling Centre

Organised by Chris Dean (assisted by John Butler)

Members have to make their own way there and meet punctually at 10 a.m. at the venue:

Veolia, Warren Way, Crown Farm Industrial Park, Forest Town, Mansfield NG19 0FL

There is no charge. The visit lasts 2 hours.

The working site is only accessible by an outdoor gridded metal staircase and consequently is not considered suitable for wheelchair users or visitors with mobility issues.

The staircase is quite steep and, whilst most visitors do not have any difficulty in using this, it may make some visitors reluctant to take part.

Sensible flat, covered footwear or walking boots must be worn by all visitors. Hard hats and high visibility jackets will be provided for the site tour. As this is a working industrial site, all members taking part will be issued with a site-specific risk assessment to read and acknowledge prior to the visit.

There will be a sign-up sheet on the trips table at Tuesday's AGM.

Following the visit, Chris Dean is organising an informal lunch at the Widecombe Fair Pub & Grill near the Oak Tree crossroads, but needs to know numbers in order to reserve places. If you wish to join those dining, please email her at childad38@gmail.com before Monday 10th July to reserve a place.

NEW TRIP Wednesday July 19th

Open Day at Canine Partners, near Loughborough, Leicestershire.

Assistance Dogs (Displays and information, fun and refreshments).

We are using Our Centre Bus from Kirkby in Ashfield as Village Bus is not available.

Open Day is from 10-12 so we will leave at 9am.

16 places available, cost is £13.

After the open day, we will proceed to The King's Arms at Hathern, for a pub lunch.

The menu will be emailed to those trippers who put their names down.

Wakefield National Mining Museum Wednesday August 2nd.

*** One place available ***

We depart from the Sherwood Ranger at 9 a.m.

Cost for entry and travel is £15.

An underground tour of the mine is included and this lasts for 1 hour and 20 minutes.

There are various exhibitions and stories relating to the coal mining industry and these are in the museum on ground level.

Those members not going on the underground tour of the mine the cost for entry and travel is £10.60.

There is a cafeteria on site but if you prefer, you may bring your own packed lunch.

Thursday September 21st – Manchester – Imperial War Museum (opening times 10 a.m. to 5 p.m.) and The Lowry Galleries (11 a.m. to 5 p.m.)

*** One place available ***

The cost for travel is £15 with free entry to the museum and art gallery.

IWM exhibitions include hand crafted ceramic poppies, timeline with key events of global conflicts. Suggested timing for IWM is 2 hours but you may prefer a longer time.

Lowry galleries include works by LS Lowry and other modern artists. Suggested timing for the gallery is 45 minutes.

For more information please follow these links:

[Visit IWM North – Plan Your Visit | Imperial War Museums](#)

[Theatre, Exhibitions & Events | Greater Manchester | The Lowry](#)

Alternatively search “Imperial War Museum” select IWM North) and “thelowry”.

There is a cafeteria at the museum and plenty of other eateries very close by.

It is going to be a free day for you to visit the Imperial War Museum and the Lowry Galleries, a short distance from each other. You may choose to go to the IWM first and then go for some lunch at one of the eateries and then return to the IWM or go to the Lowry Galleries. You may choose your own timings and events.

We depart from the Sherwood Ranger at 9 a.m.

We will leave Manchester at approx 3.30 p.m.

Thursday October 19th Trent River Cruise and lunch

A two hour river cruise starting from Colwick, Nottingham along the River Trent.

This also includes a two course meal.

Cost of trip including lunch, cruise and travel is £24.

There are no places available on the community bus but you may use your own transport and join our group on the cruise. The cost excluding travel (the two course meal and cruise) is £19.

Halinka Rajchel

Ru3a Trips Co-ordinator

ANGELA RIPPON INVESTIGATES WALKING CRICKET

Coming up on The One Show on Tuesday 20 June – Walking Cricket!

Angela Rippon meets Barnsley & District u3a's Mac McKechnie, the driving force behind this growing sport. Following appearances on Look North and Calendar and in print in The Guardian, the BBC's One Show picked up his story. Angela Rippon went to Dodworth and spent a day filming Mac and the Bu3a v Wakefield u3a walking cricket match.

The results will be broadcast on The One Show on Tuesday 20 June, 7pm, BBC 1 to coincide with the start of the Ashes Tour.

Can we introduce walking cricket to the members of the Ravenshead u3a?

We look forward to seeing many of you at our AGM and monthly meeting
on Tuesday 13 June at 10 a.m.

Maria Gabrielczyk

Chairman

On behalf of the committee