# DESERT ISLAND TIMES

# Sharing fellowship in

# NEWPORT SE WALES U3A

No. 6 25<sup>th</sup> April 2020



**Evening Calm by Ian Lumley** 

A MISCELLANY OF CONTRIBUTIONS FROM OUR MEMBERS

#### A tale of two brothers, copper, a shipwreck and a dodgy deal! - Linda Elwell

Researching your family history is a fascinating hobby and is something you can do mostly from the safety of your own home. Finding the basic facts is satisfying but unearthing the stories behind the facts is where the real enjoyment starts and can result in learning some intriguing and unexpected stories.

This story is part of my family story, I won't go into depth of the details, they are probably only interesting for me. However, if my story whets your appetite and you want to know more please get in touch.

My great great great grandparents, Henry Boden and Matilda Potter, were both born in Liverpool in 1810, they married in 1829 and had six children (5 boys and 1 girl). Henry was a Master Mariner (i.e. a ship's captain in the Merchant Navy). All of their sons became seamen. Two of the sons, William and Thomas were **both** my great, great grandfathers. No, I haven't lost the plot! John and Isabella Boden were my great grandparents. John was William's son and Isabella was Thomas' daughter. When I first found this, I thought it was illegal, but I've since found that first cousins are allowed to marry. So that's the basics, the rest of the story is about the brothers William and Thomas and is where I began to learn so much more than just family history

By 1841 the family had moved to Swansea, I don't know exactly why they moved but assume it is because of the seafaring connection. I have found that Swansea at this time was a flourishing port and one of the world's most important producers of copper, so much so that it was known as "Copperopolis" and smelted 90% of Britain's copper. The copper ore initially came from Devon and Cornwall but as these reserves were used up, they had to travel further afield to Chile and South Africa. Why did Swansea become so dominant in copper production?

"The mouth of the Tawe provided a safe harbour. Small ships could sail up the river to deliver the ore directly to the copper works and carry away the refined metal. Three to four tons of coal was needed to smelt one ton of copper ore, so it made economic sense to bring the ore to the coal. The Welsh coal fields lay midway between the ore fields of Cornwall and the metal hungry factories of the English Midlands." (extracted from information on the Swansea museum website)

Today, new housing, leisure and shopping developments, including the Liberty Stadium, home to Swansea City FC and the Ospreys have been built near the banks of the River Tawe, and the area set aside for housing has been named the 'Copper Quarter' in honour of the importance of copper not only to Swansea, but to the rest of the world, as copper helped power the industrial revolution.

It was of course sailing ships in the days when William and Thomas went to sea. The types of ship the brothers sailed in were barques. A barque is a sailing ship with three or more masts. The picture below shows barques in Swansea docks.



(Photo courtesy of Swansea Museum)

William was born in 1831, by the time he was sixteen he was an Apprentice Seaman on the "Esther Francis". In 1857 he married Mary Jane Wood, a daughter of another Master Mariner, they had four children. Their second son, John, would become my Great Grandfather. William progressed through the ranks and was awarded his Master Mariner's certificate in 1864. I have been able to find the names of many of the ships he sailed in but as yet I haven't found details of his voyages. I have found that he died of fever when at sea on the "Star of Hope" in 1867, so he was only thirty-six and his son, John, was only six.

Thomas was born in 1833, when he was sixteen, he was also an Apprentice Seaman. His registration document shows he had fair hair, fair complexion and hazel eyes. In 1856 he married Ann Lully, also the daughter of a Master Mariner. They had three daughters, the youngest of which, Isabella, would later marry William's son John and become my Great Grandmother.

So, both William and Thomas were my Great Great Grandfathers, they were both Master Mariners and both married daughters of Master Mariners, is this why I love the sea?

I've managed to find quite a lot of information about Thomas' journeys. He was a "Cape Horner", i.e. he sailed around the notorious Cape Horn to Chile. They would sail out with a cargo of coal and back with a cargo of copper ore. The whole voyage from Swansea to Chile and back could take more than a year. Cape Horn is a desolate and fearsome place, bitter winds blow ceaselessly from west to east, and massive green waves, thirty metres high roll across the ocean, so strong they can smash a ship to pieces. I've found this photo of a ship rounding the horn, it looks very scary to me!



After many years captaining other people's ships in 1866 Thomas purchased the barque "Coquimbana", she had been built in New Brunswick, Canada in 1863. Made of wood she was 134ft long, 27ft wide and weighed 484 tons.

The Coquimbana sailed from Swansea in July 1866 and arrived in Valparaiso, Chile in April 1867. Her return journey began later that month and she sailed for Swansea carrying a cargo of copper and barley, but she sank at Tyssen Patch, just off the Falklands on 31<sup>st</sup> May 1867, luckily all the crew survived and were taken to Port Stanley. Hundreds of ships sank near the Falklands as this ship wreck map shows:



It's too small for you to see in the map above but you can clearly see the Coquimbana in the cropped version below, between West and East Falkland above the word *Falkland* in *Falkland Sound*.



Thomas stayed in the Falklands for about three months until the wreck was sold by auction. There was more than a bit of trouble over the sale as Thomas sold the wreck for £250 to Don Luis Piedra Buena, a well-known sea captain and adventurer. A special agent was sent by Lloyds of London to sue Piedra Buena in the Magistrates Court for the return of the ship and the cargo. He referred to the sale as a swindle as the cargo of copper worth £9,000 had been sold for £250. I have not been able to find out if Thomas got

into any trouble over this, or if it was just Don Luis who was at fault. Deals of this type were apparently not uncommon back then, when captains would sell their wrecks for the value of the wrecked ship, the only commodity that belonged to them.

Following the shipwreck, Thomas never bought another ship – who can blame him after his experience in the Falklands? I don't know why he never bought a ship again; it is possible he lost a lot of money with the wreck and may not have been in a position to but another. He continued to sail in other people's ships for at least 11 years and died some time between 1878 and 1884.

#### MIKE THE PAINTER submitted by John and Beth Smith

There was a painter named Mike who was apt to make a penny whenever he could. So he often thinned down his paint to make it go a wee bit further. As it happened, he got away with this for some time, but eventually the church decided to do a big restoration on one of its largest buildings. Mike was given the job. He set about erecting the scaffolding, setting up the planks, buying the paint and, as usual, thinning it down with turpentine. Well, Mike was up on the scaffolding, painting away, the job nearly completed. Suddenly there was a horrendous clap of thunder and the sky opened. The rain poured down washing the thinned paint from all over the church and knocking Mike off the scaffold to land among the gravestones. He was surrounded by tell-tale puddles of the thinned and useless paint. Mike was no fool and he knew this was a judgement from the Almighty. He got down on his knees and cried, "Oh, heaven forgive me. What should I do?" From the thunder a mighty voice spoke, "Repaint! Repaint, and thin no more!"

## Some Proverbs - Pam Cocchiara

Remember in Junior School when we learnt all those proverbs and sayings? Here's my own version of just a few of them.

Where there's a will there's greedy relatives.
The grass is always greener on Monty Don's lawn.
God helps those who help themselves but he draws the line at shoplifters.
If you can't beat 'emdon't become a member of a Sadist club.
A bird in the hand is a fistful of droppings.
Blood is thicker than water but much harder to get out of your clothes.
Too many cooks on TV these days.
Two heads are better than one but not when it's Siamese Twins.
Better late than pregnant!

#### .... and a Quiz

What items of footwear are described in the cryptic clues below?

- 1. Useful for choosing shellfish.
- 2. The right footwear for plumbers?
- 3. Golf clubs maybe.
- 4. These will keep you fit.
- 5. Do they creep around and tell on you?
- 6. Suitable for Irishmen perhaps.
- 7. Give it some!

- 8. Shallow water birds.
- 9. Property of a medical man?
- 10. Do these hang around with Mother's Pride?
- 11. Obstinate creatures!
- 12. Useful if you've a flat tyre.
- 13. Banana skins?
- 14. Items used by an Italian assassin perhaps.

#### All that Jazz! - Mike Brown

Here's a typical example of the jazz I choose for my group at the "All That Jazz" monthly sessions. I like them and hope you will like them too.

1/ American jazz pianist & composer Ahmad Jamal was born Fritz Russell Jones in July 1930. For 5 decades he has been one of the most successful small group leaders in jazz. He emphasised space and time in his musical compositions and interpretation instead of focusing on the blinding speed of bebop. / YouTube - "Ahmad Jamal Poinciana - Olympia Paris Live" http://m.youtube.com/watch?v=SiARr9JhLEo

2/ The infamous Miles Davis (1926-1991) was born in Illinois. He studied at the Juilliard School of Music but soon dropped out to make his professional debut with the Charlie Parker Quintet between 1944-1948. He became among the most influential and acclaimed figures in the history of jazz. His five-decade career kept him at the forefront of many stylistic developments in music. / YouTube - "Miles Davis - So What (Official Audio)" <a href="https://m.youtube.com/watch?v=zqNTltOGh5c">http://m.youtube.com/watch?v=zqNTltOGh5c</a>

3/ Another jazz musician who needs little introduction is Dave Brubeck (1920-2012). A pianist and composer, he experimented with unusual 'time signatures'. Probably the tune with which he had the greatest success was 'Take Five' written by his sax player Paul Desmond of the Dave Brubeck Quartet. Try this one! / YouTube - "Unsquare Dance Medley (Dave Brubeck Tribute) - All-Star Jazz Quintet - 2009 Kennedy Center Honors" <a href="http://m.youtube.com/watch?v=3KDjbbtsIYI">http://m.youtube.com/watch?v=3KDjbbtsIYI</a>

4/ Clarinetist & Bandleader Benny Goodman (1909-1986), known as the 'King of Swing', led one of the most popular music groups in the States. His Carnegie Hall concert in Jan 1938 was described as the most important jazz or pop music concert in history - Jazz's coming out party to the world of "respectable" music. / YouTube - " Why Don't You Do Right - Peggy Lee - Benny Goodman Orch. "http://m.youtube.com/watch?v=4zRwze8 SGk

5/ In Dec.1957 perhaps the most impressive array of Jazz talent ever was assembled before American TV cameras and provided viewers with a less formal look at the "Sound of Jazz". Traditional Jazz was represented by trumpeter Henry "Red" Allen's All-Stars. / YouTube - "Henry Red Allen - Sound of Jazz 1957 - Wild Man Blues #2+#1 rec. Docu 6.06 BBC "http://m.youtube.com/watch?v=vo7qiXkTu4s

6/ The showstopper from the American TV show (above) was "Fine and Mellow" wherein Billie Holiday (who wrote it) and tenor sax player Lester Young, whose long and close friendship was said to be strained, rekindled one of the all-time great musical romances. / YouTube - "Billie Holiday - Fine and Mellow - The Sound of Jazz "<a href="http://m.youtube.com/watch?v=sJQiqTZfakQ">http://m.youtube.com/watch?v=sJQiqTZfakQ</a>

7/ One of the finest versions of Duke Ellington's "In a Sentimental Mood" is by the French jazz pianist Michel Petrucciani. Despite the fact that he was small in stature, due to a disabling bone condition, he was a powerful player as demonstrated by the following track. / YouTube - "Michel Petrucciani - In A Sentimental Mood "http://m.youtube.com/watch?v=6PyYcnXQZJY

8/ Gerry Mulligan was a skilful Baritone Sax performer, playing the instrument with a light and airy tone in the era of "cool jazz". The heyday of his quartet with Chet Baker was in the early 50's, after which Baker started to become a solo star. / YouTube - "Chet Baker & Gerry Mulligan-Carioca (1952) "http://m.youtube.com/watch?v=UeidKXueKec

9/ Chet Baker was a primary exponent of the West Coast school of cool jazz. As a player (trumpet & flugelhorn) he had a generally restrained intimate style and attracted attention beyond jazz for his photogenic looks. He also earned much critical praise throughout his career for albums featuring his voice. This track is a fine example. Unfortunately, his career was marred by drug addiction. / YouTube - "Chet Baker - Almost Blue" <a href="http://m.youtube.com/watch?v=z4PKzz81m5c">http://m.youtube.com/watch?v=z4PKzz81m5c</a>

10/ The American jazz pianist, composer and arranger Horace Silver hailed originally from the Cape Verde Islands. His most successful album was "Song for my Father" inspired by a trip to Brazil, dedicated to his father and released in 1965. / YouTube - Horace Silver Quintet Que Pasa <a href="http://m.youtube.com/watch?v=87wul09cuA">http://m.youtube.com/watch?v=87wul09cuA</a>

### **The Logic of Children**

Teacher: How old is your father?

Child: He's six.

Teacher: How's that possible?

Child: He only became father when I was born!

Teacher: Mary, go to the map on the wall and find Australia.

Mary: Here it is, Miss.

Teacher: That's right. Now, class, who discovered Australia?

Class: Mary, Miss!

Teacher: Glenn, how do you spell 'crocodile'?

Glenn: K-R-O-K-O-D-I-A-L. Teacher: That's wrong!

Glenn: It may be wrong, but you asked me how I spell it!

Teacher: Donald, what is the chemical formula for water?

Donald: HIJKLMNO
Teacher: What do you mean?

Donald: Well, yesterday you told us it was H to O!

Teacher: Clyde, your essay on "My dog" is exactly the same as your brother's.

Clyde: Of course, Miss. It's the same dog!

Teacher: Alan, what do you call a person who keeps talking when people aren't interested?

Alan: A teacher, Miss!

Teacher: A collision occurs when two things come together unexpectedly.

Jane: Miss, we had a collision in our family.

Teacher: Oh! What happened? Jane: My mother had twins!

Teacher: Jonnie, give me a sentence which includes the word "intense". Jonnie: When we went camping with the cubs we slept "in tents"

#### **DIY – Pam Cocchiara**

One of the main problems of our enforced stay indoors is how to keep busy, fit and sane! Apart from the recommended daily walk, I've decided to keep active by doing things that I am usually too busy to do (well that's been my excuse in the past!). I've made out a list of all neglected tasks around the house and I'm tackling them one at a time. I love making a list; it's so satisfying isn't it when you tick things off as you work your way through it.

First on the list, cleaning all the windows - Tick!

Next, an overhaul of the kitchen cupboards – Tick!

I've discovered kitchen utensils and appliances that I'd forgotten I ever had, some of them I'll certainly never use again. I've put items aside for the charity shops and other odd bits and pieces will go out for Wastesavers. After all this sorting and cleaning I'm feeling so virtuous that I expect to see a halo when I look in the mirror!

Next on the list is going to be a good sort-out of all the paperwork I've accumulated since my last great sort-out. When was that I wonder?

But there is a limit to my efforts. I draw the line at DIY. I shan't be tackling household repairs and odd jobs. I'll leave that to the experts. No, my advice is......

#### Don't Do-it-Yourself!

When using a gadget or tool I'm clumsy, all thumbs as a rule.
I'm not very clever with my hands and could never
do practical things when at school.

When I cook, if I try to work faster slicing vegetables, it's a disaster!

After using a blade I need some First Aid,

a dressing maybe or a plaster.

Despite that I decided to try to cope with some jobs DIY.

Then a household disaster I'd be able to master,

and hopefully could rectify.

So I was determined to try to develop some skills by and by.

"If I try hard enough, it can't be that tough,"

I thought "Others have learnt, so can I."

I bought a book "Home Repair" and studied it all with great care.
It said to succeed, the right tools you would need
Tackle household wear and tear.

In Wicks, a nice man name of Ivor sold me a tool kit for a fiver.
In it were a spanner, hacksaw, a claw hammer
and two different types of screwdriver.

Now I thought that I knew all the tricks, and electrical faults I could fix,
But to my dismay I learnt the hard way
electricity and water don't mix!

Some rooms needed redecoration, a simple job in my estimation.

Now paint's all in my hair and splashed everywhere,

like a Jackson Pollock creation!

I went up in the attic to store items I didn't need any more.

There wasn't much space and one foot I misplaced between rafters and went through the floor.

Cleaning up after that was a chore, my hands were all reddened and raw,
And in the one bedroom there's now much more headroom
Cause the ceiling's not there any more.

For a leaking pipe my strategy was a failure. Now that's plain to see.

Perhaps in hindsight a hacksaw wasn't right

for the job. Catastrophe!

I know now DIY's not for me. My hope was to do jobs for free.

But the house is a wreck. It'll need a large cheque
to pay for expert remedy.

I hate to give in as a rule. Admitting defeat's not thought cool.

But I know when to quit, "For Sale – 1 Tool Kit"

From now on a pen is my tool!

#### Sudoku

6				5	2	1	7		4			7	9			3	
	5	2						9		7					2		
			8	9	4	5	2			6	8	1	2				
	4		6		3				7				1	6	9		2
3				7				4		1	9		5		4	8	
			9		8		1		5		2	9	4				1
	3	5	7	8	6								6	2	8	9	
7						3	6				3					7	
	6	9	5	3				2		9			7	1			3

Each row and each column has to contain numbers 1 to 9 once only; each large square of nine smaller squares likewise. Do not guess numbers! Work out each by elimination.

#### Easypeasy Cryptic Crossword Clues No 5 – Angela Robins

There are a dozen types of Cryptic Crossword Clues and here is a taster of the Word Exchanging Clue. Ignore the surface meanings - they rarely make any sense!

A 'straight crossword' is a matter of word-exchanging - Small drink = Nip, Father = Pa. There are thousands of words in the English language that may be exchanged for other words.

The cryptic crossword also uses them but as portions of an answer. Two or more may be strung together to form a composite word that is required for the answer. Straight crosswords are usually one-word answers, but a cryptic answer may be a whole phrase, the title of a book or TV programme.

i.e. First man / and a worker / were very determined (7). Answer=Adam/ant.Realise that / material / is connected. Answer=Cotton/ On.

Have a go at these - the answers are at the end.

- 1. Blemish/ allowed/ a shade of red (7).
- 2. You and I/ get older/ but still have function (5).
- 3. The woman and him give his name (6).
- 4. The vehicle is not here to set the seed (7).
- 5. Put a pound on trench to win at Potter's game (9).
- 6. Ilex timber in Los Angeles (9).
- 7. King/ Edward/ was erudite (7).
- 8. An American lavatory rank for former PM (4,5).
- 9. Puss to ring with a disapproving message (3,4).
- 10. Refunded representative with assistance (6).
- 11. Soaked turf by the lair (6).
- 12. Rest before rows to move out of line (5,5).
- 13. Almond with Margaret for spice (6).
- 14. Put on some clothes then come round to this part of the theatre (5,6).
- 15. Transport security man in the front (8).
- 16. Choose a fish for preserving (8).
- 17. Thus the cover is reliable (5).
- 18. Man's fear meant he was of Latin -American descent (8).
- 19. Laundry weight? That's capital! (10).
- 20. Charge directors for hoarding (9).

A Crossword Dictionary can be an indispensable companion to find alternative words for animals, plants or characters from mythology and literature etc...

Contact me on **valdemosa2@gmail.com** if you would like to receive my group's easy weekly cryptic crossword with hints and answers.

Answers: -1.Scarlet, 2.Usage, 3.Herman, 4.Caraway, 5.Quidditch, 6.Hollywood, 7.Learned, 8.John Major, 9.Cat Call, 10.Repaid, 11.Sodden, 12.Break Ranks, 13.Nutmeg, 14.Dress Circle, 15.Vanguard, 16.Pickling, 17.Solid, 18.Hispanic, 19.Washington, 20.Billboard.

#### 50 MILE CHALLENGE. - Lydney - Mike Brown and Angela Robins

This interesting day out is on our agenda every summer. We always go on a Wednesday when the steam trains are running on the Dean Forest Railway.

We travel to Lydney Junction Railway Station and park the car just over the level crossing by an attractive terrace of historic railway houses. We then walk back to the steam train station in time for the arrival of the 10:00 for 10:15 train. We can't resist taking photographs of the trains even though we do it every year - but that's the beauty of digital cameras.

After waving the train off, and taking advantage of the public conveniences, we make our way back over the level crossing (sometimes seeing a diesel train coming through) and cross over the road and follow a path between the Rivers Lyd and Severn. There are extensive views along the Severn, attractive hedgerows, and some varied wildlife including herons and rabbits.

At the end of the path is the spectacular Lydney Harbour and its Sailing Club. This is an unspoilt location with views of Sharpness. There are no cafes or shops here but you maybe lucky to buy an ice cream from a mobile vendor. If you prefer you can drive to the harbour.

Due to the high tidal range on the Severn the lock that gives boats access into the harbour is vertiginously deep! There are many boats moored here and are very picturesque - so more photos! If we walk at a fairly brisk pace we can get back in time to see the 11:20 for 11:35 train.

It's possible to walk into Lydney via Bathurst Park with its attractive lake, or we can drive in. We park in a small free car park just past Lydney Town Station and make our way into the town for a fish and chip lunch (other eateries are available) and some retail therapy. Or you may like to take a ride on a train to Norchard and back.



#### **CLEAR AS MUD**

Finally! Some crystal cut clear information! Please read this clarification of the lockdown rules:

- 1. You MUST NOT leave the house for any reason, but if you have a reason, you can leave the house.
- 2. Masks are useless at protecting you against the virus, but you may have to wear one because it can save lives, but they may not work, and they may be mandatory, but maybe not.
- 3. Shops are closed, except those shops that are open.
- 4. You must not go to work but you can get another job and go to work.
- 5. You should not go to the Doctor's or to the hospital unless you have to go there, unless you are too poorly to go there.
- 6. This virus can kill people, but don't be scared of it. It can only kill vulnerable people or people who are not vulnerable. It's possible to contain and control it, sometimes, except that sometimes it actually leads to a global disaster.
- 7. Gloves won't help, but they can still help so wear them sometimes, or not.
- 8. STAY HOME, but it's important to go out.
- 9. There is no shortage of groceries in the supermarkets, but there are many things missing. Sometimes you won't need loo rolls, rice or Jamaican Ackee but you should buy some just in case you need some.
- 10. The virus has no effect on children except those children it affects.
- 11. Animals are not affected, but a cat tested positive in Belgium, plus a few tigers here and there.
- 12. Stay 2 metres away from tigers (see point 11).
- 13. You will have many symptoms if you get the virus, but you can also get symptoms without getting the virus, get the virus without having any symptoms or be contagious without having symptoms, or be non-contagious with symptoms...it's a sort of lucky/unlucky dip.
- 14. To help protect yourself you should eat well and exercise but eat whatever you have on hand as it's better not to go to the shops, unless you need toilet roll or a fence panel.
- 15. It's important to get fresh air but don't go to parks but go for a walk. But don't sit down, except if you are old, but not for too long or if you are pregnant or if you're not old or pregnant but need to sit down. If you do sit down don't eat your picnic, unless you've had a long walk, which you are/aren't allowed to do if you're old or pregnant.
- 16. Don't visit old people but you have to take care of the old people and bring them food and medication.
- 17. If you are sick, you can go out when you are better but anyone else in your household can't go out when you are better unless they need to go out.
- 18. You can get restaurant food delivered to the house. These deliveries are safe. But groceries you bring back to your house have to be decontaminated outside for 3 hours including frozen pizza.
- 19. You can't see your older mother or grandmother, but they can take a taxi and meet an older taxi driver.
- 20. You are safe if you maintain the safe social distance when out but you can't go out with friends or strangers at the safe social distance.
- 21. The virus remains active on different surfaces for two hours ... or four hours...or six hours... I mean days, not hours. But it needs a damp environment. Or a cold environment that is warm and dry... in the air, as long as the air is not plastic.
- 22. Schools are closed so you must home educate children, unless you send them to school because you're not at home. Baking cakes is considered maths, science and art. You can include

household chores as education. If you are home educating you can start drinking at 10am – you'll probably need to.

23. The number of corona related deaths will be announced daily but some people who die of corona

aren't counted, won't or will be counted but maybe not.

24. No business will go down due to COVID-19 except those businesses that will go down due to COVID-19.

#### Hope that makes things clearer for you?

# **Garden Wordsearch submitted by Barbara Phillips**

W	V	L	Α	I	D	N	U	S
E	Z	Н	Α	М	M	0	С	K
S	R	G	Т	L	S	D	R	S
U	R	Т	N	Т	R	0	1	L
0	A	1	Α	1	Н	V	R	1
Н	Α	Т	Α	С	K	Е	0	D
N	U	W	N	Н	G	С	В	Е
E	S	Ε	N	N	С	0	E	L
E	В	Н	U	I	M	a Tae	Z	D
R	S	0	E	T	N	E	Α	Е
G	L	R	Α	D	Į	G	G	S

Find 12 things found in the garden

(Answers on page 16)

#### A conversation between a child and their Grandad in 2095

**Child** - How old are you Grandad?

Grandad - I'm 81.

Child - Does that mean you were alive during the Coronavirus?

**Grandad** – Yes, I was.

**Child** - Wow. That must have been horrible, Grandad. We were learning about that at school this week.

They told us about how all the schools had closed. And mum's and dads couldn't go to work so didn't have as much money to do nice things. They said that you weren't allowed to go and visit your friends and family and couldn't go out anywhere. They told us that the shops ran out of lots of things so you didn't have much bread, and flour, and toilet roll 'child giggles'. They said that summer holidays were cancelled. And they told us about all those thousands of people that got very poorly and who died. They explained about the NHS and how hard all the doctors and nurses and all NHS workers worked, and that lots of them died too.

That must have been so horrible Grandad.

**Grandad** - Well, that is all correct. And I know that because I read about it when I was older. But to tell you the truth I remember it differently ....

I remember playing in the garden for hours with mum and dad and having picnics outside and lots of bbqs. I remember making things with my Dad and baking with my Mum. I remember making dens with my little brother and teaching him how to do hand stands and back flips. I remember having quality time with my family. I remember mum's favourite words becoming "I've got an idea..." rather than "Maybe later or tomorrow, I'm a bit busy". I remember making our own bread and pastry. I remember having film night 3 or 4 times a week instead of just one.

It was a horrible time for lots of people you are right. But I remember it differently.

Remember how our children will remember these times. Be in control of the memories they are creating right now, so that through all the awful headlines and emotional stories for so many that they will come to read in future years, they can remember the happy times.

Author unknown

#### THE CAR NUMBER PLATE GAME - Rob Wilkinson

The aim is to make as many words as you can, including the 3 letters given and adding more. For example, if you had CRV as your start you could make CREDIT, VICTORY AND VICTORIOUS. Words with 4 to 6 letters score 1 point, those with 7 to 9 letters score 2 points and words of 10 letters or more score 3, so CREDIT would score 1, VICTORY scores 2 and VICTORIOUS scores 3. It's a good game to play when in enforced isolation and you fancy a change! N.B. You must not repeat any words!!

1 BRD	2 CRD	3 CRT	4 BLT
5 DRN	6 DRM	7 DLT	8 FRM
9 GRD	10 SLM		

This one should suit Scabble players! Let's make a fun contest out of this – if you can produce a word or words of 12 letters or more, send me an email (<a href="mailto:chair.newportu3a@gmail.com">chair.newportu3a@gmail.com</a>) with the word(s) and we'll see who has the sharpest brain – or the most spare time! A free copy of next week's DIT will be sent to the winner.

DINGBATS: These pictu	ıres represent a common ı	t into the control of			
For example this one is t	Jphill Struggle	STRUGGLE			
S D A E H	gluttony greed gluttony  ANGER pride anger  greed sloth envy  sloth or anger	ABCD FGHIJ KLMNOP QRSTUVWXYZ			
1	2	3			
thought an	All Myself	HOAWNLD = BTUWSOH			
4	5	6			
ot 1	FLUBADENCE	Bum Rear Booty			
7	8	9			
req e kids r i U	£\$£\$£ BIRTH	Midday T			
10	11	12			
pochicx	Rain,Sleet,wind,fog	(frozen h2o) <sup>3</sup>			
13	14	15			

Submitted by Jackie Mills
Answers on page 18

### Stockton Chicken Parmo – a simple recipe for a filling meal – Gill Berry

Visit the North East of England and you will find Chicken Parmesan or Chicken Parmo on the menus in many eating houses. "Parmesan" is somewhat misleading as there is no Parmesan cheese used – Stephen wouldn't go near it if there were! I had the original recipe from a family member but have amended and added to produce a unique meal. Why Stockton? I was born there!

For the Parmo you will need 2 pieces of bread-crumbed chicken breasts, a packet of Cheese Sauce mix, slightly less than half a pint of milk and as much grated cheese as you yourself like.

Cook the chicken in the oven according to the instructions on the packaging. Prepare the cheese sauce to a thickened consistency. Spread over the cooked chicken breasts and sprinkle grated cheese over the sauce. Return to the oven and cook until golden brown.

As the chicken is likely to take around 20 to 25 minutes to cook, you will have time to prepare a tasty side salad which makes a tasty, crunchy and healthy accompaniment to your Parmo meal.

You will need a small tin of sweetcorn, one tomato finely chopped, half a green pepper sliced and diced, some spring onions or half a red onion finely chopped, pepper to taste and French salad dressing. Mix all ingredients in a small bowl and serve alongside your Parmo. Sit down and enjoy!

# Answers to Quiz (page 6)

1. Winklepickers	8. Waders
2. Tap shoes	9. Doc Martens
3. Wedges	10. Loafers
4. Trainers	11. Mules
5. Sneakers	12. Pumps
6. Brogues	13. Slippers
7. Welly	14. Stilettos

#### Solution to Garden Wordsearch (page 13)

W	V	L	Α	I	D	N	U	S
E	Z	H	Α	M	M	0	С	K
S	R	G	T	L	Ŝ	D	R	S
U	R	T	N	T	R	0	-	L
0	A	1	A		H	V	R	I manual
Н	A	T	A	c	K	E	0	D
N	Ü	W	N	H	G	C	В	E
E	S	E	N	N	0>	0	E	L,
E	В	H	Ü		M	- Incomp	Z	D
R	s	6	E	T	N	E	А	Е
G/	(L/	R	A	D	1	G	G	S

#### What annoys me is ...... – Stephen Berry

No, it's not Stephen Berry that annoys me – in fact, I get on quite well with him! Something that does annoy me, though, is the misuse of the English language. This no doubt arises from the fact that I was educated during the 1960s, when grammar was <u>taught</u> rather than guessed at and inaccuracies were corrected rather than being accepted as "quaint."

Those of you who read TAM will, I think, have come across most of the *faux pas* that annoy me. One remains, though, and that is the expression "Pulling out all the stops."

It is used in the context of making every effort, working at full capacity and the like, and has its obvious origin in the art of playing the organ. Now superficially an organ has distinct similarities to a piano in that it is a keyboard instrument, That is where the similarities end! Whereas anybody can make a noise from a functioning piano simply by pressing down a key or keys, and varying volume by pressure on the keys, that is not the case with the organ. Whether an organ is a pipe organ or an electronic organ it has an added dimension – stops. Traditionally these are knobs which project either side of the keyboards and are pulled out to function. There is much variety in a larger instrument – stops of different volume, different pitch and different timbre (or sound quality) – and the art of the organist is combining these to produce very different sounds.

A pipe organ relies on a supply of wind produced by an electric blower — a naughty choir boy pumping a set of bellows in pre-electric times! — and when keys are depressed (irrespective of how much pressure is applied), wind enters the appropriate pipes of any stop which is drawn out. Generally speaking there is a recognised pattern to adding stops if the organist wants to increase the volume of sound produced. It is from this that the fallacy of "pulling out all the stops" originates.

A number of stops produce a very quiet sound and are used generally for quiet effects. At the other end of the sound spectrum are the reed stops such as the Trumpet which often produce an ear-splitting sound! Such a stop would generally either be used as a solo stop or to add considerable volume for the last verse of a hymn when a large congregation is present. Now let's return to the basic necessity to producing any sound — a supply of wind. There is finite amount that can be produced, governed by the power of the motor. The more stops that are drawn, the more wind is needed to produce sound. It means, then, that to produce maximum volume it is necessary to judge which stops are going to contribute to that sound. The very quiet stops are not even going to be heard and they add absolutely nothing — they do, however, use wind, wind which is wasted. In fact, using wind for such stops can be counter-productive as that wind is not then available for stops that do contribute. So, "pulling out all the stops" simply wastes wind and actually means "functioning at less than maximum capacity". Considering it in these terms, though, perhaps politicians are being honest when they say that they are "pulling out all the stops" — you'd certainly think so sometimes!



Playing the organ at Cirencester Parish Church – the banks of stops are on both sides

#### **POSITIVITY CORNER**

Normal life, as we now look back and call it, had both our mental and physical beings fully occupied, many of us constantly rushing through life attempting to meet every demand we placed on ourselves.

So now allow this time we have found ourselves living, to .......

#### **LET YOURSELF REST**

If you're exhausted, rest

If you don't feel like starting a new project, then don't.

If you don't feel the urge to make something new, just rest in the beauty of the old, the familiar, the known.

If you don't feel like talking, stay silent.

If you're fed up with the news, turn it off.

If you want to postpone something until tomorrow, do so.

If you want to do nothing today, let yourself do nothing today.

Feel the fullness of the emptiness, the vastness of the silence, the sheer life in your unproductive moments.

Time does not always need to be filled.

You are enough, simply in your being.

For those who are Key Workers enabling our world to continue turning, a heartfelt thank you, and I hope somewhere in the above words, you can find a line that can help even you.

Stay safe, stay well.

Janine Gibson

#### **Keep Singing! – Gerald Lee and Stephen Berry**

Those of us who were educated during the late 1940s, the 1950s and 1960s will probably remember weekly radio broadcasts of Time & Tune, Singing Together and Rhythm & Melody.

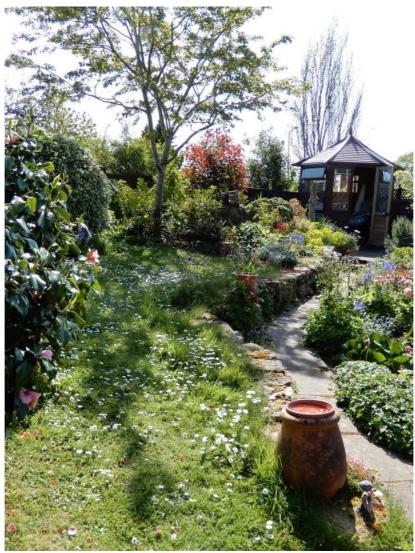
Gerald Lee and I have frequent conversations about the songs we learned and have never forgotten! Can we now ask you, please, to email the names of those songs that you learned from any of these programmes – or, if you can't remember a title, a line from the song or a sentence about the subject of the song will help. We have started a list – let's see how many more titles we can add to it. We'll publish a list of all we collect in due course.

#### **Dingbat Answers**

1 heads up 6 a bird in the hand is 11 cash on delivery 2. mixed emotions worth two in the bush 12 afternoon tea 3. absentee 7 back to square one 13 chicken pox 4. an after thought 8 bad influence 14 under the weather 5 all by myself 15 ice cube 9 bottoms up 10 children in need

# **NEWPORT U3A ONLINE GARDEN SCHEME**





This week we visit Judith Nash's beautiful garden – I think Gwyneth should organise a trip here next year!

#### **News Roundup**

There is really very little positive news to give you at the moment – I am sure that you are keeping abreast of news coverage from our two Governments and their professional advisors.

The current picture is, to say the least, 'cloudy'. The latest comments suggest that lockdown is likely to continue for some long while yet. We are hoping that the situation may become clear enough for us to think about an AGM in September, but that decision will only become possible nearer the time. We are mindful not only of our members who want to come back as soon as possible, but the need to take into account the difficulties in accommodating our larger groups, all of which consist of a large number of 'vulnerable' people. That must remain foremost in any plans and/or decisions we take. Rest assured we will seek views of the wider membership when we feel we may be able to set return wheels in motion. YOUR safety is our prime concern!

The appeal for help for my daughter, Lisa, who is a co-ordinator of the "Aneurin Bevan Scrubbers" has been ably answered by around 30 of our members and Lisa has asked me to send a huge THANK YOU to you all and also to those of you who have passed on details to non-U3A friends. The group is really taking off. She has made over 200 bags herself, and the whole group many more. There is now a big demand for bags for carers in homes and those who give residential care. These groups have not been well served so far, so Lisa's group is happy to be able to help them as well.

Our online activities are continuing and groups are adding to their numbers of online members. Cryptic Crosswords, Classical Music Appreciation, Family History, French Debs., Gardening & Wildlife, Italian and Meditation for Health are able to continue in a similar fashion to normal and welcome new members; the Choir members receive sound files of the four vocal parts for home learning. If anyone has an idea for other online learning possibilities – or if I have omitted any group from this list – please let me know.

Because we are, of necessity, having to find new ways of operating when we can't meet may open up new ways of working when things do return to normal. The crisis has given us an opportunity to explore new ways of working and it may be possible to continue these alongside our traditional classes. Any thoughts on this would be very welcome so that we can be prepared for the future.

I am receiving a good quantity of contributions for Desert Island Times, for which I am very grateful. Please keep them coming! As far as possible I try to get new ideas and new contributors in each week and I hope that the varied selection of subjects and activities means that everyone can find at least something of interest! If you contribute something that doesn't appear immediately, do not be unduly concerned. I am, for instance, receiving a number of different garden photographs at present, but am generally planning to include one per week. Please feel free to forward it to anybody who might benefit from having it to read – it is produced by Newport U3A but it can go to other U3As or to people who are not members of any U3A. Who knows? Today's non-member might decide to join us when things return to normal!

Membership renewal forms and subscriptions are continuing to arrive, for which we are thankful. Obviously having to close suddenly three weeks earlier than we had anticipated has had an effect on members' ability to hand these in at Shaftesbury Street, but if you could send any outstanding forms to Margaret Swabey we would be very grateful.

If you feel that you would like a chat, please ring me for just that, You do not have to have a reason for ringing! My number is 01633 677520.

Keep well and keep safe.

**Stephen Berry**