

# Trip Advice

To help us ensure the smooth running of the trips please read the following:

- Due to insurance requirements we can only accept U3A members on our trips.
- To secure your place on a trip we **MUST** receive a cheque / cash payment. Only members who have paid will be on the trip list. This avoids time-consuming and embarrassing chasing for payment, confusion over who has paid etc.
- Please write on the reverse side of each cheque which trip it is for.
- All trips must be financially viable; advance prices are based on an estimate of trip costs and occasionally a small additional charge or refund may be made if numbers fall below or above initial estimates.
- Refunds can only be given if another U3A member is able to take your place or if a trip is not financially viable and is cancelled.
- We endeavour to advise as far as possible of any difficulties concerning access and the type of activity (amount and type of walking, terrain etc) involved. However it is the responsibility of each individual member to ensure they are capable of dealing with potential problems and to make arrangements for any help they may require. If you have any queries or worries please discuss them with Kathy or Sally **BEFORE** booking.
- Please ensure you have an emergency contact number and any necessary medical details (diabetes etc) on you.
- If you own a mobile phone please do take it with you and have it switched on (except of course if we are in something like a theatre) in case we need to contact you. Please also make sure you have the phone numbers of the leaders on the trip for use if necessary.
- It is the personal responsibility of all members to ensure that they are at the named pick up places on time, or to contact the leaders. If members are not at the agreed pick up points then leaders will make 'reasonable' attempts to contact the member but otherwise the transport will depart.

Thank you for your understanding.