

# Newsletter

## July & August 2019

Web: [www.porthcawlu3a.org](http://www.porthcawlu3a.org)

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# Porthcawl



THE UNIVERSITY OF THE THIRD AGE

### From the Chair

I need to start this month's message with a bunch of thanks!

First to Doug for organising a superb Study Day, 80 people attended, listened to 3 magnificent speakers and enjoyed a lovely lunch in great company.

Secondly, I have to thank Jeff and our many group leaders for their work on our Open Day. Trinity Hall was buzzing as people popped in and learned about us as a U3A.

Lastly, I have to thank all of you who attended these events. Members who came to see what's going on in groups other than those they usually attend and all the people who came for the first time and left as new or potential members. Total 34 at the latest count - a very successful day - We welcome you all.

You may not know this but in 2020 Porthcawl U3A will reach its 25th anniversary. We obviously want to mark this important occasion and we would like every one of our 500 members to celebrate at an appropriate event. To this end we have brought together a group to work on organising a series of suitable events in addition to our usual programme and we would welcome comments and suggestions from you.

We would like to point out that various members of the committee are available for questions or discussion, privately or publicly, before our monthly meetings at the Hi-Tide. We usually entertain our guests to lunch after they have set up for their talks. Come and join us either for lunch or just for a coffee in the bar!

Sally A Corbett, Chair, Porthcawl U3A

**Wednesday 3<sup>rd</sup> July - 2.15pm at the Hi-Tide  
Talk by Rob Taylor  
The Dambusters Welsh Connection**

This month's talk on Wednesday 3<sup>rd</sup> July will be delivered by Rob Taylor of Porthcawl Museum and Arts Society. Rob will describe the training that went on in Wales, the aircrew with Welsh connections and the involvement in Wales of bomb designer Barnes Wallis.

Do come along if you can.

### Contacts

Chair:

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email: [sec@porthcawlu3a.org](mailto:sec@porthcawlu3a.org)

**Please submit all entries for the September Newsletter by Thursday 22 August at the latest, to allow for prompt compilation, printing and distribution.**

Thank you.

### Evening Talks on Local Services

**7.15 p.m. at the YMCA**

#### Fri 5<sup>th</sup> July

Education

Lyndsay Harvey

Education Officer

#### Fri 12<sup>th</sup> July

Social Services

Susan Cooper

Social Services Director

**The Play Reading Group Performances of:  
"The Damon Runyon Theater"  
& "The Adventures of Ellory Queen"  
10 a.m. at Porthcawl Rugby Club  
Wed 10<sup>th</sup> July**

Welcome ladies and gentlemen to "**The Damon Runyon Theater**" and "**The Adventures of Ellory Queen**" - two radio plays first performed on the American Broadcasting Company in the 1940s. Broadcasts such as these were avidly looked forward to by thousands of listeners every week across America. Meet Dave the Dude and Broadway in a story which shows that even gangsters have a heart and then prepare to pit your wits against Ellory Queen, Master Detective, in a baffling story involving a giant and a midget.

Come along and see if you too can find the answer to a dastardly crime!

All welcome, bring your friends and tune in to ABC brought to you by Bromo-Seltzer, Camel Cigarettes and the Porthcawl Play Reading Group.

**Thurs 18<sup>th</sup> July  
The Lady Vanishes**

Would the people who have reserved tickets please send your cheques for the coach ASAP. £10 per person, made payable to Porthcawl U3A. Please send cheques to:

Mrs. Trixie Tudor

Coach pick up The Atlantic /Nottage 10.30  
then 10.45 Sainsbury's Bridgend

**Anne Syrad  
Trixie Tudor**

**Sat 20<sup>th</sup> July  
The Welsh Proms – St David's Hall**

The coach for our visit to "One Small Step" will leave the Atlantic Hotel, Porthcawl at 5.45 pm and Sainsbury's Bridgend at 6 pm approx.

**Janice Lloyd**

**A well-kept secret.....**

Did you know that the Third Age Trust publishes a glossy magazine 5 times a year that feature 92 pages of news, views and information relating to the U3A.

The current issue features two Porthcawl U3A members. There is an article about Malcolm Cowper and his involvement with Porthcawl Primary School and their Welsh language class. It also features an article written by Marcia Humphries about creative writing.

The magazine is called **Third Age Matters** and is available to all U3A members for **free** - however, there is a catch! It cannot be ordered by individuals and although the magazine is free the U3A charge for postage and packing which is currently 58p an issue. It is posted to your home address.

It is published in April, June, Sept, Nov and Feb.

So, if you sign up now - 3 issues will cost £1.74.

You need to order it through Gary Russell and the **deadline** in order to receive the September issue is **15<sup>th</sup> August**.

**Gary** tel 785691

Email: garywack@me.com

**N.B.** All classical music lovers,  
**The Bad news:**

There will be no Swansea Festival to look forward to this autumn.

**The Good news:**

Look out for news of the next International Concert Series at St David's Hall in the September Newsletter.

**Thursday 25<sup>th</sup> July  
Visit to Dyffryn Gardens**

The visit for July will be on Thursday 25<sup>th</sup> July 9.30 from the Atlantic 9.50 from Sainsburys. There will not be a visit in August.

Dyffryn Gardens are now owned by the National Trust so there is no admission charge for those who bring their own NT membership card. Dyffryn House is a grade II listed building undergoing a conservation project with 13 rooms now partly furnished to interpret the Cory family history. The extensive grounds include a network of garden rooms and an arboretum with a collection of champion trees. The reinstated glass house in the kitchen garden has an impressive collection of rare cacti and orchids. There are the usual NT facilities for coffee and lunch.

Please send a cheque for £20.30 (or £10 for NT members) made out to Porthcawl U3A, please include your phone number. Send to:

**Mrs Caroline David,**

**Sunday Lunch – Sun 28<sup>th</sup> July,  
The Grove Golf Club**

We will meet at the Grove at 12.30, choices include Roast Beef, Turkey, Lamb, Salmon or Vegetable Wellington from £8.95-£10.95.

Please book before Monday 22<sup>nd</sup> July by contacting  
**Sally A Corbett** (sally2482atc@aol.com)

**Malvern Autumn Show  
Saturday 28<sup>th</sup> Sept**

The Gardening Group are planning a trip to the Malvern Autumn Show

Tickets are £17.00 each, excluding Coach. Please send cheques made to Porthcawl U3A, by 6<sup>th</sup> July, with your name and phone number on the back, to:

**Anne Trimble,**

**The Glenn Miller Orchestra  
at St David's Hall, Cardiff  
Sunday 10<sup>th</sup> Nov**

This afternoon concert of "big band sounds" is given by the UK's most renowned big band directed by Ray McVay, with vocalists The Polka Dot Dolls, Mark Porter and Catherine Sykes, and includes a special tribute to the 75<sup>th</sup> Anniversary of D-Day.

The cost, including coach fare, is £34 for Centre Stalls and Tier 2, and £31 for Tier 3.

If you would like to come, please send me your cheque made payable to Porthcawl U3A, together with your contact details and preferred pick-up point, by 5<sup>th</sup> Aug.

**Janice Lloyd,**

**Upcoming U3A Regional  
and National Events**

The **2019 U3A National Conference and AGM** will be held on **27-29 August**, at **East Midlands Conference Centre, Nottingham**

For more info, please see  
<https://conference.u3a.org.uk>

**U3A National Summer Schools**

This year's Summer Schools will be held at Aston University in Birmingham (12<sup>th</sup> to 15<sup>th</sup> August) and the Royal Agricultural University in Cirencester (10<sup>th</sup> to 13<sup>th</sup> September)

**U3A National Study Day  
St Fagans,  
Wednesday 25<sup>th</sup> Sept  
10.30 – 4.30**

Tickets are priced at £19.50 per person, to include welcome refreshments, and will be issued on a first-come, first-served basis.

Ticket enquiries and payments should be made directly to: **The Third Age Trust,**  
**52 Lant Street, London SE1 1RB,** tel. 020 8466 6139 or online at:  
**[www.u3a.org.uk/events](http://www.u3a.org.uk/events)** where further information can also be found.

Details of this year's **Wales U3A National Short Story Competition** have been announced. All U3A members are welcome to enter.

**The deadline for receipt of entries is August 31<sup>st</sup>.**

**Further details on all of the above are available via the relevant links on the Porthcawl U3A website or by email from**

**[pu3a\\_newsletter@btinternet.com](mailto:pu3a_newsletter@btinternet.com)**

## Meetings of our Interest Groups in July

<b>Ancient History</b>	14.15	<b>RAFA Club</b>	<b>Thu 11<sup>th</sup> &amp; 25<sup>h</sup></b>	This month we will conclude our study of Andean societies with a detailed look at the Inka.	David Trace
<b>Art History</b>	14.15	<b>Rugby Club</b>	<b>Mon 1<sup>st</sup></b>	<b>William Hogarth (1697-1764)</b> – One of Britain's most gifted and influential artists in the 18 <sup>th</sup> Century. A master of satire about London Society.	Graham Cross
<b>Astronomy</b>	14.00	<b>YMCA</b>	<b>Thu 4<sup>th</sup></b>	The 'Star-Spangled Banner' – American astronomy	Chris James
<b>Book Club 1</b>	10.00	<b>Rugby Club</b>		No meeting in July – see August	Barbara Miles
<b>Book Club 2</b>	10.00	<b>Annie's house</b>	<b>Wed 17<sup>th</sup></b>	Love in a Cold Climate - Nancy Mitford	Annie Rance
<b>Book Club 3</b>	10.00	<b>Carole's house</b>	<b>Thu 11<sup>h</sup></b>	The Snow Child – Eowyn Ivey	Carolyn Perren
<b>Bridge</b>	14.00	<b>Awel Y Mor</b>	<b>Tue 2<sup>nd</sup> 9<sup>th</sup> 16<sup>th</sup> 23<sup>rd</sup> &amp; 30<sup>th</sup></b>	Tony Howarth will continue to give group tuition and individual support to those striving to improve their play. In the side room of Awel Y Mor from 2 p.m. to 4 p.m.	Sally Corbett
<b>Canasta</b>	14.00	<b>Rugby Club</b>	<b>Mon 1<sup>st</sup> &amp; 15<sup>th</sup></b>	New members welcome. We will teach you how to play.	Mary Thomas
<b>Computers, Tablets and other gadgets</b>	10.00	<b>Costa Coffee</b>		No Meetings in July or August	Geoff Henderson Martin Patten
<b>Conversations (Discussion Group)</b>	14.15	<b>Rugby Club</b>	<b>Thu 11<sup>th</sup> 25<sup>th</sup></b>	What prominent people would you cross the road to avoid and what prominent people would you cross the road to greet?  What is love and how does it show itself?	Doug Jones
<b>Crafts</b>	14.00	<b>YMCA</b>	<b>Thu 11<sup>th</sup></b>	A warm welcome awaits any member who is interested in any type of Craft.	Pam Munro
<b>Origins and Development of Drama</b>	14.00	<b>Rugby Club</b>	<b>Thu 1<sup>st</sup> &amp; 15<sup>th</sup></b>	We shall continue our examination of the plays of Plautus.	Elizabeth C Bower
<b>Exercise to Music - Dancercise</b>	10.00	<b>Rugby Club</b>	<b>Wed 3<sup>rd</sup> &amp; 17<sup>th</sup></b>	A session of retro aerobics, dancing and stretching.  <b>Please wear comfortable clothing and appropriate footwear.</b>	Jaci Russell
<b>Food in Britain</b>	14.15	<b>Rugby Club</b>		No meetings in July or August	Margaret Williams
<b>French for All</b>	10.15	<b>Rugby Club</b>	<b>Tue 2<sup>nd</sup></b>	Theme – Our plans for the summer Followed by lunch	Jenny Cross Jenny Worthington
<b>Gardening</b>	10.15	<b>Rugby Club</b>	<b>Tue 30<sup>th</sup></b>	To be decided	Jeanette Victor Kay Boswell
<b>German</b>	10.30	<b>Rugby Club</b>	<b>Thu 4<sup>th</sup> &amp; 11<sup>th</sup></b>	4 <sup>th</sup> Foundation 11 <sup>th</sup> Advanced	John Murdoch
<b>History</b>	10.00	<b>YMCA</b>	<b>Wed 10<sup>th</sup></b>	End of term review + pictures and final 'exams' - discuss plans for next year	Andrew Collier

<b>Latin</b>	<b>10.15</b>	<b>RAFA Club</b>	<b>Mon 1<sup>st</sup> &amp; 15<sup>th</sup></b>	More mental jerks, friendly argument and fun	Doug Jones Roger Thomas
<b>Listener's Guide to Music</b>	<b>14.00</b>	<b>Rugby Club</b>		No Meetings in July or August	Brian Nelson
<b>Mah Jong</b>	<b>14.00</b>	<b>Rugby Club</b>	<b>Thu 11<sup>th</sup></b>	A game of skill and chance. If you are interested in joining us, please ring Val or Mary beforehand.	Val Lea Mary Thomas
<b>Mindfulness Meditation</b>	<b>13.45</b>	<b>YMCA</b>	<b>Tue 2<sup>nd</sup> &amp; 16<sup>th</sup></b>	If you are interested in finding peace in this frantic world, then please come along. No need to request a place. Please wear comfortable, unrestrictive clothes	Jaci Russell
<b>Painting Workshop</b>	<b>10.00</b>	<b>YMCA</b>	<b>Thu 4<sup>th</sup>, 11<sup>th</sup> &amp; 18<sup>th</sup></b>	On the recent U3A Open Day our Painting Workshop stand attracted much interest from admirers. Member of the group welcomed so much attention and the busy brushes will remain hard at work until the group recesses for summer break.  We return on September 12th. And I hope everyone will see some sunshine!!	Stephen Jarvis Kay Richards
<b>Philosophy and Ideas</b>	<b>10.00</b>	<b>YMCA</b> <b>Prince of Wales</b>	<b>Fri 12<sup>th</sup></b>  <b>19<sup>th</sup></b>	Either Jean's come-back or Andrew, possibly on Zeitgeists, Progress and 'correctness'  End of term last effort to improve the world at the Prince of W(h?)ales Pub, Kenfig + coffee and Lunch	Andrew Collier
<b>Photography for Everyone</b>	<b>14.00</b>	<b>YMCA</b>	<b>Tue 9<sup>th</sup> &amp; 23<sup>rd</sup></b>	Weather-permitting, we'll go out and take some pics, If not we'll play it by ear, but please bring along some photographs anyway so we can have a chat about technique and equipment.	Rhod Earl
<b>Play Reading</b>	<b>09.45</b>  <b>09.15</b>	<b>Rugby Club</b>	<b>Wed 3<sup>rd</sup></b>  <b>10<sup>th</sup></b>	3rd July at 9.45am for a final rehearsal for the performance in the back room of the Rugby Club for the first half of the morning and in the bar for the second half. We will need a prompt start so please don't be late!  10th July at 9.15am for the performance of the Radio Plays at 10.00am.	Rolfe Mitchell Ian Hutchinson
<b>Exploring Poetry</b>	<b>10.15</b>	<b>Rugby Club</b>	<b>Mon 8<sup>th</sup> &amp; 22<sup>nd</sup></b>	We hope to complete our perusal of Ovid's Metamorphoses.	Elizabeth C Bower
<b>Quiz</b>	<b>14.00</b>	<b>YMCA</b>	<b>Mon 8<sup>th</sup></b>	Come along, enjoy yourself and test your general knowledge in lovely company. .	Roger Thomas
<b>Science</b>	<b>14.00</b>	<b>Rugby Club</b>		No meetings until September	Martin Patten Jeff Saunders
<b>Scrabble</b>	<b>10.00</b>	<b>Awel Y Mor</b>	<b>Mon 1<sup>st</sup> &amp; 15<sup>th</sup></b>	A game, a chat and a cup of coffee. Members of all abilities welcome.	Pat Parry
<b>Shakespeare &amp; other Greats</b>	<b>14.15</b>	<b>All Saints Church Hall</b>	<b>Tue 9<sup>th</sup> &amp; 23<sup>rd</sup></b>	Murder in the Cathedral by T.S. Eliot	Barbara Miles
<b>Singing for Fun</b>	<b>14.00</b>	<b>Rugby Club</b>	<b>Fri 12<sup>th</sup></b>	Please join waiting list if interested, but at the moment, no vacancies sorry. Ring me to register an interest.	Veronica Rees
<b>Social Cycling</b>	<b>13.30</b>	<b>Afan Argoed Visitors car Park</b>	<b>Thu 4<sup>th</sup></b>	Cycle around Afan Argoed	Pat Thomas. Brian Froley
<b>Sunday Lunch</b>	<b>12.30</b>	<b>Grove Golf Club</b>	<b>Sun 28<sup>th</sup></b>	See page 3 for details of meals. Please contact me if you would like to come.	Sally A Corbett



<b>Table Tennis</b>	<b>10.00</b>	<b>YMCA</b>	<b>Fri 12<sup>th</sup>, 19<sup>th</sup> &amp; 26<sup>th</sup></b>	Come and join in our relaxed and friendly games most Friday mornings. We have bats and balls, but if you have your own bat, please bring it along. Please wear suitable shoes.	Gary Russell
<b>Ukulele</b>	<b>14.00</b>	<b>YMCA</b>	<b>Fri 5<sup>th</sup> &amp; 19<sup>th</sup></b>	Lots of fun, singing, practical with more classical style practise and some theory, plus a sing-song to finish	Rhod Earl
<b>Walking</b>	<b>13.30</b>	<b>Kenfig Nature Reserve</b>	<b>Fri 12<sup>th</sup></b>	A 3 mile flat walk with a few stiles. The walk is to Mawdlam and back via the dunes and Kenfig Pool.	John Davies
	<b>13.30</b>	<b>White Horse, Coychurch CF35 5HD</b>	<b>Fri 26<sup>th</sup></b>	Take the A48 and A473 from Porthcawl to the Cherry Tree roundabout. Take the left turn towards Coychurch then a right into Coychurch village. Go straight on to the White Horse on the left. We can use their car park.  ----- If you have not walked with the group before, please contact the leader to check that the starting point is as planned. ----- If the weather is doubtful, please phone the leader to check that the walk is taking place. Please wear suitable clothing and footwear. We walk at our own risk.	Trixie Tudor Anne Trimble
<b>Welsh</b>	<b>10.00</b>	<b>Rugby Club</b>	<b>Thu 11<sup>th</sup></b>	Our meetings take the form of presentations and discussions about pre-selected topics. All members, whether fluent or learning, are welcome.	David Parry John Pearman
<b>Whist</b>	<b>14.00</b>	<b>Awel Y Mor</b>	<b>Mon 8<sup>th</sup> &amp; 22<sup>nd</sup></b>	Come along and enjoy an afternoon of Whist in a relaxed friendly atmosphere.	Sue Hunt
<b>Wildlife</b>	<b>14.00</b>	<b>Newton Beach car park</b>	<b>Tue 2<sup>nd</sup></b>	We will meet at Newton Beach Car Park, 2.00 pm, to learn how to identify wild flowers - postponed from last month. If the weather is bad, there will be a talk at the YMCA	Greg Nuttgens
<b>Writing for Pleasure Groups 1,2 &amp; 3</b>	<b>10.00</b>	<b>Rugby Club</b>	<b>Fri 5<sup>th</sup></b>	We write simply for the pleasure of writing and to receive friendly advice.  Marcia Humphries, Jo Brooks, Julie Matthews	(1) Marcia (2) Jo (3) Julie

### Meetings of our Interest Groups in August

<b>Book Club 1</b>	<b>10.00</b>	<b>Rugby Club</b>	<b>Fri 30<sup>th</sup></b>	<b>When will there be Good News?</b> By Kate Atkinson	Barbara Miles
<b>Book Club 2</b>	<b>10.00</b>	<b>Annie's house</b>	<b>Wed 7<sup>th</sup></b>	<b>Scoop</b> by Evelyn Waugh	Annie Rance
<b>Book Club 3</b>	<b>10.00</b>	<b>Carolyn's house</b>	<b>Thu 8<sup>th</sup></b>	<b>The Silent Wife</b> by A S A Harrison	Carolyn Perren
<b>Table Tennis</b>	<b>10.00</b>	<b>YMCA</b>	<b>Fri 2<sup>nd</sup>, 9<sup>th</sup>, 16<sup>th</sup> &amp; 30<sup>th</sup></b>	Come and join in our relaxed and friendly games most Friday mornings. We have bats and balls, but if you have your own bat, please bring it along. Please wear suitable shoes.	Gary Russell
<b>Ukulele</b>	<b>14.00</b>	<b>YMCA</b>	<b>Fri 2<sup>nd</sup>, 16<sup>th</sup> &amp; 30<sup>th</sup></b>	Lots of fun, singing, practical with more classical style practise and some theory, plus a sing-song to finish	Rhod Earl

## Calendar of Group Meetings and Events in July

<b>Mon</b>	1 <sup>st</sup>	10.00	Awel Y Mor	Scrabble
		10.15	RAFA Club	Latin
		14.00	Rugby Club	Origins and Development of Drama
		14.00	Rugby Club	Canasta
		14.15	Rugby Club	Art History
<b>Tue</b>	2 <sup>nd</sup>	10.15	Rugby Club	French for All
		13.45	YMCA	Mindfulness Meditation
		14.00	Newton Beach Car Park	Wildlife
		14.00	Awel Y Mor	Bridge
<b>Wed</b>	3 <sup>rd</sup>	09.45	Rugby Club	Play Reading
		10.00	Rugby Club	Dancercise – Exercise to Music
		14.15	Hi-Tide	Monthly Talk – Dambusters
<b>Thu</b>	4 <sup>th</sup>	10.00	YMCA	Painting
		10.30	Rugby Club	German - Foundation
		13.30	Afan Argoed Visitor Centre	Social Cycling
		14.00	YMCA	Astronomy
<b>Fri</b>	5 <sup>th</sup>	10.00	Rugby Club	Writing for Pleasure
		14.00	YMCA	Ukulele
		19.15	YMCA	Evening Talk – Education
<b>Mon</b>	8 <sup>th</sup>	10.15	Rugby Club	Exploring Poetry
		14.00	Awel Y Mor	Whist
		14.00	YMCA	Quiz
<b>Tue</b>	9 <sup>th</sup>	14.00	YMCA	Photography
		14.00	Awel Y Mor	Bridge
		14.15	All Saints Church Hall	Shakespeare and other Greats
<b>Wed</b>	10 <sup>th</sup>	09.15	Rugby Club	Play Reading Group
		10.00	Rugby Club	Play Reading Performance
		10.00	YMCA	History
<b>Thu</b>	11 <sup>th</sup>	10.00	Rugby Club	Welsh
		10.00	YMCA	Painting
		10.00	Carole's house	Book Club 3
		10.30	Rugby Club	German - Advanced
		14.00	YMCA	Crafts
		14.00	Rugby Club	Mah Jong
		14.15	Rugby Club	Conversations
14.15	RAFA Club	Ancient History		
<b>Fri</b>	12 <sup>th</sup>	10.00	YMCA	Table Tennis
		10.00	YMCA	Philosophy
		13.30	Kenfig Nature Reserve	Walking
		14.00	Rugby Club	Singing for Fun
		19.15	YMCA	Evening Talk – Social Services

<b>Mon</b>	15 <sup>th</sup>	10.00	Awel Y Mor	Scrabble
		10.15	RAFA Club	Latin
		14.00	Rugby Club	Canasta
		14.00	Rugby Club	Origins and Development of Drama
<b>Tue</b>	16 <sup>th</sup>	13.45	YMCA	Mindfulness Meditation
		14.00	Awel Y Mor	Bridge
<b>Wed</b>	17 <sup>th</sup>	10.00	Rugby Club	Dancercise - Exercise to Music
		10.00	Annie's house	Book Club 2
<b>Thu</b>	18 <sup>th</sup>	10.00	YMCA	Painting
		10.30	Atlantic	Theatre – The Lady Vanishes
		10.45	Sainsbury's	
<b>Fri</b>	19 <sup>th</sup>	10.00	YMCA	Table Tennis
		10.00	Prince of Wales, Kenfig	Philosophy
		14.00	YMCA	Ukulele
<b>Sat</b>	20 <sup>th</sup>	17.45	Atlantic	Concert – The Welsh Proms @ St David's
		18.00	Sainsbury's	
<b>Mon</b>	22 <sup>nd</sup>	10.15	Rugby Club	Exploring Poetry
		14.00	Awel Y Mor	Whist
<b>Tue</b>	23 <sup>rd</sup>	14.00	YMCA	Photography
		14.00	Awel Y Mor	Bridge
		14.15	All Saints Church Hall	Shakespeare and other Greats
<b>Thu</b>	25 <sup>th</sup>	09.30	Atlantic	Dyffryn Gardens
		09.50	Sainsbury's	
		14.15	Rugby Club	Conversations
		14.15	RAFA Club	Ancient History
<b>Fri</b>	26 <sup>th</sup>	10.00	YMCA	Table Tennis
		13.30	White Horse, Coychurch	Walking
<b>Sun</b>	28 <sup>th</sup>	12:30	Grove Golf Club	Sunday Lunch
<b>Tue</b>	30 <sup>th</sup>	10.15	Rugby Club	Gardening
		14.00	Awel Y Mor	Bridge

### Calendar of Group Meetings and Events in August

<b>Fri</b>	2 <sup>nd</sup>	10.00	YMCA	Table Tennis
		14.00	YMCA	Ukulele
<b>Wed</b>	7 <sup>th</sup>	10.00	Annie's House	Book Club 2
<b>Thu</b>	8 <sup>th</sup>	10.00	Carolyn's House	Book Club 3
<b>Fri</b>	9 <sup>th</sup>	10.00	YMCA	Table Tennis
		14.00	YMCA	Ukulele
<b>Fri</b>	16 <sup>th</sup>	10.00	YMCA	Table Tennis
		14.00	YMCA	Ukulele
<b>Fri</b>	23 <sup>rd</sup>	10.00	YMCA	Table Tennis
		14.00	YMCA	Ukulele
<b>Fri</b>	30 <sup>th</sup>	10.00	Rugby Club	Book Club 1
		10.00	YMCA	Table Tennis
		14.00	YMCA	Ukulele