








Date	<p style="text-align: center;">Walk</p> <p style="text-align: center;">Please phone the walk leader if you intend to come on a walk</p>
<p>Tue 1st Oct</p> 	<p>Great Mitton – 5.5 miles – leisurely Meet at the Phantom Winger at 10.00am and bring a picnic. This is a low-level walk taking in stretches of three rivers – the Ribble, Hodder and Calder. Some areas close to the rivers could be a bit wet/muddy depending on the weather. Parking, toilets and refreshments are available in Great Mitton. Walk Leader Tony Cheetham (01772 759415 or mobile 07425 172750)</p>
<p>Mon 21st Oct</p> 	<p>Cringlebarrow – 5 miles – leisurely Meet at Phantom Winger at 10.00am and bring a picnic. We start and finish at Cinderbarrow. This is a varied walk that passes along the Lancaster canal and through fields along bridleways. There is an ascent of Cringlebarrow Wood before reaching Yealand and returning to Cinderbarrow. As is usually the case with our walks, it could be muddy after rain. Walk Leader Suzanne Macalpine (01772 717489)</p>
<p>Tue 5th Nov</p> 	<p>Around Tockholes – 4.5 miles – leisurely Meet at Bamber Bridge B & Q at 10.00am to share cars. We start and finish at Vaughan's Country Park Café. It is an easy walk through woods and around reservoirs. You could either eat at Vaughan's at the end of the walk or bring a picnic. Walk Leader David Hankinson (01772 747671)</p>
<p>Mon 18th Nov</p> 	<p>Rivington & Terraced Gardens – 4.5/5 miles – moderate Meet at B & Q Bamber Bridge at 10.00am. Bring a picnic if preferred, if the weather is good we can enjoy it at the top. There are toilets and a café at the start and finish of the walk. Starting from the Great House Barn taking in woodland, pasture, terraced gardens, abandoned follies, a reservoir and Liverpool Castle. It is all on paths, no stiles just kissing gates. There are gradual steep inclines but these are by stone steps going up. There is no rush to get to the top but the fantastic viewpoint from the pigeon tower is worth the climb. Walk Leaders Dave and Betty Stevens (01772 313008)</p>
<p>Tue 3rd Dec</p> 	<p>Leisurely Walk and Lunch – about 4 miles –leisurely This is to be arranged. Further details will follow. Walk Leaders Tony Cheetham (01772 759415) and David Parker (01772 717128)</p>
<p>Mon 16th Dec</p> 	<p>No walk</p>
<p>Tue 7th Jan</p> 	<p>Yarrow Valley – 4.5 miles – leisurely with minor ups and downs Meet at B & Q Bamber Bridge at 10.00am. Either bring a picnic to eat after the walk or have a snack lunch at the Treeface Café at the car park from where we start the walk. The walk follows the river upstream sometimes through woodland and sometimes through open fields, returning by a slightly different route. Walk Leader Chris Kitchen (01772 678824 or mobile 07443 033162)</p>