



## What is the u3a?

The u3a (also known as The University of the Third Age) is an international movement whose aims are the education and leisure activities of retired members of the community—those in their third 'age' of life but still very much alive and kicking with a good deal to contribute to our communities.

It operates through local u3a's run by volunteers and drawing on the knowledge, experience and skills of their members to form interest groups which meet regularly to live, laugh and learn. There are no qualifications – it is all just for enjoyment.

### u3a in the UK – The Third Age Trust, or TAT

The national body, TAT, provides advice and resources to local groups. In the UK there are 1,000+ groups, and 450,000 members. u3a publishes *Third Age Matters* magazine five times a year, sent free to all members who opt to receive it.



## About Perth u3a

Perth u3a is part of the worldwide u3a movement and one of 55 local groups with membership of u3a Scotland. We have over 60 Interest Groups ranging from Archaeology to Yoga (we just need someone to start Zumba or Zoology to complete our alphabetic) and around 500 members.

Most meetings take place from September to May although some activities continue through the summer. Many groups meet in venues across Perth with most taking place in "Unit 7" a dedicated room in the NCOC building at 28 Glasgow Road, near the centre of the city and handy for travel by bus, train, and car (inexpensive parking at the Dewar Centre.)

### Programme

Each year, members of Perth u3a receive a copy of our programme which details:

- Dates of Interest Group meetings
- Dates of the 4-weekly Open Meetings and details of the guest speaker
- List of Interest Groups, when and where they meet, and group leader contact details
- Committee names and responsibilities, and how to contact them

## Open Meetings

Open Meetings, which anyone can attend, usually have a guest speaker and a fascinating topic. They take place on a Monday morning every 4 weeks from September to May.

### Speakers and topics for this session:

- *Donald MacLeod* – Gaelic in Perthshire
- *Katy Jack* – The City Museum Project
- *Kate Hunter* – Search and Rescue Dogs
- *Hugh Hoffman* – Family History Research
- *Mark Bridgeman* – The Perth Murder of 1944
- *Lara Haggerty* – The Innerpeffray Library
- *Hildegard Berwick* – Bet Low, Artist
- *Marjorie Clark* – History of St. Matthews

Open meetings are held in St Matthews Church, Tay Street, Perth, a beautiful spacious (and warm!) venue where members meet and chat with friends, and learn something fascinating from our speakers.

Meetings start at with tea, coffee, and chat from 10am with the meeting proper at 10:30.

Find out more online at  
<https://u3asites.org.uk/perth>