U3A members belonging to the Striders and/or Ramblers groups

1. full name
2. email address
3. mobile phone number
4. emergency contact name and mobile no
5. I am willing to lead a ramblers/striders walk occasionally
Yes/NoStriders or Ramblers
I consent to these details being shared with the U3A group and walk leaders
Date Signature
Please post to: Steph Garaghty, 23 Bank View, Hunsbury, Northampton NN4 ORS