

| Group Name | Day | Week |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Science Behind the News | Fri | 3 | 22-Sep | 20-Oct | 17-Nov | 15-Dec | 02-Feb | 01-Mar | 29-Mar | 26-Apr |
| Scrabble 2 | Wed | 3 | 20-Sep | 18-Oct | 15-Nov | 13-Dec | 31-Jan | 28-Feb | 27-Mar | 24-Apr |
| Social Psychology | Wed | 4 | 27-Sep | 25-Oct | 22-Nov | 10-Jan | 07-Feb | 06-Mar | 03-Apr | 01-May |
| Something Scottish | Thu | 3 | 21-Sep | 19-Oct | 16-Nov | 14-Dec | 01-Feb | 29 Feb | 28-Mar | 25-Apr |
| Strollers | Mon | 2 | 11-Sep | 09-Oct | 06-Nov | 04-Dec | 22-Jan | 19-Feb | 18-Mar | 15-Apr |
| Tai Chi week 1 | Wed | 1 | 06-Sep | 04-Oct | 01-Nov | 29-Nov | 17-Jan | 14-Feb | 13-Mar | 10-Apr |
| Tai Chi week 3 | Wed | 3 | 20-Sep | 18-Oct | 15-Nov | 13-Dec | 31-Jan | 28-Feb | 27-Mar | 24-Apr |
| Trail Runners | Mon | 4 | 25-Sep | 23-Oct | 20-Nov | 08-Jan | 05-Feb | 04-Mar | 01-Apr | 29-Apr |
| Travel | Mon | 1 | 04-Sep | 02-Oct | 30-Oct | 27-Nov | 15-Jan | 12-Feb | 11-Mar | 08-Apr |
| Upland Explorers | Mon | 3 | 18-Sep | 16-Oct | 13-Nov | 11-Dec | 29-Jan | 26-Feb | 25-Mar | 22-Apr |
| Viewpoint Walks | Mon | 3 | 18-Sep | 16-Oct | 13-Nov | 11-Dec | 29-Jan | 26-Feb | 25-Mar | 22-Apr |
|  |  |  |  |  |  |  |  |  |  |  |
| Meeting every 2 weeks |  |  |  |  |  |  |  |  |  |  |
| Group Name | Day | Weeks |  |  |  |  |  |  |  |  |
| Backgammon | Thu | 2 \& 4 | 14-Sep | 28-Sep | 12-Oct | 26-Oct | 25-Jan | 08-Feb | 22-Feb | 07-Mar |
|  |  |  | 09-Nov | 23-Nov | 06-Dec | 11-Jan | 21-Mar | 04-Apr | 18-Apr | 02-May |
| Bridge | Thu | 1 \& 3 | 07-Sep | 21-Sep | 05-Oct | 19-Oct | 18-Jan | 01-Feb | 15-Feb | 29 Feb |
|  |  |  | 02-Nov | 16-Nov | 30-Nov | 14-Dec | 14-Mar | 28-Mar | 11-Apr | 25-Apr |
| Bridge - introduction | Wed | 2 \& 4 | 13-Sep | 27-Sep | 11-Oct | 25-Oct | 24-Jan | 07-Feb | 21-Feb | 06-Mar |
|  |  |  | 08-Nov | 22 Mov | 05-Dec | 10-Jan | 20-Mar | 03-Apr | 17-Apr | 01-May |
| Canasta | Tues | 2 \& 4 | 12-Sep | 26-Sep | 10-Oct | 24-Oct | 23-Jan | 06-Feb | 20-Feb | 05-Mar |
|  |  |  | 07-Nov | 21-Nov | 04-Dec | 09-Jan | 19-Mar | 02-Apr | 16-Apr | 30-Apr |
| Ceilidh dancing | Tues | 1 \& 3 | 05-Sep | 19-Sep | 03-Oct | 17-Oct | 16-Jan | 30-Jan | 13-Feb | 27-Feb |
|  |  |  | 31-Oct | 14-Nov | 28-Nov | 12-Dec | 12-Mar | 26-Mar | 09-Apr | 23-Apr |
| French (advanced) | Thu | 2 \& 4 | 14-Sep | 28-Sep | 12-Oct | 26-Oct | 25-Jan | 08-Feb | 22-Feb | 07-Mar |
|  |  |  | 09-Nov | 23-Nov | 06-Dec | 11-Jan | 21-Mar | 04-Apr | 18-Apr | 02-May |
| French play reading | Fri | 1 \& 3 | 08-Sep | 22-Sep | 06-Oct | 20-Oct | 19-Jan | 02-Feb | 16-Feb | 01-Mar |
|  |  |  | 03-Nov | 17-Nov | 01-Dec | 15-Dec | 15-Mar | 29-Mar | 12-Apr | 26-Apr |
| French reading group | Fri | 1 \& 3 | 08-Sep | 22-Sep | 06-Oct | 20-Oct | 19-Jan | 02-Feb | 16-Feb | 01-Mar |
|  |  |  | 03-Nov | 17-Nov | 01-Dec | 15-Dec | 15-Mar | 29-Mar | 12-Apr | 26-Apr |
| Mah-jong | Tues | 1 \& 3 | 05-Sep | 19-Sep | 03-Oct | 17-Oct | 16-Jan | 30-Jan | 13-Feb | 27-Feb |
|  |  |  | 31-Oct | 14-Nov | 28-Nov | 12-Dec | 12-Mar | 26-Mar | 09-Apr | 23-Apr |
| Scrabble | Thu | 2 \& 4 | 14-Sep | 28-Sep | 12-Oct | 26-Oct | 25-Jan | 08-Feb | 22-Feb | 07-Mar |
|  |  |  | 09-Nov | 23-Nov | 06-Dec | 11-Jan | 21-Mar | 04-Apr | 18-Apr | 02-May |
| Semi-Tones Music Group | Wed | 2 \& 4 | 13-Sep | 27-Sep | 11-Oct | 25-Oct | 24-Jan | 07-Feb | 21-Feb | 06-Mar |
|  |  |  | 08-Nov | 22 Mov | 05-Dec | 10-Jan | 20-Mar | 03-Apr | 17-Apr | 01-May |
| Spanish Improvers | Fri | 2 \& 4 | 15-Sep | 29-Sep | 13-Oct | 27-Oct | 26-Jan | 09-Feb | 23-Feb | 08-Mar |
|  |  |  | 10-Nov | 24-Nov | 07-Dec | 12-Jan | 22-Mar | 05-Apr | 19-Apr | 03-May |
| Ukulele for all | Tues | 2 \& 4 | 12-Sep | 26-Sep | 10-Oct | 24-Oct | 23-Jan | 06-Feb | 20-Feb | 05-Mar |
|  |  |  | 07-Nov | 21-Nov | 04-Dec | 09-Jan | 19-Mar | 02-Apr | 16-Apr | 30-Apr |
| Yoga | Fri | 1 \& 3 |  |  | 06-Oct | 20-Oct | 19-Jan | 02-Feb | 16-Feb | 01-Mar |
|  |  |  | 03-Nov | 17-Nov | 01-Dec | 15-Dec | 15-Mar | 29-Mar | 12-Apr | 26-Apr |

