

NEWPORT u3a NEWSLETTER - FEBRUARY 2024

February maybe considered the dreariest month of the year, but at least it's the shortest: however, we managed to pack some events into it.

L2M - 1ST MONDAY CONCERT

The Listening to Music Group continues to grow and more and more of its members like to visit the Riverfront Theatre on the first Wednesday of the month for lunch together and an afternoon concert. A few musicians from Symphonia Cymru

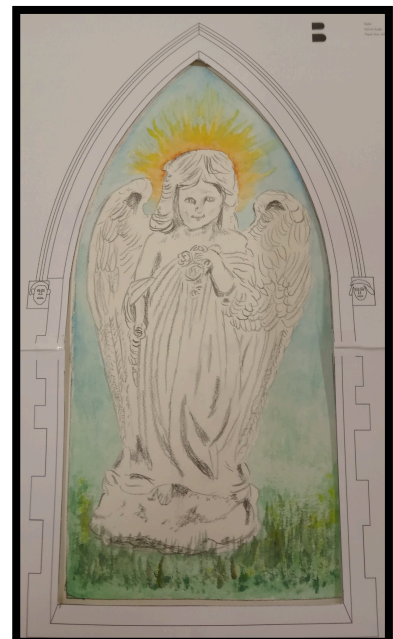


perform on alternative months and this month was exceptional, and it was a sell out. We were immersed in the captivating stories and rich traditions of Wales.

The soothing sounds of traditional fiddler Patrick Rimes (left) washed over us; his music is influenced by rock climbing with family and friends in the hills of Snowdonia. Also, harpist Cerys Hafana featured songs she has composed which are largely based on material she finds in the Welsh National Library's online archive, including fragments of Psalm tunes and hymns which she mixes with her original compositions.

ART COMPETITION

Newport City Council has invited its residents to participate in their Chapel Windows Artwork Competition and members of our Art Group have risen to the challenge. The competition will see winning artwork displayed on the temporary covers of the chapel windows at St Woolos Cemetery while restoration work is carried out on them. Entrants have been asked to draw inspiration from anything found in the surrounding environment such as wildlife, historic artefacts or the landscape: here's one entrant from Art Convenor, Pete Brodie.



GOOD LUCK - and watch this space!

NCC VISIT

Since our involvement at the Older People's Event in October at the Riverfront, Katherine Hawkins the NCC Organiser is applying to the World Health Organisation for Newport to become



an Age Friendly City. Having seen how we provide a friendly and inclusive environment, Katherine agreed it would be beneficial for our u3a to be involved, and our members Julie Kennedy and Jackie Kerr have volunteered to represent us. Katherine visited us earlier this month and observed our Choir rehearsing and talked to our Theatre Group regarding what Age Friendly meant to them. Katherine also chatted to members in our Cafe whilst they completed her survey relating to their knowledge and ideas for making Newport an Age Friendly City.

PAINSWICK DAY TRIP

Members of our Gardening & Wildlife Group went on a coach trip to the unique Rococo Gardens at Painswick designed in the 1740s as a fanciful pleasure garden with its views of the Cotswold countryside and magical follies. On the day of the trip we were blessed with fine sunny weather. And, although the height of the snowdrop season was coming to an end the daffodils, out in full bloom, provided a beautiful welcome replacement.

After purchasing some plants at the garden's nursery we moved on to Stroud for a late lunch.

We arrived home happy that the day proved a welcome interval in what has been a dreary wet winter.



Contact Angela Robins at publicity.newportu3a@gmail.com if you would like any news about your group included in future Newsletters.

