# **U**30



**BURWELL AT LARGE EXHIBITION: March 2022** 

# NEWMARKET & DISTRICT YEARBOOK 2022 - 2023

# **NEWMARKET & DISTRICT**



Newmarket & District U3A is 36 years old, one of the earlier incarnations of the U3A movement. The letters U3A actually stand for 'University of the Third Age' but we play this down as it rather gives the wrong impression. U3A is not about academia and qualifications, it is about activity, enjoyment and friendship: providing places to go, things to do and people to meet for those who may be looking for new interests, or a change of direction in life.

We hope you enjoy this snapshot of our recent activities and look forward to our next year providing a wide range of activities in and around Newmarket.

# **FROM THE CHAIR**

At the AGM of 2022 only two Executive Committee members from 2021/22 returned to serve for another year, with the other six being either completely new or past members of the committee. This has proved to be a good mix of experience and new ideas.

The Executive Committee is the bedrock of our U3A, dealing with a lot of the nitty gritty details needed to help it function, keeping in touch with the Third Age Trust, making sure essential policies, insurances



and licences are in place, rooms are available for meetings, bills are paid etc. Not quite as daunting as it looks on paper!

Also vital is the work done by members of the Activity and Publicity sub committees and of course our enthusiastic group coordinators, without whom there would be no informative and friendly meetings to attend, outings or social events to enjoy.

One of the pleasures of later life is being able to meet with friends with similar interests and learn from each other. This is what the U3A is all about. It forges friendships and maybe introduces you to a new pastime or interest at the same time. Whilst we have had to say goodbye to some groups over the past couple of years it has been encouraging to see members coming forward with new ideas and making a success of new interest groups that have been formed. Maybe inside more of you there are brilliant ideas waiting to escape, why not set them free and see where it leads?

Newmarket U3A wouldn't be what it is today without ALL our members.

With Very Best Wishes

Kath Gífkíns

#### Kath Gifkins

# ACKNOWLEDGEMENTS

**NEWMARKET U3A** would like to thank the following venues and their staff for their continued support in providing premises for our meetings.

All Saints Church Exning Road Club Newmarket Day Centre Tesco PLC The Racing Centre

Our thanks also to:

Newmarket Library for the use of their window and display space Newmarket Community Cinema for featuring NEWMARKET U3A on their pre-screen display and presenting publicity materials.

# BRUNCH

Brenda Hastings & Judy Herridge

The previous restaurant lunch group has closed until we can find a new coordinator. We need someone to take over this role - please give it some thought.

As an experiment it is being replaced with a more informal **BRUNCH** meeting, held on the **second Wednesday of the month at Newmarket Day Centre**. The first meeting was on May 10th and members can just turn up between 10.30 and 11.30am to join friends for a coffee, a snack or breakfast, whatever takes your fancy. Tables and chairs are set aside in the main area of the Centre for our use. Each member will order and pay for their refreshments individually. We hope you will give this your support and hope to see you there.

Brunch Club pre-booked dinners can be ordered direct from the Day Centre a week in advance.

# **MOTO - Members On Their Own**

I'm pleased to say that the group for members who live on their own has proved quite popular, with numbers attending varying from a dozen to over 20. We meet once a month (no set day, it depends on the activity and opening hours of the venue) and have had a very varied programme, visiting such places as Fuller's Mill at West Stow, Burwell Museum, Bottisham Air Museum and Scotsdales at Horningsea for lunch and a look round the Christmas-themed shop.

A slightly different event was the Friends' Day at Kirtling, when several of us went to the parish church to hear a fascinating talk on Medieval Graffiti by Matthew Champion. This was followed by some tasty refreshments. I hope we will be attending this year's event in September and I will circulate the details when I have them.

**Our most popular event** was a cruise on the River Cam in July (with afternoon tea on board), which was enjoyed by 24 people – the maximum we could get in the two boats! – a trip which I think will become an annual event.

**Also very popular** was afternoon tea at Scotsdales, Fordham, when 23 of us enjoyed a very substantial tea and most of us took home a 'doggy box' for the next day's consumption! Again, an event to be repeated.

Our February visit to Anglesey Abbey was also well attended – luckily it was a fine day and 18 of us enjoyed going round the Winter Walk, where we saw lots of snowdrops, hellebores, aconites, etc and a few winter-flowering shrubs. Then we all adjourned to The Shed at Lode for an excellent lunch!

Each month I e-mail group members to advise/remind them of what's planned – if you would like to be on that mailing list, please let me know.



# **ART APPRECIATION**

We have continued our programme of presentations, talks and slide shows in the pleasant environment of the Racing Centre, with its helpful young staff. Alternating with these, according to whatever is on show within a reasonable distance, we go to see local exhibitions. Coffee, cake and/or lunch are definitely included!

June '22 saw us back at the Fitzwilliam Museum, where we endeavoured to share the vision of "Hockney's Eye". This artist has always been interested in perception, and in the various aids to seeing used by artists such as Canaletto.

Andy Webb gave us one of his well-researched talks in July, this time concentrating on Monet and the Impressionists. A remark of his on this occasion about the link between art and money, led to Anna's idea of tracking the ebb and flow of wealth in Venice, and in August she gave a PowerPoint presentation on the flowering of Renaissance art there in the sixteenth century.

We enjoyed another trip in September, this time to the Higgins Gallery in Bedford. This local museum has a wide collection of graphic works, and this one of their well-curated exhibitions was on the theme of "Body and Soul": the representation of women over the last two hundred years, in all their various roles.

Andy was back in action in October, talking about "Copies, Fakes and Forgeries". The life of Van Gogh was Andy's next subject, with all the changes he endured reflected in his art.

Our December lunch meeting at the Moat House was re-instituted this year: a welcome chance to catch up socially, and for the members to pass on their ideas for change and improvement in the group activities.

In February we were invited to the homes of two of our members - David and Richard - to enjoy a personal collection of art in one, and collection of antique optical instruments at the other. It was a novel meeting for the group, and the invitations were much appreciated.

# **ART APPRECIATION (Continued)**

#### Anna Smith

For our March meeting the (apparently!) inexhaustible Andy shared his knowledge of and interest in the movements of Art and Crafts and Art Nouveau, with their inter-connected histories, while in April Anna was able to conclude her "follow the money" story of Venice when it became the "must see" city for young men on the Grand Tour, acquiring all sorts of dubious education as well as paintings to take home, in the eighteenth century.

Looking ahead, we are re-visiting The People's Portraits at Girton College in June, Gainsborough's House in August, probably the NHRM in September -

and....? Plans are forming for the Racing Centre meetings in including a look at some art from the good ol' U.S. of A.

RIGHT: The Sainsbury Centre, visited recently



## SCRABBLE

#### Janet Neville

Created in 1938 by Alfred Butts, an American architect, Scrabble is a tilebased word game in which two to four players score points by placing tiles, each bearing a single letter, onto a board divided into a 15 x 15 grid of squares. The tiles must form words that appear in a standard dictionary. The game has become popular all over the world, it is sold in 121 countries and is available in 29 languages.

Attendance has been very good recently: it has been lovely to see so many members. We generally manage two or three games each. A dictionary is available should anyone query a word. This is a fun Group and there is time for a chat and plenty of laughter while members enjoy a free cup of tea or coffee.



# **MUSIC APPRECIATION GROUP**

#### Mike Jocelyn

A splendid year with around 20 or so members at our meetings which have moved to the Racing Centre with its audio/video facilities. After very welcome suggestions from new members we have a more friendly seating layout and and a longer break around half way through a programme so that members have time to chat over their coffee and tea.

This year we enjoyed a variety of music and video with programmes from this year's PROMS, and titles such as "One Hit Wonders"; Music from composers remembered mainly for just one musical offering, 'Places' e .g. Wedding Day at Toldhaugen, Scandinavian Composers, in particular Sibelius and Grieg.



A view of a presentation: the music is accompanied by images of the event.

As I have been co-ordinator of the Music Appreciation Group for 12 years, I am hoping that another member might take on the task. At present three of us share the presentations so the task is not too onerous.

# LOCAL HISTORY

#### Alison Giles

The **LOCAL HISTORY** Group held its final meeting in February 2023 because Alison moved on from her post at Burwell Museum. In the previous sessions the group looked at Molly Dancing, the Second World War and the bombing of Newmarket as well as a number of other topics. The members enjoyed the variety of locally focussed topics, tracing the development of Burwell and the area around in our meetings held at Burwell Museum amongst the exhibits and resource collections and are to be congratulated for coming to the meetings on several spectacularly wet and muddy days.

### **U3A ACTIVITIES**

We have been busy this year, catching up with the lack of outside events during Covid! In September we held a buffet lunch at the Ellesmere Centre in Stetchworth. Although this was unfortunately held the day after the late Queen died, it was over-subscribed and much enjoyed by those who attended.



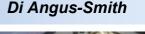
decorated for the festive season. We also participated in Christmas Tree Festivals in both Isleham and Ashley churches. This year volunteers helped with the Christmas lunches held at Newmarket Day Centre; this was enjoyed by both volunteers and participants.

After Christmas came the Annual Lunch. This was not as well attended as in previous years, and it may be that the lack of suitable venues will become more of a problem.



Last January we managed to obtain tickets for the annual Thursford Christmas Spectacular for November 2023. A long time to wait but expected to be worth it! The increased cost of trips has been very evident this year, with

the Congestion charges ruling out attractions in London, but as always we aim to cover the charges without making trips too expensive for members.





Our Christmas trip was to Holkham Hall, where the house had been beautifully





# **GARDEN GROUP**

#### Kath Gifkins & Rosemary Foreman

The period following the return to physical meetings proved to be a challenge as numbers were slow to return to pre- COVID levels and this inevitably led to a drop in group income, meaning our ring-fenced funds were depleted. Luckily we were able to re-engage speakers originally booked for 2020, and it was only when we started to look for new speakers for 2022-23 did we appreciate how much their fees had increased.

Nevertheless, we have enjoyed many

interesting talks over the last few months. These have ranged from Shakespeare's Flowers, Hellebores, Christmas Wreath Making and Coping with Climate Change to growing vegetables in small spaces. We have also had plant sales, outings, quizzes and

# **CARPET BOWLS**

a Gardeners Question Time. In August last year we enjoyed our first coach visit since 2019 to Coton Manor in Northamptonshire, where, although cold and damp, we saw everything from plants and water features to flamingos!

As for the future, we hope to continue in a similar vein starting with our August outing, which this year will be to East Ruston Vicarage Gardens in Norfolk.



Kath & Alan Gifkins

The group has gone from strength to strength in the past year with new members coming along regularly. The group now has up to 28 regular members, although the record turnout for an individual meeting stands at 26. Luckily coffee and chat make up for the time waiting to take to the carpet.

Several members of the group are continuing to make the 'pilgrimage' to Potters each year for their Carpet Bowls break with varying fortunes but enjoying the matches and après bowls entertainment of various kinds.

We have also started to meet with other bowls groups for friendly competition. We visited Kirtling Carpet Bowls Club in May and plan to arrange matches with other clubs in the future. We enjoyed a photowalk in Lavenham in May 22 instead of a meeting, luckily enjoying good weather, and in June we held our first meeting post covid back at Tesco in the community room and reviewed the highlights from Lavenham, also judging our monthly competition on the theme of "New Life".

October was a busy month for the camera group with our general U3A promotion at Newmarket library with a window display, promotional stand and photography exhibition in the library itself. For the first time a public vote in the photo exhibition 'Nature's Wonders' was introduced and library staff reported this was very popular. The public cast 110 votes during the exhibition and copious amounts of our promotional literature was taken away.

Camera group has now settled into our monthly meeting programme at Tesco Community Room on the first Monday of each month, starting at 2.30pm. You can see the winners' photographs on our Group web page. We are a friendly social group, you don't need a fancy camera or specialist knowledge. We're all there to have a go, enjoy our photography and have a natter. Why not try it?

To see the winning pictures in this year's competitions, see below and go to the GALLERY in the centre pages of this YEARBOOK.



April 22 Winner Gordon Duthie Kittiwake and Adoring Mother



Nov 22 Winner Kath Gifkins – Tractor at Upend

# THE GALLERY:

# Photographs from August 2022 to July 23

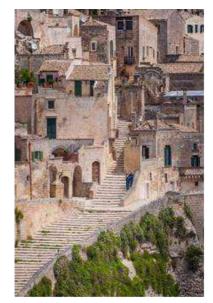




May 22 Winner Gordon Duthie –

July 22 Winner Judy Herridge





June 22 Winner Gordon Duthie - Steps

Sept 22 Winner Joan Watkinson Pickering Station



Oct 22 Winner Gordon Duthie Cloud Formations



Oct 22 Winner Kath Gifkins Italian Chapel



Voted Favourite Picture at the Exhibition Hedgehog – Joan Watkinson



January 23 Joint Winner Barry Coles



February 23 Winner Richard Unwin Street Artist



January 23 Joint Winner Richard Unwin Cotoneaster



March 23 Winner Richard Unwin Oxford Camera from Bodleian Library



Exhibition at Newmarket Library



April 23 Winner Barry Coles - Gecko

#### **CAMERA GROUP COMPETITIONS: 2022 - 2023**

Something Fluffy April -Field Trip November -Past its Best May -New Life December -Churches June -Celebrate the Season July -Steps January -Mechanism August -Statues February -September - Railways March -Windows **Cloud Formations** Hello There! October -April 2023 -

Each year our Group gets together to select the books that we wish to discuss for the next few months. The members' suggestions give us a wide range, resulting in stimulating and enjoyable discussions. Some of the novels are based on fact and often give us some insight about our history whereas others are much lighter reads.

One of our choices for the year was "A woman of no importance" by Sonia Purnell about Virginia Hall who was a remarkable woman working in the Resistance, amongst other things, but had been hidden away. This book about her life gave us a much better understanding about WWII and the French Resistance.

Another that we read was totally different "The Architect's Apprentice" by Elif Shafak.

Although again it is historical fiction it centres on Jahan who is to accompany a small white elephant called Chota to the menagerie at the Sultan's palace where he falls for the Sultan's daughter, Princess Mihrimah.

February was the time for our next selection and once again we have varied the subject matter and a couple on the list are "Bury your Past" by J M Dalgliesh which is a 'who done it' and "The Card" by Arnold Bennet, a comic novel written in 1911 and like much of Bennett's best work, it is set in the Potteries District of Staffordshire.

If you would like to view our full list it can be found on our website. A paper copy is also available upon request.

# **HISTORY OF SCIENCE**

#### Alison Giles

The HISTORY OF SCIENCE group moved beyond the collections of the Whipple Museum in Cambridge to explore the links between our collections and those of other museums in Cambridge. We found parallels with LIGHT at the Fitzwilliam Museum, GEOLOGY at the Sedgewick Museum, BOTANY in the Botanical Gardens and Charles Darwin pretty much everywhere. After a number of Zoom sessions, the group's final meeting was an in-person visit to the Whipple museum in July.

# WINGS, WHEELS & WATER

During the last 12 months, the WWW group has had three main presenters plus a presentation from John Wallace, a very welcome newcomer who gave the group a very interesting session on model-making. His models included a Churchill AVRE and an American Sherman tank - all beautifully made and set in an appropriate landscape. His PowerPoint presentation illustrated the effectiveness of these vehicles on the Allied advance.

Steve Garner led us into the future with 'Wings, Wheels & Water of the Future', followed by 'Autonomous Shipping' David talked on, 'From the Junk to the Super Container Ships - a History of Chinese Shipping', while Tim presented the 'James Hubble Telescope - a view of the past'. Richard Rigby and David Soanes gave us 'The History of the London Underground from 1863 to the present day'. This included a preview of the CrossRail project and the construction of the new Elizabeth Line.

We would welcome suggestions of topics that we might research and present in future and ways in which we might update and refine the group's activities. If any other members would like to lead a talk or an activity we would be delighted and would offer any help and support necessary. Researching topics and creating presentations is a fascinating activity which we thoroughly enjoy. In recent months David and Tim have broadened the range of groups to whom they give presentations, going outside U3A to many local organisations. If you simply like to come and listen and chat, this is a friendly, like-minded group who will provide an interesting and friendly Monday morning.





# WALKING GROUP

#### **Rosemary Foreman**

Membership of the walking group continues to grow with 20+ walkers meeting each month and I thank Kath, Annie and Thelma for leading the various walks, which this past year have included walks around Brinkley, Ashley, Wandlebury, Kirtling, West Stow, Fordham, Exning with Landwade, Burwell, Stetchworth and Burrough Green.



As with the lunch group, it isn't always easy to find a pub open for lunch on a Wednesday, but some pubs will open for us especially and our thanks go to the New Wellington in Newmarket and The Five Bells in Burwell for doing this.

The walks are usually 3 or 4 miles, mostly along public footpaths and across fields, at a steady pace (not too fast!), so why not come along and take some pleasant exercise in good company? As with the MOTO group, each month I e-mail group members to advise/remind them of what's planned – if you would like to be on that mailing list, please let me know.

The Eastern Region of U3A compiled a book of walks across the country. We sent in an example of one of ours which appeared in the book. An abridged version of the walk appears on the next page.

# A WALK FOR THE EAST OF ENGLAND U3A

Last summer all walking groups in the eastern region u3as were asked if they would like to share details of a walk taken by their group. This is an abridged account of the walk submitted on behalf of our group and was included in a book of walks published as part of the celebrations for the 40th anniversary of the Third Age Trust.



On September 7th, 2022, 16 walkers set out for a walk of about 4.5 miles through the Suffolk countryside on a bright, dry morning. The walk started and finished at The Red Lion, Kirtling, near Newmarket.

The walkers made their way in the direction of Woodditton along the roadside to a footpath on the left (Great Bradley 2) then

followed this path. This skirts a pumping station and continues beyond alongside the weirs carrying water from the Ouse system into the Stour and on into Essex. The path crosses back and forth over the watercourse before continuing straight ahead with the weir system on the right.

At the end of the field on the left leave the path to Great Bradley and turn left. Beyond the undergrowth on the right is a deep ditch. Follow the path until the ditch is shallower and you can cross through a gap in the hedge. The path leads to a pleasant, wooded area with a gate through to another field edge.

Turn right and continue around this huge field, passing a sign to a conservation area on the right. Keeping the field to your left continue around towards the left. Take the signposted path on the right. Walk over a narrow wooden bridge then between hedgerows and paddocks to the main road. Turn left and continue along the roadside, cross the Woodditton road and return to the Red Lion a few yards further on.

## **SPEAKER MEETINGS**

#### I have had the pleasure of organising speakers meeting for the last 3 years and have been impressed by the professionalism of the speakers. They have made even topics that we may not have initially had an interest in sound enjoyable and thought-provoking.

In August 2022 we welcomed back Horry Parsons for the second part of his talk about the construction of the Millenium Tower for Bury St Edmunds Cathedral. You may ask how he made a talk about a building work entertaining but it was both interesting and amusing. Norma Howell presented her talk on Medical Detection Dogs in September. She provided a valuable insight in to the work of Bio detection dogs and



medical alert assistance dogs; a service provided by the Medical Detection Dogs charity. In October we were entertained by Toni Neobard and Kate Broad who gave an amusing account of marriage in Victorian times – "For better or far worse!". Our very own Richard Rigby, aided and abetted by David Soanes, stepped in at short notice in November and presented his Magic Lantern Show. Entertainment for the masses before TV, how times have changed! We enjoyed hearing stories about "the Sentiments of Christmas" in December, including a welcome mince pie with our refreshments.

2023 opened with a talk from Andy Peachey on an archeological dig of a Roman cemetery at Great Whelnetham which included an intriguing mystery about the prevalence of decapitated skeletons! David Soanes stepped in again in February with a talk on the "London Poor in Victorian Times", a stark reminder of the contrast between the haves and have nots. In March Tania Harrington presented an illustrated talk on "Art Attack", a history of vandalism in art. Paul Barwick returned to us in April with an intriguing story of spies "Gareth Williams and the mystery of the body in the Bag". Finally in May we heard from Charlie Haylock who was the dialect coach for the film "The Dig" based on the findings at Sutton Hoo. At the time of writing we are anticipating a talk in June by Bryan Thurlow, "We'll meet again - an evacuee's story".

#### Trish Newell

#### **CRAFTS, COFFEE & COOK-OFF**

#### Stephanie Ellington

Who does not enjoy the opportunity to get together with friends, food and drinks and have a good natter?

Hence the second Tuesday groups. The first to arrive are the modelmakers and craft people (crafters?). The model-makers arrive complete with boxes filled with all manner of construction tools and parts for models and sit together, nattering and building their models in friendly companionship. The crafters have an impressive a range of skills including knitting, tapestry and crochet and are happy to give advice and/or lessons to anyone requiring help.

Once the modellers and crafters are settled the cook-off team arrive with the outcome of the month's recipe. The recipes, which are chosen at the end of each previous meeting, tend to alternate between sweet and savoury and are circulated to all members well before our next meeting. Although all are provided with a copy of the same recipe the outcomes are hugely variable with some members ignoring all but the kevword and others happilv substituting key ingredients, hence we have really interesting tasting sessions during which we taste each person's product. It is quite amazing how people (roughly) following the same recipe can have such very



different outcomes. The model makers and crafters are of course also offered samples of our culinary experiments. We have made a wide variety of goodies including Chelsea buns, Portuguese custard tarts, focaccia, Cornish chums, cornbread and bacon and onion tarts; each of us learning useful hints from others



in the group. We meet on the second Tuesday of each month in the community room at Tesco 10.30 for the model makers and crafters and 11.15 for the cook-off members.

#### BRIDGE

#### Andrew Webb

The U3A Bridge Club was restarted in October 2022 and we play in the Exning Road Club on the first and third Monday afternoon of each month. This location has the advantage of easy free parking, loads of space for playing and free tea and coffee, usually with biscuits. We aim at an enjoyable game of social bridge so there are no winners and losers! So far we've used rubber bridge scoring though this may change to Chicago scoring to be more compatible with nearby clubs. There are no fixed partnerships and we just



accommodate whoever arrives on the day. We usually get one or two tables of players, most of whom have at least some prior knowledge of the game. With the invaluable help of my wife, Jenny, we can also cater for beginners and improvers.

I've adopted a policy of sending occasional circular emails to the group when we encounter interesting aspects in the bidding or play. The intention is to give

an element of continuing bridge education for those who want to improve their game. My hope is that players may gradually improve enough to be able to participate in and enjoy the more expert and competitive game catered for by several nearby duplicate bridge or Chicago bridge clubs. We welcome new players.

# **DISCUSSION GROUP**

#### John Herring

At present, Discussion is quite a small group which meets monthly on the second Tuesday, at 2.30pm at the Racing Centre in Fred Archer Way.

Discussions vary from national and international current affairs to local issues, personal stories and reminiscences. For an hour or so, the group can have a chat and discuss different points of view.

Newcomers are always most welcome; no need to book, just turn up!

#### **TABLET COMPUTING**

The Tablet Computing Class ran for its scheduled six weeks during March and April. Classes were held in the Gibson Room - the 'Classroom' - of the Newmarket Racing Centre where excellent had an internet we connection and an overhead projector. Before the classes started, I'd posted a list of the topics we could discuss and asked for suggestions. I also wasn't sure what standard to aim at or whether most people would have Apple or Android tablets.

The first session in early March thus had little or no fixed agenda and the subsequent classes tried to accommodate the interests of those attending as much as possible. This naïve attempt to cater for everyone had both bad and good results. The bad side was that I inadvertently discouraged the real beginners for whom I had intended to target the Verv unfortunately, course! attendance halved between the first and second sessions. The good side was that I was better able to cater for the wishes of those that remained.

These 'remainers' proved to all have Apple devices and to be already pretty familiar with using their tablets. Their main area of interest was largely connected with

photography. With the valuable help of Gordon Duthie from the U3A Camera Group, we thus devoted several sessions to making better use of the many and varied capabilities of the inbuilt Apple Camera and Photos Apps. We also discussed style choosing hints some on subjects and introduced some additional photo editing software. Otherwise we had sessions which useful covered web sites for information. education and entertainment as well as some general aspects of the internet. We also covered some aspects of printing from tablets.

There may be another course if there sufficient interest. The next is course, possibly in the autumn, would be entitled "Tablet Computers for Beginners" and would cater for absolute beginners. It may be a bit shorter and would start at the basic level of how to switch it on and off; and how to get on the internet; how to use the App Store; how to use Settings; shopping online and so on. It would cater for Apple devices (iPad, iPhone) and Android tablets from manufacturers like Samsung, Amazon and Huawei. If vou're interested joining such in а beginner's class, please contact me.

# HISTORY

#### Niddy Walpole

The History group meets monthly, on the first Friday at 2.30 in Exning Road Club. Our monthly presentations are from a wide range of topics such as the Georgians. We had a guest speaker in October on Georgian fashion to round off our trilogy of talks on this subject. This year there has been Tudor Espionage, the history of all sorts of wall coverings, ie wood, gilded leather;,woven tapestry and the Lost Kingdom of the Black Pharaohs.

New for our group in 2022, we enjoyed a Christmas lunch at Mangiare in Newmarket.

This is interspersed with a little research by people in the group. This year they have chosen an East Anglian person to speak about, no more than 2x A4 sides. This is for August's meeting.

In previous years, at two-yearly intervals, we have also studied a local village eg. Chippenham, Isleham and during lockdown, Burwell. Although we were all going through some difficult times people enjoyed themselves as most research could be done online or photos could be taken on days out. I have



made а collage of meeting up with people when we were allowed, and you can see everyone enjoyed taking part. We printed out the completed booklet but it can be seen on our webpage by a link to the right of the page.

This year's village is Exning with Landwade. It is a very interesting community with a long history pre-dating Newmarket which was formed during the Plague.

## **ANTIQUES**

#### Niddy Walpole



Having been moved to the Racing Centre over the Xmas period in 2022, we returned to our more favoured venue of Tesco Community Room in the New Year. We meet on the first Wednesday of each month starting at 2.30pm. We are very grateful to our auctioneer David drives down Palmer who to us from Peterborough with many items collected each month for us to view. On two occasions when David has had other duties he sent a metal detectorist along to tell us about his finds and then in December we had an auctioneer who valued the items we brought along to that meeting.



Our pictures show Niddy, the Antiques group leader with David Palmer the well-known auctioneer, frequently featured on TV and famed for his waistcoats, and below, his wife Mary, also an antiques expert, leading a session with the group.

# RUMMIKUB

#### Rose Baxter

Rummikub is an easy, sociable game. It is played with tiles drawn from a

pool. Each player starts with 14 tiles. The object of the game is to be the first to play all their tiles by forming them into runs or groups - just like the card game of Rummy. There are a number of ways that this can be achieved, The rules are not complicated and newcomers soon get the hang of it. Do come along for a fun afternoon.





# YEARBOOK 2022 - 2023



Coffee Morning, The Stable, Newmarket



**CONTACT:** type Newmarket U3A into a web browser OR telephone the Membership Secretary on 01638 615252

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