



THE UNIVERSITY OF THE THIRD AGE

NEWQUAY U3A

Newsletter December 2018



Learn, Laugh & Live!

Newquay U3A website: www.newquayu3a.org.uk

*It's never too late to learn!
Join the 420,000 members in over 1000 U3As
throughout the UK today.*



Welcome to the December Newquay U3A Newsletter and a very happy Christmas and peaceful New Year to you all! With our new website, our new Facebook page, new Groups and more new members, we are very

blessed. Plenty of opportunity to 'Learn, Laugh & Live'. So, have fun, very best wishes, **Gret**

T: 01637 852895

E: Gret@woodason.me.uk

We welcome our new Members and wish them a long and enjoyable membership.

Lynn Angus	Jan Badger	Diana Booth
Linda Davis	Sue Feast	Michelle Goudge
Joyce Greening	Martin Gregory	Sandra Hargrave
Melvyn Hargrave	Jan Hoult	John Mankelow
Jayne Walker	Mandie Ward	Andrew Wilkins
Sara Williams		

Membership Secretary: Shirley Scammell

T: 01637 875989

E: shirley.scammell@yahoo.com

The Friday Bridge Group



The Friday Bridge Group, which meets at Sainsbury's on a Friday evening, have just donated £200 to Sainsbury's charity, which this year is the Cornwall Air Ambulance. They pay a small fee each week to cover their refreshments and these amounts add up very quickly. As they do not pay room hire, they are happy to donate their money to Sainsbury's charity.

Shirley

WHAT DID THE STAMP SAY TO THE ENVELOPE?
Stick with me and we'll go places!

IF ATHLETES SUFFER FROM ATHLETE'S FOOT, WHAT DO
ASTRONAUTS SUFFER FROM?
Missile toe!

SEAGULLS

The Exploring Poetry Group

The Seagull



Beady eyed thief on the prowl
Swift to steal food left on a towel.
Silently swooping on the ice cream cone,
Snatching the goodies that are not your
own.

Nesting on rooftops defending your young
With raking beak and screaming tongue.

Why don't you return to your natural home?
The high granite cliffs above the foam.
There you can dive and surf the gale,
Dip over sea pinks to the mermaid's tail,
Soar and scream at the rolling sea,
Live life as you should do, wild and free.

Anne P K Shinner

SEAGULL



Graceful glider in summer skies
Feather-light on the airways
Nature's aerial acrobat.

Yet on my roof so lumpen!
Plodding in heavy webbed boots
Nature's noisy nester.

Gangmaster of the beach
Screeching to friends at sight of food
Nature's picnic thief.

Bird of many guises
For all your cheeky transgressions
Nature's symbol of home.

W.P.

Mrs Seagull



Soaring silently in the sky,
Catching the thermals,
Enabling you to go so high.

Mrs Seagull continued

Elegant and graceful in flight
Flying, swooping with no sound.
Up there an attractive sight.

Coming to my house each Spring
Partner, eggs, babies you bring,
Caring until they are on the wing.



Your babies do not understand
Their feet won't grip solar panels
And plop, one, two, they land.

You don't care they are on my land
But swoop around, even feed them,
And don't begin to understand.

I choose to water my plants before bed,
You bring father, cousins, aunts,
To swoop around my head.

So now, seagull, from admiration,
My mood changes completely
To one of utter frustration.



And I would like you move by far,
If when you need to do your business
You didn't choose to poo on my car!
Joy

HOW DID I BECOME CHAIRMAN?

by Gret Woodason



I have been asked how I came to be Chairman of Newquay U3A and the very short answer is because as a member, I responded to the previous chairman's pleas for a Vice Chairman! So basically, the question I must answer is, why did I volunteer to be Vice Chairman! This is what happened.

We moved to Newquay from Surrey, in January 2012, to be near our family, because John, my husband, was taking early retirement later that year. We both were looking forward to a time of no responsibility, having held various roles in several organisations in our village of Bagshot. The important thing for us both was to find a church, and a WI for me. During this time of exploration, I met someone who introduced me to Newquay Ladies' Probuss Club and Newquay U3A. I enjoyed being a member of both.

After about three years I was aware that a vice chairman was required for U3A and at first, I simply said that I was not ready to go back into committee mode and also, we were away a lot. However, it became very clear that the very fact we were retired meant that we could go away when we please and that was part of the package as far as U3A was concerned. I also began to feel that having received enjoyment from belonging to

the U3A I could now put something back in, so I told the chairman what I was considering and not long after I was on committee as vice chairman with a view to being chairman when the position became vacant. That is what happened, and I am thoroughly enjoying the position and challenge.

My history of being on committees began in the NHS, after I did my SRN training in the sixties. When I became a Nursing Officer in the mid-seventies, I sat on various committees, and was chairman of some. These included Management, Procedures, and Planning of new wards. In my church situations I have 'chaired' meetings and I was President of Bagshot WI for 13 years. I served on the Surrey Federation of Women's Institutes, Executive and was Chairman of a 'Public Affairs Worldwide and Science' sub-committee during that time, which exposed me to various industries... Nuclear Power, Maintenance of Motorways etc., all while representing the WI.

During those years I was a Pastor's wife (John was a Pastor of a non-conformist church) and when, after twenty years he moved on to another Christian organisation I was elected as a councillor for Surrey Heath Borough Council. Having moved to Newquay I am now on the Parochial Church Council of St Michael's, Newquay, and have recently taken on the role of Safeguarding Co-ordinator for the Parish. I am now in my third year as Chairman of Newquay U3A, due to stand down in May to make way for someone new. I have enjoyed, and I still am enjoying the role, so thank you Newquay U3A.