

Newsletter

March 2024

Hi all. Regrettably we have not heard from any volunteers or any interest being expressed in taking on the editorship of the newsletter. As advised previously, I will continue to provide a short news bulletin for the next couple of months - comprising group and meeting information plus diary and contacts list.

Cheers, Alastair

News from the Chair

Rose Hayes

The committee and group leaders would like to invite members and their friends to a coffee morning on March 20th at the Catholic Church Hall.

This is an opportunity to meet other members and to see what the Northallerton u3a has to offer.

As I am concerned that so many people are unaware of the existence of the u3a it is an ideal opportunity to bring a friend to see what sort of activities are on offer and to encourage new members. **To facilitate catering could you please advise Rose if you intend to come to the coffee morning with or without a friend.** rose1950@talkyalk.net

Membership Update



to Ian Gollifer, Jayne Hayden Butler, Shirley Marshall, Michael Lowe, Sheila Curran, Eleanor Willis, Nicky Gormley, Eleanor King, Greta Pike and John Metcalfe.

Phil Smith

Monthly Meeting...

13th March 10.15am at the Forum

The Magic of Flower Shows by David Matthewman

Future Meetings

10th April – Staying at the Real Exotic Marigold Hotel – Maggie Poppa

8th May – The Adventures of a Travelling Man – Jeff Andrew

12th June – No Man's Moor – Suzanne Stirke

Coffee Rota

The coffee rota for the next 3 months is

March – History 2

April – Table Tennis

May - Mahjong

If there are any problems, please contact Rose Hayes



Group News

If you are interested in contacting group leaders for any further information, please see contacts list attached.

Discussion Group – regrettably the Discussion Group has been dissolved as we have been unable to find a Group Leader.

Bridge Group – those members who attended the Bridge taster sessions have confirmed that they wish to continue as a group. Dorothy Whalley and Rosemary Perfitt have volunteered to lead the group which will meet on the second and fourth Friday afternoons of the month from 3.00 to 4.30pm. The venue will likely be the Library or the Methodist Church and finalised dates will be confirmed to interested members.

Chair Based Exercise – This new group will start at the beginning of April at the Forum on Tuesday mornings from 10.00am for an hour. The group will meet weekly or fortnightly depending on member preferences. Dates will be confirmed to interested members once finalised with the Forum... but we are looking at 2nd and 16th April as starting dates. Membership is limited to 15 and we have almost reached this number through those who have already expressed an interest. Membership will be on a first come, first served basis and a waiting list will be kept in chronological order.

Music for Fun – The new Music for Fun group is looking to start weekly on Thursdays from 7th March at the Scout Hall from 2.00 to 4.00pm and is open to all members who can bring along their instruments to play – and sing along if they want.

Pilates 2, Singing for U and Bridge – spaces are currently available for these groups which would welcome new members. More details are available from the group leaders

If you are interested in any of the above groups and have not yet expressed your interest, please let me know as I will be controlling the first come, first served approach and keeping a waiting list if we overshoot maximum numbers.

Other News

Marie Curie – message via website

“My name is Katie Grinter and I'm the Volunteer Manager for Yorkshire for Marie Curie.

We have a lot of support from u3a Groups across Yorkshire with our upcoming Great Daffodil Appeal and that's why I wanted to get in touch.

Tesco in Northallerton has given Marie Curie a last-minute date for us to hold a collection in store on Thursday 14th March and we are in need of some volunteers to help cover the day. Is this something that your group would be able to help with?

It would be great to hear from you to see if this is something you can help with”

katie.grinter@mariecurie.org.uk. M: 07884 180517



The Last Word

Best regards

Alastair [alastair.mcminn@gmail.com]

Thank you to those who responded to my question about the Newsletter contents. Of those who responded the vast majority favoured the longer version and this will be advised to a new Newsletter editor in due course.

Meetings March/ April 2024

Group	Day	March	April	Time	Venue
Alternative Walking	Tuesday	5th, 12th, 19th, 26th	2nd, 9th, 16th, 23rd, 30th	10.00am	Varies
Badminton	Thursday	7th, 14th, 21st, 28th	4th, 11th, 18th, 25th	9.00 - 10.30am	Forum
Basic French	Friday	8th, 22nd	12th, 26th	1.30 - 3pm	Forum
Beginners Crafts	Monday	11th	15th	3.00 - 4.30pm	Forum
Bridge	Friday	22nd	12th, 26th	3.00 - 4.30pm	Library/ Forum
Canasta	Monday	18th	22nd	1.30 - 4.30pm	Forum
Chair Based Exercise	Tuesday		2nd, 16th	10.00-11.00	Forum
Craft Circle	Monday	25th	29th + 15th outing to Monks Park	1.30 - 3pm	Forum
Creative Cards	Friday	8th	12th	3.00 - 4.30pm	Forum
Creative Writing	Monday	11th	15th	1.30 - 3pm	Library
Evening Book Club	Wednesday	20th	24th	7 - 8pm	Zoom
Exercise to Music	Thursday	7th, 14th, 21st, 28th	4th, 11th, 18th, 25th	11.00 - 12pm	Forum
Family History	Monday	18th	15th	1.30 - 3.00pm	Library
French Conversation	Friday	8th, 22nd	12th, 26th	3.00 - 4.30pm	Forum
History 1	Friday	15th	19th	3.00 - 4.30pm	Forum
History 2	Wednesday	6th	3rd	2.30 - 4.00pm	Library
Intermediate French	Monday	4th, 18th	8th, 22nd	1.30 - 3pm	Forum
Intermediate German	Friday	1st, 15th	5th, 19th	1.30 - 3pm	Forum
Long Walking Group	Tuesday	5th, 19th,	2nd, 16th, 30th	10.00am	Varies
Mahjong	Wednesday	13th, 27th	10th, 24th	1.30 - 3.30pm	Library
Monthly Meeting	Wednesday	13th +20th member coffee morning	10th	10.00 - 11.30am	Forum
Music for Fun	Thursday	7th , 14th, 21st, 28th	4th, 11th, 18th, 25th [to be confirmed]	2.00 to 4.00pm	Scout Hall
Natural History	Varies	20th - outing to Saltholme	17th Outing to Washington Wetlands	3.00 - 4.30pm	+ Outings
Painting & Sketching	Friday	1st, 15th	5th, 19th	1.30 - 3pm	Forum
Philosophy	Monday	4th,	8th	1.30 - 3pm	Forum
Photography	Monday	25th +18th outing to Thirsk [10.30am]	29th + 15th outing to Monks Park	1.30 - 3pm	Forum
Pilates 1	Thursday	7th, 14th, 21st, 28th	4th, 11th, 18th, 25th	12 - 1pm	Forum
Pilates 2	Thursday	7th, 14th, 21st, 28th	4th, 11th, 18th, 25th	1pm - 2pm	Forum
Pub Lunch Group	Friday	22nd - Biancos	TBC	12.30 for 1pm	Outings
Qigong [Tai Chi]	Wednesday	6th, 13th, 20th, 27th	3rd, 10th, 17th, 24th	1.30 -2.30pm	Catholic Ch. Hall
Quiz	Monday	11th	15th	1.30 -3pm	Forum
Recorders	Thursday	7th, 21st	4th, 18th	10.00 - 11.30 am	Forum
Rummikub	Monday	4th,	8th	3.00 - 4.30pm	Forum
Shanghai	Monday	11th	29th	3 - 4.30pm	Forum
Singing for U	Monday	4th, 11th, 18th, 25th	8th, 15th, 22nd, 29th	10.00 - 11.00 am	Methodist Hall
Spanish	Monday	4th,	8th	3.00 - 4.30pm	Forum
Table Tennis	Tuesdays	5th, 12th, 19th, 26th	2nd, 9th, 16th, 23rd, 30th	2.00 - 3.30pm	Forum
Trips Out and Stroll	Varies	15th Tennants Auction House	19th - Hartlepool Marina	As advised	Various
Ukulele	Monday	11th, 25th	15th, 29th	2.00 - 4.00pm	Scout Hall