Memory Loss and Dementia - would you like to know more?

Wednesday, 15th May at 6 - 8pm in Ceddesfeld Hall



Currently 1 in 3 people born in the UK are expected to be diagnosed with Altzheimer's; it is projected that approximately 1.6 million people will be living with the disease in 2040 in the UK.

Sedgefield u3a will be hosting a visit from the regional Altzheimer's Society on Wednesday, 15th May at 6 - 8pm in Ceddesfeld Hall when they will be sharing information, advice and support strategies to help us all to deal with this pernicious disease.

They will be touching on the various types of Dementia, the symptoms of the disease, available treatments, and how to manage risk and vulnerability. They will also be promoting the Dementia Friends initiative which aims to transform how the nation thinks, acts and talks about dementia.

We look forward to this positive, supportive and encouraging meeting which is free and open to everyone from Sedgefield and District or further afield. Please tell your friends, family, neighbours and colleagues about it too. We look forward to meeting you all then.



