

## Northumbria Region u3a Creative Writers Network Workshop



A workshop, the very first run by Northumbria Region u3a Creative Writers (NRCW) in the centre of the city of Newcastle upon Tyne was a roaring success.

Members represented many u3as from across the Region.

Four, one hour workshops were presented by members of NRCW, two prose and two poetry.

A well known author from the North East, Val Scully gave an inspiring talk about her writing journey and her involvement with the National Trust. To complete the picture Steve Urwin, an experienced workshop facilitator presented a workshop using poetry, as a tool for well being.



Many positive comments were received on the day...it was a fabulous introduction to creative writing... speakers, leaders were interesting and relevant...excellent information about online opportunities.

By Cecilia Coulson, lead of NRCW 29/9/2023



